COURSE OUTLINE

DIVISION: Nursing

COURSE: ALH 1214 Certified Nursing Assistant

Date: Fall 2018

Credit Hours: 8

Prerequisite(s): None

Delivery Method:
- Lecture 6 Contact Hours (1 contact = 1 credit hour)
- Lab 3 Contact Hours (2-3 contact = 1 credit hour)
- Clinical 3 Contact Hours (3 contact = 1 credit hour)

Offered: Fall Spring Summer

IAI Equivalent – Only for Transfer Courses - go to http://www.itransfer.org:

CATALOG DESCRIPTION:
The Certified Nursing Assistant (C.N.A.) curriculum consists of 1 course which includes lecture, college laboratory practice, and clinical experience in long-term care facility. The C.N.A. Program is approved by the Illinois Department of Public Health. A grade of "C" or above in this course is required to be eligible for state certification. Admission to the C.N.A. does not always follow the usual college schedule. Starting dates are announced in the school class schedule and via letter to the registered students. The program can be completed in 8 weeks. The two step T-B test is required for admission to the clinical component of the program. Taking the TABE reading test is a requirement of the course and will be administered through the Adult Education Department prior to the start of class. Must pass a fingerprinting background check with no disqualifying convictions, if necessary, have already obtained a waiver from the Illinois Department of Public Health. C.N.A. status is required for admission to the RN and/or Practical Nursing Program. Successful completion of this course allows the individual to take the state exam to become certified in the State of Illinois.
GENERAL EDUCATION GOALS ADDRESSED

[See last page for Course Competency/Assessment Methods Matrix.]

Upon completion of the course, the student will be able:

[Choose up to three goals that will be formally assessed in this course.]

☑ To apply analytical and problem solving skills to personal, social, and professional issues and situations.
☐ To communicate successfully, both orally and in writing, to a variety of audiences.
☐ To construct a critical awareness of and appreciate diversity.
☐ To understand and use technology effectively and to understand its impact on the individual and society.
☐ To develop interpersonal capacity.
☐ To recognize what it means to act ethically and responsibly as an individual and as a member of society.
☐ To recognize what it means to develop and maintain a healthy lifestyle in terms of mind, body, and spirit.
☐ To connect learning to life.

EXPECTED LEARNING OUTCOMES AND RELATED COMPETENCIES:

[Outcomes related to course specific goals. See last page for more information.]

Upon completion of the course, the student will be able to:

1. Demonstrate competence in performance of the required skills per IDPH guidelines
2. Identify safety needs of resident and apply safety measures
3. Practice infection control
4. Focus on residents rights
5. List and demonstrate nursing interventions that can be performed by a nursing assistant
6. Use principles of communication and interpersonal relationships
7. Apply organizational skills
8. Show knowledge of nursing assistant’s role within health team

MAPPING LEARNING OUTCOMES TO GENERAL EDUCATION GOALS

[For each of the goals selected above, indicate which outcomes align with the goal.]

<table>
<thead>
<tr>
<th>Goals</th>
<th>Outcomes</th>
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<tbody>
<tr>
<td>First Goal</td>
<td>Will demonstrate competence in performance of the required skills per IDPH guidelines</td>
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<tr>
<td>To apply analytical and problem solving skills to personal, social, and professional issues and situations.</td>
<td>Will identify safety needs of resident and apply safety measures</td>
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<tr>
<td></td>
<td>Will practice infection control</td>
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<tr>
<td></td>
<td>Will focus on residents’ rights</td>
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<td></td>
<td>Will list and demonstrate nursing interventions that can be performed by a nursing assistant</td>
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</tbody>
</table>
Will use principles of communication and interpersonal relationships
Will apply organizational skills
Will show knowledge of nursing assistant’s role within health team

COURSE TOPICS AND CONTENT REQUIREMENTS:

Outcome 1 - ...demonstrate IDPH Performance Skills
Student will be able to:
Competency 1.1 - show proficiency in IDPH Skills by meeting IDPH criteria for successful outcome of various tasks.
Competency 1.2 - demonstrate proficiency in IDPH Skills by following IDPH criteria for performing various tasks.

