



**ILLINOIS VALLEY**  
COMMUNITY COLLEGE

*Every day is a new chance  
to learn, grow, and shine.*

# CONTINUING EDUCATION CENTER

FALL 2025 Schedule | [ivcc.edu/enroll](https://ivcc.edu/enroll)



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additional  
information.





## AT HER TABLE: Chef Sara's Recipe for Lifelong Learning

For the past 10 years, Chef Sara Fitzpatrick has been inspiring community members at IVCC to roll up their sleeves, tie on an apron and discover the joy of cooking in her lifelong learning classes. From homemade tamales, to sushi, to charcuterie to perfect knife skills, her courses have taught hundreds of students that food can be art - and that everyone can learn something new.

Sara's future as a culinary instructor at IVCC began long ago, with a prediction. "One of my friend's grandmas once told me I'd be a teacher someday," she recalls.

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Early on, while her first job was as a dishwasher, she dreamed of being an artist. She took college classes at IVCC in art, but soon decided it would be difficult to make a career out of it. That's when she thought back to her roots; growing up surrounded by food, with a mother who canned, pickled, gardened, baked bread, and even made homemade pasta.

"I realized food could also be art," she says. That revelation led her to study at Le Cordon Bleu Cooking School. She honed her craft in kitchens across Chicago and the Illinois Valley. Over the years, she has built expertise in everything from plating and food photography to catering and menu design.

Teaching, though, brought something unexpected: the joy of seeing her students surprise themselves. "I love seeing people learn something they didn't know they could do - like why a knife is shaped the way it is, or how to hold it correctly," she explains. Her advice for new teachers reflects her own philosophy: "Slow down and remember your students are learning something new."

For Sara, lifelong learning isn't just something she teaches - it's how she lives. "I try to add a new skill and get 1% better every day," she says. She's an avid reader - her most recent book was *Kitchen Confidential* by Anthony Bourdain - and she embraces challenges, like the time her freezer stopped working during class and everything melted. "You figure it out and keep going," she laughs.

This year, Sara is embarking on her biggest challenge yet: opening her own restaurant, Chef Sara's Table,

in LaSalle. After years of experience, she decided it was time. "I realized - I can do it myself," she says. Her new venture will bring together all she's learned: cooking from scratch, minimizing food waste, and creating a welcoming space. "The concept is simple - you're welcome at my table," she says.

Her restaurant will feature a small, fresh lunch menu with homemade soup; and will also be the home-base for her catering business and charcuterie boards. She later plans to launch a creative twist on dinner service that will be different than what you normally see. "Everything I've done, every place I've worked, has helped prepare me for this," she reflects.

When she's not in the kitchen, Sara enjoys being a mom to Aubrey (13) and Evan (20) who already works in a local kitchen and may one day join her at the new business.

As for her favorite dish? "Anything I make is special," she smiles - though she admits she has a cabinet full of spices from around the world. Her can't-live-without ingredients? "Salt - and real butter," she answers without hesitation. And despite all her expertise, she confesses there are still some culinary mysteries she hasn't cracked. "I still can't make a good chocolate chip cookie, and Indian food is hard - all those spices!"

Chef Sara's story is a perfect example of what lifelong learning is all about; following your curiosity, pushing yourself to grow and making room at the table for others along the way.

To see what you can learn in one evening - and maybe surprise yourself along the way - join one of her cooking classes this fall.

Because as Chef Sara reminds us, "Every day, you can get just a little bit better."



# BUSINESS

## NEW! LinkedIn | Aligning Your Company's Voice [4-Session Workshop | Online Live]

Want to use LinkedIn more strategically to grow your business and attract the right people? This hands-on series will help you align your business's online presence with your values, voice, and goals. In this program, you'll learn how to:

- **Showcase your company culture and values to build trust and credibility**
- **Refine your profile to attract ideal clients, partners, and talent**
- **Create content and messaging that's consistent, authentic, and engaging**
- **Boost your visibility and expand your reach with purpose and clarity**

By the end of the series, you'll have a more powerful and aligned LinkedIn presence that supports your business growth. *Participants will receive a Zoom link within 24 hours of class.*

**CEU: .4**

*This class is eligible for the Noncredit Strategies at Work Grant. Call (815) 224-0427 to register and receive a 50% discount.*

<b>Thu 12-1 PM</b>	<b>Oct 30-Nov 20</b>	
<b>4 Sessions</b>	<b>Karen Stowe</b>	
<b>Online Live</b>	<b>Class ID: 25342</b>	<b>\$89</b>

## Sexual Harassment Prevention [start anytime]

This 30-minute online course meets the standards and guidelines for sexual harassment training that is required for all employers in the state of Illinois. Topics include sexual harassment laws, responsibilities of employers, protections for employees regarding sexual harassment in the workplace and information needed if seeking to file a report. *A link to the online course will be provided in your registration confirmation email and you will be given 30 days to complete. A certificate of completion will be issued upon successful completion of the online content and quiz.* **[1 CE]**

<b>Online</b>	<b>Class ID: 25336</b>	<b>\$20</b>
<b>1 Session</b>	<b>Annie Monyok</b>	

# LEADERSHIP SERIES

*The following series is eligible for the Noncredit Strategies at Work Grant. Call (815) 224-0427 to register and receive a 50% discount.*

**This series will be hosted at:**  
**Starved Rock Lodge - La Salle Room**  
**One Lodge Lane, Oglesby, IL 61348**

This 2-day leadership series explores the foundational role of leadership in building influence and driving positive outcomes. Participants will examine various leadership approaches, strengthen their communication skills, and learn how to lead others with clarity and purpose given their 6 Types of Working Genius assessment results. Upon completing this series, you will gain practical tools to effectively motivate and lead your team. *Lunch is included.* **CEU: 1.2**

<b>Wed 8:30 AM-3:30 PM</b>	<b>Oct 8 &amp; 22</b>	
<b>4 Sessions</b>	<b>Janelle Reeb</b>	
<b>Starved Rock Lodge, La Salle Room</b>	<b>Class ID: 23116</b>	<b>\$699</b>

