

ILLINOIS VALLEY COMMUNITY COLLEGE



COURSE OUTLINE

DIVISION: Humanities, Fine Arts Social Sciences

COURSE: PSY 2005 – Human Sexuality

Date: Spring 2011

Credit Hours: 3

Prerequisite(s): PSY 1000

Delivery Method:

<input checked="" type="checkbox"/> Lecture	3 Contact Hours (1 contact = 1 credit hour)
<input type="checkbox"/> Seminar	0 Contact Hours (1 contact = 1 credit hour)
<input type="checkbox"/> Lab	0 Contact Hours (2 contact = 1 credit hour)
<input type="checkbox"/> Clinical	0 Contact Hours (3 contact = 1 credit hour)
<input type="checkbox"/> Online	
<input type="checkbox"/> Blended	

Offered: **Fall** **Spring** **Summer**

IAI Equivalent –**Only for Transfer Courses**-go to <http://www.itransfer.org>.

CATALOG DESCRIPTION:

An introductory course dealing with basic biological, psychological, and cultural aspects of human sexuality as they relate to daily life. Emphasis will be placed on psychological dimensions of sexuality to promote an increased personal understanding of sexual behavior.

GENERAL EDUCATION GOALS ADDRESSED

[See the last page of this form for more information.]

Upon completion of the course, the student will be able:

[Choose those goals that apply to this course.]

- To apply analytical and problem solving skills to personal, social and professional issues and situations.
- To communicate orally and in writing, socially and interpersonally.
- To develop an awareness of the contributions made to civilization by the diverse cultures of the world.
- To understand and use contemporary technology effectively and to understand its impact on the individual and society.
- To work and study effectively both individually and in collaboration with others.
- To understand what it means to act ethically and responsibly as an individual in one's career and as a member of society.
- To develop and maintain a healthy lifestyle physically, mentally, and spiritually.
- To appreciate the ongoing values of learning, self-improvement, and career planning.

EXPECTED LEARNING OUTCOMES AND RELATED COMPETENCIES:

[Outcomes related to course specific goals.]

Upon completion of the course, the student will be able to:

1. Students will be able to demonstrate a broad based knowledge of the fundamental physiological aspects of human sexuality.
2. Students will be able to demonstrate an awareness of how the psychological dimensions of human sexuality are related to one's basic personality characteristics.
3. Students will be able to demonstrate a broad based knowledge of how societal, cultural, and social conditioning affect sexual attitudes and behaviors.
4. Students will show an increased knowledge of their own sexuality and the factors that have helped formulate their present sexual self.

Outcome #1: Students will be able to demonstrate a broad based knowledge of the fundamental physiological aspects of human sexuality.

- Competency 1.1: Students will demonstrate an understanding of basic female anatomy and their reproductive system.
- Competency 1.2: Students will demonstrate an understanding of basic male anatomy and their reproductive system.
- Competency 1.3: Students will demonstrate an understanding of the physiology of sexual arousal and the phases of sexual response.
- Competency 1.4: Students will demonstrate an understanding of the most commonly used birth control devices and the effectiveness of each.
- Competency 1.5: Students will demonstrate an understanding of the incidence and risks of the most common or dangerous sexually transmitted diseases.

Outcome #2: Students will be able to demonstrate an awareness of how the psychological dimensions of human sexuality are related to one's basic personality characteristics.

- Competency 2.1: Students will be able to discuss the effects of personality on sexual decision making regarding the use of birth control and sexual activities.
- Competency 2.2: Students will be able to discuss how personality characteristics influence communication between sexual partners.
- Competency 2.3: Students will be able to discuss how an individual's sexual life changes from early childhood through one's senior years.
- Competency 2.4: Students will demonstrate a knowledge of the effects on personality of sexual victimization.
- Competency 2.5: Students will be able to demonstrate a knowledge of the personality characteristics most often associated with people who display atypical sex behavior patterns.

Outcome #3: Students will be able to demonstrate a broad based knowledge of how societal, cultural, and social conditioning affect sexual attitudes and behaviors.

- Competency 3.1: Students will demonstrate a knowledge of the historical and religious influences upon sexual attitudes and behaviors.
- Competency 3.2: Students will demonstrate a knowledge of how different countries presently differ or concur regarding sexual practices and attitudes.
- Competency 3.3: Students will be able to discuss the influence of societal influence on sex roles in the United States.
- Competency 3.4: Students will be able to demonstrate an awareness of societal attitudes on homosexual and abortion issues and the ramification of these attitudes.

