

ILLINOIS VALLEY COMMUNITY COLLEGE



Course Syllabus

Division: Health Professions

Course: ALH 1215

Certified Nursing
Assistant Refresher Course

Date:	Spring 2003
Semester Hours:	2
Lecture hours per week:	
Labs hours per week:	6
Seminar hours per week:	
Other hours:	
Prerequisite:	Verification that the individual's name is on the Illinois Nurse Aide Registry in good standing. Has not failed the competency test three times.
Semester Offered:	Spring 2003
Instructor(s):	Roseann Webb

I. CATALOG DESCRIPTION

Certified Nursing Assistant Refresher Course provides the opportunity for a Nursing Assistant who has not provided nursing related services for a consecutive 24 month period of time after January 1, 1990 to review and test. Reviewing will take place in IVCC Labs.
Testing will take place in IVCC Labs and at a clinical site per IDPH guidelines.

II. EXPECTED LEARNING OUTCOMES AND RELATED COMPETENCIES:

Upon completion of the course, the student will be able to:

1. Demonstrate IDPH Performance Skills
2. Identify safety needs of resident and apply safety measures
3. Practice infection control
4. Focus on resident's rights
5. List and demonstrate nursing interventions that can be performed by a nursing assistant
6. Use principles of communication and interpersonal relationships
7. Apply organizational skills
8. Show knowledge of nursing assistant's role within health team

Outcome1 - ...demonstrate IDPH Performance Skills

Student will be able to:

Competency 1.1 – show proficiency in IDPH Skills by meeting IDPH criteria for successful outcome of various tasks.

Competency 1.2 - demonstrate proficiency in IDPH Skills by following IDPH criteria for performing various tasks.

Outcome 2 -...identify safety needs of resident and apply safety measures

Student will be able to:

Competency 2.1 - identify patient/resident

Competency 2.2 - identify safety needs of patient/resident

Competency 2.3 - apply safety measures with patient/resident in bed

Competency 2.4 - apply safety measures when transferring patient/resident

Competency 2.5 - apply safety measures with patient/resident out of bed

Competency 2.6 - use proper body mechanics

Outcome 3 -...practice infection control

Student will be able to:

Competency 3.1 - wash hands

Competency 3.2 - apply aseptic measures

Competency 3.3 - use Standard Precautions

Competency 3.4 - describe special procedures for Transmission- Based Precautions

Competency 3.5 - demonstrate gowning technique

Outcome 4 - .Focus on patient/resident rights

Student will be able to:

Competency 4.1 - provide privacy

Competency 4.2 - explain procedures

Competency 4.3 - maintain confidentiality

Outcome 5 - .list and demonstrate nursing interventions that can be performed by a nursing assistant

Student will be able to:

Competency 5.1 - list correct sequence for baths

Competency 5.2 - demonstrate nursing interventions

Outcome 6 -...use principles of communication and interpersonal relationships

Student will be able to:

Competency 6.1 - define principles of communication and interpersonal relationships

Competency 6.2 - explain principles of communication and interpersonal relationships

Competency 6.3 - use principles of communication and interpersonal relationships

Outcome 7 -...apply organizational skills

Student will be able to:

Competency 7.1 - describe organization of work at clinical

Competency 7.2 - follow clinical routine

Competency 7.3 - finish clinical assignment on time

Outcome 8 -...show knowledge of nursing assistant's role within health team

Student will be able to:

Competency 8.1 - define and demonstrate role of nursing assistant

Competency 8.2 - define and demonstrate functions of nursing assistant

Competency 8.3 - define and demonstrate responsibilities of nursing assistant

Competency 8.4- describe health team

III. COURSE CONTENT:

A. Your Working Environment and The Patient in Isolation

1. Demonstrate handwashing
2. Use Standard Precautions
3. Demonstrate and discuss Transmission-Based Precautions and procedures