## Day 1: Wednesday, October 8 Leadership: The Foundation of Influence 8:30-11:30 AM

Leadership is the ability to influence and inspire others in pursuit of shared goals. At its foundation, strong leadership starts with an understanding of one's own strengths, values, and areas for growth. In this session, you will define leadership, build awareness of emotional intelligence, and be introduced to the 6 Types of Working Genius framework which is a practical tool designed to help you identify your unique talents and enhance both self-leadership and team collaboration. **CEU: .3**

## Discovering Your Genius 12:30-3:30 PM

Leverage your Working Genius results to uncover your key strengths, typical frustrations and the roles where you're most effective within a team and as a leader. You'll take time to reflect on the core qualities of the Ideal Team Player and assess areas for personal growth. You'll gain valuable insight into your leadership approach and team interactions. Learning will be reinforced through engaging and reflective activities designed to deepen understanding and support practical application. **CEU: .3**

## Day 2: Wednesday, October 22

### Effective Communication:

### Listen to Understand + Speak with Courage

**8:30-11:30 AM**

Strengthen your communication skills to increase influence by tuning into your personal communication style, practicing active listening, and customizing your approach to get results. Learn to recognize when a crucial conversation is necessary and how to approach it with clarity and purpose. Emphasis will be placed on listening to understand and helping you build stronger connections and trust. **CEU: .3**

## Leading Others Through Trust and Change 12:30-3:30 PM

In concluding the series you will explore the foundational role of trust in building and sustaining high-performing teams. You'll identify common behaviors and dynamics that erode trust, along with strategies for rebuilding it when it's been compromised. Examine how change affects both individuals and teams, and how leaders can effectively support others through periods of transition. Through discussion and reflection, you'll learn how to create a sense of safety, provide clarity, and foster forward momentum during times of uncertainty and change. Building trust is never complete, it must be maintained over time. **CEU: .3**





# EWS ESSENTIAL WORKPLACE SKILLS

Professional Development  
for Frontline Workers

## ESSENTIAL WORK SKILLS

The following classes are eligible for the Noncredit Strategies at Work Grant. Call (815) 224-0427 to register and receive a 50% discount.

Join us for a highly interactive series that tackles the essential skills that every company looks for. Each 3-hour workshop includes small group and individual activities, role plays, scenarios and discussions for an interactive learning experience. Participants leave with tools and individual action plans for immediate integration into the workplace.

### Communicating Effectively

Communication drives workplace engagement. In this session, get more strategic about communication as a professional skill. Tune into your personal communication style and compare it to that of your peers, supervisors and customers. Learn how to customize your approach and get the best results. Understand what to get right in managing in-person, written and digital interactions to prevent conflict and promote productivity. Leave with new methods for connecting to others at work and contributing as a high-performing employee. **CEU: .3**

**Tue 8:30-11:30 AM** **Sep 23**  
**1 Session** **Jamie Stuart Taylor**  
**C-316, IVCC** **Class ID: 23103** **\$120**

### Practicing Professionalism In The Workplace

A true professional is one who adds value to their organization. In this session, cross check your professionalism against best practices. Learn how to positively influence coworkers and customers, relate to diversity and adapt to various work environments. Understand how to use feedback to improve performance and be seen as a problem-solver. At the end of the session, you will have new tools that help you contribute to a healthy and positive workplace. **CEU: .3**

**Tue 8:30-11:30 AM** **Oct 7**  
**1 Session** **Janelle Reeb**  
**C-316, IVCC** **Class ID: 23104** **\$120**

### Thinking Critically At Work

Boost your value at work by being seen as an effective problem-solver. In this session, explore the skills and strategies behind critical thinking, what it is and how to show it. Practice the ability to adopt multiple perspectives, analyze different data and tackle complex issues collaboratively. Explore techniques for evaluating solutions and communicating them to key stakeholders. Walk away with confidence that you know how to generate improvements to benefit yourself, your team and the organization. **CEU: .3**

**Tue 8:30-11:30 AM** **Oct 21**  
**1 Session** **Janelle Reeb**  
**C-316, IVCC** **Class ID: 23105** **\$120**

### Navigating Challenges And Stressors

Stressors at work create opportunities to rethink our responses and habits. In this session, identify challenges in your professional life and what contributes to them. Adopt strategies such as a proactive mindset and what-if thinking to anticipate problems before they arise. Grow your emotional intelligence to improve encounters with peers, supervisors and customers. Explore how attending to your whole self affects your professionalism and career path. Leave with an action plan that promotes resilience in the face of workplace demands. **CEU: .3**

**Tue 8:30-11:30 AM** **Nov 4**  
**1 Session** **Jamie Stuart Taylor**  
**C-316, IVCC** **Class ID: 23106** **\$120**

### Understanding Customer Service Essentials

Inclusive and cross-generational workplaces are today's professional norm. In this session, assess your customer-centricity and learn how to maintain and improve trust. Expand communication skills, including use of technology, to serve internal and external customers equally well. Learn recovery steps that rebuild customer loyalty. Leave ready to provide professional customer-service excellence regardless of title or industry. **CEU: .3**

**Tue 8:30-11:30 AM** **Nov 18**  
**1 Session** **Janelle Reeb**  
**C-316, IVCC** **Class ID: 23107** **\$120**

## COMPUTERS

Looking for a class in Microsoft Word, Excel, PowerPoint, website design, coding or other computer topics? We have many online class options available. Visit [ivcc.edu/enroll](http://ivcc.edu/enroll) for a full listing or contact an IVCC program specialist at (815) 224-0427.

### Computer Basics & Internet Safety

This beginner-friendly class is designed to teach you the fundamentals of using a computer safely and effectively. Through hands-on instruction, you'll learn essential skills such as powering on and logging in, typing basics, navigating desktop applications, browsing the internet, and understanding email basics. You'll also gain valuable tips on staying safe online, including how to identify and avoid scams. By the end of the class, you'll have practical experience and a foundational understanding of Windows 11, personal computers, and safe internet practices. The instructor will guide the class at a comfortable pace to ensure everyone has a thorough understanding of each concept. **Email accounts are optional for the class, but students may log in to their own during the email instruction portion. Please bring your login details, as the instructor will not assist with account recovery during class. For help accessing and/or creating an email beforehand, contact Lexis Buckley at 815-224-0490.**