Outcome #4: Students will show an increased knowledge of their own sexuality and the factors that have helped formulate their present sexual self.

- **Competency 4.1: Students will demonstrate an awareness of the factors influencing who falls in love with whom and why.**
- Competency 4.2: Students will be able to discuss their own attitudes and feelings regarding their sexual preference and the preferences of others.
- Competency 4.3: Students will have explored their own feelings in regard to jealousy.
- Competency 4.4: Students will demonstrate a knowledge of the various sex roles and their own position in regard to these roles.

Competency 4.5: Students will be able to demonstrate a knowledge of the various sexual dysfunctions people may experience and how they may be prevented or eliminated.

COURSE TOPICS AND CONTENT REQUIREMENTS:

1. Perspective on sexuality.

2. History of sexuality
3. Sex research
4. Male sexual anatomy and physiology
5. Female sexual anatomy and physiology
6. Gender issues
7. Love, relationships and attraction
8. Communication in intimate relationships
9. Orientations
10. Contraction
11. Sexuality during childhood and adolescence
12. Sexuality for adults
13. Sexual difficulties
14. Sexually transmitted disease
15. Atypical sexual behavior
16. Sexual behavior

Note: Units may be added or deleted at the discretion of the instructor.

INSTRUCTIONAL METHODS:

Lecture and discussion
Assigned readings
Audio visual presentations
Collaborative group assignments
Student self tests and inventories

INSTRUCTIONAL MATERIALS:

Textbook: Our Sexuality, Crook and Baur. 11th edition, 2011.
Supplemental handouts
Videos

STUDENT REQUIREMENTS AND METHODS OF EVALUATION:

1. Written exams
2. Written assignments
3. Role playing exercises
4. Regular attendance
5. Class participation

OTHER REFERENCES

The Janus Report on Sexual Behavior, Samuel Janus and Cynthia Janus, 1993.
The Kinsey Institute New Report on Sex: What You Need To Know To Be Sexually Literate, June Reinisch and Ruth Beasley, 1990.
Sex For Dummies, Ruth Westheimer, 1995.

Sexual Behavior in the Human Female, Alfred Kinsey, 1953.
Sexual Behavior in the Human Male, Alfred Kinsey, 1948.
God & Sex: What the Bible Really Says, Michael Coogan, 2010.
America's War on Sex, Marty Klein, 2006
Sex Differences in the Brain, Jill Becker, et al 2008
The Science of Orgasm, Barry Komisaruk, 2006
You Just Don't Understand: Women and Men in Conversation, Deborah Tannen, 2006
The Seven Principles for Making Marriage Work, John Gottman, 2000
Marriage: A History, Stephanie Coontz, 2005

Course Competency/Assessment Methods Matrix

Course Prefix, Number and Name	Assessment Options																																
For each competency/outcome place an "X" below the method of assessment to be used.	Assessment of Student Learning	Article Review	Case Studies	Group Projects	Lab Work	Oral Presentations	Pre-Post Tests	Quizzes	Written Exams	Artifact Self Reflection of Growth	Capstone Projects	Comprehensive Written Exit Exam	Course Embedded Questions	Multi-Media Projects	Observation	Writing Samples	Portfolio Evaluation	Real World Projects	Reflective Journals	Applied Application (skills) Test	Oral Exit Interviews	Accreditation Reviews/Reports	Advisory Council Feedback	Employer Surveys	Graduate Surveys	Internship/Practicum /Site Supervisor Evaluation	Licensing Exam	In Class Feedback	Simulation	Interview	Written Report	Assignment	
	Direct/ Indirect	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	I	I	I	I	D	D								
Assessment Measures – Are direct or indirect as indicated. List competencies/outcomes below.																																	
Demonstrate a broad based knowledge of the fundamental physiological aspects of human sexuality.		X		X				X	X										X													X	
Demonstrate an awareness of how the psychological dimensions of human sexuality are related to one's basic personality characteristics.		X			X			X	X										X													X	
Demonstrate a broad based knowledge of how societal, cultural, and social conditioning affect sexual attitudes and behaviors.		X		X		X		X	X										X	X												X	X
Increased knowledge of their own sexuality and the factors that have helped formulate their present sexual self.		X			X			X	X										X													X	