



**COURSE OUTLINE**

**DIVISION: Nursing**

**COURSE: ALH 1214 Certified Nursing Assistant**

Date: Fall 2018

Credit Hours: 8

Prerequisite(s): None

Delivery Method:  **Lecture**                    **6 Contact Hours (1 contact = 1 credit hour)**  
 **Seminar**                    **0 Contact Hours (1 contact = 1 credit hour)**  
 **Lab**                                **3 Contact Hours (2-3 contact = 1 credit hour)**  
 **Clinical**                    **3 Contact Hours (3 contact = 1 credit hour)**  
 **Online**  
 **Blended**

Offered:  **Fall**     **Spring**     **Summer**

IAI Equivalent –**Only for Transfer Courses**-go to <http://www.itransfer.org>:

**CATALOG DESCRIPTION:**

The Certified Nursing Assistant (C.N.A.) curriculum consists of 1 course which includes lecture, college laboratory practice, and clinical experience in long-term care facility. The C.N.A. Program is approved by the Illinois Department of Public Health. A grade of "C" or above in this course is required to be eligible for state certification. Admission to the C.N.A. does not always follow the usual college schedule. Starting dates are announced in the school class schedule and via letter to the registered students. The program can be completed in 8 weeks. The two step T-B test is required for admission to the clinical component of the program. Taking the TABE reading test is a requirement of the course and will be administered through the Adult Education Department prior to the start of class. Must pass a fingerprinting background check with no disqualifying convictions, if necessary, have already obtained a waiver from the Illinois Department of Public Health. C.N.A. status is required for admission to the RN and/or Practical Nursing Program. Successful completion of this course allows the individual to take the state exam to become certified in the State of Illinois.

## GENERAL EDUCATION GOALS ADDRESSED

*[See last page for Course Competency/Assessment Methods Matrix.]*

### Upon completion of the course, the student will be able:

*[Choose up to three goals that will be formally assessed in this course.]*

- To apply analytical and problem solving skills to personal, social, and professional issues and situations.
- To communicate successfully, both orally and in writing, to a variety of audiences.
- To construct a critical awareness of and appreciate diversity.
- To understand and use technology effectively and to understand its impact on the individual and society.
- To develop interpersonal capacity.
- To recognize what it means to act ethically and responsibly as an individual and as a member of society.
- To recognize what it means to develop and maintain a healthy lifestyle in terms of mind, body, and spirit.
- To connect learning to life.

### EXPECTED LEARNING OUTCOMES AND RELATED COMPETENCIES:

*[Outcomes related to course specific goals. See last page for more information.]*

#### Upon completion of the course, the student will be able to:

1. Demonstrate competence in performance of the required skills per IDPH guidelines
2. Identify safety needs of resident and apply safety measures
3. Practice infection control
4. Focus on residents rights
5. List and demonstrate nursing interventions that can be performed by a nursing assistant
6. Use principles of communication and interpersonal relationships
7. Apply organizational skills
8. Show knowledge of nursing assistant's role within health team

### MAPPING LEARNING OUTCOMES TO GENERAL EDUCATION GOALS

*[For each of the goals selected above, indicate which outcomes align with the goal.]*

Goals	Outcomes
First Goal	
To apply analytical and problem solving skills to personal, social, and professional issues and situations.	Will demonstrate competence in performance of the required skills per IDPH guidelines Will identify safety needs of resident and apply safety measures Will practice infection control Will focus on residents' rights Will list and demonstrate nursing interventions that can be performed by a nursing assistant

	<p>Will use principles of communication and interpersonal relationships</p> <p>Will apply organizational skills</p> <p>Will show knowledge of nursing assistant's role within health team</p>
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## **COURSE TOPICS AND CONTENT REQUIREMENTS:**

### **Outcome 1 - ...demonstrate IDPH Performance Skills**

Student will be able to:

Competency 1.1 - show proficiency in IDPH Skills by meeting IDPH criteria for successful outcome of various tasks.

Competency 1.2 - demonstrate proficiency in IDPH Skills by following IDPH criteria for performing various tasks.

### **Outcome 2 - ...identify safety needs of resident and apply safety measures**

Student will be able to:

Competency 2.1 - identify patient/resident

Competency 2.2 - identify safety needs of patient/resident

Competency 2.3 - apply safety measures with patient/resident in bed.

Competency 2.4 - apply safety measures when transferring patient/resident.

Competency 2.5 - apply safety measures with patient/resident out of bed.