**Tue/Thu 11 AM-2 PM** **Sep 2-11**  
**4 Sessions** **Lexis Buckley**  
**A-323, IVCC** **Class ID: 23098** **\$149**

### Certificate In Quickbooks \$395 | Self-Paced | Online 24/7

Master QuickBooks Online, the leading accounting platform for small businesses. This program offers a comprehensive understanding of both foundational and advanced features, with a free trial of the cloud-based software included to enhance your learning experience. Upon completion, you'll earn a professional certificate from the Learning Resources Network (LERN). Start at your convenience! **This class is eligible for the Noncredit Strategies at Work Grant. Call (815) 224-0427 to register and receive a 50% discount.**

**Start Date: September 2** **Class ID: 22462**

## Certificate In Mastering Excel

**\$495 | Self-Paced | Online 24/7**

A must-have skill to succeed in business, whether an entrepreneur or a valued employee, is the ability to create, edit and manage spreadsheets. Microsoft Excel is the most used spreadsheet tool in the world. Begin with learning how an Excel worksheet is constructed, populated with content and edited for delivery. Discover how various menu items, commands, settings and processes affects the look of your Excel worksheets and workbooks. Then, increase your efficiency by learning how to organize, display and calculate your data into useful information. Identify different types of data and how data can be best visually represented or formatted, by using different data tool techniques. Finally, you'll learn a variety of Excel's most powerful features to analyze data quickly and easily. This Certificate will help you discover how to attractively visualize your data into meaningful information with confidence. ***This class is eligible for the Noncredit Strategies at Work Grant. Call (815) 224-0427 to register and receive a 50% discount.***

**Start Date: September 2**

**Class ID: 22427**

**Interested in 3D Printing? See page 21 for class information.**

## TECHNICAL

***The following class is eligible for the Noncredit Strategies at Work Grant. Call (815) 224-0427 to register and receive a 50% discount.***

### **NEW! Introduction To PLCs (Programmable Logic Controllers)**

Have you ever wondered how complex machines or conveyor systems are programmed to perform precise tasks? In this hands-on, 3-hour class, you'll get a practical introduction to the fascinating world of automation and industrial control using a Programmable Logic Controller (PLC). Learn the fundamentals of inputs and outputs, create and download your own programs and experience how engaging and accessible programming can be. PLCs are the backbone of modern industry, and this beginner-friendly course offers a fun, approachable entry point into a field full of opportunity.

**Sat 9 AM-12 PM**  
**1 Session**  
**CTC-106, IVCC**

**Sep 27**  
**Steve Gibson**  
**Class ID: 25309**     **\$79**

## WATER PROGRAMS



***The following classes are eligible for the Noncredit Strategies at Work Grant. Call (815) 224-0427 to register and receive a 50% discount.***

IVCC, in partnership with Black Hawk College, will be offering Drinking Water and Wastewater courses to help prepare for the operators' state exam and Illinois EPA certification. These courses will be presented online live, via Zoom, and can also be attended to fulfill Renewable Training Hour (RTH) requirements. For more information go to [ivcc.edu/waterclasses](http://ivcc.edu/waterclasses).

### **Beginning Drinking Water Class C & D**

**\*No Class: Oct 13**

**Mon 6-9 PM**

**Class ID: 22318**

**Sep 8-Nov 24**

**\$575**

### **Advanced Drinking Water Class A & B**

**\*No Class: Nov 11 & 18**

**Tue 6-9 PM**

**Class ID: 22319**

**Sep 9-Dec 9**

**\$590**

### **Beginning Wastewater Class 3 & 4**

**\*No Class: Nov 11**

**Tue 6-9 PM**

**Class ID: 22320**

**Sep 9-Nov 25**

**\$595**

### **Advanced Wastewater Class 1 & 2**

**Thu 6-9 PM**

**Class ID: 22321**

**Sep 11-Nov 20**

**\$595**



## INDUSTRIAL ELECTRICITY

### **NEW! Industrial Electrician Certificate** *starting in October*

***Your Skills, Your Speed, Your Success.***

IVCC's Industrial Electrician Certificate is a hands-on, flexible training program offered in a Competency-Based Education (CBE) format. This approach allows students to progress at their own pace by demonstrating their skills and knowledge, making it ideal for those with prior experience looking to earn credentials.

**The program consists of four stackable modules:**

- **Electrical Systems 1**
- **Industrial Electronic Systems 1**
- **Electrical Systems Installation 1**
- **Electric Motor Control Systems 1**

Each module blends online instruction with required lab-based skill demonstrations. Learners progress by mastering competencies, not by seat time. Each module can be completed in 10 weeks or less. Start any module on any Tuesday of the month, beginning in October and attend lab at times that work for you. Earn micro-credentials along the way, as well as credit for prior learning. *Students are not required to take all four modules.*

***Each module is \$799 and is eligible for the Strategies at Work Grant offering 50% off.***

**Scan the QR code to explore the full program guide and see how you can register today or call (815) 224-0427!**



# CAREER TRAINING PROGRAMS

Illinois Valley Community College, in collaboration with ed2go and LERN, offers a wide range of online, open-enrollment programs that help individuals build the skills needed for professional-level positions in high-demand fields, with opportunities to earn industry-recognized certifications.

## Fast-Track Your Future with Career Training Areas of Study:

- Arts and Design
- Business
- Computer Science/Applications
- Construction and Trades
- Health and Fitness
- Hospitality
- Information Technology
- Language
- Legal
- Teacher Professional Development
- Writing



# FINANCIAL ASSISTANCE

*IVCC has financial assistance opportunities for eligible students within approved programs!*

1. **The Pipeline for the Advancement of the Healthcare Workforce (PATH)** is a grant designed specifically for individuals seeking to enhance their skills in existing healthcare professions or embark on a new career in the field!

Learn more! Visit [ivcc.edu/path](http://ivcc.edu/path). For more information, please contact: [lexis\\_buckley@ivcc.edu](mailto:lexis_buckley@ivcc.edu), or (815) 224-0490.

2. **Business Employment Skills Team, Inc. (BEST)** is a non-profit agency that administers federally funded programs such as Workforce Innovation & Opportunity Act (WIOA). Visit [best-inc.org](http://best-inc.org) to learn more. Approved programs include: **Medical Billing & Coding, Pharmacy Technician**

For more information, please contact: [info@best-inc.org](mailto:info@best-inc.org) or (815) 224-0375.

