

# Illinois Valley Community College



## Course Syllabus

### Social Science and Public Service Course: PSY 2000 - Personality

Date: Spring 2003  
Semester Hours: 3.0  
Prerequisite: PSY 1000 - General Psychology  
Lecture: 3.0  
Labs:  
Offered: Fall/Spring  
Instructor: Annel

**CATALOG DESCRIPTION:** This course is designed to provide an introduction to the major personality theories in psychology. Included are the psychoanalytic/psychodynamic/humanistic/behavioral/cognitive behavioral and trait approaches. Considerable emphasis will be placed upon the integration of theory and research through the review and practical application of personality assessment techniques and research methodology.

### **EXPECTED LEARNING OUTCOMES AND RELATED COMPETENCIES:**

Upon completion of the course, the student will be able to:

**Outcome 1:** Understand and be able to articulate the nature of personality psychology, the research methods used to test theories and behavior, and the techniques used to measure personality.

#### **Competencies**

1. Student will be able to distinguish psychological personality theories from the related and popular non-scientific theories of personality.
2. Student will demonstrate understanding of correlation research in personality psychology.
3. Student will demonstrate understanding of naturalistic research methods in personality psychology.
4. Student will demonstrate understanding of survey and case study methods in personality psychology.
5. Student will demonstrate understanding of experimental research methods in personality psychology.

6. Student will be able to compare/contrast the research methods most commonly used in personality psychology.

**Outcome 2:** Define, understand, and be able to apply concepts related to the self.

**Competencies**

1. Student will be able to understand and articulate what is meant by the self-concept.
2. Student will demonstrate understanding of the factors associated with self-control including self-efficacy, locus of control, learned helplessness and self-determination
3. Student will be able to understand and articulate what is meant by self-esteem.
4. Student will demonstrate understanding of the distinctive features of self-presentation and impression management.

**Outcome 3:** Understand and articulate the similarities and differences between various published personality tests.

**Competencies**

1. Student will be able to describe and understand the value of the 16 PF personality test.
2. Student will be able to describe and understand the value of the MMPI-2 personality test.
3. Student will be able to describe and understand the value of the Meyers-Briggs personality test.
4. Student will be able to describe and understand the value of the Rorschach Inkblot test.
5. Student will be able to describe and understand the value of the Thematic Apperception Test.
6. Student will be able to describe and understand the value of the other various personality tests and measurement strategies.

**Outcome 4:** Communicate and comprehend the similarities and differences, the weaknesses and strengths of various personality theories.

**Competencies**

1. Student will be able to describe, understand and articulate the various concepts of Freudian personality theory.
2. Student will be able to describe, understand and articulate the various concepts of Adlerian personality theory.
3. Student will be able to describe, understand and articulate the various concepts of Jungian personality theory.
4. Student will be able to describe, understand and articulate the various concepts of Karen Horney's personality theory.
5. Student will be able to describe, understand and articulate the various concepts of Erich Fromm's personality/developmental theory.
6. Student will be able to describe, understand and articulate the various concepts of Behaviorism/Social Learning Theory/Cognitive Behaviorism as personality theory.
7. Student will be able to describe, understand and articulate the various concepts of Humanism as a personality theory including Maslow, Rogers, Frankel and Perls.
8. Student will be able to describe, understand and articulate the various concepts of Transactional Analysis as personality theory.

**Outcome 5:** Define and understand traditional and contemporary views of the abnormal personality.

### **Competencies**

1. Student will have knowledge of and be able to articulate how the concept of personality has been used in the historical concepts of mental illness.
2. Student will be able to understand and articulate how personality and personality theories relate to contemporary DSM categories such as the anxiety disorders, the dissociative disorders, the depressive disorders, and the schizophrenic disorders.
3. Student will have knowledge of the personality disorders including borderline personality and antisocial personality disorders.

**INSTRUCTIONAL METHOD:** The course is offered in the lecture-discussion format. There are objective tests and quizzes. There are writing assignments calling upon the student to give educated opinions on topics dealt-with in the class. Students are also encouraged to do service learning in the community.

### **STUDENT REQUIREMENTS AND METHOD OF EVALUATION**

Students will be required to:

- A. Attend class regularly and participate in class discussion.
- B. Read assigned text and supplemental materials.
- C. Complete written examinations and quizzes.
- D. Complete and write a report on service learning.
- E. Complete a personal journal or folio related to various personality theories.

**TEXTBOOK:** Feshbach, Weiner, Bohart (1996). **Personality.** D. C. Heath