

Spring 2026 Schedule | ivcc.edu/enroll



CONTINUING EDUCATION CENTER

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Starts Here*



ILLINOIS VALLEY
COMMUNITY COLLEGE



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additional
information.



Spring Spotlight Meet Julie Jenkins

Born and raised in rural Ottawa, Illinois, artist and educator Julie Jenkins has always believed in the power of persistence. Art did not come easily to her - not at first. In seventh grade, after a duck-stamp contest entry was critiqued by her teacher, Julie channeled her frustration into determination. "I got mad - and I worked harder," she recalls. With encouragement from her high school art teacher, Becky Aten, she continued to study and explore a career in art.

That spark eventually led her to IVCC for her A.A. in Art, followed by a B.S. in Art Education from Southern Illinois University and an M.A. in Art Education from Eastern Illinois University.

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Julie describes her high school and IVCC experience as a defining moment. Under the guidance of IVCC instructors Dana Collins and David Birksieker, she realized she could take art further than she ever imagined. "That's where I found my path forward," she says.

Today, Julie teaches high school art at LaSalle-Peru Township High School and community enrichment at Illinois Valley Community College. Her artistic practice spans acrylic and watercolor painting, ceramics, and photography - mediums she continues to explore both personally and alongside her students.

Art has been both anchor and outlet in Julie's life. During postpartum struggles, she found healing by dedicating time to her studio practice. "It was more about the process than the end product," she reflects. "Physical art-making became a way through."

A Teacher Who Meets You Where You Are
Julie's teaching philosophy is simple and encouraging: **Art is teachable - and everyone can grow.** She delights in teaching adults through IVCC's Community Education program.

Seeing students enjoy the creative process inspires her as much as her own artwork. "You are fed by witnessing others create," she shares.

Inspired by the World

Travel is essential to Julie's creativity. From Prague and Paris to Vienna, Budapest, Barcelona, Madrid, and even the Alaskan wilderness, she seeks out art and artists wherever she goes -sometimes driving hours just to meet a potter in his studio. "If I didn't travel, I wouldn't be as creative. Travel keeps me curious, energized and connected."

Art, Family and Lifelong Curiosity

Julie credits her husband, Mark, as her biggest supporter. "I could not do half of what I do without him," she says. Her children, Kendall and Karsten, appreciate her dedication too - even if they didn't follow artistic careers. They enjoy museum trips together, turning exhibitions into games of interpretation and storytelling.

Her influence has even reached her foreign exchange students -one now on the path to architecture, another discovering the importance of art despite a math-driven mind.

At the heart of her work is a belief in lifelong learning. "You never stop being curious," Julie says. "We need things that excite and surprise us. Otherwise, we're just existing."

"Art is my life. I'm an open book."

Julie brings this passion, openness, and joy to every Community Education class she teaches at IVCC. Whether you're a beginner or a seasoned creative, she is ready to meet you where you are -and help you discover just how far your creativity can go.

"Adults come in excited but sometimes apprehensive. Helping them gain confidence makes me fall in love with teaching all over again," she says. "I meet people where they are. We grow from there together."

Take a Class with Julie Jenkins!

March 21: Watercolor Landscape Workshop (pg. 18)

April 18: Impressionist Landscape Drawing Using Soft Pastels (pg. 18)

Starting June 8: Hand-Sculpted Clay Flowers (pg. 19)



COMPUTERS

COMPUTER BASICS & INTERNET SAFETY

This beginner-friendly class teaches the basics of using a computer safely and confidently. Through hands-on practice, you will learn how to log in, type, navigate desktop applications, browse the internet and use email. You will also receive essential tips for staying safe online and avoiding scams. By the end, you will have practical experience with Windows 11 and a solid foundation in everyday computer skills, all taught at a comfortable, supportive pace. **Email accounts are optional for the class, but students may log in to their own during the email instruction portion. Please bring your login details, as the instructor will not assist with account recovery during class. For help accessing and/or creating an email beforehand, contact Lexis Buckley at (815) 224-0490.**

Mon/Wed 5:30-7:30 PM **Apr 6, 15, 20, 29**
4 Sessions **Lexis Buckley**
Rm 112, **Class ID: 25521** **\$129**
Ottawa Center

NEW! INTRO TO BLENDER 3D ART EXPLORATION LAB

Explore and learn 3D in Blender in a single evening with an open lab setting. You will see live demonstration and receive instruction designed to be a fun and encouraging introduction to three-dimensional creativity. Ask questions, see what is possible and explore a new skillset. Find out more about the upcoming Intro to Blender class. All experience levels welcome!

Mon 6-9 PM **Feb 23**
1 Session **Dan Goslin**
CTC-119, IVCC **Class ID: 27413** **\$25**

NEW! BLENDER: 3D MODELING AND ANIMATION

Ready to take the next step? Discover the essentials of 3D graphic design and digital art with this beginner-friendly introduction to Blender, a powerful and free tool for creating 3D models, animations and rendered scenes. You will start by exploring the interface, and learning how to navigate the 3D workspace. Through guided, hands-on instruction, you will work with basic objects, practice transforming and editing shapes and use key modeling tools and modifiers. You will also learn how to apply materials, set up lighting and cameras and understand the basics of Blender's rendering engines. The class introduces simple animation techniques, UV basics and optional sculpting tools. At the end of class, you will complete a small 3D design project - such as a coffee cup or mini scene using the skills you have learned. Blender is a versatile all-in-one tool for anyone interested in 3D design, digital art or animation. Blender is

widely used by hobbyists, independent artists and professionals to create 3D models, animate movement and characters, build visual effects, digital art, motion graphics, games and more.

Mon 6-9 PM **Mar 16-Apr 13**
5 Sessions **Dan Goslin**
CTC-119, IVCC **Class ID: 27412** **\$159**

MICROSOFT OFFICE SPECIALIST (MOS) ASSOCIATE CERTIFICATION TRAINING (Vouchers Included)

245 Hours | Self-Paced | \$2,295
 Proficiency in Microsoft Office is essential in today's professional environment, and earning a Microsoft Office Specialist (MOS) Associate Certification demonstrates advanced expertise in the Office suite. This course provides comprehensive, hands-on training through interactive exercises, detailed instructional materials and supplemental video demonstrations to prepare you for certification exams in Word, Excel, PowerPoint and Outlook. By the end of the course, you will be fully prepared to take the following exams: MO-200 and MO-201 (Excel), MO-100 and MO-101 (Word), MO-300 and MO-310 (PowerPoint), and MO-400 (Outlook). To earn the MOS Associate Certification, you must successfully complete any three Associate-level exams of your choice. **Additional proctoring fees may apply and are not included in the course cost. This class is eligible for the Noncredit Strategies at Work Grant. Call (815) 224-0427 to register and receive 50% discount.**

NEW! GET CERTIFIED!

The IVCC Assessment Center offers Microsoft Office Specialist (MOS) certification exams through Certiport®. Testing is available by appointment only and you must schedule at least seven days in advance. **A \$25 proctor fee is due before testing, and candidates must have a Certiport® account and an MOS exam voucher.**

Questions? Contact the Assessment Center at (815) 224-0542.

CERTIFICATE IN QUICKBOOKS

Self-Paced | Online 24/7 | \$395
 Master QuickBooks Online, the leading accounting platform for small businesses. This program offers a comprehensive understanding of both foundational and advanced features, with a free trial of the cloud-based software included to enhance your learning experience. Upon completion, you will earn a professional certificate from the Learning Resources Network (LERN). Start at your convenience! **This class is eligible for the Noncredit Strategies at Work Grant. Call (815) 224-0427 to register and receive 50% discount.**

Start Date: February 2 **Class ID: 25824**
Start Date: April 6 **Class ID: 25825**

CERTIFICATE IN MASTERING EXCEL

Self-Paced | Online 24/7 | \$495

A must-have skill to succeed in business, whether an entrepreneur or a valued employee, is the ability to create, edit and manage spreadsheets. Microsoft Excel is the most used spreadsheet tool in the world. Begin with learning how an Excel worksheet is constructed, populated with content and edited for delivery. Discover how various menu items, commands, settings and processes affects the look of your Excel worksheets and workbooks. Then, increase your efficiency by learning how to organize, display and calculate your data into useful information. Identify different types of data and how data can be best visually represented or formatted, by using different data tool techniques. Finally, you will learn a variety of Excel's most powerful features to analyze data quickly and easily. This certificate will help you discover how to attractively visualize your data into meaningful information with confidence. **This class is eligible for the Noncredit Strategies at Work Grant. Call (815) 224-0427 to register and receive a 50% discount.**

Start Date: February 2 **Class ID: 25719**
Start Date: April 6 **Class ID: 25720**

Interested in 3D Printing? See page 21 for class information.



BUSINESS

NEW! Small Business Accelerator Kauffman FastTrac®

The following class is eligible for the NSAW Grant. Call (815) 224-0427 to register and receive a 50% discount.

Ready to turn your business idea into a real venture? This hands-on, cohort-style workshop, powered by the nationally recognized **Kauffman FastTrac®** curriculum, helps aspiring and early-stage entrepreneurs build a solid foundation for launching and growing their business.

In this program, you'll learn how to:

- Define your business concept and identify your target market
- Validate your idea through customer research and competitive analysis
- Build a business model that drives profitability and sustainability
- Develop a clear roadmap for funding, marketing, and growth

By the end of the series, you will have a refined business plan, valuable feedback from peers and mentors, and the confidence to move your idea forward. The program concludes with a Shark Tank inspired pitch competition, where top participants receive cash awards to invest directly into their business. **CEU: 1.6.**

Tue 6-8 PM
8 Sessions
E-324, IVCC
***No Class: March 10**

Feb 17-Apr 14
Connor Cofoid
Class ID: 25908 **\$549**

NEW! SUBSTACK FOR BUSINESS: A MODERN APPROACH TO COMMUNICATION

The following class is eligible for the Noncredit Strategies at Work Grant. Call (815) 224-0427 to register and receive a 50% discount.

Substack is becoming a go-to platform for organizations seeking clearer, more meaningful communication without the noise of traditional social media. In this workshop, learn why businesses are adopting Substack and how it supports authentic internal and external messaging. The first half introduces the platform; the second is a hands-on lab where you will set up your own account and create content you can repurpose across LinkedIn, Facebook and other channels. You will leave with a functioning Substack and a simple communication strategy you can use immediately. **CEU: .3**

Thu 1-4 PM
1 Session
A-323, IVCC

Feb 19
Karen Stowe
Class ID: 25907 **\$20**

NEW! AI IN THE WORKPLACE: PRACTICAL TOOLS FOR EVERYDAY COMMUNICATION

The following class is eligible for the Noncredit Strategies at Work Grant. Call (815) 224-0427 to register and receive a 50% discount.

AI is becoming an everyday support tool helping people write faster, communicate more clearly and lighten their workload without needing any technical background. In this workshop, you'll learn what AI really is, where it's already showing up in your daily life, and how to use it in simple, human-centered ways to make work feel easier and more manageable. We will introduce AI through practical, real-world examples and allow you hands-on time to practice turning rough ideas into polished communication. **CEU: .3**

Thu 8:30-11:30 AM
1 Session
A-323, IVCC

Mar 12
Karen Stowe
Class ID: 25906 **\$120**

GOING FROM GOOD TO GREAT

The following class is eligible for the Noncredit Strategies at Work Grant. Call (815) 224-0427 to register and receive a 50% discount.

Recognizing the symptoms of stress and having self-awareness on how it can or may be currently impacting your everyday life including relationships is key to preventing larger impact. Developing a self-nourishment plan and having the tools and mindset tips for actively engaging in that plan can be life changing for many. In this course, Jamie Stuart Taylor, a Licensed Clinical Social Worker will assist you in taking a deeper dive into the common signs of stress, how they impact our physical and emotional body and then how to develop a self-nourishment plan that works for you. Participants will also get a glimpse into the use of empowerment strategies and how to retrain your mindset and thoughts to help set you up for long term whole-body wellness. **CEU: .15**

Tue 5-6:30 PM
1 Session
CTC-125, IVCC

Mar 24
Jamie Stuart-Taylor
Class ID: 25925 **\$49**

NEW! SEXUAL HARASSMENT PREVENTION

This 30-minute online course meets the standards and guidelines for sexual harassment training that is required for all employers in the state of Illinois. Topics include sexual harassment laws, responsibilities of employers, protections for employees regarding sexual harassment in the workplace and information needed if seeking to file a report. A link to the online course will be provided in your registration confirmation email and you will be given 30 days to complete. A certificate of completion will be issued upon successful completion of the online content and quiz. **[1 CE]**

Online **Class ID: 25522** **\$20**
1 Session **Annie Monyok**

LEADERSHIP

The following class is eligible for the Noncredit Strategies at Work Grant. Call (815) 224-0427 to register and receive 50% discount.

NEW! Emotional Intelligence for Everyday Leaders

This session introduces leaders to the core principles of emotional intelligence and how they directly impact workplace relationships and performance. Participants will explore strategies for building self-awareness, recognizing emotions in themselves and others and communicating with greater clarity and empathy. Through practical activities and real world scenarios, leaders will learn how to build trust, minimize conflict, motivate their teams and make more effective, grounded decisions. **CEU: .3**

Tue 12:30-3:30 PM
1 Session
C-316, IVCC

Feb 24
Jamie Stuart-Taylor
Class ID: 25926 **\$120**



Born and raised in the Illinois Valley, Connor Cofoid began his entrepreneurial journey as an alum of Illinois Valley Community College before graduating from the University of Iowa with a BBA in Leadership and Entrepreneurial Management. He previously served as a management consultant at Sendero and now leads Connor Cofoid Consulting, his independent practice focused on helping startups build strong operational foundations and enhance organizational effectiveness. Connor is also the Co-Founder of Pathway+, a mentorship platform connecting young alumni with college students to support career exploration and skill development. Committed to strengthening the entrepreneurial ecosystem, he organizes 1 Million Cups Chicago and mentors emerging founders through the University of Iowa's Venture Mentoring Service. His combined entrepreneurial, consulting, and community-building experience informs his approach to guiding founders as they develop and grow their ventures.