Outcome 2 - ...identify safety needs of resident and apply safety measures
Student will be able to:
Competency 2.1 - identify patient/resident
Competency 2.2 - identify safety needs of patient/resident
Competency 2.3 - apply safety measures with patient/resident in bed.
Competency 2.4 - apply safety measures when transferring patient/resident.
Competency 2.5 - apply safety measures with patient/resident out of bed.
Competency 2.6 - use proper body mechanics.

Outcome 3 - ...practice infection control
Student will be able to:
Competency 3.1 - wash hands
Competency 3.2 - apply aseptic measures
Competency 3.3 - use Standard Precautions
Competency 3.4 - describe special procedures for Transmission-Based Precautions
Competency 3.5 - demonstrate gowning technique

Outcome 4 - ...focus on patient/resident rights
Student will be able to:
Competency 4.1 - provide privacy
Competency 4.2 - explain procedures
Competency 4.3 - maintain confidentiality

Outcome 5 - ...list and demonstrate nursing interventions that can be performed by a nursing assistant
Student will be able to:
Competency 5.1 - list correct sequence for baths
Competency 5.2 - demonstrate nursing interventions
Outcome 6 - ...use principles of communication and interpersonal relationships

Student will be able to:
- Competency 6.1 - define principles of communication and interpersonal relationships
- Competency 6.2 - explain principles of communication and interpersonal relationships
- Competency 6.3 - use principles of communication and interpersonal relationships

Outcome 7 - ...apply organizational skills

Student will be able to:
- Competency 7.1 - describe organization of work at clinical
- Competency 7.2 - follow clinical routine
- Competency 7.3 - finish clinical assignment on time

Outcome 8 - ...show knowledge of nursing assistant's role within health team

Student will be able to:
- Competency 8.1 - define and demonstrate role of nursing assistant
- Competency 8.2 - define and demonstrate functions of nursing assistant
- Competency 8.3 - define and demonstrate responsibilities of nursing assistant
- Competency 8.4 - describe health team

COURSE CONTENT:
A.  Your Working Environment and The Patient in Isolation
B.  The Patient’s Unit
C.  CPR
D.  Nutrition
E.  Lifting, Moving and Transporting
F.  Personal Care
G.  Demonstrate, discuss, perform
H.  Safety
I.  Fluid Balance
J.  Observing and Recording Vital Signs
K.  Patient Care Planning
L.  Performance Skills Testing
M.  Supervised Clinical Practice
   1. Minimum 40 hours per IDPH guidelines

INSTRUCTIONAL METHODS:
- Lecture
- Discussion
- Laboratory Practice
- Demonstrations
- Return Demonstrations
- Clinical - Supervised Resident Care
INSTRUCTIONAL MATERIALS:
TEXTBOOK/WORKBOOK:
Sorrentino, Sheila A. Nursing Assistants, 9th ed. St. Louis: Mosby 2017
American Heart Association CPR Booklet

STUDENT REQUIREMENTS AND METHODS OF EVALUATION:
To meet the objectives of ALH 1214 a student must demonstrate competence in the performance of IDPH required skills testing. The instructor will follow IDPH guidelines:
1. Manual skills will be evaluated by an approved evaluator (your clinical instructor)
2. Skills will be practiced before testing (on campus during lab)
3. Skills will be evaluated on a one-to-one basis (in lab and at clinical)
4. Skills cannot be evaluated with the student using a manikin
5. Skills testing must be done with a person. The person can be a resident, another student, or the instructor.

The student must also satisfactorily practice or discuss other skills listed on the Lab/Clinical schedule.

The student will maintain legal requirements and ethical standards and follow institutional policies.

Evidence of unsafe, ineffective or unreliable basic nursing care will result in failure of the course.

