

ILLINOIS VALLEY COMMUNITY COLLEGE



Course Syllabus

Division: Health Professions
Course: THM 1218
Therapeutic Massage Clinical I

Date:	2003	
Semester Hours:	2	
Lecture hours per week:	0	
Labs hours per week:	0	
Seminar hours per week:	2 (8 weeks)	
Other hours:	Clinical, 5 (8 weeks)	
Prerequisite:	THM 1200, THM 1204, THM 1206	
Concurrent:	THM 1214,	
Semester Offered:	Spring	
Instructor(s):	Cherie Monterastelli	Office Hours:
	Office – A218	Tues. - (2-5 p.m.)
	Office Phone – 224-0507	Wed. - (1-5 p.m.)
	Home Phone – 434-0973	Thurs - (3-4 p.m.)

I. CATALOG DESCRIPTION

In the therapeutic massage clinical setting, massage students have the opportunity to apply the principles, techniques and procedures practiced and learned in the classroom and lab to members of the community. Under the direction of the clinical supervisor, students are expected to review client intake information to determine possible contraindications; demonstrate proper ethics, client/therapist communication skills, proper draping techniques, and safety and sanitary precautions; and perform a full body massage utilizing basic Swedish massage techniques, properly documenting the session for the client's record. Students massage two to three clients consecutively. Students are expected to attend a weekly seminar.

II. EXPECTED LEARNING OUTCOMES AND RELATED COMPETENCIES:

Upon completion of the course, the student will be able to:

1. Effectively communicate demonstrating professionalism with clients before, during, and after the massage therapy session.
2. Properly assess client information.
3. Perform an appropriate full body massage according to the assessed needs of the client.
4. Effectively document client massage sessions.
5. Perform therapeutic massage in a business-like environment.

Outcome 1: Effectively communicate demonstrating professionalism with clients before, during, and after the massage therapy session.

- Competency 1.1: Demonstrate professionalism in clinical setting.
- Competency 1.2: Define and describe verbal and non-verbal communication technique.
- Competency 1.3: Identify potential blocks to communications.
- Competency 1.4: Recognize and describe professional boundaries.
- Competency 1.5: Apply knowledge of professional boundaries to the student-client relationship.

Outcome 2: Properly assess client information.

- Competency 2.1: Accurately review client intake form.
- Competency 2.2: Identify potential problem areas.
- Competency 2.3: Discuss potential abnormal findings with instructor.
- Competency 2.4: Utilize appropriate massage techniques based on assessment findings.

Outcome 3: Perform an appropriate full body massage according to the assessed needs of the client.

- Competency 3.1: Appropriately demonstrate basic Swedish massage techniques.
- Competency 3.2: Respond to client needs by appropriately adjusting the massage sequence.
- Competency 3.3: Complete client session within allotted time.

Outcome 4: Effectively document client massage sessions.

- Competency 4.1: Understand legal principles of formal documentation.
- Competency 4.2: Briefly and concisely document subjective and objective client information.
- Competency 4.3: Accurately document extent of massage session.

Outcome 5: Perform therapeutic massage in a business-like environment.

- Competency 5.1: Demonstrate knowledge of necessary supplies and equipment.
- Competency 5.2: Prepare massage site to accommodate the massage therapy session.
- Competency 5.3: Greet and instruct client regarding massage session routine.
- Competency 5.4: Demonstrate appropriate client closure to massage session.

III. COURSE CONTENT:

Course materials will be distributed during clinical orientation.

IV. INSTRUCTIONAL METHOD:

Supervised Client Sessions	Demonstrations	Discussions
Client Feedback	Supervisor Feedback	Lecture
Seminars	Peer Feedback	

V. INSTRUCTIONAL MATERIALS:

Required Books	Required Supplies	Handouts/Forms
Transparencies	Videos	

VI. STUDENT REQUIREMENTS AND METHODS OF EVALUATION:

All student clinical requirements, including required supplies and equipment, will be distributed during orientation.

GRADING SYSTEM

This is a pass/fail course.

Evaluation Methods:

Participation in clinicals & seminars.	Self-evaluation forms.
Supervisor evaluation forms.	Client evaluation forms.
Peer evaluation forms.	

The clinical supervisor and the student will complete a student evaluation. In order to complete the Therapeutic Massage Certificate program, the student must receive a “pass” grade for the clinical.

VII. REFERENCES:

Required Books:

- Fritz, S. Fundamentals of Therapeutic Massage. Mosby, 2000.
- McIntosh, N. The Educated Heart. Decatur Bainbridge Press, 1999.
- Thompson, D. Hands Heal: Documentation for Massage Therapy. Diana L. Thompson, Second edition, 2001.

VIII. EMERGENCY PROCEDURES/SEVERE WEATHER:

- A. Class cancellation due to inclement weather will be announced on local radio stations.
- B. Students will be notified of class cancellation due to instructor absences through the telephone tree.
- C. For last-minute cancellations, we will utilize the class telephone tree.

IX. COLLEGE WITHDRAWAL POLICY:

It is the responsibility of the student to officially withdraw from class according to the procedures described in the college catalog. Any student who does not officially withdraw by the withdrawal deadline () will receive a fail grade.

X. INCOMPLETE

All course requirements must be completed by the end date for the course. If there are extenuating circumstances which merit granting a student more time to finish course requirements, an incomplete grade ("I") may be given. To receive an incomplete, an Incompleted Grade Contract Form must be completed and approved. If the requirements are not completed the "I" may revert to an "F". Students should discuss the incomplete contract with the instructor.

XI. ATTENDANCE POLICY

Attendance at all clinics is required. All learning requires attendance and participation. Because of the nature of the therapeutic massage program, attendance is expected at all classes. It is also expected that the students will be present for the entire class. Students that are having problems with attendance will be asked to review their commitment to the therapeutic massage program.

There are no excused absences. If a third absence should occur in a class, the student will be required to meet with the program coordinator or the instructor in order to determine appropriate make-up work for time missed. A Learning Contract will be written and signed by the student and the instructor or program coordinator. Each additional absence will result in a 10% deduction from the final grade.

Classes start on time with attendance taken. Students who are late or who leave early will lose time. Each one half hour of class missed will be 25% of an absence. Please inform the instructor when you arrive late or leave early to receive accurate credit for your attendance or you will be assigned credit according to the instructor's estimate of your arrival and departure.

Emergency clinical absences must be made-up in order to graduate.