ESSENTIAL WORK SKILLS

EWS ESSENTIAL WORKPLACE SKILLS

Professional Development
for Frontline Workers

The following classes are eligible for the Noncredit Strategies at Work Grant. Call (815) 224-0427 to register and receive 50% discount.

Strengthen the skills that drive success at every stage of your career! Join us for a highly interactive workshop series designed to build the essential skills every organization value, across any industry. Each 3-hour session features engaging activities, role plays, real-world scenarios, and lively discussions for a truly dynamic learning experience. Walk away with practical tools and a personalized action plan you can apply immediately in the workplace.

COMMUNICATING EFFECTIVELY

Communication drives workplace engagement. In this session, get more strategic about communication as a professional skill. Tune into your personal communication style and compare it to that of your peers, supervisors and customers. Learn how to customize your approach and get the best results. Understand what to get right in managing in-person, written and digital interactions to prevent conflict and promote productivity. Leave with new methods for connecting to others at work and contributing as a high-performing employee. **CEU: .3**

Tue 8:30-11:30 AM **Feb 24**
1 Session **Jamie Stuart Taylor**
C-316, IVCC **Class ID: 25543** **\$120**

PRACTICING PROFESSIONALISM IN THE WORKPLACE

A true professional is one who adds value to their organization. In this session, cross check your professionalism against best practices. Learn how to positively influence coworkers and customers, relate to diversity and adapt to various work environments. Understand how to use feedback to improve performance and be seen as a problem-solver. At the end of the session, you will have new tools that help you contribute to a healthy and positive workplace. **CEU: .3**

Tue 8:30-11:30 AM **Mar 10**
1 Session **Janelle Reeb**
C-316, IVCC **Class ID: 25544** **\$120**

NAVIGATING CHALLENGES AND STRESSORS

Stressors at work create opportunities to rethink our responses and habits. In this session, identify challenges in your professional life and what contributes to them. Adopt strategies such as a proactive mindset and what-if thinking to anticipate problems before they arise. Grow your emotional intelligence to improve encounters with peers, supervisors and customers. Explore how attending to your whole self affects your professionalism and career path. Leave with an action plan that promotes resilience in the face of workplace demands. **CEU: .3**

Tue 8:30-11:30 AM **Mar 24**
1 Session **Jamie Stuart Taylor**
C-316, IVCC **Class ID: 25545** **\$120**

THINKING CRITICALLY AT WORK

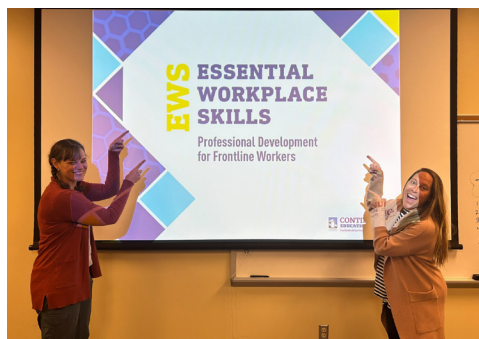
Boost your value at work by being seen as an effective problem-solver. In this session, explore the skills and strategies behind critical thinking, what it is and how to show it. Practice the ability to adopt multiple perspectives, analyze different data and tackle complex issues collaboratively. Explore techniques for evaluating solutions and communicating them to key stakeholders. Walk away with confidence that you know how to generate improvements to benefit yourself, your team and the organization. **CEU: .3**

Tue 8:30-11:30 AM **Apr 7**
1 Session **Janelle Reeb**
C-316, IVCC **Class ID: 25546** **\$120**

UNDERSTANDING CUSTOMER SERVICE ESSENTIALS

Inclusive and cross-generational workplaces are today's professional norm. In this session, assess your customer-centricity and learn how to maintain and improve trust. Expand communication skills, including use of technology, to serve internal and external customers equally well. Learn recovery steps that rebuild customer loyalty. Leave ready to provide professional customer-service excellence regardless of title or industry. **CEU: .3**

Tue 8:30-11:30 AM **Apr 21**
1 Session **Janelle Reeb**
C-316, IVCC **Class ID: 25547** **\$120**



CAREER TRAINING PROGRAMS

Illinois Valley Community College offers flexible, affordable career training programs designed to help you gain job-ready skills and industry-recognized certifications. Choose from online programs that let you start when you are ready and learn at your own pace.

Discover A Faster Path to the Career You Want!

Program Areas Include:

- Arts and Design
- Business
- Computer Science/Applications
- Construction and Trades
- Health and Fitness
- Hospitality
- Information Technology
- Language
- Legal
- Teacher Professional Development
- Writing

Not Sure Where to Start?

If you are unsure which program is the right fit or would like help exploring career pathways, we are here to support you! Contact Lexis Buckley at lexis_buckley@ivcc.edu or (815) 224-0490.

FINANCIAL ASSISTANCE

Financial assistance is available for eligible students within approved programs.

1. **The Noncredit Strategies at Work Grant** strengthens the pipeline of skilled workers within business, manufacturing, and healthcare. The Illinois Community College Board has provided grant funds for incumbent workers, career changers and individuals looking to upgrade their skills. Eligible students will receive a 50% discount on workforce related programs and classes.

For more information, please contact:
continuingeducation@ivcc.edu (815) 224-0427

2. **The Pipeline for the Advancement of the Healthcare Workforce (PATH)** is a grant that supports students entering or advancing in healthcare careers.

Approved Programs Include: Medical Billing & Coding, Pharmacy Technician, EKG Technician, Patient Care Technician and Sterile Processing Technician

Learn more or apply at ivcc.edu/path. For more information, please contact:
lexis_buckley@ivcc.edu (815) 224-0490

3. **Business Employment Skills Team, Inc. (BEST)** provides federal Workforce Innovation & Opportunity Act (WIOA) funding.

Approved Programs Include: Medical Billing & Coding, Pharmacy Technician

Learn more at best.inc.org or contact info@best-inc.org (815) 224-0375

4. **Military Spouse Career Advancement Account (MyCAA)** is a workforce development program that provides up to \$4,000 in support for eligible military spouses pursuing certification or licensure.

Visit mycaa.militaryonesource.mil/mycaa/ for additional information

Select 'SEARCH FOR PROGRAMS & SCHOOLS' and type in Illinois Valley Community College to see approved programs

PLEASE NOTE: Financial assistance for our programs is not guaranteed and depends on eligibility and the availability of funds. Each opportunity listed has varying application requirements and different approved programs.

ONLINE CAREER TRAINING PROGRAMS

Start anytime. IVCC's online career training programs give you the opportunity to register and begin at any point throughout the year.

**Tuition includes applicable exam voucher(s) and all required textbook(s) and/or eBook(s). Refunds cannot be issued once the program curriculum is accessed online or confirmed through the submission of material shipment confirmation.*

The following programs are approved for 50% funding assistance with the Noncredit Strategies at Work Grant!

ACCOUNTS RECEIVABLE SPECIALIST CERTIFICATION

40 Hours | Self-Paced | \$1,399 | 3 Months

This program prepares you to support cash flow, maintain accurate financial records and provide excellent customer service in accounts receivable roles. Upon completing the training, you will be ready to take an exam to demonstrate your ability to manage the accounts receivable process and earn the Accredited Receivables Specialist (ARS) designation from the Institute of Finance and Management (IOFM).

TEACHER'S AIDE WITH PARAPRO PREP

130 Hours | Self-Paced | \$1,898 | 6 Months

Prepare for a career as a paraprofessional educator in Illinois public schools. This course builds skills in classroom support, student learning assistance and behavior management, while preparing you for the ETS ParaPro Assessment, one of the approved pathways to obtain the Illinois Paraprofessional Educator License.

AI FOR BUSINESS COURSE CHATGPT & COPILOT

36 Hours | Self-Paced | \$795 | 3 Months

Transform your professional and personal life by changing the way you work. Learn what Generative AI platforms like ChatGPT and Microsoft Copilot are and how you can take advantage of them to become more productive. In this AI for Business course, you will learn how to write prompts (talk to AI), generate content (answers, text, photos, video), analyze data, work faster/easier in Microsoft 365 (Office) apps and much more.

HUMAN RESOURCES PROFESSIONAL

150 Hours | Self-Paced | \$2,159 | 9 Months

Learn the foundational skills needed to begin a career in Human Resources. This course covers hiring practices, employee relations, employment law, workplace communication, diversity, remote-work, and more. You will also be prepared for recognized certification exams, including the aPHR, PHR or SHRM-CP.

CERTIFIED PARALEGAL

225 Hours | Self-Paced | \$3,150 | 12 Months

This self-paced, online Certified Paralegal course provides a comprehensive overview of legal concepts including research, ethics, litigation, and contracts. Designed to prepare you for the national Certified Paralegal exam, the course includes a voucher to cover the exam fee. With one year to complete the program, you can study on your schedule and build the skills needed in a legal support role.

For a full list of all available Career Training Programs visit careertraining.ed2go.com/ivcc or scan the QR code.



SCAN THE QR CODE TO VIEW THE FULL LIST



How to Register:

1. Visit our **Online Instruction Center** at ed2go.com/ivcc
2. At the top, click "Courses" and begin browsing.
3. Find your class and register by selecting "Enroll Now."
4. Follow the instructions to create an account, enroll in your program and pay for your course.
5. On the day your program begins, return to our Online Instruction Center, and click the "My Classroom" link.
6. To begin your studies, simply log in with your email and the password you selected during enrollment.

Please call our office at (815) 224-0427 for assistance!



ONLINE CERTIFICATE PROGRAMS

Scheduled start dates offered year-round. These programs are eligible for the NSAW Grant offering 50% off. Call (815) 224-0427 to register and receive your discount. After meeting the requirements for completion, you will earn a professional achievement certificate from Illinois Valley Community College.

**Tuition includes all required digital materials. Refunds cannot be issued once the program curriculum is accessed online.*

ADVANCED EXCEL FUNCTIONS

Feb 2-27 or Apr 6-May 1 | Online | \$195

Take your Excel skills to the next level. Go beyond what others know, equipping you with advanced functions to efficiently analyze and manipulate data. Explore the advantages of these functions in various contexts, enhancing your productivity and data insights. **CEU: 1.3**

AI CERTIFICATE

Feb 2-May 1 or Apr 6-Jun 26 | Online | \$495

Give your organization a competitive advantage with Artificial Intelligence (AI). Position yourself in an emerging knowledge specialty and growth area. Explore what AI can do to reduce costs, gather more and better business data, automate time-consuming tasks, improve efficiency, lower human error, reallocate staff time for higher priority functions and more. Then master the concepts and fundamental techniques of implementing AI. Finally, develop an AI plan and strategy to deliver results for your workplace. **CEU: 4.8**

ADVANCED MARKETING CONCEPTS

Mar 2-27 | Online | \$195

Only being offered once this year: March 2-27. Take your knowledge of marketing to the next level. Strengthen your marketing expertise with advanced concepts used by top professionals to design high-impact strategies. This course will give you the tools to lead stronger, more effective marketing campaigns and achieve improved results. **CEU: 1.6**

Graphic Design Foundation Certificate

Feb 2-May 1 or Apr 6-Jun 26 | Online | \$545

Whether you are designing a logo, building a website, or crafting a magazine layout, the right graphic design can transform your work from ordinary to exceptional. Build the skills to confidently choose the perfect graphic design for any project, creating work that is not only visually stunning but also functionally effective. This certificate consists of three one-month courses. **CEU: 4.8**

CERTIFICATE IN BUSINESS WRITING

Feb 2-27 | Online | \$495

Discover the keys to successful writing for the workplace. Learn how you can enhance your career by improving critical communication skills, including understanding formatting, construction and successful techniques of writing good business reports and proposals. You will also learn how to write effective press releases and discover how you can take your business to the next level. This certificate consists of three one-month courses. **CEU: 4.8**

For a complete list of our courses, visit ivcc.edu/enroll. To utilize grant funding call the Continuing Education Center at (815) 224-0427.

ACCELERATED ONLINE HEALTHCARE CAREER TRAINING PROGRAMS

Programs are open enrollment, allowing you to register and start at any time throughout the year!

**Tuition includes applicable exam voucher(s) and all required textbook(s) and/or eBook(s). Refunds cannot be issued once the program curriculum is accessed online or confirmed through the submission of material shipment confirmation.*



The following programs are approved for PATH funding assistance! Visit ivcc.edu/path. Contact Lexis Buckley at lexis_buckley@ivcc.edu or (815) 224-0490 for more information.

MEDICAL BILLING AND CODING

[370 Hours | 12 Months]

Prepare for a rewarding career in Medical Billing and Coding with our comprehensive course. Gain expertise in legal, ethical, and regulatory concepts essential to the field, including HIPAA compliance and coding guidelines. Explore the entire revenue cycle, from patient registration to reimbursement, and learn medical terminology for effective communication in healthcare. With over one million physicians relying on professionals in this role, opportunities abound in medical facilities, insurance companies, pharmacies, and more.

This high-demand field opens doors to diverse career paths and our course equips you with the knowledge needed for success. Upon completion, students will receive a Certificate of Completion from Illinois Valley Community College and may select one voucher to sit for a national certification exam of their choice:

- **Certified Professional Coder (CPC) exam by AAPC**
- **Certified Coding Associate (CCA) exam by AHIMA**
- **Certified Billing and Coding Specialist (CBCS) exam by NHA**

Online Self-Paced

Tuition: \$3,295

PHARMACY TECHNICIAN

[400 Hours | 12 Months]

This online course provides a comprehensive curriculum designed to prepare you for a successful career in the pharmacy technician field. Students will develop the skills necessary to assist pharmacists in the packing and distribution of medication.

The course includes hands-on learning through an online lab module that provides practical experience with processing medication orders, determining correct dosing and sourcing. Students may also be eligible to apply for a 100+ hour Clinical Experience to further build practical skills in a real-world setting. Throughout the program, learners will develop essential professional and communication skills, learn pharmacy regulations and standards to ensure patient safety, gain experience in accurately reading and processing prescriptions, and understand proper medication storage and quality assurance procedures within the pharmacy department.