B. The Patient's Unit

1. Demonstrate bedmaking

C. CPR

1. Demonstrate CPR

D. Nutrition

1. Demonstrate and/or discuss serving meal trays and feeding

- E. Lifting, Moving, and Transporting
 - 1. Demonstrate using proper body mechanics
 - 2. Demonstrate safe lifting, moving, transferring and transporting
 - 3. Demonstrate proper positioning
 - 4. Demonstrate ROMs
- F. Personal Care
 - 1. Demonstrate and/or discuss bathing procedures; back massage; dressing and undressing; oral hygiene; care of hair, nails and feet; shaving; observing, reporting and recording
- G. Safety
 - 1. Demonstrate and/or discuss applying restraints
- H. Fluid Balance
 - 1. Demonstrate and/or discuss use of incontinent pads, bedpan and urinal
 - 2. Demonstrate care of patient/resident with indwelling catheter
- I. Observing and Recording Vital Signs
 - 1. Demonstrate how to measure, report and record TPR and BP
- J. Patient Care Planning
 - 1. Demonstrate how to measure, report and record height and weight
- K. Performance Skills Testing
- L. Supervised Clinical Practice

IV. INSTRUCTIONAL METHOD:

Discussion
Laboratory Practice
Return Demonstrations
Supervised Resident Care

V. INSTRUCTIONAL MATERIALS:

Long Term Care Competency Evaluation Study Guide: Nurse Aide Certification Preparation Manual. Reneau, Fred W., Jacquelyn King, and Dave Hahn. New York: McGraw-Hill Companies, Inc. 1996.
Illinois Occupational Skill Standard; Nursing Cluster. American Heart Association CPR Booklet

VI. STUDENT REQUIREMENTS AND METHODS OF EVALUATION:

Health Information Form completed and signed by physician.

Note: If you have any specific health problems that might interfere with your attendance or your clinical performance, inform your physician to note these on the Health Information Form.

Two Step T.B. Test

It is the student's responsibility to notify the instructor of a change in his/her health status and remain away from clinical areas if he/she has an infectious condition.

1. Regular and prompt attendance is expected.
2. Street clothes are to be worn to lab at IVCC.
3. Clinical dress and grooming:
Wrinkle free, clean white uniforms are required. Dresses; skirts; split skirts, all at least knee length, and pants are acceptable. No jumpsuits, overalls, sweatsuits, shorts, stirrup pants or jean pants are allowed. Clean white shoes with rubber soles are required. Beige hose should be worn with dresses and skirts; white sox with pants. Solid white or beige colored undergarments are required; no bikini underwear. Sweaters are not to be worn at clinical. Hair must be clean, neat off the collar and away from the face. Decorative barrettes, combs or bows are not permitted. Beards must be neat, clean and well trimmed. Post earrings for pierced ears and wedding bands are the only jewelry allowed. Fingernails should be short, clean and preferably unpolished. If nail polish is used, it should be clear or pale in color and chip free. A name pin must be worn at clinical. A watch with a second hand, a pen with black ink and small tablet will be needed. Good personal hygienic practices are required. This includes cleanliness, oral hygiene and use of deodorants.

4. Grading Policy:

This is a Pass/Fail course.

Satisfactory performance in *the laboratory and at clinical is required to pass the course. Safety for the patient/resident and effectiveness of care must be evident. Integrity, dexterity and emotional stability are important in the assessment. Grooming and appropriate behavior are also considered.

To meet the objectives of this course, a student must satisfactorily complete IDPH Performance Skills Testing. The instructor will follow IDPH guidelines: "The manual skills evaluation shall be conducted by an approved evaluator." Skills must be practiced before testing. Skills must be evaluated on a one-to-one basis. Skills cannot be evaluated with the student using a manikin. Performance Skills Testing must be done with a person. The person can be a patient/resident, another student or an instructor.

The student must also satisfactorily practice or discuss other skills listed on the Lab/Clinical schedule.

The student will demonstrate giving basic nursing care to one or more patients/residents within the time frame allowed at clinical and satisfactorily perform

skills described on the course evaluation. The student will maintain legal requirements and ethical standards and follow institutional policies.

Evidence of unsafe, ineffective or unreliable basic nursing care will result in failure of the course.

Clinical evaluations will be given at the end of the class. A student will not be recommended for certification unless the student PASSES the course.

VII. REFERENCES:

Illinois Department of Public Health
IVCC Nursing Handbook