3. **Military Spouse Career Advancement Account (MyCAA)** is a workforce development program that provides up to \$4,000 in financial assistance to eligible military spouses for the pursuit or maintenance of a license, certification, or associate degree necessary to gain employment in an occupation or career field.

Visit [mycaa.militaryonesource.mil/mycaa/](http://mycaa.militaryonesource.mil/mycaa/) for additional information. Select 'SEARCH FOR PROGRAMS & SCHOOLS' and type in Illinois Valley Community College to see approved programs.

4. **The Noncredit Strategies at Work Grant** strengthens the pipeline of skilled workers within business, manufacturing, and healthcare. The Illinois Community College Board has provided grant funds for incumbent workers, career changers and individuals looking to upgrade their skills. Eligible students will receive a **50% discount** on workforce related programs and classes.

For more information, please contact: [continuingeducation@ivcc.edu](mailto:continuingeducation@ivcc.edu) or (815) 224-0427

**PLEASE NOTE:** Financial assistance for our programs is not guaranteed and depends on eligibility and the availability of funds. Each opportunity listed has varying application requirements and different approved programs.

# ONLINE CAREER TRAINING PROGRAMS

Programs are open enrollment, allowing you to register and start at any time throughout the year! Programs are eligible for the Noncredit Strategies at Work Grant offering 50% off. Call (815) 224-0427 to register and receive your discount.

*\*Tuition includes applicable exam voucher(s) and all required textbook(s) and/or eBook(s). Refunds cannot be issued once the program curriculum is accessed online or confirmed through the submission of material shipment confirmation.*

## Certified Paralegal

**225 Hours | Self-Paced | \$3,150**  
This self-paced, online Certified Paralegal course provides a comprehensive overview of legal concepts including research, ethics, litigation, and contracts. Designed to prepare you for the national Certified Paralegal exam, the course includes a voucher to cover the exam fee. With one year to complete, you can study on your schedule and build the skills needed to succeed in a legal support role.

## Certified Residential Interior Designer

**160 Hours | Self-Paced | \$2,695**  
This self-paced, online course teaches you how to design beautiful, functional home interiors. You will learn space planning, color theory, lighting, and more - plus receive a voucher for the RIDQC certification exam and a one-year DSA membership to help launch your interior design career.

## Residential Electrician

**125 Hours | Self-Paced | \$2,855**  
This self-paced, online course prepares you for a career as a residential electrician by covering key topics like electrical theory, wiring, installation, and safety. Through interactive lessons and practical examples, you'll build the foundation skills needed for entry-level electrical work, all on a schedule that fits your life.



## Project Manager With CAPM® and PMP®

250 Hours | Self-Paced | \$2,987

This self-paced, online course builds your project management skills and prepares you for both the CAPM® and PMP® certification exams. Learn key concepts like planning, budgeting, scheduling, and risk management - ideal for advancing or launching a career in project management.

For a full list of our Career Training Programs visit [careertraining.ed2go.com/ivcc](http://careertraining.ed2go.com/ivcc) or scan the QR code.



### How to Register:

1. Visit our **Online Instruction Center** at [ed2go.com/ivcc](http://ed2go.com/ivcc).
2. At the top, click **"Courses"** and begin browsing.
3. Find your class and register by selecting **"Enroll Now."**
4. Follow the instructions to create an account, enroll in your program, and pay for your course.
5. On the day your program begins, return to our Online Instruction Center, and click the **"My Classroom"** link.
6. To begin your studies, simply log in with your email and the password you selected during enrollment.

Please call our office at (815) 224-0427 for assistance!

# ONLINE CERTIFICATE PROGRAMS

**Flexible start dates offered year-round - join when it works for you! Programs are eligible for the Noncredit Strategies at Work Grant offering 50% off. Call (815) 224-0427 to register and receive your discount.**

*\*Tuition includes all required digital materials. Refunds cannot be issued once the program curriculum is accessed online.*

## AI Certificate \$495 | Self-Paced | Online 24/7

Discover how AI can streamline operations, reduce costs, automate tasks and boost efficiency. Learn key concepts, explore real-world applications, and create a practical AI strategy for your organization. Upon completion, you'll earn a professional certificate from the Learning Resources Network (LERN).

## HR For Non-HR Managers Certificate \$495 | Self-Paced | Online 24/7

This course equips you with essential human resources knowledge, crucial for managing teams, advancing your career, and boosting organizational performance. Whether you're in a small business or a large company with dedicated HR staff, you'll learn how to create a positive, productive workplace environment. Start anytime and gain practical insights that every manager should know. Upon completion, you'll earn a professional certificate from the Learning Resources Network (LERN).

## Cybersecurity Certificate \$595 | Self-Paced | Online 24/7

**Gain the essential knowledge and hands-on skills** needed to defend against cyber threats. Learn core cybersecurity principles, explore real-world attack scenarios, and build practical strategies for prevention and response. With hands-on experience and expert instruction, you'll gain the tools and confidence to thrive in the fast-paced, high-demand world of cybersecurity. Upon completion, you'll earn a professional certificate from the Learning Resources Network (LERN).

To register for these programs, please visit [ivcc.edu/enroll](http://ivcc.edu/enroll). To utilize grant funding call the Continuing Education Center at (815) 224-0427.

## Certificate in Customer Service \$245 | Self-Paced | Online 24/7

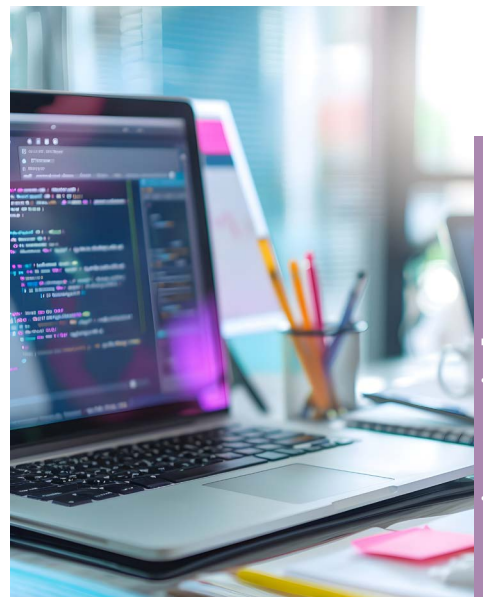
Develop the essential skills to deliver exceptional customer experiences that drive loyalty and business success. Through two practical courses: Keys to Customer Service and Extraordinary Customer Service. You'll learn how to listen actively, set expectations, exceed needs, and handle challenging situations with confidence. Earn a professional certificate from the Learning Resources Network (LERN).

