

THERAPEUTIC MASSAGE



ILLINOIS VALLEY
COMMUNITY COLLEGE

[www ivcc.edu/massage](http://www.ivcc.edu/massage)

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Associate of Applied Science Degree Therapeutic Massage



WHAT IS THERAPEUTIC MASSAGE

Therapeutic massage is the use of your hands to apply various scientific techniques to the soft tissues and muscular structure of the body. A massage therapist is a licensed massage practitioner who has received education and training in the theory and practice of therapeutic massage and is competent and qualified to practice massage as a therapeutic modality. The IVCC Therapeutic Massage Program instructs in Swedish massage, the most common form of therapeutic massage. Graduates of this program will be eligible for Illinois state licensure.



MULTIPLE PROGRAM OPTIONS

Students can obtain a certificate (full & part-time enrollment options), advanced certificate, and an AAS degree. The Advanced Clinical Certificate designed for licensed massage therapists to advance their scope of practice in order to work more closely with healthcare professionals as part of the team or individually. The AAS degree in Therapeutic Massage provides the practitioner a professional advantage in building a successful and rewarding massage practice. All graduates will be prepared to sit for the massage licensing exam (MBLEx) in order to become a licensed practicing massage professional.



HANDS ON TRAINING AND EXPERIENCE

Therapeutic Massage students experience hands on learning from top notch instructors who are active in their fields of expertise.



AFFORDABILITY

IVCC tuition is just one-third to one-fourth the cost of state universities and far below most private institutions. An approximation of tuition and fees and cost comparison can be found on the IVCC website at www.ivcc.edu/payment and at www.ivcc.edu/save.

Scholarship opportunities are available through the IVCC Foundation at www.ivcc.edu/foundation and Financial Aid is available for those who qualify at www.ivcc.edu/financialaid.

AAS THERAPEUTIC MASSAGE PROGRAM CURRICULUM

PRE-ADMISSION REQUIREMENTS

Course No.	Course Name	Credits
THM 1200	Introduction To Therapeutic Massage	1.50
ALH 1001	Terminology of The Health Field	3
BIO 1200	Human Body Structure & Function	3
Total:		7.5

FIRST SEMESTER - FALL SEMESTER

THM 1202	Musculoskeletal System	5
THM 1204	Therapeutic Massage Techniques I	5
THM 1208	Professional Development & Ethics	2
SPH 1001	Fundamentals of Speech	3
Semester Total:		15

SECOND SEMESTER - SPRING SEMESTER

THM 1212	Pathology for Massage Therapy	3
THM 1214	Therapeutic Massage Techniques II	5
THM 1218	Therapeutic Massage Clinical	2
THM 1226	Therapeutic Massage Bus Pract & Ethics	3
Semester Total:		13

THIRD SEMESTER - SUMMER SEMESTER

THM 1222	Therapeutic Massage Capstone Seminar	2
THM 1224	Therapeutic Massage Techniques III	5
THM 1228	Therapeutic Massage Clinical	2
Semester Total:		9

FOURTH SEMESTER - FALL SEMESTER

ALH 1000	Introduction to Nutrition	3
SOC 1000	Introduction to Sociology	3
THM 2204	Advanced Clinical Massage I	6
ENG 1001	English Composition I	3
Semester Total:		15

FIFTH SEMESTER - SPRING SEMESTER

ALH 1002	Human Growth & Development	3
PSY 1000	General Psychology	3
THM 2214	Advanced Clinical Massage II	6
	Elective(s)	2
Semester Total:		14
TOTAL CREDIT HOURS:		66

Career Options

Explore careers at: www.mynextmove.org

Athletic and Sports

Wellness Centers

On-Site Chair

Spa

Chiropractic Clinics

Private Practice

Hospitals/Hospice

Healthcare Facilities

October 2018