Upon course completion, students will receive a Certificate of Completion from Illinois Valley Community College and will be prepared to sit for certification (an exam voucher is included in the total cost of tuition):

- **Pharmacy Technician Certification Exam (PTCE) by the Pharmacy Technician Certification Board (PTCB)**

Online Self-Paced

Tuition: \$3,295

CERTIFIED EKG TECHNICIAN

[170 Hours | 12 Months]

In this comprehensive Electrocardiography (EKG) technician course, you will delve into key areas, including cardiac anatomy, physiology, and infection control. The curriculum also covers proper machine protocols and maintenance, equipping you with essential skills for operating EKG machines. Additionally, you'll learn the intricacies of electrocardiography interpretation and effective communication in various clinical scenarios.

Upon completion, students will receive a Certificate of Completion from Illinois Valley Community College and will be prepared to sit for certification (an exam voucher is included in the total cost of tuition):

- **Certified EKG Technician (CET) by the National Healthcareer Association (NHA)**

Online Self-Paced

Tuition: \$2,195

STERILE PROCESSING TECHNICIAN

[190 Hours | 12 Months]

Sterile Processing Technicians (SPT) play a critical role in preventing infection by sterilizing, cleaning, processing, assembling, storing, and distributing medical supplies. This online sterile processing technician certification course will train you to work as an SPT. You will learn all the necessary steps required to perform the duties and tasks of an SPT, as well as the details and expectations within the concepts of the role and gain proficiency in understanding the step-by-step requirements of the sterilization process.

Upon completion, students will receive a Certificate of Completion from Illinois Valley Community College and will be prepared to sit for certification (an exam voucher is included in the total cost of tuition):

- **Certified Registered Central Service Technician (CRCS) certification by the Healthcare Sterile Processing Association (HSPA).**

Online Self-Paced

Tuition: \$2,995

PATIENT CARE TECHNICIAN

[325 Hours | 12 Months]

Patient Care Technicians are crucial healthcare professionals who play a vital role in assisting medical staff in providing care to patients. With the occupation demand at an all-time high, after successfully completing this patient care technician program and certification exam, you can become a technician primarily focused on direct patient care and support within a hospital, clinic, long-term care facility or home health care.

This course will provide you with comprehensive, all-inclusive training, to assist you in pursuing a new career as a patient care technician and includes a pre-paid voucher to sit for one of the following certification exams:

- **Certified Patient Care Technician/Assistant (CPCT/A) certification exam through the National Healthcareer Association (NHA)**
- **Patient Care Technician (PCTC) certification exam through American Medical Certification Association (AMCA), upon eligibility.**

Online Self-Paced

Tuition: \$2,995

NURSING

The following class is eligible for the NSAW Grant. Call (815) 224-0427 to register and receive a 50% discount.

C.N.A. TRAIN THE TRAINER

[ONLINE]

This course will consist of 5 weeks of online instruction. Students will spend time completing readings, discussion postings and assignments. 50 contact hours are earned. Basic computer skills which will be helpful include: creating, saving and retrieving word documents, attaching documents, communicating via email, copying and pasting within documents and web addresses in the internet browser, and exploring the internet.

The instructor will contact students by email a few days prior to the start of class with a link to the online class and instructions on how to get started. The e-mail is sent directly from Canvas, the learning management system used for class.

This course is being conducted in compliance with Illinois Department of Public Health (IDPH) regulations in accordance with Illinois Administrative Code Section 395.160 Instructor Requirements.

NOTE: Instructor requirements (section 395.160) have changed effective February 20, 2020 – affecting nurses with nursing degrees of BSN and higher. Check these requirements before registering for this course! To view the requirements, click on the following link: ilga.gov/commission/jcar/admincode/077/077003950A01600R.html.

NOTE: Direct questions pertaining to these requirements and RN's eligibility to IDPH Training & Technical Section, Randy Carey-Walden at dph.bnapt@illinois.gov. Required textbook: DeYoung, S. (2015). Teaching Strategies for Nurse Educators (3rd). Pearson Education, Inc.: Upper Saddle River, N.J. ISBN: 978-0133565232. This textbook must be purchased prior to the start of class, and can be purchased online through the IVCC Bookstore at ivccbookstore.com.

Registration deadline is: Feb 5, 2025

Online Course: Feb 9-Mar 13

5 Weeks

Class ID: 25520

Barbara Meinke

\$500

HOME INSPECTION

AHIT EXPERT HOME INSPECTOR COURSE [ILLINOIS]

Program qualifies for NSAW grant offering 50% off to eligible students

Ready to become a top-tier home inspector in Illinois? AHIT's Expert Home Inspector Course gives you everything you need to get licensed, stand out and succeed in the field.

This all-inclusive training package combines 60 hours of state-approved online education with supervised field inspections, National Home Inspector Exam (NHIE) prep, and two specialty certifications (Commercial and Radon Inspection). You will also get lifetime access to reporting software, expert mentorship, business launch tools and even discounted insurance.

Whether you are starting from scratch or leveling up your inspection career, this expert-level course helps you build real-world skills, pass your exams, and grow your business - all in one place.

Program Features:

- **60 hours of Illinois-approved pre-license training**
- **5 supervised field inspections + final field exam**
- **NHIE + Illinois State Exam prep materials**
- **Certifications in Commercial & Radon Inspection**
- **Mold Inspection Certification available as an add-on**
- **Business & marketing startup toolkit**
- **Professional inspection report software**
- **Expert instructor support - even after graduation**
- **Insurance discounts (save up to \$2,500)**

Field Inspection Options:

Hoffman Estates	Jan 23-25	8 AM-6 PM
University Park	Feb 20-22	8 AM-6 PM
Wheaton	Mar 6-8	8 AM-6 PM
St. Louis	Mar 27-29	8 AM-6 PM

Blended Tuition: \$2,199

INDUSTRIAL ELECTRICITY

INDUSTRIAL ELECTRICIAN CERTIFICATE

Your Skills, Your Speed, Your Success
Program qualifies for NSAW grant offering 50% off to eligible students

IVCC's Industrial Electrician Certificate is a flexible training program offered in a Competency-Based Education (CBE) format. This approach allows you to progress at your own pace by demonstrating the skills and knowledge you have mastered, making it ideal for working adults or those with prior experience.

The program consists of four stackable modules:

- **Electrical Systems 1**
Starting January 13; Register by May 6
- **Industrial Electronic Systems 1**
Starting January 13; Register by May 6
- **Electric Motor Control Systems 1**
Starting February 10; Register by May 6
- **Electrical Motor Troubleshooting**
Starting March 10; Register by May 6

Each module blends online instruction in Brightspace with required lab-based skill demonstrations, allowing you to progress by mastering competencies, not by seat time. Begin a new module any Tuesday, with registration required by the Wednesday prior to your desired start date. Modules can be completed in 10 weeks or less, and lab sessions are offered at flexible times to accommodate student schedules. As you complete modules, earn micro-credentials along the way, and after all four modules are successfully finished, you may be eligible for credit for prior learning.

Tuition: \$799 per module



Scan the QR code to explore the full program guide!

WATER & WASTEWATER



The following classes are eligible for the Noncredit Strategies at Work Grant. Call (815) 224-0427 to register and receive 50% discount.

IVCC, in partnership with Black Hawk College, will be offering Drinking Water and Wastewater courses to help prepare for the operators' state exam and Illinois EPA certification. These courses will be presented online live, via Zoom, and can also be attended to fulfill Renewable Training Hour (RTH) requirements. For more information go to ivcc.edu/waterclasses.

Beginning Drinking Water Class C & D (No Class: Feb 26)

Mon 6-9 PM Feb 2-Apr 20
Class ID: 25531 \$585

Advanced Drinking Water Class A & B

Tue 6-9 PM Feb 3-Apr 21
Class ID: 25537 \$600

Beginning Wastewater Class 3 & 4

Tue 6-9 PM Feb 3-Apr 14
Class ID: 25539 \$605

Advanced Wastewater Class 1 & 2

Thu 6-9 PM Feb 5-Apr 16
Class ID: 25540 \$605

OSHA & SAFETY

Continuing Education and Business Services can help you meet your organization's safety needs. Classes can be facilitated on campus or customized and delivered onsite, setting a schedule that works best for your employees. **The following classes are eligible for the Noncredit Strategies at Work Grant. The training listed below qualifies for a 50% discount to eligible students. Topics include, but are not limited to:**

OSHA 10-HOUR & 30-HOUR CONSTRUCTION OR GENERAL INDUSTRY

- Forklift Training and Renewal
- Aerial Lift
- Fall Protection
- Confined Space Entry & Rescue
- First Aid/CPR/AED
- Electrical Safety
- Emergency Action Plan
- OSHA Safety Audit Walk Thru
- Annual Reviews
- SDS Training & Updating

ONLINE OSHA 10-HOUR & 30-HOUR TRAINING ALSO AVAILABLE

Upon completion of the online course, participants receive an official OSHA 10-Hour or 30-Hour card.



Hi, I'm Jennifer Sowers!

Your employees are your competitive edge. Broadening their skills produces more efficient practices and quicker, improved results. From assessment to solution, I can work with your company representative to design programs that fit your organization's needs and schedule.

Contact: Jennifers Sowers, IVCC Business Training Specialist
PH: (815) 224-0280
Email: Jennifer_Sowers@ivcc.edu

REAL ESTATE BROKER

REAL ESTATE BROKER PRE-LICENSE

Call (815) 224-0447 to enroll in REA-1200-300.



Illinois School of Real Estate
POWERED BY ILLINOIS ASSOCIATION OF REALTORS®

Take the steps to start a career in real estate. This course provides instruction in real estate fundamentals. Students are required to attend all sessions which include introduction to the license law and real property, basics of agency, seller and buyer relationships and counseling, local, state and federal laws, brokerage, property management, leases, independent contractor and employee status, financing, contracts and title records and transactions. This course is required for anyone interested in obtaining a broker license in Illinois and fulfills the 75-hour education requirement for obtaining an Illinois Real Estate Broker license. This course is offered in partnership with the Illinois School of Real Estate and Northwest Illinois Alliance of Realtors.

Credit Hours: 6

To obtain an Illinois real estate license, you must be at least 18 years old, have a Social Security Number or Individual Taxpayer Identification Number, and have a high school diploma or G.E.D. certificate. If you have any disabilities that require special accommodations, please identify those special needs.

Textbooks are required and are available for purchase online at ivccbookstore.com.

Scholarship information is available at illinoisschoolofrealestate.com/scholarships.

Please note: This class is a credit course. Enrollment must be completed through the IVCC Registration Department by calling (815) 224-0427. Please reference course number: REA-1200-300.

**Tue 6-10 PM
Sat 8:30 AM-5 PM
19 Sessions
E-213, IVCC**

**Jan 13-May 5
Mar 21 & Apr 18
Carol Wlodarchak
REA-1200-300 \$931**

AVIATION

PRIVATE PILOT GROUND TRAINING

Interested in learning how to fly? This course is designed to prepare you for the Private Pilot Knowledge Exam. At the end of this course series, you will understand operations of the flight controls and instruments, airport and airspace considerations, aircraft weight and balance, aircraft performance tables, basic weather meteorology, federal aviation regulations, flight psychology, and emergency preparedness. A session of the course will be held at the Illinois Valley Regional Airport where students will tour the airport and complete a hands-on experience in an airplane flight simulator. **Students ages 15 & up are eligible to participate.**

After successful completion of this course, students will be eligible to take the F.A.A. Private Pilot Knowledge Exam (additional fee for the F.A.A. Exam).

The following materials (approximate \$120 value) are included in the cost of the class: Pilot's Handbook of Aeronautical Knowledge, Private Pilot TEST Prep Book, FAA FAR/AIM, VFR Plotter, and a Flight Computer.

Flying or airtime is not included in this class. Please contact the Illinois Valley Regional Airport (IVRA) for this information.

**Tue 6-9 PM
Sat 1-4 PM
12 Sessions
CTC-206, IVCC**

**Feb 3-Apr 28
Feb 28 at IVRA
Joseph Nimee
Class ID: 25904 \$359**

***No class: Feb 24, Mar 10**

TEACHERS

Online classes are available on-demand to assist teachers needing to earn PD hours. PD hours earned vary based on the number of contact hours for each class. See the class descriptions for additional information.

Whether you run an in-home daycare or want to learn more about child development, these online teacher professional development training programs are perfect for teachers and other childcare professionals.

Upon enrollment contact jennifer_scheri@ivcc.edu for the ISBE evaluation form which is required upon completion of the class.



Scan to browse the full library of classes for teachers and childcare professionals.

New Classes Include:

- Teaching the Notecard System
- Move to Learn: Incorporating Movement in the Classroom
- Providing Actionable Feedback to Students
- Creativity in Your Gifted Students
- Planning for Lab Investigations in the Science Classroom
- What is the Science of Reading?
- IEP Goals & STEM Activities in Special Education

NEW! S.O.S.

Stuck, Overwhelmed, Stressed?

The following class is eligible for the Noncredit Strategies at Work Grant. Call (815) 224-0427 to register and receive a 50% discount.

If that is a distress signal you or someone you know is sending out, come find out how executive functioning skills, or lack thereof, could contribute. Executive functioning skills help all of us create goals as well as plan, organize and coordinate steps to meet them. However, some people struggle with executive functioning and that makes it hard to initiate tasks, focus on them, persist without frustration, recall needed information and monitor progress. This session will help participants understand the aspects of executive functioning, identify barriers executive dysfunction might create in school, work or home settings and learn about some strategies and resources that could support executive functioning and change the signal from distress to success. Attend in-person or online live by Zoom. [2 PD]

Wed 6-8 PM	Apr 15	
1 Session	Tina Hardy	
CTC-124, IVCC	Class ID: 27381	\$39
Online Live	Class ID: 27411	\$39

ONLINE CLASSES

Start Learning Something New... Right Now

Exploring possibilities, build knowledge and engage your curiosity. Explore a wide range of engaging online courses designed to spark curiosity, build skills and fit seamlessly into your life. Taught by expert instructors including nationally recognized authors. These courses are affordable, flexible and available entirely online, whenever you're ready. Start anytime.

Additional classes are listed in our online library at ed2go.com/ivcc or scan the QR code to browse now. Questions? Give us a call or email continuingeducation@ivcc.edu. We are here to help you find the right class!



Scan to browse the full library of online classes.