## Spanish for Medical Professionals \$290 | Self-Paced | Online 24/7

Bridge communication gaps with your Spanish-speaking patients using practical, medical-specific Spanish. Build foundational language and cultural understanding, learn key medical terminology, and practice asking crucial healthcare questions. Ideal whether you're starting fresh or need a refresher. Earn a professional certificate from the Learning Resources Network (LERN).

## Social Media for Business Certificate \$495 | Self-Paced | Online 24/7

Master the strategies and tools top brands use to build meaningful connections and grow online. Learn how to create compelling content, manage social platforms, engage your audience, and drive measurable results. Gain hands-on skills and confidence you can apply immediately. Upon completion, you will earn a professional certificate from the Learning Resources Network (LERN).



# ACCELERATED ONLINE HEALTHCARE CAREER TRAINING PROGRAMS

Programs are open enrollment, allowing you to register and start at any time throughout the year!

**\*Tuition includes applicable exam voucher(s) and all required textbook(s) and/or eBook(s). Refunds cannot be issued once the program curriculum is accessed online or confirmed through the submission of material shipment confirmation.**



The following programs are approved for PATH funding assistance! Visit [ivcc.edu/path](http://ivcc.edu/path). Contact Lexis Buckley at [lexis\\_buckley@ivcc.edu](mailto:lexis_buckley@ivcc.edu) or (815) 224-0490 for more information.

## Medical Billing And Coding [370 Hours | 12 Months]

Prepare for a rewarding career in Medical Billing and Coding with our comprehensive course. Gain expertise in legal, ethical, and regulatory concepts essential to the field, including HIPAA compliance and coding guidelines. Explore the entire revenue cycle, from patient registration to reimbursement, and learn medical terminology for effective communication in healthcare. With over one million physicians relying on professionals in this role, opportunities abound in medical facilities, insurance companies, pharmacies, and more.

This high-demand field opens doors to diverse career paths, and our course equips you with the knowledge needed for success. Upon completion, you will receive a Certificate of Completion from Illinois Valley Community College and choose a voucher for a professional certification aligned with your interests and goals:

- **Certified Professional Coder (CPC) exam by AAPC**
- **Certified Coding Associate (CCA) exam by AHIMA**
- **Certified Billing and Coding Specialist (CBCS) exam by NHA**

Online Self-Paced

Tuition: \$3,295

## Pharmacy Technician [400 Hours | 12 Months]

This online course provides a comprehensive curriculum designed to prepare aspiring pharmacy technicians for a successful career in the field. Through a combination of didactic and hands-on training, students will develop the skills necessary to assist pharmacists in the packing and distribution of medication. The course covers essential topics such as medical and pharmaceutical terminology, basic anatomy relevant to pharmacology, and pharmaceutical calculations.

As part of the course, participants will engage in online lab modules, offering hands-on practice in various retail pharmacy procedures. This practical experience encompasses processing prescriptions, handling physician orders, and filling mock prescriptions. Additionally, the course delves into the ethical aspects of pharmacy practice, offering education on prescription medications, patient care, and interaction, along with insights into charges and reimbursement processes.

Upon course completion, students will be prepared to sit for certification (an exam voucher is included in the total cost of tuition):

- **Pharmacy Technician Certification Exam (PTCE) offered by the Pharmacy Technician Certification Board (PTCB).**

Online Self-Paced

Tuition: \$3,295

## Certified EKG Technician [170 Hours | 12 Months]

In this comprehensive Electrocardiography (EKG) technician course, you will delve into key areas, including cardiac anatomy, physiology, and infection control. The curriculum also covers proper machine protocols and maintenance, equipping you with essential skills for operating EKG machines. Additionally, you'll learn the intricacies of electrocardiography interpretation and effective communication in various clinical scenarios.

Upon course completion, students will be prepared to sit for certification (an exam voucher is included in the total cost of tuition):

- **Certified EKG Technician (CET), provided by the National Healthcareer Association (NHA).**

Online Self-Paced

Tuition: \$2,195

## Sterile Processing Technician [190 Hours | 12 Months]

Sterile Processing Technicians (SPT) play a critical role in preventing infection by sterilizing, cleaning, processing, assembling, storing, and distributing medical supplies. This online sterile processing technician certification course will train you to work as an SPT and prepares you for the **Certified Registered Central Service Technician (CRCST) certification offered by the Healthcare Sterile Processing Association (HSPA)**. This course includes a voucher which is prepaid access to sit for the certification exam upon eligibility.

With the support of an instructor, you will learn all the necessary steps required to perform the duties and tasks of an SPT, as well as the details and expectations within the concepts of the role and gain proficiency in understanding the step-by-step requirements of the sterilization process.

Online Self-Paced

Tuition: \$2,995

## Patient Care Technician [325 Hours | 12 Months]

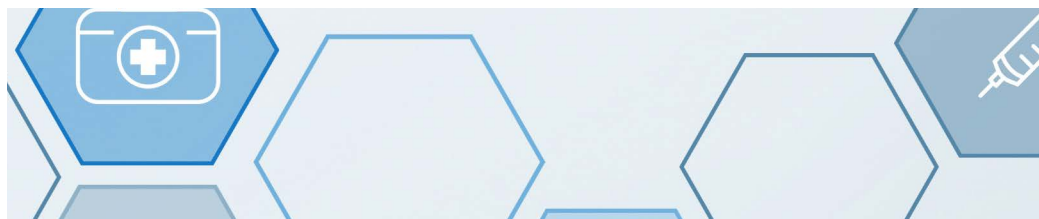
Patient Care Technicians are crucial healthcare professionals who play a vital role in assisting medical staff in providing care to patients. With the occupation demand at an all-time high, after successfully completing this patient care technician program and certification exam, you can become a technician primarily focused on direct patient care and support within a hospital, clinic, long-term care facility, or home health care.