Grading Scale:
A = 93 - 100
B = 84 - 92
C = 75 - 83
D = 68 -74 or below (ineligible to sit for the state exam)
F = 67 or below

Grading Policy:
The student must pass the theory portion with a 75% or better, and pass lab/clinical to be considered eligible to sit for the state competency exam. If a student’s grade for theory is 75% or better but fails to pass any one of the required skills after the “3” allowable attempts in lab/clinical, will result in an “F” for the course. If a student’s clinical performance is satisfactory but earns a 74% or less for theory, they will have failed the course.

The student will demonstrate giving basic care to one or more patients/residents within the time frame allowed at clinical. The student will be given “3” allowable attempts to competently perform and pass each required skill per IDPH guidelines as described on the course evaluation.

OTHER REFERENCES
IVCC Nursing Handbook
Course Syllabus
### Course Competency/Assessment Methods Matrix

**Assessment Options**

|--------------------------------|----------------|--------------|------------|----------|-------------------|---------------|---------|---------------|-----------------------------------|------------------|---------------------------------|-------------------|-------------|----------------|---------------------|-------------------|------------------|--------------------------|-------------------|-----------------------------|----------------------|----------------|-------------|--------------------------|------------|----------------|----------|--------|----------------|----------|

**Assessment Measures** – Are direct or indirect as indicated. List competencies/outcomes below.

| Direct/Indirect | Outcome 1 …demonstrate IDPH Performance Skills | Competency 1.1 - show proficiency in IDPH Skills by meeting IDPH criteria for successful outcome of various tasks. | Competency 1.2 - demonstrate proficiency in IDPH Skills by following IDPH criteria for performing various tasks. | Outcome 2 - …identify safety needs of resident and apply safety measures | Competency 2.1 - identify patient/resident | Competency 2.2 - identify safety needs of patient/resident | Competency 2.3 - apply safety measures with patient/resident in bed. |
|----------------|-----------------------------------------------|-----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|------------------------------------------|---------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|            |                               |                               |                               |                               |                                           |                             |
|                | X                                             | X                                                                                                               | X                                                                                                               | X                                                             | X                                                        | X                                                             | X                                                                                                               |            |                               |                               |                               |                               |                                           |                             |
| Competency 2.4 - apply safety measures when transferring patient/resident. | X |
| Competency 2.5 - apply safety measures with patient/resident out of bed. | X |
| Competency 2.6 - use proper body mechanics. | X | X |
| **Outcome 3 - practice infection control** |  |
| Competency 3.1 - wash hands | X | X |
| Competency 3.2 - apply aseptic measures | X | X |
| Competency 3.3 - use Standard Precautions | X | X |
| Competency 3.4 - describe special procedures for Transmission-Based Precautions | X | X |
| Competency 3.5 - demonstrate gowning technique | X | X |
| **Outcome 4 - focus on patient/resident rights** |  |
| Competency 4.1 - provide privacy | X |
| Competency 4.2 - explain procedures | X |
| Competency 4.3 - maintain confidentiality | X |
| **Outcome 5 - list and demonstrate nursing interventions that can be performed by a nursing assistant** |  |
| Competency 5.1 - list correct sequence for baths | X | X | X |
| Competency 5.2 - demonstrate nursing interventions | X | X |
| **Outcome 6 - use principles of communication and interpersonal relationships** |  |
| Competency 6.1 - define principles of communication and interpersonal relationships | X | X |
| Competency 6.2 - explain principles of communication and interpersonal relationships | X | X |
| Competency 6.3 - use principles of communication and interpersonal relationships | X |
| **Outcome 7 - …will apply organizational skills** | |
| Competency 7.1 - describe organization of work at clinical | X | X |
| Competency 7.2 - follow clinical routine | X |
| Competency 7.3 - finish clinical assignment on time | X |
| **Outcome 8 - …show knowledge of nursing assistant’s role within health team** | |
| Competency 8.1 - define and demonstrate role of nursing assistant | X | X |
| Competency 8.2 - define and demonstrate **functions** of nursing assistant | X | X | X |
| Competency 8.3 - define and demonstrate **responsibilities** of nursing assistant | X | X | X |
| Competency 8.4 - describe health team | X | X |