Featured Online Classes

- Speed Spanish
- Discover Sign Language
- Interior Design Basics
- Intro to Natural Health & Healing
- Keys to Effective Communication
- Presentation Skills
- Get Funny – Using Humor to Open Doors
- Intro, Intermediate & Advanced Microsoft Word
- Intro, Intermediate & Advanced Microsoft Excel
- How to Get Started in Game Development
- Web Design
- PD Hours for Teachers



FOOD SERVICE SANITATION

In-Person Class | In-Person Exam

FOOD SERVICE SANITATION

8 Hour Class Applied Food Service Sanitation is designed to assist the manager or potential manager applying sanitation principles in the operation of a food service establishment. The Illinois code related to food service establishments will be discussed. Students will take the ServSafe Protection Food Manager Certification exam in class at the end of the course. **This class is required in Illinois for Certified Food Protection Manager Certification (CFPM)** and is an ANSI certified course accepted by the Illinois Department of Public Health (IDPH). Upon successful completion of the exam with a passing grade, students will attain the ServSafe CFPM. Licenses are valid for five years.

Don't Forget Your Textbooks!

Required: ServSafe Manager, 7th Edition, revised. Textbooks are available for purchase online and at the IVCC Bookstore. Students should plan to purchase the book and begin review prior to class due to the fast-paced nature of the class. Purchase your textbook at ivccbookstore.com. Purchases will be delivered to your home address.

Take it at the IVCC Main Campus, Oglesby
[815 N. Orlando Smith Road, Oglesby]

8 Hour Food Sanitation

Tue 8 AM-6 PM	Jan 13	
1 Session	Ida Boyle-Bruch	
C-316, IVCC	Class ID: 25596	\$139

8 Hour Food Sanitation

Mon 8 AM-6 PM	Feb 2	
1 Session	Ida Boyle-Bruch	
C-316, IVCC	Class ID: 25597	\$139

8 Hour Food Sanitation

Mon 8 AM-6 PM	Mar 30	
1 Session	Ida Boyle-Bruch	
C-316, IVCC	Class ID: 25598	\$139

8 Hour Food Sanitation

Mon 8 AM-6 PM	Apr 27	
1 Session	Ida Boyle-Bruch	
C-316, IVCC	Class ID: 25599	\$139

8 Hour Food Sanitation

Mon 8 AM-6 PM	May 11	
1 Session	Ida Boyle-Bruch	
C-316, IVCC	Class ID: 25600	\$139

Take it at the IVCC Ottawa Center
[321 W. Main Street, Ottawa]

8 Hour Food Sanitation

Tue/Thu 5-7:30 PM Feb 24-Mar 5
4 Sessions Lori Turczyn
Rm 104, Class ID: 25912 **\$139**
Ottawa Center

8 Hour Food Sanitation

Tue/Thu 5-7:30 PM Apr 28-May 7
4 Sessions Lori Turczyn
Rm 104, Class ID: 25913 **\$139**
Ottawa Center

8 Hour Food Sanitation

Tue/Thu 5-7:30 PM May 26-Jun 4
4 Sessions Lori Turczyn
Rm 104, Class ID: 25914 **\$139**
Ottawa Center

Online Course | In-Person Exam

FOOD SERVICE SANITATION

The ServSafe Manager online course is an interactive course that delivers current food safety information, in an easy-to-use format. The course covers critical principles including personal hygiene, cross contamination, time and temperature, cleaning and sanitizing and more. A practice exam is included at the end of the course. All purchases of online courses are final. Once you begin the course, you will have 90 days to complete it, at which time the course will be deactivated. Students will take the Certified Food Protection Manager (CPFM) exam upon completion of the course. Exams will be administered in-person at the IVCC Main Campus or Ottawa Center. Select your exam date from the list below. Equipment needs: email address, computer and internet access. Please contact the IVCC Continuing Education Center at (815) 224-0427 with questions or to register for your online course and exam session. *Instructions for accessing the online class will be sent to students via email within three business days. Tuition: includes 90-day access to online course and proctored exam at the IVCC Main Campus upon completion of the course. Course extensions are not available. Student is responsible for completing the course prior to sitting for the exam. Nonrefundable.*

Exam Schedule for Online Classes

Tue 3-6 PM Jan 13
1 Session Ida Boyle-Bruch
C-316, IVCC Class ID: 25601 **\$190**

Mon 3-6 PM Feb 2
1 Session Ida Boyle-Bruch
C-316, IVCC Class ID: 25602 **\$190**

Thu 5-7:30 PM Mar 5
1 Session Lori Turczyn
Rm 104, Class ID: 25917 **\$190**
Ottawa Center

Mon 3-6 PM Mar 30
1 Session Ida Boyle-Bruch
C-316, IVCC Class ID: 25603 **\$190**

Mon 3-6 PM Apr 27
1 Session Ida Boyle-Bruch
C-316, IVCC Class ID: 25604 **\$190**

Thu 5-7:30 PM May 7
1 Session Lori Turczyn
Rm 104, Class ID: 25918 **\$190**
Ottawa Center

Mon 3-6 PM May 11
1 Session Ida Boyle-Bruch
C-316, IVCC Class ID: 25605 **\$190**

Mon 3-6 PM Jun 1
1 Session Ida Boyle-Bruch
C-316, IVCC Class ID: 25606 **\$190**

Thu 5-7:30 PM Jun 4
1 Session Lori Turczyn
Rm 104, Class ID: 25919 **\$190**
Ottawa Center

TRIPS & TOURS

HAMILTON: THE MUSICAL

Includes: motor coach transportation, lunch at the Walnut Room, mezzanine level seats to matinee performance of *Hamilton*, all tips, gratuities and snacks.

They are back! Your favorite revolutionists, and of course the witty and wonderfully pompous, King George are back on stage! We are off to Chicago to experience the Tony award winning Broadway performance of *Hamilton*. Enjoy an included lunch at the world-famous Walnut Room, the first restaurant ever opened in a department store (originally Marshall Fields, now Macy's.) Enjoy the elegant surroundings with Circassian wood paneling imported from Russia and Austrian chandeliers, before we take our seats for the matinee performance of *Hamilton!* *Hamilton* is the story of the unlikely Founding Father, determined to make his mark on the new nation as hungry and ambitious as he is. From his early days as an orphan to Washington's right-hand man, and rebel to war hero to the Treasury head who made an untrusting world believe in the American economy. George Washington, Eliza Hamilton, Thomas Jefferson and Hamilton's lifelong friend, Aaron Burr, all make their mark in this astonishing new musical exploration of a political mastermind. Featuring a score that blends hip-hop, jazz, blues, rap, R & B and Broadway, *Hamilton* is the story of America then, told by America now. See the show that has swept Americans off their feet!

Date: Wednesday, March 11
Time: 8:45 AM-6:30 PM
Where: IVCC, Parking Lot #5
Class ID: 27451
Fee: \$269

TIPTOE THROUGH THE TULIPS

Includes: motorcoach transportation, visit and tour at Richardson's Tulip Festival, lunch at Rivalry Alehouse, free time in downtown Antioch and an afternoon treat at Lovin' Oven Bakery, all tips, gratuities and snacks.

Celebrate the beauty of spring with a delightful getaway! Join us for a colorful May Day excursion to Richardson's Tulip Festival, where nearly one million tulips, 40 different varieties, burst into bloom each season in a stunning array of colors and varieties. We will start our day with a greeting and tour of the farm. Enjoy a relaxing morning strolling the grounds, tiptoeing through the tulips, snapping photos and browsing their gift shop for unique gifts and garden treasures. You can select and purchase tulips to take home in their you-pick garden. After our floral adventure, we'll travel to The Rivalry Alehouse in Antioch for a delicious lunch, followed by free time to explore Main Street Antioch's inviting boutiques and specialty stores. Before heading home, we'll satisfy our sweet tooth with a Tulip Tea at Lovin' Oven Bakery, known for its irresistible cakes, pastries and treats – for a special treat just for our group! Experience a joyful spring escape bursting with blooms and fun! *There is approximately two blocks of walking in the Antioch shopping district.

Date: Friday, May 1
Time: 7:30 AM-5:30 PM
Where: IVCC, Parking Lot #5
Class ID: 27452
Fee: \$156

MAY-B MILWAUKEE MYSTERY TOUR

Includes: motor coach transportation, locally guided tour, lunch, lots of fun and interesting destinations that we can't share now "B"ecause it will be a surprise, all tips, gratuities and snacks.

If you enjoy surprises join us for a day touring B-eautiful Milwaukee. We will spend the day traveling around the city experiencing different neighborhoods and attractions all starting with the letter B. You may "B" surprised at how many things you'll see and indulge in that begin with the letter B. Don't "B" afraid, just "B" yourself, and "B" prepared to have fun as we eat and sample along the way! You will also "B" bestowed with a bag to collect a bountiful bunch of goodies to take home. "B" ready for a fun day! **Please note:** If you are also attending the June 4 "Just Say Cheese" tour, there may be one overlapping destination. We hope we have not given it away!

Date: Thursday, May 21
Time: 7:30 AM-6:45 PM
Where: IVCC, Parking Lot #5
Class ID: 27453
Fee: \$179

JUST SAY "CHEESE!"

Includes: motor coach transportation, locally guided tour, visit to Daluge Farm, lunch at Old Town Serbian Gourmet House, tasting and snacks at Duesterbeck's Brewing Company, all tips, gratuities and snacks.

Learn why Wisconsin is known as the cheese state! Wisconsin has a long tradition of cheese production and is widely associated in popular culture with cheese and the dairy industry. From the countryside and farms to the urban environment, Wisconsin loves its cheese. This morning we will visit the Daluge Farm, a 5th generation dairy farm. Peter Daluge and his daughters, Erin Grawe and Megan Daluge milk 140 cows on 170 acres. We'll get an up-close experience on a modern Wisconsin dairy farm. Next we will head into Milwaukee for a shopping stop at Glorioso's Market which opened on February 14, 1946 featuring a wide variety of Italian cheeses and other traditional Italian favorites. A family-style lunch will be served at Old Town Serbian Gourmet House, a Milwaukee favorite serving up old world family recipes since 1971. Menu includes Cheese Burek, a Serbian specialty and ends with strudel. Another "cheesy" stop will include the National Bobblehead Museum and Hall of Fame - the only one of its kind with more than 6500 bobbleheads on display. This experience would not be complete without visiting an urban cheese factory to enjoy some curd and cocktail pairings! Then get ready to Say Cheese! - we will stop at a local photo studio and enjoy some fun & frivolity posing for the camera. Before we head back to the Land of Lincoln, we'll visit Duesterbeck's Brewing Company. Set on an actual 150-year old farm outside of Elkhorn, Duesterbeck's opened in 2019 as Wisconsin's Premier Farmhouse Microbrewery. We'll enjoy some snacks while learning about the vision and dream of the family to transition the farm to an agribusiness. We'll also get a peek at neighbor Doug Amon's beautiful rose garden. There may also be a bit of "cheesy" sampling, trivia and jokes along the way.

Date: Thursday, June 4
Time: 7:15 AM-8 PM
Where: IVCC, Parking Lot #5
Class ID: 27454
Fee: \$189

STEP RIGHT UP!

Featuring the Broadway Musical "Water for Elephants."

Includes: motorcoach transportation, locally guided tour, visit to the National Mustard Museum, visit to Landmark Creamery, dinner at Seven-Acre Dairy, circle level seating at the Overture Center for Water for Elephants, gratuities and snacks.

"Step right up!" to an experience in and around Madison, Wisconsin. You are sure to be entertained as we head north with our first stop at the National Mustard Museum, yes, that's correct, a museum that is home to the world's largest collection of mustards and mustard memorabilia! Founded by

Barry Levenson, The Mustard Museum has been featured on The Oprah Winfrey Show, the popular game shows Jeopardy!, To Tell the Truth, and You Bet Your Life with Jay Leno and is one of the most popular destinations in Wisconsin. You will both learn and taste while we are there. Hundreds of different types of mustards are available for purchase, along with several kinds you can sample. Next, we will travel to Paoli, Wisconsin which has been featured in Midwest Living Magazine and is known for its Hallmark-esque vibe for dinner at Seven Acre Dairy. Nestled on the banks of the Sugar River and listed on the National Register of Historic Places, Seven Acre Dairy Company is a lovingly restored dairy factory reimagined as a one-of-a-kind place to dine, stay, and celebrate. Enjoy an included dinner before we make our way to the Overture Center in Madison for the Broadway musical *Water for Elephants* - the stunning stage adaptation of Sara Gruen's bestselling novel. Hailed by The New York Times as "gorgeously imaginative," this production blends breathtaking circus artistry including large-scale puppet animals, acrobats and aerialists, with heartfelt storytelling. The musical follows a young man who, after losing everything, leaps aboard a moving circus train and discovers a new home, unexpected love, and a life beyond his wildest dreams. Seen through the eyes of his older self, the story becomes a moving reminder that when you choose the ride, life can begin again at any age. Step right up to the "spellbinding entertainment" of *Water for Elephants*, celebrated as "the best new musical on Broadway."

Date: Tuesday, June 16
Time: 12-11:30 PM
Where: IVCC, Parking Lot #5
Class ID: 27455
Fee: \$239

VOICES, VALOR & VICTORY

Featuring the Broadway Musical "SUFFS"

Includes: motorcoach transportation, visit to Hull House, dinner at Tuscan, mezzanine level seating at the CIBC Theatre for the evening performance of "SUFFS", gratuities and snacks.

Behind every powerful woman are more powerful women. Step into the stories of women who have shaped history and continue to inspire change as we head to Chicago for the day. Begin with a guided visit and tour of Jane Addams' Hull-House, a National Historic Landmark and the former home of the Nobel Peace Prize - winning social reformer and suffragette whose work advanced social justice, education and women's rights. Enjoy an included dinner at Tuscan on Taylor Street, known for its warm atmosphere and classic Italian cuisine, before heading to the theater for an unforgettable Broadway experience. This evening we will head to the CIBC Theatre to attend the performance of *SUFFS*, the acclaimed, Tony Award®-winning musical that brings to life the brilliant, passionate and determined American women known as suffragettes. *SUFFS* tells the story of the final push to achieve the 19th Amendment giving women the right to vote in 1920. Created by

Shaina Taub - who made history as the first woman to independently win Tony Awards for both Best Book and Best Score in the same season - this powerful production is equal parts inspiring, moving and entertaining. Hailed by critics as "thrilling" and "dazzlingly entertaining," *SUFFS* explores a fight for equality that still resonates today.