This course will provide you with comprehensive, all-inclusive training, to assist you in pursuing a new career as a patient care technician and includes a pre-paid voucher to sit for one of the following certification exams:

- **Certified Patient Care Technician/Assistant (CPCT/A) certification exam through the National Healthcareer Association (NHA)**
- **Patient Care Technician (PCTC) certification exam through American Medical Certification Association (AMCA), upon eligibility.**

Online Self-Paced

Tuition: \$2,995





# IN-PERSON ACCELERATED CAREER TRAINING PROGRAMS

**Programs are eligible for the Noncredit Strategies at Work Grant offering 50% off. Call (815) 224-0427 to register and receive your discount.**

## EKG Technician

**[In-Person; Limited Seats]  
[50 Hours | 20 Sessions]**

This comprehensive 50-hour EKG Technician Certification Program prepares students to function as EKG Technicians. This course will include important practice and background information on anatomy and physiology of the heart, medical disease processes, medical terminology, medical ethics, legal aspects of patient contact, electrocardiography and stress testing. Additionally, students will practice with EKG equipment and perform hands-on labs including introduction to the function and proper use of the EKG machine, the normal anatomy of the chest wall for proper lead placement, 12-lead placement and other clinical practices.

**Upon successful completion of the program, students will be eligible to sit for the following certification exams:**

- **National Workforce Career Association (NWCA) Certified EKG Technician (CET) Exam ([nwca.edu2.com](http://nwca.edu2.com))**
- **National Healthcareer Association (NHA) Certified EKG Technician (CET) National Exam ([nhanow.com](http://nhanow.com))**

**Student Tuition: \$1,299 (Textbooks included)  
Dates: September 9, 2025–November 18, 2025  
Time: Tuesday & Thursday | 6–8:30 PM  
Location: IVCC-Oglesby Campus  
No Class: Nov 11.**

To register, please call the Continuing Education Center at (815) 224-0427. Questions? Contact Lexis Buckley at (815) 224-0490 or [lexis\\_buckley@ivcc.edu](mailto:lexis_buckley@ivcc.edu).

## Surgical Technician (Spring 2026)

**[In Person; Limited Seats]  
[72 Hours | 24 Sessions]**

IVCC's Surgical Technician program is designed to prepare students for certification. In this hands-on program, students will learn about the role of surgical technicians in operating rooms and surgical teams, covering anatomy, physiology and medical conditions. Students will study infection control, manage surgical tools and medications for various procedures, and prepare patients pre-, during and post-surgery. Students will also learn to set up surgical environments, assist in procedures, and comply with ethical and legal standards, all while effectively communicating and caring for diverse patient needs.

**Upon successful completion of the program, students will be eligible to sit for the following certification exams:**

- **American Allied Health Surgical Technician, NRST Online National Certification ([americanalliedhealth.com](http://americanalliedhealth.com))**
- **National Center for Competency Testing (NCCT) Tech in Surgery TS-C Certification ([ncctinc.com](http://ncctinc.com))**

**Student Tuition: \$1,600 (Textbooks included)  
Dates: February 10, 2026–May 7, 2026  
Time: Tuesday & Thursday | 6–9 PM  
Location: IVCC Oglesby Campus  
No Class: March 10, 12**

Students **must apply** to be considered for IVCC's Spring 2026 Surgical Technician Program. Applications are being accepted now through October 17, 2025. Questions? Contact Lexis Buckley at (815) 224-0490 or [lexis\\_buckley@ivcc.edu](mailto:lexis_buckley@ivcc.edu).



Scan to Apply!



Learn More

# NURSING

**The following class is eligible for the Noncredit Strategies at Work Grant. Call (815) 224-0427 to register and receive a 50% discount.**

## C.N.A. Train the Trainer Online

This course will consist of 5 weeks of online instruction. Students will spend time completing readings, discussion postings and assignments. 50 contact hours are earned. Basic computer skills which will be helpful include: creating, saving and retrieving word documents, attaching documents, communicating via email, copying and pasting within documents and web addresses in the internet browser, and, exploring the internet.

The instructor will contact students by email a few days prior to the start of class with a link to the online class and instructions on how to get started. The e-mail is sent directly from Canvas, the learning management system used for class.

This course is being conducted in compliance with Illinois Department of Public Health (IDPH) regulations in accordance with Illinois Administrative Code Section 395.160 Instructor Requirements.

**NOTE:** Instructor requirements (section 395.160) have changed effective February 20, 2020 - affecting nurses with nursing degrees of BSN and higher. Check these requirements before registering for this course! To view the requirements, click on the following link: <http://www.ilga.gov/commission/jcar/admincode/077/077003950A01600R.html>.

**NOTE:** Direct questions pertaining to these requirements and RN's eligibility to IDPH Training & Technical Section, Randy Carey-Walden at [dph.bnatp@illinois.gov](mailto:dph.bnatp@illinois.gov). Required textbook: DeYoung, S. (2015). Teaching Strategies for Nurse Educators (3rd). Pearson Education, Inc.: Upper Saddle River, N.J. ISBN: 978-0133565232. This textbook must be purchased prior to the start of class, and can be purchased online through the IVCC Bookstore at [ivccbookstore.com](http://ivccbookstore.com)

**Registration Deadline: Sep 26, 2025  
Online Course: Sep 29–Oct 31  
5 Weeks  
Class ID: 23111  
Barbara Meinke  
\$500**

# HOME INSPECTION & REAL ESTATE

## **NEW!** AHIT Expert Home Inspector Online Course - Illinois

Ready to become a top-tier home inspector in Illinois? AHIT's Expert Home Inspector Course gives you everything you need to get licensed, stand out and succeed in the field.

This all-inclusive training package combines 60-hours of state-approved education with five supervised field inspections, National Home Inspector Exam (NHIE) prep and two specialty certifications (Commercial and Radon Inspection). You'll also get lifetime access to reporting software, expert mentorship, business launch tools and even discounted insurance.

Whether you're starting from scratch or leveling up your inspection career, this expert-level course helps you build real-world skills, pass your exams and grow your business - all in one place.

### **Program Features:**

- 60-hours of Illinois-approved pre-license training
- 5 supervised field inspections + final field exam
- NHIE + Illinois State Exam prep materials
- Certifications in Commercial & Radon Inspection
- Mold Inspection Certification available as an add-on
- Business & marketing startup toolkit
- Professional inspection report software
- Expert instructor support - even after graduation
- Insurance discounts (save up to \$2,500)



**Online Self-Paced**

**Tuition: \$2,199**

### **How to Register:**

Register via our partner website by scanning the QR Code or visiting [ivccceahit.leaponline.com/online-education/illinois/home-inspection/home-inspector/pre-licensing-live/courses.html](https://ivccceahit.leaponline.com/online-education/illinois/home-inspection/home-inspector/pre-licensing-live/courses.html).



