

# NEWSLETTER

August 2025

Health Careers



## IN THIS ISSUE:

Important dates, LPN Pinning, Surgical Technician Application for Spring 2026, Eagles Launch and more!

## PATH GRANT UPDATES:

Healthcare students enrolled in a Fall 2025 health program who applied for the PATH Grant will be notified of their acceptance and award status in the coming weeks.

Noncredit healthcare program applications are still open until August 15th. Apply now: [Noncredit PATH Grant](#).

Learn more about the PATH Grant at [ivcc.edu/path](http://ivcc.edu/path).



## Welcome (Back) to IVCC!

We're thrilled to have both new and returning students on campus as we kick off another great academic year!

We hope you are enjoying the last few weeks of summer, and are feeling ready to jump into your classes. There's a lot of excitement in the air, and we're here to support you at every turn. Keep reading for key updates. Don't forget classes start August 18th! Let's make it a year to remember.



# August Highlights

August 15 | 1:00PM–3:30PM

**Eagles Launch – Soar into Success.**

Got questions about classes, books, or financial aid? Get answers at Eagles Launch! Meet other students, explore campus resources, and have fun before the semester begins.

[Register Now!](#)

August 18 | **Monday, All Day**

Fall 2025 Classes begin



ILLINOIS VALLEY  
COMMUNITY COLLEGE

Student Services

- [Admissions and Records](#)
- [Academic Counseling](#)
- [Project Success](#)
- [Financial Aid](#)
- [Mental Health & Counseling](#)
- [Student Handbook](#)
- [Accessibility & Neurodiversity](#)
- [Academic Calendar](#)
- [Academic Support Center](#)
- [PATH Grant](#)
- [Jacobs Library](#)
- [Student Success Center](#)

## Contact Our Program Coordinators!

### Emergency Medical Services

EMAIL: [nick\\_fish@ivcc.edu](mailto:nick_fish@ivcc.edu)

### Registered Nursing (RN)

EMAIL: [sue\\_smith@ivcc.edu](mailto:sue_smith@ivcc.edu)

### Licensed Practical Nursing (LPN)

EMAIL: [sue\\_smith@ivcc.edu](mailto:sue_smith@ivcc.edu)

### Certified Medical Assistant

EMAIL: [kaity\\_ritter@ivcc.edu](mailto:kaity_ritter@ivcc.edu)

### Certified Nursing Assistant (CNA)

EMAIL: [sue\\_smith@ivcc.edu](mailto:sue_smith@ivcc.edu)

### Phlebotomy

EMAIL: [mary\\_greve@ivcc.edu](mailto:mary_greve@ivcc.edu)

### Dental Assisting/Hygiene

EMAIL: [lyndsey\\_beetz@ivcc.edu](mailto:lyndsey_beetz@ivcc.edu)



# LPN PINNING



IVCC practical nurses completed their one-year program at Illinois Valley Community College's annual pinning ceremony on July 14th. The ceremony included a symbolic candle-lighting and recitation of the nurse's creed. The pins, engraved with the college name and a lighted lamp symbol, represent dedication and selfless work.

[Watch the IVCC 2025 LPN Pinning](#)

[Photos by Jen Heredia Studio | Click to view & purchase photos!](#)



## Limited Admissions Health Programs

Applications for IVCC's limited admissions Health Professions programs, including Nursing (LPN and RN), Dental Assisting, Dental Hygiene, and Medical Assisting for Fall 2026 start date will open on October 1, 2025! Please reach out to your desired program's Program Coordinator ([found on page 2](#)) for more information or with any questions!

**[Visit IVCC's Health Profession's Website](#)**

**[Follow IVCC Nursing on Facebook!](#)**

## Nursing Information Sessions:

Interested in learning more about how you can apply to join IVCC's Nursing Program in the Fall of 2026? Sign-up to attend an informational session!

- October 14, 2025 | 5:30–6:30pm (OTTAWA)
- November 13, 2025 | 2–3:00pm (IVCC)
- January 27, 2025 | 2–3:00pm (VIRTUAL)
- February 25, 2024 | 2–3:00pm (IVCC)

**LEARN MORE & SIGN-UP NOW!**

## Spring 2026 Surgical Technician

Interested in IVCC's Surgical Technician program? Applications are now being accepted now through October 17, 2025. Contact [lexis\\_buckley@ivcc.edu](mailto:lexis_buckley@ivcc.edu) with any questions!



**Learn More**

**Apply Now**



# Interested in taking a health or wellness class on campus?

## Strength Cardio Core

August 5 – August 8; 8 sessions

Tuesday and Thursday evenings

4:45PM–5:15PM – Oglesby Campus

[REGISTER](#)

## In-Person Afternoon Yoga

August 4 – August 27; 8 sessions

Monday and Wednesday evenings

4:45PM–5:45PM – Oglesby Campus

[REGISTER](#)

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## Wellness Tips for August!

- Prioritize sleep and aim for 7–9 hours per night. Poor sleep can affect memory, focus, and mood.
- Choose nutrient-rich meals when possible.
- Keep a reusable water bottle with you. Hydration improves energy and concentration.
- Take breaks from screens. Limit late-night scrolling and use focus apps to avoid distractions when studying.
- Try mindfulness, meditation, deep breathing, or journaling.
- Whether it's walking to class, hitting the gym, dancing, or stretching, regular movement can boost your health and mood!
- Connect with others by joining clubs, study groups, or just make time for meaningful conversations with friends.
- **Use campus counseling services if you're struggling. Mental health is just as important as physical health. Learn more here: [IVCC Mental Health & Counseling](#)**
- Stay organized – use a planner or app to track assignments, appointments, and deadlines.
- Make time for fun and self-care. Balance is key. Read for pleasure, take a nap, enjoy a hobby, or do something that brings you joy.

***CLICK [HERE](#) FOR MORE SELF-CARE AND WELLNESS TIPS!***

# SUPPORT SPOTLIGHT

## Mental Health Counseling and Resources

Transformative Growth Counseling is a non-profit organization serving people across Illinois, including IVCC students.

Located within IVCC's Counseling Center, CTC-202, phone: [815-224-0345](tel:815-224-0345).



Mental Health on Campus

### Peer Support

IVCC now offers a mental health peer mentor program which connects you with fellow IVCC students who are trained to offer support and guidance on health and wellness. These peer mentors are trained to:

- listen
- share experiences
- help you navigate any challenges

Real IVCC students. Real support.

Watch on YouTube

[LEARN MORE](#)

## LOCAL CAREER OPPORTUNITIES



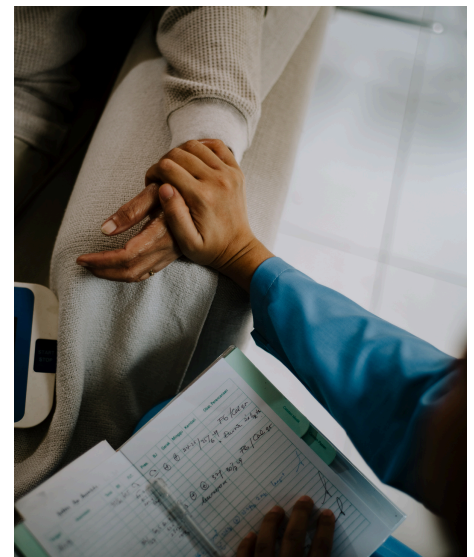
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**PLEASANT VIEW**

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