Date: Wednesday, July 8
Time: 12:45 PM-11:30 PM
Where: IVCC, Parking Lot #5
Class ID: 27456
Fee: \$259

LIFELONG LEARNING

History, Nature, Science, & Leisure

Learn for Life! Illinois Valley Community College participates in an initiative with College of DuPage, Harper College, McHenry County College and Rock Valley College to offer a series of personal enrichment courses. These classes are designed for students of any age, to share the strengths of each Lifelong Learning program and bring engaging courses and topics to participants throughout the Northern Illinois region.

All online live classroom courses meet via Zoom. A meeting invite will be emailed within 24 hours before class begins. Participants need access to a computer with high-speed internet. A webcam and microphone are recommended, but are not required. **If you would like to participate in these programs but do not have access to a computer or tablet, or have not used Zoom before, please contact our office to inquire about ways to participate.**

NEW! THE SWEET LIFE: A BUZZ-WORTHY LOOK INTO THE WORLD OF THE HONEY BEES

We will explore the secret lives of these industrious little creatures, uncovering how they create the delicious honey we all love. From the Queen Bee's royal duties to the amazing teamwork of the worker bees, we'll learn about their incredible communication, their vital role in our ecosystem, and simple ways we can help them thrive. This presentation is full of fun facts and amazing stories about bees and is presented by Larry Kregel, a more than 40-year beekeeper and community enrichment instructor for McHenry County College.

Fri 10-11:30 AM
1 Session
Online Live

Jan 16
Larry Kregel
Class ID: 25554

\$20

NEW! STORIES IN STONE: THE HISTORY OF STARVED ROCK & ILLINOIS VALLEY STATE PARKS

Discover the rich history of Buffalo Rock State Park, Matthiessen State Park, Illini State Park and Starved Rock State Park - Illinois' most visited state park. Explore the fascinating past of the Illinois Valley, from the Indigenous communities who first called this land home to the French explorers who navigated the Illinois River. Learn about the park's transformation during the Civilian Conservation Corps (CCC) era. Hear about the storied cliffs, trails and waterways that have become cherished and state treasures for many generations.

Tue 6-7:15 PM
1 Session
Online Live

Feb 10
Amanda Carter
Class ID: 25555 \$20

NEW! THE MIGRATION OF THE MONARCHS

Each year, Monarch butterflies from the northeastern U.S. and Canada begin a remarkable migration that spans four generations. The fourth generation, born in Canada, flies 5,000 miles to mountain forests near Anganguo, Mexico. Scientists are still uncovering how these butterflies navigate such distances and why it takes three generations to return. Join us to explore this fascinating journey!

Wed 10-11:30 AM
1 Session
Online Live

Feb 18
Suzanne Rausch
Class ID: 25556 \$20

NEW! TENNIS ANYONE? THE COURT IS CALLING!

Ready to dive into the greatest sport on Earth? Get ready for a crash course on all things tennis! We'll cover everything you need to know, from how to play and score to becoming a superfan. Join McHenry County College tennis coach and instructor of film and journalism, Jim Stockwell, for a rally of fun stories, mind-blowing history, and, of course, plenty of ace dad jokes. It's game, set, and match for an unforgettable time!

Fri 10-11:30 AM
1 Session
Online Live

Feb 20
Jim Stockwell
Class ID: 25557 \$20

NEW! THE RISE & FALL OF AL CAPONE

The notorious Al Capone is one of the world's most recognizable mobsters. He was the co-founder and boss of the Chicago Outfit from 1925-1931. He was a gangster and business man whose success paralleled Prohibition. Everything he is famous for happened by the time he was 35 years old. Analyze his rise and fall in this in-depth look at the man behind the myths. Allyson O'Brien is an educator at The Mob Museum in Las Vegas, Nevada.

Thu 10:30-11:45 AM
1 Session
Online Live

Feb 26
Allyson O'Brien
Class ID: 25558 \$20

NEW! BERTHA BENZ: TRAILBLAZER IN AUTOMOTIVE HISTORY

In 1888, Bertha Benz - a mother of five and a visionary pioneer - made history as the first person to complete a long-distance journey by automobile. Her bold adventure not only demonstrated the potential of her husband Carl Benz's invention but also sparked the global revolution of the automobile. German historian Anette Isaacs brings to life the inspiring story of Bertha Benz, a woman of courage and determination whose journey forever changed the course of transportation history.

Mon 6-8 PM
1 Session
Online Live

Mar 9
Anette Isaacs
Class ID: 25559 \$20

NEW! THE DEBATES HEARD 'ROUND THE COUNTRY

The attention of the United States was surprisingly focused on Illinois, still considered the frontier, in the summer and fall of 1858. Two men, Stephen Douglas and Abraham Lincoln, both vying for the open U.S. Senate seat from Illinois, traveled the length and breadth of the state, conducting a series of seven debates. This class will take you to all seven debate sites and let you relive what the masses of people in attendance witnessed as Lincoln and Douglas squared off about the main issues which were consuming the nation: slavery and popular sovereignty. Little did these two men know that their discourse would change the course of history for the entire country.

Tue 6-7:15 PM
1 Session
Online Live

Mar 24
Lorraine McCallister
Class ID: 25560 \$20

NEW! ROUTE 66 IN ILLINOIS

Get your kicks on Route 66 during this class that explores the history of the "Mother Road." Route 66 was established in 1926 and covered a total of 2,448 miles stretching from Chicago to Los Angeles. This class looks at the history of the highway with special attention paid to its route through Illinois. This class is taught by Dr. Jay Sternickle, a collaborative instructor from the College of DuPage.

Wed 12:30-2:30 PM
1 Session
Online Live

Apr 8
Dr. Jay Sternickle
Class ID: 25561 \$20

NEW! JERKS IN CHICAGO HISTORY

Join us for a look at some of the badly-behaved characters who shaped the history of Chicago during the 19th century. There were, of course, the notorious thieves and bad-guys who dominated over the young and struggling prairie towns. But, we will also look at perpetrators of mischief and other colorful anti-heroes... some who could be considered misunderstood visionary thinkers. From the Chicago Times newspaper publisher Wilbur F. Storey to the king of department stores Marshall Field to the dastardly sausage maker Adolph Luetgert, we will take a delightful look at those individuals who helped shape Chicago in the 1800s.

Mon 10-11:30 AM
1 Session
Online Live

Apr 13
Brad Keyes
Class ID: 25562 \$20

LOCAL HISTORY

THE ILLINOIS VALLEY DURING THE CIVIL WAR: LETTERS, LOSS AND LEGACY

The Civil War was one of the defining eras in American history, one which has had ramifications down to the present day. But how did it touch the lives of the local citizens? What were the issues that motivated the men of LaSalle to enlist in the Union army in 1861? Why did some enlist, and others stay home? How did the wives who were left behind cope with the sudden loss of helpmate and income? Was the Illinois Valley truly unified behind Lincoln or was the situation more complex? Writer and historian Rachael Mellen will cover these and many other questions in this two-session class exploring the letters that LaSalle harness-maker William Kennedy of the 55th Illinois Infantry wrote to his wife Jane between 1861 and 1863. *Rachael's recent book "From Camp Douglas to Vicksburg: the Civil War Letters of William J. Kennedy, 1861-1863" will be used as a textbook for the class and will be available for purchase at the first session.*

Wed 6-8 PM
2 Sessions
CTC-124, IVCC

Mar 11 & 18
Rachael Mellen
Class ID: 27458 \$35



DANCE & MUSIC

Please note: Dance classes will be held in the small gym at Lincoln School, 855 Bennett Road, Oglesby.

IVCC JAZZ BAND

The Jazz Band is a performance ensemble that is composed of woodwind, brass, guitar, and percussion instruments and performs jazz music. Enrollment is open to students and community members who have previous performance experience, with consent of the instructor. The band performs at least one formal concert per semester and informal performances and activities as possible. **Prerequisite:** *Performance ability on a wind instrument, piano, guitar or tap drum. The college owns a piano; students playing wind, guitar or drums must provide their own instrument. Students interested in earning college credit for this course, should register through self-service for MUP-1004-300 at ivcc.edu. No class: Mar 10.*

Tue 6:30-9 PM
17 Sessions
D-201, IVCC

Jan 13-May 12
Brandon Czubachowski
Class ID: 27397 \$25

IVCC WIND ENSEMBLE

The Wind Ensemble is a performance band that is composed of woodwind, brass and percussion instruments and performs classical music. Enrollment is open to students and community members who have previous wind band experience, with an audition and/or consent of the instructor. Students in the ensemble will develop technical skills with an instrument, develop group performance skills and become exposed to a variety of musical styles and periods. The Wind Ensemble meets regularly for instruction and rehearsals (usually once a week). The ensemble performs at least one formal concert per semester and informal performances and activities as possible. **Prerequisite:** *High school band experience and consent of instructor. Audition required for enrollment. Contact Phil Whaley for more information and to schedule an audition phil.whaley@ivcc.edu. PD hours available for teachers. Students interested in earning college credit for this course, should register through self-service for MUP-1002-300 at ivcc.edu. No class: Mar 12.*

Thu 6:30-9 PM
17 Sessions
D-201, IVCC

Jan 15-May 14
Phil Whaley
Class ID: 27398 \$25

DRUM CIRCLE EXPERIENCE

"The instructor made the class very interesting and interactive. She had a lot of enthusiasm and that she made the class even enjoyable."

Participating in a drum circle is an immersive collaboration that moves beyond individuality and fosters a sense of collective creativity among participants. As the pulsating beats of various drums and percussion instruments merge together,

a resounding peaceful energy fills the air. Each participant becomes a vital part of the overall sound, adding their unique expression while also listening attentively to others. There's a sense of connection and camaraderie as the group finds harmony amidst the diverse patterns and cadences. Whether it's the primal instinct of drumming or the joy of creating music together, a drum circle offers an uplifting experience for all involved. Percussion instruments will be available to borrow from the instructor for the session. If you have a percussion instrument that you would like to bring with you to the drum circle, please indicate at time of registration.

Fri 6-7:15 PM
1 Session
Oak Rm

Ecology Bldg, Nells Woodland

Apr 24
Kevin Kramer/Abby Zukowski
Class ID: 27399 \$19

WEDDING RECEPTION SURVIVAL SKILLS

Tired of making small talk at the table while everyone else is having fun on the dance floor? From wedding receptions to special events, learn to survive most social occasions by mastering the reception basics: slow dance, swing, waltz and merengue. Class meets Tuesdays through March 10. The last session will meet Wednesday, March 25.

Tue 7-8:15 PM
Wed 7-8:15 PM
6 Sessions
Small Gym

Oglesby Lincoln School

Feb 10-Mar 10
Mar 25
Jane Schomas
Class ID: 27400

\$75

INTERMEDIATE-ADVANCED SWING

Join our Intermediate-Advanced Swing Dance class to elevate your skills and style! This class is designed for dancers with a solid foundation in swing basics who are ready to tackle more complex patterns, techniques, and styling. We'll delve into intricate footwork, smooth transitions, and dynamic partner interactions, enhancing your musicality and improvisation. Whether you're aiming to shine on the social dance floor or preparing for performances, this class will take your swing dancing to the next level.

Tue 8:15-9:30 PM
Wed 8:15-9:30 PM
6 Sessions
Small Gym

Oglesby Lincoln School

Feb 10-Mar 10
Mar 25
Jane Schomas
Class ID: 27401

\$75

BEGINNING SWING DANCE

Big band, rock, oldies or country? No matter what kind of music you like you can dance swing to it. Learn the moves to take you a step ahead. You will learn basic patterns, turns and some fancy footwork too. Look like Fred & Ginger on the dance floor, not Fred & Ethel!

Tue 7-8:15 PM
6 Sessions
Small Gym

Oglesby Lincoln School

Apr 7-May 12
Jane Schomas
Class ID: 27402

\$75

SALSA FOR BEGINNERS

Discover the vibrant and energetic world of salsa dancing in our beginner-friendly Salsa Dance class! Designed for those with little to no dance experience, this class will introduce you to the basics of salsa, including fundamental steps, timing, turns and spins, and partner work. Whether you're preparing for a special event, looking for a new hobby, or simply want to enjoy the joy of dancing, this class is the ideal starting point.

Tue 8:15-9:30 PM
6 Sessions
Small Gym

Oglesby Lincoln School

Apr 7-May 12
Jane Schomas
Class ID: 27403

\$75

MIND BODY WELLNESS

All online live courses meet via Zoom. Participants will receive an e-mail from IVCC with the Zoom link for the session within 24 hours of the program. Participants need access to a computer with high internet speed.

Health & Wellness classes at Nell's Woodland meet at 2000 Alexis Avenue, Ottawa, Illinois 61350. Participants will receive additional information upon registration.

YOGA NIDRA

"This was an excellent class. So relaxing and rejuvenating. Would go again if offered."

Yoga Nidra is a deeply restful practice that lies between shavasana and meditation - a state where the body relaxes fully while the mind remains gently aware. Nidra is a Sanskrit term meaning "sleep." In this early evening session, you'll be guided through the foundations of Yoga Nidra, learning how to enter this restorative state of conscious rest. It's an accessible and calming practice suitable for all levels. Come unwind, reset and explore the art of deep relaxation. Bring a yoga mat, water, and any props that support your comfort.

Focus on Deep Rest

Thu 5-6 PM
1 Session
Violet Rm

Wellness Bldg, Nell's Woodland

Feb 19
Emily Manternach
Class ID: 27382

\$19

Focus on Healing

Thu 5-6 PM
1 Session
Violet Rm

Wellness Bldg, Nell's Woodland

May 14
Emily Manternach
Class ID: 27383

\$19

FLOW TO SLOW YOGA AT NELL'S WOODLAND

Experience a balanced blend of gentle movement and deep rest in this 8-session yoga series. Each class begins with an invigorating, flowing sequence of asanas to awaken and warm the body, followed by restorative poses and guided meditation to encourage deep relaxation. This practice supports release in the tissues and then rest to find balance in body, mind and spirit. Bring water, a yoga mat, and any restorative props you use (such as a bolster, strap, or blocks.)