## **Real Estate Broker Pre-License**

**Call (815) 224-0447 to enroll in REA-1200-300.**

This course provides students with instruction in real estate fundamentals. Students are required to attend all sessions which include introduction to the license law and real property, basics of agency, seller and buyer relationships and counseling, local, state and federal laws, brokerage, property management, leases, independent contractor and employee status, financing, contracts and title records and transactions. This course is appropriate and required for anyone interested in obtaining a broker license in Illinois and fulfills the 75-hour education requirement for obtaining an Illinois Real Estate Broker license. **Credit Hours: 6.**

To obtain an Illinois real estate license, you must be at least 18 years old, have a Social Security Number or Individual Taxpayer Identification Number, and have a high school diploma or G.E.D. certificate. ***If you have any disabilities that require special accommodations, please identify those special needs.***

Textbooks are required and are available for purchase online at [ivccbookstore.com](https://ivccbookstore.com).

Scholarships and GI Bill Tuition Reimbursement for Veterans may be available through the Illinois Realtors Association. Visit [illinoisrealtors.org](https://illinoisrealtors.org) for more information.

**Please note:** This class is a credit course. Enrollment must be completed through the IVCC Registration Department by calling (815) 224-0447 or online at [ivcc.edu](https://ivcc.edu). Please reference course number: REA-1200-300.

<b>Tue 6-10 PM</b>	<b>Aug 19-Dec 9</b>	
<b>Sat 8:30 AM-5 PM</b>	<b>Oct 25 &amp; Nov 22</b>	
<b>18 Sessions</b>	<b>Carol Wlodarchak</b>	
<b>E-324, IVCC</b>	<b>REA-1200-300</b>	<b>\$931</b>



# TEACHERS

The following class is eligible for the Noncredit Strategies at Work grant. Call 815-224-0427 to register and receive a 50% discount.

## NEW! Understanding the IEP Process

Designed for both educators and families, this course provides a clear, plain-language overview of the Individualized Education Program (IEP) process. Whether you are an educator supporting students or a family member seeking to better understand your child's services, this course offers essential knowledge to navigate the IEP process with confidence. Participants will gain a solid understanding of how evaluations are conducted, how eligibility is determined, and the rights students and families have under special education law. [4 PD/CE]

Wed 6-7:20 PM 3 Sessions C-325, IVCC	Nov 5-19 Mallory Boehm-Benassi Class ID: 23137	\$119
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In-Person Class | In-Person Exam

## FOOD SERVICE SANITATION

8 Hour Class Applied Food Service Sanitation is designed to assist the manager or potential manager applying sanitation principles in the operation of a food service establishment. The Illinois code related to food service establishments will be discussed. Students will take the ServSafe Protection Food Manager Certification exam in class at the end of the course. **This class is required in Illinois for Certified Food Protection Manager Certification (CFPM)** and is an ANSI certified course accepted by the Illinois Department of Public Health (IDPH). Upon successful completion of the exam with a passing grade, students will attain the ServSafe CFPM. Licenses are valid for five years.

### Don't Forget Your Textbooks!

Required: ServSafe Manager, 7th Edition, revised. Textbooks are available for purchase online and at the IVCC Bookstore. Students should plan to purchase the book and begin review prior to class due to the fast-paced nature of the class. Purchase your textbook at [ivccbookstore.com](http://ivccbookstore.com). Purchases will be delivered to your home address.

Take it at the IVCC Ottawa Center  
[321 W. Main Street, Ottawa]

### 8 Hour Food Sanitation

Tue/Thu 5-7:30 PM 4 Sessions Rm 104, Ottawa Center	Aug 5-14 Sara Smith Class ID: 19262	\$135
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### 8 Hour Food Sanitation

Tue/Thu 5-7:30 PM 4 Sessions Rm 104, Ottawa Center	Sep 16-25 Sara Smith Class ID: 23122	\$135
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### 8 Hour Food Sanitation

Tue/Thu 5-7:30 PM 4 Sessions Rm 104, Ottawa Center	Oct 28-Nov 6 Sara Smith Class ID: 23123	\$135
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Take it at the IVCC Main Campus, Oglesby  
[815 N. Orlando Smith Road, Oglesby]

### 8 Hour Food Sanitation

Mon 8 AM-6 PM 1 Session C-316, IVCC	Sep 29 Ida Boyle-Bruch Class ID: 23124	\$135
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### 8 Hour Food Sanitation

Mon 8 AM-6 PM 1 Session C-316, IVCC	Oct 27 Ida Boyle-Bruch Class ID: 23125	\$135
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### 8 Hour Food Sanitation

Mon 8 AM-6 PM 1 Session C-316, IVCC	Nov 10 Ida Boyle-Bruch Class ID: 23126	\$135
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### 8 Hour Food Sanitation

Mon 8 AM-6 PM 1 Session C-316, IVCC	Dec 1 Ida Boyle-Bruch Class ID: 23127	\$135
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Online Course | In-Person Exam

## FOOD SERVICE SANITATION

The ServSafe Manager online course is ideal for individuals who wish to prepare to take the ServSafe Food Protection Manager Certification Exam. This interactive course delivers current food safety information, in an easy-to-use format. The course covers critical principles including personal hygiene, cross contamination, time and temperature, cleaning and sanitizing and more. A practice exam is included at the end of the course. All purchases of online courses are final.

