

ILLINOIS VALLEY COMMUNITY COLLEGE



Course Syllabus

DIVISION: Natural Sciences Business

Course: HPE 1004 – First Aid Responding to Emergencies

Date: 5/19/09

Semester Hours: 2

Prerequisite(s): none

Delivery Method:

<input checked="" type="checkbox"/> Lecture	2 Credit Hours
<input type="checkbox"/> Seminar	0 Credit Hours
<input type="checkbox"/> Lab	0 Credit Hours
<input type="checkbox"/> Clinical	0 Credit Hours
<input type="checkbox"/> Online	
<input checked="" type="checkbox"/> Blended	

Offered: Fall Spring Summer

IAI Equivalent –**Only for Transfer Courses**-go to <http://www.itransfer.org>:

CATALOG DESCRIPTION:

This course is designed to provide the knowledge and skills necessary to become a citizen responder for both life-threatening and non-life threatening emergencies. Students have the opportunity to earn Adult CPR with AED and First Aid Responding to Emergencies certificates from the American Red Cross by successfully completing requirements for this course.

GENERAL EDUCATION GOALS ADDRESSED

[See the last page of this form for more information.]

Upon completion of the course, the student will be able:

[Choose those goals that apply to this course.]

- To apply analytical and problem solving skills to personal, social and professional issues and situations.
- To communicate orally and in writing, socially and interpersonally.
- To develop an awareness of the contributions made to civilization by the diverse cultures of the world.
- To understand and use contemporary technology effectively and to understand its impact on the individual and society.
- To work and study effectively both individually and in collaboration with others.
- To understand what it means to act ethically and responsibly as an individual in one's career and as a member of society.
- To develop and maintain a healthy lifestyle physically, mentally, and spiritually.
- To appreciate the ongoing values of learning, self-improvement, and career planning.

EXPECTED LEARNING OUTCOMES AND RELATED COMPETENCIES:

[Outcomes related to course specific goals.]

Upon completion of the course, the student will be able to:

1. Identify the most important action to take in a life-threatening emergency.
2. Identify the major structures of the respiratory, circulatory, nervous, and musculoskeletal systems.
3. Explain why you should follow the emergency action principles in any emergency.
4. Demonstrate how to do a primary and secondary survey.
5. Describe and demonstrate first aid care for a conscious and an unconscious victim with an obstructed airway.
6. Identify signals of a heart attack.
7. Describe the purpose of and demonstrate CPR for an adult.
8. Identify the necessity and importance of accessing an AED.
9. Describe and demonstrate how to control bleeding, and explain what care to give to minimize shock.
10. Describe the general care for burns and musculoskeletal injuries.
11. Identify general signals and provide care for sudden illnesses, poisoning emergencies and heat and cold related illnesses.
12. Demonstrate procedures for moving injured people.

COURSE TOPICS AND CONTENT REQUIREMENTS:

Responding to Emergencies

Body Systems

Checking the Victim

Breathing Emergencies
Cardiac Emergencies and Unconscious Choking
Bleeding, Shock and Soft Tissue Injuries
Musculoskeletal Injuries
Injuries to the Head, Neck and Back and Chest, Abdomen and Pelvis
Sudden Illnesses (including Poisoning, and Bites and Stings)
Substance Misuse and Abuse
Heat and Cold-Related Emergencies
Reaching and Moving Victims in Water
People with Special Needs

INSTRUCTIONAL METHODS:

1. Lecture
2. Group discussions
3. Power Point presentations
4. Audio-visual materials
5. Practical skills sessions

INSTRUCTIONAL MATERIALS:

American Red Cross First Aid: Responding to Emergencies, 4th Edition (2007).

Internet Access: Blackboard usage is required.

STUDENT REQUIREMENTS AND METHODS OF EVALUATION:

Students are expected to attend class, therefore each class period is counted as points toward attendance. The final grade will be based on total points accumulated from attendance, quizzes, assignments, skill evaluations and exams. The following scale will be used to determine the letter grade for the course:

Percent of Total Points / Letter Grade

- 100-90% = A
- 89-80% = B
- 79-70% = C
- 69-60% = D
- 59-0% = F

OTHER REFERENCES

Form Revised: 3/2/05