Thu 5-6 PM 1 Session Violet Rm Wellness Bldg, Nell's Woodland	Feb 26 Emily Manternach Class ID: 27384	\$19
Thu 5-6 PM 1 Session Violet Rm Wellness Bldg, Nell's Woodland	Apr 2 Emily Manternach Class ID: 27385	\$19
Thu 5-6 PM 1 Session Violet Rm Wellness Bldg, Nell's Woodland	May 7 Emily Manternach Class ID: 25287	\$19

NEW! MEDITATION AT NELL'S WOODLAND

Would you like to meditate together? What is the purpose and benefit of meditation? During the class you will grow your meditation practice and join together for a deeper connection to the theme listed for each class. Bring a yoga mat, towel or blanket, water and any props that support your comfort.

Focus on Peace

Thu 5-6 PM 1 Session Violet Rm Wellness Bldg, Nell's Woodland	Mar 5 Emily Manternach Class ID: 27390	\$19
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Focus on Love

Thu 5-6 PM 1 Session Violet Rm Wellness Bldg, Nell's Woodland	Mar 19 Emily Manternach Class ID: 27391	\$19
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Focus on Forgiveness

Thu 5-6 PM 1 Session Violet Rm Wellness Bldg, Nell's Woodland	Apr 16 Emily Manternach Class ID: 27392	\$19
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SOMATIC YOGA AT NELL'S WOODLAND

Explore the natural responses of your body - those deep exhales, sighs and subtle sounds that arise as you move and stretch. In this somatic yoga class, you'll be guided through gentle movement, breath awareness and sound to support the release and flow of energy throughout the body. Somatics is derived from the Greek word soma, meaning "living body." This is a practice of connection and movement of energy. Somatic Yoga is often associated with reducing cortisol, the stress hormone. All levels are

welcome. Bring a yoga mat, water, and any props you find helpful.

Thu 5-6 PM 1 Session Violet Rm Wellness Bldg, Nell's Woodland	Apr 23 Emily Manternach Class ID: 27393	\$19
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T'AI CHI AT NELL'S WOODLAND

"Dan is undeniably a T'ai Chi expert and enthusiastic about sharing his knowledge. He not only teaches techniques but embodies its core values of balanced physical and spiritual qualities. Highly recommend this class."

T'ai chi comprises gentle and slow movement exercises which increase the accumulation, circulation and balancing of energy. The movements are easy to learn and appropriate for people of all ages and physical abilities. Those who regularly practice T'ai chi experience greater energy, better balance and enables and improved quality of life. You will be introduced to T'ai chi while experiencing the benefits of practice. This class does not require floor work or flexibility. Participate from a standing position or chair. Wear comfortable, loose-fitting clothing, athletic shoes and bring water.

Tue 6-7 PM 8 Sessions Violet Rm Wellness Bldg, Nell's Woodland	Mar 31-May 19 Dan Retoff Class ID: 27373	\$79
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YOGA UNIQUE TO YOU

offered in-person and online live

Yoga challenges body and mind while building core power and improving stability. All levels of experience welcome. Learn sun salutations, standing postures, seated postures and vinyasa. Emphasis will be placed on correct body alignment, holding postures and meditative flow from one posture to the next. Coordination of breath (pranayama) and movement is also emphasized. Bring a yoga mat, towel and water. This class is offered in both a morning or afternoon option with choice of in-person or online live.

MORNING CLASSES

M/W 6:30-7:30 AM 8 Sessions CTC-121, IVCC Online Live *No class: Jan 19	Jan 12-Feb 9 Tracie Klieber Class ID: 25566	\$69 \$69
M/W 6:30-7:30 AM 8 Sessions CTC-121, IVCC Online Live *No class: Feb 16	Feb 11-Mar 11 Tracie Klieber Class ID: 25567	\$69 \$69
M/W 6:30-7:30 AM 8 Sessions CTC-121, IVCC Online Live *No class: Apr 6	Mar 16-Apr 13 Tracie Klieber Class ID: 25568	\$69 \$69
M/W 6:30-7:30 AM 8 Sessions CTC-121, IVCC Online Live	Apr 15-May 11 Tracie Klieber Class ID: 25569	\$69 \$69

M/W 6:30-7:30 AM 8 Sessions CTC-121, IVCC Online Live *No class: May 25	May 18-Jun 15 Tracie Klieber Class ID: 25570	\$69 \$69
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M/W 6:30-7:30 AM 8 Sessions CTC-121, IVCC Online Live	Aug 3-26 Tracie Klieber Class ID: 25571	\$69 \$69
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AFTERNOON CLASSES

M/W 4:45-5:45 PM 8 Sessions CTC-121, IVCC Online Live *No class: Jan 19	Jan 12-Feb 9 Tracie Klieber Class ID: 25578	\$69 \$69
M/W 4:45-5:45 PM 8 Sessions CTC-121, IVCC Online Live *No class: Feb 16	Feb 11-Mar 11 Tracie Klieber Class ID: 25579	\$69 \$69
M/W 4:45-5:45 PM 8 Sessions CTC-121, IVCC Online Live *No class: Apr 6	Mar 16-Apr 13 Tracie Klieber Class ID: 25580	\$69 \$69
M/W 4:45-5:45 PM 8 Sessions CTC-121, IVCC Online Live	Apr 15-May 11 Tracie Klieber Class ID: 25581	\$69 \$69
M/W 4:45-5:45 PM 8 Sessions CTC-121, IVCC Online Live *No class: May 25	May 18-Jun 15 Tracie Klieber Class ID: 25582	\$69 \$69
M/W 4:45-5:45 PM 8 Sessions CTC-121, IVCC Online Live	Aug 3-26 Tracie Klieber Class ID: 25583	\$69 \$69

STRENGTH CARDIO CORE

Cross train by participating in two different training methods. This functional fitness class will encourage coordination skills, tone your body, zap calories and metabolize fat. You will build a strong core: abs, hips and back, to support and improve what you do every day. Start at a beginner's level and gradually increase to a more advanced level as improvement is shown. We will also incorporate a HIIT (High Intensity Interval Training) method of exercise into this class. Have fun and burn calories long after class has ended. Bring water, a sweat towel and an exercise or yoga mat.

T/Th 4:45-5:15 PM 8 Sessions CTC-121, IVCC	Jan 13-Feb 5 Tracie Klieber Class ID: 25590	\$65
T/Th 4:45-5:15 PM 8 Sessions CTC-121, IVCC	Feb 10-Mar 5 Tracie Klieber Class ID: 25591	\$65
T/Th 4:45-5:15 PM 8 Sessions CTC-121, IVCC *No class: Apr 2	Mar 10-Apr 7 Tracie Klieber Class ID: 25592	\$65

T/Th 4:45-5:15 PM 8 Sessions CTC-121, IVCC	Apr 14-May 7 Tracie Klieber Class ID: 25593	\$65
T/Th 4:45-5:15 PM 10 Sessions CTC-121, IVCC	May 12-Jun 11 Tracie Klieber Class ID: 25594	\$82
T/Th 4:45-5:15 PM 8 Sessions CTC-121, IVCC	Aug 4-Aug 27 Tracie Klieber Class ID: 25595	\$65

NEW! FIND YOUR PEOPLE! MEET, MINGLE & MAKE NEW FRIENDS

Whether you are new to the area, single, going through a life change, or simply looking to expand your circle, this relaxed meet-up series offers a supportive space to connect with others. It can be challenging to make new connections as adults. Engage in guided conversations, light activities, and small group networking designed to help you meet others with similar interests. Discover people who share your interests, swap ideas for local activities, register for an upcoming IVCC enrichment class or bus trip - and build friendships that can lead to shared outings or independent adventures. Come as you are - leave with a new circle!

Thu 6-7:30 PM 2 Sessions CTC-124, IVCC	Feb 12 & Mar 26 Emily Manternach Class ID: 27396	\$35
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UNDERSTANDING ALZHEIMER'S AND DEMENTIA

Gain a comprehensive understanding of the distinctions between Alzheimer's disease and other forms of dementia. Explore the different stages of Alzheimer's, identify key risk factors, review the latest research developments, and learn about FDA-approved treatments currently available to manage the disease.

Tue 12-1 PM 1 Session Online Live	Feb 24 Hadi Finerty Class ID: 25905	Free
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NEW! HALOTHERAPY 101 CLASS + SALT ROOM EXPERIENCE

Discover the healing potential of halotherapy in this introductory class that blends education with experience. Learn what dry salt therapy is, how it works, and the ways it may support respiratory health, skin conditions, relaxation, and overall wellness. Then step inside Unwind's pink crystal Himalayan salt room - an immersive, holistic environment infused with medical-grade salt designed to cleanse, rejuvenate and soothe. Class will include in a peaceful and restorative experience with a 30-minute session in this unique atmosphere. Come explore, breathe deeply, and experience halotherapy for yourself. *This class will be held at Unwind at Westclox, 304 5th Street, Peru, Illinois.*

Sat 10-11 AM 1 Session Unwind at Westclox	Feb 28 Abby Zukowski Class ID: 27375	\$49
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BREATHING FOR LIFE AT IVCC

"Dan Retoff's explanations of the respiratory system and how breathing abdominally is beneficial to wellness were presented in a very understandable manner. I also liked that opportunities were given to practice breathing techniques during the class."

Body, breath and mind are interrelated and breathing properly is conducive to health and well-being. You will learn how to calm the mind and alleviate anxiety; and also improve sleep, circulation and immune functioning. Gain an understanding of the respiratory system and learn breathing practices to enhance and develop abdominal breathing. You are welcome to lie during class, or you can participate from a seated position. Wear comfortable, loose-fitting clothing, athletic shoes and bring water.

Tue 5:30-6:30 PM 4 Sessions C-325, IVCC	Mar 3-24 Dan Retoff Class ID: 27374	\$39
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GOING FROM GOOD TO GREAT

Recognizing the symptoms of stress and having self-awareness on how it can or may be currently impacting your everyday life including relationships is key to preventing larger impact. Developing a self-nourishment plan and having the tools and mindset tips for actively engaging in that plan can be life changing for many. In this course, Jamie Stuart Taylor, a Licensed Clinical Social Worker will assist you in taking a deeper dive into the common signs of stress, how they impact our physical and emotional body and then how to develop a self-nourishment plan that works for you. Participants will also get a glimpse into the use of empowerment strategies and how to retrain your mindset and thoughts to help set you up for long term whole-body wellness. **CEU: .15**

Tue 5-6:30 PM 1 Session CTC-125, IVCC	Mar 24 Jamie Stuart-Taylor Class ID: 25925	\$49
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INTRODUCTION TO MOON PHASES

Interested in the phases of the moon and the impact these cycles may have? Every moon phase has a function and timely activities to make the best use of the available cosmic influences, including light. By taking this into account in planning your personal or work projects, it can help you strategize your efforts more easily, and have a better chance of attaining goals. Discover how to synchronize your life rhythm with moon phases to regain your work-life balance, manage your energy and enjoy life more.

Fri 6-7:30 PM 1 Session Oak Rm Ecology Bldg, Nell's Woodland	Mar 27 Abby Zukowski Class ID: 27376	\$35
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NEW! THE ART OF VOCAL ALCHEMY

Explore how your breath, tone and resonance influence your mood, energy and communication. You will learn techniques to awaken your Sacred Voice, reduce internal barriers and use evidence-informed practices such as humming, toning and patterned breathing to support nervous system regulation and emotional balance. Through simple breathwork foundations, you will discover how to engage your diaphragm and connect breath to voice, helping you build greater vocal confidence, stability and sense of ease. This class will be held at Unwind at Westclox, 304 5th Street, Peru, Illinois.

Fri 6-7:30 PM 1 Session Unwind at Westclox	Apr 10 Abby Zukowski Class ID: 27395	\$39
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NEW! S.O.S.

Stuck, Overwhelmed, Stressed?

If that is a distress signal you or someone you know is sending out, come find out how executive functioning skills, or lack thereof, could contribute. Executive functioning skills help all of us create goals as well as plan, organize and coordinate steps to meet them. However, some people struggle with executive functioning and that makes it hard to initiate tasks, focus on them, persist without frustration, recall needed information and monitor progress. This session will help participants understand the aspects of executive functioning, identify barriers executive dysfunction might create in school, work or home settings and learn about some strategies and resources that could support executive functioning and change the signal from distress to success. Attend in-person or online live by Zoom.

Wed 6-8 PM 1 Session CTC-124, IVCC Online Live	Apr 15 Tina Hardy Class ID: 27381 Class ID: 27411	\$39 \$39
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Meet your instructor:

Tina Hardy is the long-time Coordinator of the Center for Accessibility and Neurodiversity at Illinois Valley Community College. She has a master's degree in special education, and is currently a Certified Executive Functioning Coach. She is also an adjunct instructor in Landmark College's post-baccalaureate professional development program for educators and professionals who work with students with ADHD, autism, learning disabilities such as dyslexia, or executive function challenges. Her work with a wide variety of students with disabilities and learning differences informs her approach and fuels her passion for empowering diverse learners.

EATING (LIVING) FOR YOUR HEALTH

Explore how the foods you eat can influence your emotions, support your organs, and impact overall well-being. In this class, you'll learn which foods best nourish the body and promote balance, along with simple movement tips to support healthy living. Leave with practical insights you can begin using right away. There is a \$10 material fee payable to the instructor the day of class.

Thu 5-6 PM
1 Session
CTC-123, IVCC

Apr 30
Emily Manternach
Class ID: 27457 **\$25**

NEW! HIPPIITY HOPPITY SPRING BUNNY CANVAS PAINTING

Celebrate the season with this cheerful, step-by-step canvas painting class! Create a charming spring Easter rabbit on an 11" x 14" canvas as the instructor guides you through each stage of the process - perfect for beginners and experienced painters alike. This relaxed and creative class offers a fun way to enjoy art and connect with others. All supplies included.