Competency 2.6 - use proper body mechanics.

### **Outcome 3 - ...practice infection control**

Student will be able to:

Competency 3.1 - wash hands

Competency 3.2 - apply aseptic measures

Competency 3.3 - use Standard Precautions

Competency 3.4 - describe special procedures for Transmission-Based Precautions

Competency 3.5 - demonstrate gowning technique

### **Outcome 4 - ...focus on patient/resident rights**

Student will be able to:

Competency 4.1 - provide privacy

Competency 4.2 - explain procedures

Competency 4.3 - maintain confidentiality

### **Outcome 5 - ...list and demonstrate nursing interventions that can be performed by a nursing assistant**

Student will be able to:

Competency 5.1 - list correct sequence for baths

Competency 5.2 - demonstrate nursing interventions

### **Outcome 6 - ...use principles of communication and interpersonal relationships**

Student will be able to:

Competency 6.1 - define principles of communication and interpersonal relationships

Competency 6.2 - explain principles of communication and interpersonal relationships

Competency 6.3 - use principles of communication and interpersonal relationships

### **Outcome 7 - ...apply organizational skills**

Student will be able to:

Competency 7.1 - describe organization of work at clinical

Competency 7.2 - follow clinical routine

Competency 7.3 - finish clinical assignment on time

### **Outcome 8 - ...show knowledge of nursing assistant's role within health team**

Student will be able to:

Competency 8.1 - define and demonstrate role of nursing assistant

Competency 8.2 - define and demonstrate functions of nursing assistant

Competency 8.3 - define and demonstrate responsibilities of nursing assistant

Competency 8.4 - describe health team

### **COURSE CONTENT:**

- A. Your Working Environment and The Patient in Isolation
- B. The Patient's Unit
- C. CPR
- D. Nutrition
- E. Lifting, Moving and Transporting
- F. Personal Care
- G. Demonstrate, discuss, perform
- H. Safety
- I. Fluid Balance
- J. Observing and Recording Vital Signs
- K. Patient Care Planning
- L. Performance Skills Testing
- M. Supervised Clinical Practice
  - 1. Minimum 40 hours per IDPH guidelines

### **INSTRUCTIONAL METHODS:**

- Lecture
- Discussion
- Laboratory Practice
- Demonstrations
- Return Demonstrations
- Clinical - Supervised Resident Care

## **INSTRUCTIONAL MATERIALS:**

### TEXTBOOK/WORKBOOK:

Sorrentino, Sheila A. Nursing Assistants. 9<sup>th</sup> ed. St. Louis: Mosby 2017

Kelly, R., Mosby's Workbook for Nursing Assistants, 9<sup>th</sup> ed. St. Louis: Mosby 2017

American Heart Association CPR Booklet

## **STUDENT REQUIREMENTS AND METHODS OF EVALUATION:**

To meet the objectives of ALH 1214 a student must demonstrate competence in the performance of IDPH required skills testing. The instructor will follow IDPH guidelines:

1. Manual skills will be evaluated by an approved evaluator (your clinical instructor)
2. Skills will be practiced before testing (on campus during lab)
3. Skills will be evaluated on a one-to-one basis (in lab and at clinical)
4. Skills cannot be evaluated with the student using a manikin
5. Skills testing must be done with a person. The person can be a resident, another student, or the instructor.

The student must also satisfactorily practice or discuss other skills listed on the Lab/Clinical schedule.

The student will maintain legal requirements and ethical standards and follow institutional policies.

Evidence of unsafe, ineffective or unreliable basic nursing care will result in failure of the course.

### **Grading Scale:**

A = 93 - 100

B = 84 - 92

C = 75 - 83

D = 68 -74 or below (ineligible to sit for the state exam)

F = 67 or below

### **Grading Policy:**

The student must pass the theory portion with a 75% or better, and pass lab/clinical to be considered eligible to sit for the state competency exam. If a student's grade for theory is 75% or better but fails to pass any one of the required skills after the "3" allowable attempts in lab/clinical, will result in an "F" for the course. If a student's clinical performance is satisfactory but earns a 74% or less for theory, they will have failed the course.

The student will demonstrate giving basic care to one or more patients/residents within the time frame allowed at clinical. The student will be given "3" allowable attempts to competently perform and pass each required skill per IDPH guidelines as described on the course evaluation.

## **OTHER REFERENCES**

IVCC Nursing Handbook

Course Syllabus