Tue 10 AM-12 PM
1 Session
Habitat ReStore, Peru, Illinois

Mar 3
Lucy Schmidt
Class ID: 27439 **\$35**

FRIDAY NIGHT FRAMED BARN QUILT ADDRESS WORKSHOP

Nothing says Americana more than a classic quilt pattern! Join IVCC instructor, Jyllian Ossola to create a 28" x 20 15/16" framed address sign. Please pre-submit the address you wish to place on the bottom of the sign. This piece would make a beautiful addition indoor or out, and would look especially charming near an entrance or porch. Students will pre-select a pattern from options provided by the instructor. You will select your colors prior to class. Bring a roll of 1" painters' tape, a yard stick and ruler to class. There is a \$35 material fee payable to the instructor the night of class.

Fri 5-7:30 PM
1 Session
Rm 117, Bldg. J, IVCC East Campus

Apr 17
Jyllian Ossola
Class ID: 27442 **\$49**

CREATIVE ARTS

BEGINNER CROCHET: A 3-WEEK INTRODUCTION TO THE ART OF CROCHET

Discover the relaxing and creative world of crochet in this 3-week introductory course designed for absolute beginners. Over the span of three two-hour sessions, you'll learn foundational crochet techniques and build the confidence to start your own simple projects. Each week focuses on essential skills including how to hold the yarn and hook, create basic stitches (such as chain, single crochet, and double crochet), read simple patterns and understand common crochet terminology. By the end of the course, you will complete a small project such as a coaster, dishcloth, simple scarf, or something completely from your own design-and have the tools to continue exploring this timeless craft on your own. All materials and tools will be provided. You will receive a beginning crochet kit valued at \$40 the first night of class. No prior experience necessary, just bring your enthusiasm and creativity!

Thu 5-7 PM
3 Sessions
CTC-221, IVCC

Jan 29-Feb 12
Audrey Blackburn
Class ID: 27369 **\$99**

NEW! VALENTINE GNOME CANVAS PAINTING

Create an adorable Valentine Gnome on a 16" x 20" canvas in this step-by-step painting class. Perfect for pairing up to paint with your young artist or for anyone who simply loves gnomes, this fun and beginner-friendly session guides you through each brushstroke. The gnome will be pre-drawn on the canvas. *Ages 8-11 should register and paint with an adult who is also attending class. Ages 12+ can complete the project independently. All supplies included.*

Sat 10 AM-12:30 PM
1 Session
CTC-123, IVCC

Feb 7
Lucy Schmidt
Class ID: 27438 **\$39**

WATERCOLOR LANDSCAPE WORKSHOP AT NELL'S WOODLAND

Learn about the watercolor medium and techniques. Use these skills to craft a watercolor painting of an outdoor space or scene. You will create a baseline comfortability with watercolor and the basics of materials, tools, techniques, color, value and "seeing" your subject will be explored. Students are welcome to bring their favorite vacation photo or outdoor landscape photo. The instructor will also have landscape examples available that you can use during class if you do not wish to bring your own image. If you have previously attended class or have an unfinished project and wish to continue painting with instructor guidance, please register and join the class. *Students will receive a supply list approximately 1-2 weeks prior to class.*

Sat 9 AM-1 PM
1 Session
Oak Rm, Ecology Bldg, Nell's Woodland

Mar 21
Julie Jenkins
Class ID: 27419 **\$49**

NEW! FARMHOUSE FRESH LAVENDER MASON JAR CANVAS PAINTING

Unwind and get creative in this one-night, step-by-step painting class featuring a charming farmhouse-style lavender arrangement in a mason jar. Working on a 16" x 20" canvas, you'll be guided through each brushstroke as you blend soft colors, add rustic details, and create a warm, welcoming piece perfect for spring décor. Beginner's welcome. All supplies included.

Wed 6-8 PM
1 Session
CTC-123, IVCC

Apr 15
Lucy Schmidt
Class ID: 27440 **\$39**

FRIDAY NIGHT PAINTED BARN QUILT

Please register at least one week prior to class for planning purposes.

Not just for barns... barn quilts also look great on your porch, fence, chicken coop, garden shed, pole barn or even over your fireplace. Add a unique, personal touch to your urban or rural homestead with a handcrafted, authentic piece of American art. Prior to class you will pre-select your pattern from options provided by the instructor. The possibilities are endless when you choose the colors of your choice. Move through each step, drafting, taping and painting with careful attention to detail. There is a material fee payable to the instructor the day of class. \$25 for 2-foot project and \$40 for 4-foot project. Bring a roll of 1" painter's tape and a yard stick to class.

Fri 5-9 PM
1 Session
Rm 117, Bldg. J, IVCC East Campus

Apr 17
Jyllian Ossola
Class ID: 27443 **\$65**

IMPRESSIONIST LANDSCAPE DRAWING USING SOFT PASTELS AT NELL'S WOODLAND

Join local art teacher and artist Julie Jenkins in exploring the medium of pastels in the serene landscape of Nell's Woodland. Learn about the medium of soft pastels and create a landscape or botanical drawing en plein air (outdoors). Soft pastel is a wonderful medium, it's ultra-soft, blendable, vibrant and it almost feels like creating with pure pigment. You can bring a landscape photograph or use our surroundings at Nell's Woodland as the subject for your finished piece. We will practice layering and blending techniques. Students will take home a set of landscape pastels and blending stumps at the end of class. If you have previously attended class or have an unfinished project and wish to continue with instructor guidance, please contact our office for a discounted "unfinished project" tuition fee. No experience necessary. Supplies included. Ages: 13+. Children can register and attend class with an adult over the age of 18 who is also attending class. Supplies (\$30 value) are

included in your tuition fee and will be provided at class. Students will take home a set of soft landscape pastels and blenders to use on future projects.

Sat 9 AM-1 PM
1 Session
Oak Rm
Ecology Bldg, Nell's Woodland

Apr 18
Julie Jenkins
Class ID: 27422 **\$89**

NEW! HAND-SCULPTED CLAY FLOWERS

Discover the delicate art of sculpting lifelike blooms in this beginner-friendly workshop. Guided by IVCC art instructor, Julie Jenkins, you will learn to work with clay to shape graceful petals, leaves and floral forms. Through hands-on instruction, you will explore techniques for building texture, movement and natural elegance into your designs while expressing your own creative style. After your flowers have dried, you will return for a glazing session to add color and personality to your finished piece before it is kiln-fired by the instructor. If you're unable to attend the glazing day, simply select your preferred colors and the instructor will glaze your work for you. Completed projects will be available for pick-up at IVCC. Perfect for beginners, this class offers step-by-step guidance, skill-building, and a beautiful handmade keepsake you will be proud to display. There are two options to register for class, choose a 3-session class to make a simple flower or a 5-session class to make a more complex flower.

3-Session: Simple Flower: Tulip, Pansy, Poppy, Lily
Mon-Tue 5-7 PM
Tue 5-6 PM
3 Sessions
B-101, IVCC
Art Room

Jun 8-9
Jun 23
Julie Jenkins
Class ID: 27444 **\$109**

5-Session: Complex Flower: Rose, Sunflower, Dahlia, Zinnia
Mon-Thu 5-7 PM
Tue 5-6 PM
5 Sessions
B-101, IVCC
Art Room

Jun 8-11
Jun 23
Julie Jenkins
Class ID: 27445 **\$159**



WRITING

Looking for additional writing classes? Check out ed2go.com/ivcc for fiction, non-fiction, children's literature, memoir and other writing classes available online.

DISCOVER THE POET WITHIN: A ONE-NIGHT POETRY WORKSHOP

"I was able to express myself in a new way. I liked it!" – find new quote

Unleash your creativity and explore the magic of words in our one-night poetry workshop. This evening offers a welcoming space to dive into the art of poetry. Through engaging activities and guided exercises, you'll transform your thoughts and emotions into verses. Whether you're looking to express yourself, find inspiration, or simply enjoy the beauty of language, this class promises an enriching and inspiring experience. Bring a notebook and something to write with. We will save time at the end of class for reading work, but reading is not required. Join us and let your inner poet shine!

Fri 6-7:30 PM
1 Session
Oak Rm
Ecology Bldg, Nell's Woodland

May 29
Abby Zukowski
Class ID: 27448 **\$45**

CULINARY

ITALIAN TORTELACCI

Dee's Great Aunt, Enis Malavolti, had family over for Sunday dinner and served the most amazing Italian dishes. A favorite was her tortellacci. Tortellacci is a meatless cheese tortellini made with spinach. This dish is often served during Lent and other special occasions. The texture and flavor are very decadent and rich. Learn how to mix and knead the dough, make the special filling of the tortellacci and twist them into the correct shape. The best part, we will eat a tortellacci dinner with all of the trimmings at the end of class. Bring an apron, pizza cutter and a cutting board or mat. There is a \$25 material fee payable to the instructor the night of class.

Wed 6-8:30 PM
1 Session
CTC-123, IVCC

Feb 4
Dee Biagi
Class ID: 27416 **\$45**

NEW! DATE NIGHT FEATURING RISOTTO

Turn an evening out into a memorable experience you will share together. In this hands-on class, you and your partner will learn to prepare a delicious three-course meal perfect for a cozy night in. Recipes include a fresh salad with homemade vinaigrette, creamy risotto and a decadent dessert to finish on a sweet note. Along the way, you'll pick up simple techniques, cooking tips, and ideas for recreating the menu at home. Enjoy a fun, relaxed night of cooking and connection. Bring an apron, cutting board, kitchen knife, heat-resistant spatula, kitchen towel and potholder. Both participants must register. Tuition is \$35 each. There is a \$40 (\$20 each) material fee payable to the instructor the night of class.

Thu 6-7:30 PM
1 Session
CTC-123, IVCC

Feb 12
Bobby Riahi
Class ID: 27437 **\$35**

SOURDOUGH BASICS

Discover the art and science of sourdough in this two-session, hands-on intensive class! You'll learn the essentials of crafting a beautiful sourdough loaf from start to finish - no prior experience required. On day one, we'll cover the equipment required (or desired), ingredients, and how to start and care for a starter culture. You'll mix your first dough while learning about baker's math, formulas, and processes, then chill the dough overnight. On day two, we'll cover feeding and maintaining your starter, baking and scoring methods, and we will discuss the crust and crumb of our baked breads. We'll bake some of the dough in class so you can see and taste the results. Each student will receive dried starter on the first day and take-home part of their baked loaf or dough to bake at home on the second. Come ready to get your hands floury and leave with the skills, knowledge and starter to keep your sourdough journey going! Bring an apron to class. There is a \$50 material fee payable to the instructor on the night of class.

Tue/Wed 5-8 PM
2 Sessions
CTC-123, IVCC

Feb 17-18
Patricia Glade
Class ID: 25935 **\$59**

NEW! INTERMEDIATE SOURDOUGH

Mastered the basics and want to kick your sourdough up a level? Let's talk about inclusions and grains. We will cover baker's math, hydration ratios and talk about troubleshooting fresh milled flours and other grains. You will also be working on your shaping techniques including tying, scoring and painting the dough for artistic expression. We will make a shaped bunny and a painted flower loaf in class. Bring an apron to class. **There is a \$50 material fee payable to the instructor on the night of class.**

Wed/Thu 5-8 PM
2 Sessions
CTC-123, IVCC

Mar 25-26
Patricia Glade
Class ID: 27418 **\$59**

NEW! THE ART OF BRUNCH

Join Chef Sara Fitzpatrick for a delicious, hands-on brunch class that celebrates both classic favorites and creative twists. Roll up your sleeves and prepare a mouthwatering menu featuring Quiche, Pavé (layered) Potatoes, a Deviled Egg Flight, Stuffed French Toast, and more. Along the way, Chef Sara will share tips, techniques and plating ideas you can use at home. Perfect for brunch lovers of all skill levels. Bring an apron, cutting board, kitchen knife, heat-resistant spatula, kitchen towel and potholder. **There is a \$40 material fee payable to the instructor the day of class.**

Mon 6-9 PM 1 Session CTC-123, IVCC	Mar 9 Sara Fitzpatrick Class ID: 27434	\$55
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INTRO TO AYURVEDIC COOKING

I liked the interaction with the instructor and with the other students. The kitchen lab was very interesting and excellent for this type of class. Ayurvedic cooking helps heal the body, mind and soul. During this class learn to make Kitchari! The benefits of Ayurvedic cooking have been observed over thousands of years, including better digestion, clearer skin, and a stronger immune system. Ayurveda includes focus on eating seasonally and by consuming spices that are recommended for your dosha. You can also explore elements of this ancient practice by making dishes to balance your mood. Bring an apron, cutting board, heat-resistant spatula, table service, kitchen knife and kitchen towel to class. **There is a \$20 material fee payable to the instructor the day of class.**

Sat 10:30 AM-12:30 PM 1 Session CTC-123, IVCC	Mar 7 Emily Manternach Class ID: 27417	\$39
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NEW! EXPLORE THE FLAVORS OF SPAIN

Discover the rich culinary traditions of Spain in this hands-on tasting and cooking class led by Chef Anthony Belter. Laura Belter will lead you through sampling a selection of Spanish wine while learning about their regions, history and pairing principles. During class you will also prepare classic dishes including a seasonal vegetable paella and a silky Basque cheesecake. Chef Anthony will also demonstrate how to make a Potato and Onion Tortilla. Whether you are a wine enthusiast, a curious cook or simply love great food, this immersive class invites you to savor, learn, and create the authentic tastes of Spain. Bring an apron, cutting board, kitchen knife, heat-resistant spatula, kitchen towel and potholder. **There is a \$25 material fee payable to the instructor the night of class.**

Thu 6-8 PM 1 Session CTC-123, IVCC	Mar 26 Anthony Belter Class ID: 25350	\$49
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NEW! SPICES, TEA & EVERYTHING NICE

Explore the world of herbal teas and beneficial spices in this flavorful and informative class. Learn how to create your own tea blends using herbs known to support the body and sample blends during class. You will also discover how spices like turmeric and black pepper can enhance flavor and promote wellness. **There is a \$10 material fee payable to the instructor the night of class.**

Thu 5-6 PM 1 Session CTC-123, IVCC	Apr 9 Emily Manternach Class ID: 27436	\$25
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TORTELLINI: TWIST, COOK, EAT, REPEAT

Join Dee Biagi in the IVCC culinary classroom. Dee has been making these Italian treasures from the time she was a young girl. Relatives and elder ladies of Mark, Illinois taught her how to make authentic pasta. Tortellini is a meat and cheese filled pasta that is twisted to resemble a belly button. As a child she sat around the big dining room tables and learned how to make this Italian "staple" from the experts... relatives from the Old Country. In this class we will learn how to make the dough and filling and how to twist them. Follow by cooking and of course eating them. Bring an apron, pizza cutter and a cutting board or mat. **There is a \$25 material fee payable to the instructor the night of class.**

Sat 10 AM-12 PM 1 Session CTC-123, IVCC	Apr 18 Dee Biagi Class ID: 27414	\$45
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PHOTOGRAPHY

PHOTOGRAPHING EAGLES, BIRDS AND WILDLIFE

This class will teach you the photographic skills to capture eagles, raptors, birds, and wildlife in the Starved Rock area. Join photographer David Anderson for a morning presentation at IVCC of his eagle and wildlife photography. You will learn the basics of wildlife photography including proper camera settings and techniques for still and action photography. In the afternoon your class will continue with an outdoor session in the Starved Rock area, where you will learn how to photograph eagles and wildlife. Students will provide their own transportation. Please bring your camera, long lens, winter clothing, hiking boots, sack lunch and water.

Sat 9 AM-4 PM 1 Session CTC-214, IVCC	Feb 28 David Anderson Class ID: 27430	\$49
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IDENTIFYING & PHOTOGRAPHING WILDFLOWERS OF NORTHERN ILLINOIS

Attention wildflower and photography enthusiasts. Join photographer David Anderson for a morning presentation at IVCC where you will learn about the flora and fauna that you can find in Northern Illinois during the spring. You will learn how to photograph and identify various species and find out where and when they bloom. Some of the medicinal qualities and uses of the flowering plants will also be explained. In the afternoon, your class will continue with an outdoor session at Starved Rock State Park where David will lead you on a nature hike to view, identify and photograph wildflowers. Students will provide their own transportation to Starved Rock. Please bring your camera, hiking boots, sack lunch and water.

Sat 9 AM-4 PM 1 Session CTC-214, IVCC	Apr 25 David Anderson Class ID: 27431	\$49
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BEGINNING PHOTOGRAPHY DSLR & MIRRORLESS CAMERAS

This course will introduce the students to DSLR cameras, lenses and accessories. The course will cover basic photographic concepts including exposure, color balance, lighting and composition. Basic concepts and real-world applications of digital imaging will be discussed. Students will review and discuss photos presented by the instructor as well as student work. Assignments will reinforce what is learned in a fun and upbeat atmosphere. This class will meet both indoors and outdoors, weather permitting. Class size is limited to 8-10 students. Students should bring a digital SLR camera, lens, memory card and camera manual to class.

Tue 6:30-9:30 PM 6 Sessions E-320, IVCC	Apr 7-May 12 Doug Dellinger Class ID: 27426	\$169
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PORTRAIT PHOTOGRAPHY

Pre-requisite: Students should have completed Photography for Beginners: DSLR or have permission from the instructor to register for this class. Portrait photography is a useful skill; whether you want to take better pictures of your family or are considering expanding your business portfolio. This class will include quality and direction of light, light patterns, measuring light and types of light. Explore camera lens selection for portraits. Learn the principles of subject placement, posing and camera angles. You will also have an introduction to Adobe Photoshop for portraiture retouching and an overview of the business of portraiture. Bring a digital SLR camera, lens, memory card and camera manual to class. Instructor will discuss possible off campus meeting locations for final sessions for photography opportunities during class. This class will meet both indoors and outdoors, weather permitting. Students should bring a digital SLR camera, lens, memory card and camera manual to class.

Tue 6:30-9 PM 6 Sessions E-320, IVCC	May 19 - Jun 23 Doug Dellinger Class ID: 27427	\$169
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CURLING

LEARN TO CURL

Learn the Olympic sport of curling at Illinois' oldest curling club right here in LaSalle County. The Waltham Curling Club invites you to learn how to curl. Taught by USCA Level 1 instructors and members of the Waltham Curling Club, you will learn techniques of delivering the stone, sweeping, basic strategies, scoring and more. Whether you attend alone or bring family or friends, you are guaranteed to learn why curling is a lifelong sport. Bad knees? No problem, there are options for you. Attendees must carry-in a clean pair of tennis shoes, wear warm, comfortable clothing, and sign a waiver upon arrival to go out on the ice. Drinks are not allowed on the ice, except water in a sealed container. *Class will be held at the Waltham Curling Club, 3926 East 758th St., Triumph, Illinois.*

Mon 6-8 PM
4 Sessions
Waltham
Curling Club

Mar 2-23
WCC Instructors
Class ID: 25903 **\$75**

3D PRINTING

INTRO TO 3D PRINTING DREAM IT, DESIGN IT, MAKE IT

Curious about how 3D printers work - or eager to try one yourself? This two-session class is your chance to explore the exciting world of hobby-style 3D printing. Led by Dorene Data, IVCC Program Coordinator for Computer Aided Design, you will tour IVCC's state-of-the-art 3D Printing Lab and learn the basics of creating and printing your own designs. On the second night of class, you will experience the magic of turning ideas into objects with a hands-on session in the lab where you will create your own small project to take home. Whether you are interested in making gadgets, art or practical pieces, you'll discover just how far 3D printing has come and how easy it is to get started. No experience required - just bring your curiosity!

Tue 6-8:30 PM
1 Session
CTC-119, IVCC

Mar 24-31
Dorene Data
Class ID: 27449 **\$89**

NEW! 3D: MAKER NIGHT

Have a 3D project you are working on and need help? Have experience with 3D Printing and want to learn more? Chat and engage with fellow enthusiasts. IVCC Program Coordinator for Computer Aided Design, Dorene Data, will open the lab for experienced printers. Participants should have attended IVCC's Explore 3D Printing class previously or be able to demonstrate previous experience. Prior approval may be required by instructor. Participants will have the option of printing a project at the end of class.

Tue 6-9 PM
1 Session
CTC-119, IVCC

Apr 14
Dorene Data
Class ID: 27450 **\$39**



OUTDOOR EDUCATION

SURVIVAL SKILLS: NATIVE WILD PLANTS FOR FOOD, TOOLS, & MEDICINE

From your own backyard to the most remote wildernesses, our planet has a vast and incredible bounty of native wild plants that can be used for food, tools, and medicine. Take a walk down the aisles of Nature's all-in-one grocery, hardware, and pharmacy store, where everything is free! Learn how to use plants for survival and everyday needs. See dozens of local plants and their uses in many of our area's wild places. Get hands-on experience and training in field guide identification so that you can continue exploring wild plants with confidence on your own!

Classes meet Saturdays, 12-2 PM (10 AM-12 PM in excessive heat conditions, advanced notice will be sent.) In the event of inclement weather, class will be held the following Saturday. This popular class fills fast every year! Bring a camera, note-taking materials and a water bottle.

Mar 21 **Rm 103, IVCC Gymnasium Building**
Apr 18 **Matthiessen State Park River Area**
May 16 **Catlin Park**
Jun 6 **I&M Canal State Trail Access - Ottawa**
Jul 18 **Sue and Wes Dixon Waterfowl Refuge**
Aug 8 **Dayton Bluffs, Ottawa**

Sat 12-2 PM **Mar 21-Aug 8**
6 Sessions **Jason Thompson**
Rm 103, IVCC **Class ID: 27446** **\$109**
Building G (Gym Building)

SOLAR ENERGY

EIGHT THINGS TO KNOW ABOUT SOLAR BEFORE YOU BUY

Thinking about going solar? Before you sign any contracts, this course will give you the essential knowledge you need to make an informed decision. Learn why solar matters, how it works and whether it's the right fit for your home. We'll cover everything from incentives and financing options to system types, micro inverters and battery storage. You'll also explore alternatives like community solar and get a glimpse into the future of solar technology. Whether you're just curious or ready to invest, this course will help you understand the full picture - without the sales pitch. Bring a copy of your most recent electric bill to class.

Mon 6:30-8:30 PM **March 30**
1 Session **Yona Lunken**
CTC-124, IVCC **Class ID: 25564** **\$39**

DOLLARS & SENSE

REJUVENATE YOUR RETIREMENT

Take charge of your retirement with confidence. This two-session course, led by a certified instructor from the Financial Educators Network, offers a comprehensive overview of the key financial and lifestyle issues facing today's retirees. Learn how to navigate the modern retirement system, estimate future expenses, and understand how market changes may impact your savings. Explore Medicare options, investment strategies, and various income sources to help ensure a secure, fulfilling and worry-free retirement. Whether you are newly retired or preparing for retirement soon, this class will provide the tools and knowledge to support your goals and peace of mind. *Register yourself and bring your spouse or partner at no additional cost.*

Tue/Thu 1:30-3:30 PM
2 Sessions
CTC-124, IVCC
Mar 3 & 5
Sandra Brown
Class ID: 27377 \$39

Mon/Wed 6:30-8:30 PM
2 Sessions
C-316, IVCC
Mar 16 & 18
Sandra Brown
Class ID: 27378 \$39

ESTATE PLANNING & ASSET PROTECTION

Everyone who has assets, whether you are just graduating from college, starting a family or planning for your golden years, needs an estate plan. Learn why you need an estate plan, how it works and what happens when you don't have one. We will discuss estate planning fundamentals and terminology including ramifications of asset ownership, legal reasons for life insurance, importance of beneficiary designations, life estates, nursing home costs, importance of powers of attorney, increase in guardianships, wills, use of trusts and more. Learn what questions you should be asking yourself. You will be better prepared to consider your options and have the tools needed to create a plan for the first time or review your current plan with your attorney.

Thu 6-8 PM
1 Session
C-316, IVCC
Apr 16
Walt Zukowski
Class ID: 25550 \$35

AARP DRIVER SAFETY

The AARP Driver Safety Program is a classroom driver refresher course designed especially for drivers age 50 and older. This program aims to help community members retain their driving competency. Learn driving strategies, understand the effects of aging on driving, reduce the chance of having an accident and know when to retire from driving. At completion of this course; you will receive a certificate that can be presented to your automobile insurance holder that may entitle you to a discount. Attendance is required at both days of class to receive the certificate of completion. There is a \$20 fee for AARP members (with AARP membership card); and a \$25 fee for non-members payable to the AARP instructor

for materials on the first day of class. Additional information about parking and location will be emailed to you approximately one week before class.

Take it at IVCC - Oglesby
Mon/Tue 8:30 AM-12:30 PM
2 Sessions
Rm 101, Ottawa Center C
Fee payable day of class

Mar 30 & 31
Regina Leffelman
lass ID: 25549

Take it at IVCC Ottawa Center - Ottawa
Thu/Fri 8:30 AM-12:30 PM
2 Sessions
Rm 101,
Fee payable day of class

Apr 30 & May 1
Regina Leffelman
Class ID: 25549
Ottawa Center

NEW! CONTENT CREATION FOR CASH: SOCIAL MEDIA WRITING THAT WORKS

Visit ivcc.edu/enroll for full course description

Learn how to write engaging captions, spark viral shares and use storytelling to build authentic connections that keep followers coming back. Discover savvy strategies to turn likes and comments into real income by monetizing your social presence like a pro.

Wed 6-8 PM
1 Session
Online Live
Mar 18
LeeAnn Krusemark
Class ID: 27379 \$49

NEW! PASSIVE INCOME 101: CREATE PRODUCTS THAT SELL WHILE YOU SLEEP

Visit ivcc.edu/enroll for full course description

Unlock the secrets to earning money around the clock. This class teaches you practical strategies and step-by-step tools to develop, launch and automate income-generating products that keep working for you with minimal ongoing effort. Transform your ideas into a powerful, passive income machine that works day and night.

Wed 6-8 PM
1 Session
Online Live
Mar 25
LeeAnn Krusemark
Class ID: 27380 \$49



Test Prep

ACCELERATED ACT TEST PREP

Prepare for the ACT (American College Testing) in this accelerated course designed for motivated students on a tight schedule. You will learn test taking skills, answering strategies for handling each type of question, time restraints, exam pacing and the ACT scoring system. This class is designed to coach you to do your best on the ACT and demystify college admissions testing. Preparing for the ACT will not produce perfect scores, but it will improve your score by reducing test anxiety that can limit your performance during the exam. Participate in practice tests and review test questions. Please bring a pen/pencil and notepaper to class. A textbook "Accelprep for the ACT Test" is included in the price of this course. Students will be able to use this text to continue preparing for the exam after the class has ended. Seating is limited. Register early. Materials Provided: Study guide, practice tests and supplemental hand-outs.

***Registration deadline: January 30**

Sat 8:30-11:30 AM	Feb 7	CTC-215
Sat 8:30-11:30 AM	Feb 21	CTC-215
Tricia Haynes & Bernie Moore	Class ID: 27423	\$135

***Registration deadline: February 20**

Sat 8:30-11:30 AM	Feb 28	CTC-215
Sat 8:30-11:30 AM	Mar 7	CTC-215
Tricia Haynes & Bernie Moore	Class ID: 27424	\$135

ACCELERATED SAT TEST PREP

Prepare for the SAT (Scholastic Aptitude Test). You will learn test-taking skills, answering strategies for handling each type of question, time restraints and the SAT scoring system. This class is designed to coach you to do your best on the SAT and demystify college admission testing. Preparing for the SAT will not produce perfect scores, but it will improve your score by reducing "test anxiety" that can limit your performance during the exam. Please bring a pen/pencil and notepaper to class. This course meets for two sessions. This class will also review practice questions for the English, Reading & Math portions of the exam. A textbook "Accelprep for the SAT Test" is included in the price of this course. Students will be able to use this text to continue preparing for the exam after the class has ended. Seating is limited. Materials Provided: Study guide, practice tests and supplemental hand-outs.

***Registration deadline: February 27**

Sat 8:30-11:30 AM	Mar 7	CTC-214
Sat 8:30-11:30 AM	Mar 21	CTC-215
Tricia Haynes & Bernie Moore	Class ID: 27425	\$135



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(815) 224-0427.**