Once you begin the course, you will have 90 days to complete it, at which time the course will be deactivated. Paper/pencil exams will be administered at the IVCC Main Campus after completion of the IVCC online course. Select your exam date from the list below. Equipment needs: email address, computer and internet access. Please contact the IVCC Continuing Education Center at (815) 224-0427 with questions or to register for your online course and exam session. *Instructions for accessing*

the online class will be sent to students via email within three business days. Tuition: includes 90-day access to online course and proctored paper/pencil exam at the IVCC Main Campus upon completion of the course. Course extensions are not available. Student is responsible for completing the course prior to sitting for the exam. **Nonrefundable.**

### Exam Schedule for Online Classes

Thu 5-7:30 PM 1 Session Rm 104, Ottawa Center	Aug 14 Sara Smith Class ID: 23129	\$190
Thu 5-7:30 PM 1 Session Rm 104 Ottawa Center	Sep 25 Sara Smith Class ID: 23130	\$190
Mon 3-6 PM 1 Session C-316, IVCC	Sep 29 Ida Boyle-Bruch Class ID: 23131	\$190
Mon 3-6 PM 1 Session C-316, IVCC	Oct 27 Ida Boyle-Bruch Class ID: 23132	\$190
Thu 5-7:30 PM 1 Session Rm 104 Ottawa Center	Nov 6 Sara Smith Class ID: 23133	\$190
Mon 3-6 PM 1 Session C-316, IVCC	Nov 10 Ida Boyle-Bruch Class ID: 23134	\$190
Mon 3-6 PM 1 Session C-316, IVCC	Dec 1 Ida Boyle-Bruch Class ID: 23135	\$190
Thu 9 AM-12 PM 1 Session C-316, IVCC	Dec 11 Ida Boyle-Bruch Class ID: 23136	\$190



# TRIPS & TOURS

## Flavors of the World: Chinatown, Little Italy & Greektown

**Includes: motorcoach transportation, guided Chicago tour featuring visits to Chinatown, Little Italy and Greektown, gratuities and snacks.**

Embark on a flavorful progressive culinary journey through Chicago's vibrant cultural neighborhoods with this immersive day trip! Our tour begins with a visit to Chinatown, where you'll indulge in authentic appetizers at the renowned Triple Crown restaurant. Experience the bold flavors of traditional dim sum dishes before enjoying some free time to explore Chinatown's shops, bakeries, and iconic landmarks. Over a third of Chicago's Chinese population resides in this ethnic enclave, making it one of the largest concentrations of Chinese-Americans in the United States. Next, savor the tastes of the Mediterranean in Little Italy with a hearty lunch at the beloved Pompeii restaurant. Relish the rich flavors of freshly made bruschetta, classic lasagna, and mouthwatering meatballs, all in a warm and welcoming atmosphere. The adventure continues in Chicago's Greektown, where you'll witness the dramatic flair of flaming Saganaki - cheese flambéed tableside - and delight in the sweet, flaky layers of traditional Baklava. The day concludes with a stop at H-Mart, one of the hottest new locations in Chicago. This Korean-American supermarket is known for offering a wide variety of authentic Asian ingredients and groceries. This progressive food tour offers a delicious way to explore Chicago's rich heritage, distinguished neighborhoods and diverse culinary traditions. Let your taste buds be your guide! *Please note: there are stairs required to enter the Triple Crown restaurant in Chinatown. An elevator is not available.*

**Date: Tuesday, September 30**  
**Time: 8:15 AM-6:30 PM**  
**Where: IVCC, Parking Lot #5**  
**Class ID: 25337**  
**Fee: \$159**

## Looking for Fall Colors on the Mississippi River

**Includes: motor coach transportation, Celebration Belle Fall Foliage Cruise, all tips, gratuities and snacks.**

Imagine yourself cruising down the Mississippi on a paddle wheeler, admiring the colors of nature all around you. Join us on the Celebration Belle, the largest non-gaming excursion riverboat in the Upper Mississippi River. The 750-passenger Celebration Belle was built in 1986 by Patti Shipbuilding of Pensacola, Florida. Beautiful scenery will surround you as you float up and down the river while in the background the great sounds of music from the 40's to the present. Sit back, listen, and even dance to the sounds of your favorite tunes from Big Band, Country, to Rock and Roll. We will enjoy a delicious

buffet lunch featuring the Celebration's signature sticky rolls. Get ready to sit back, relax and enjoy life on the river during this four-hour cruise. Don't forget your binoculars and cameras to capture the scenic views!

**Date: Thursday, October 23**  
**Time: 9 AM-5:30 PM**  
**Where: IVCC, Parking Lot #5**  
**Class ID: 25338**  
**Fee: \$145**

## Historic Galena

**Includes: motor coach transportation, admission to the Galena Historic Museum & U.S. Grant Museum, tour of the Black Smith Shop, lunch at Vinny Vanucchi's, admission and tour of the Ulysses S. Grant home, all tips, gratuities and snacks.**

Enjoy the magnificent fall colors and the beauty of the rolling panoramic countryside as we travel to Galena where the charm of this 19th century historic town will transport you back to the 1850s. So much of Galena's original architecture remains that over 85% of the community is listed on the National Register of Historic Places. We will start our day with a visit to the Galena Historic Museum and the Ulysses S. Grant Museum. Part of the excitement of the museum is its setting, a beautiful Italianate mansion. Learn about the wealthy steamboat captains, prosperous merchants and Civil War heroes who helped build this boom town of the Old Northwest. The sparks will fly at our next stop! The Old Blacksmith Shop is a museum and operating shop, filled with tools and equipment from its 100-year history. The forges are still operable, blacksmiths are often on duty and items made at the local foundry are available for purchase. We will be heading to a well-known Galena restaurant, Vinny Vanucchi's Italian Restaurant, for lunch. Enjoy a delicious Italian family-style lunch featuring their house salad, bread, lasagna, chicken picatta and of course dessert! Following lunch, we will tour the home of President Ulysses S. Grant. The home was presented to the Civil War hero when he returned to Galena in 1865 from the war. The home has been restored as it appeared during the post-Civil War period and the Grant Presidency. Enjoy some free time this afternoon to browse some of the shops in downtown Galena. You will feel like you have stepped back into a Victorian streetscape, complete with restored 1800s storefronts and boutiques that are filled with treasures. *Please wear comfortable walking shoes, we will be walking and entering/exiting the motor coach throughout the day today. There are steps, uneven walkways and cobblestones in the historic town of Galena. Be advised, if you are prone to motion sickness, this trip involves winding roads and extended periods of motion.*

**Date: Wednesday, October 29**  
**Time: 7:15 AM-6:45 PM**  
**Where: IVCC Parking Lot #5**  
**Class ID: 25339**  
**Fee: \$154**

## Landmarks & Legends

**Includes motorcoach transportation, Chicago landmarks tour, dinner, lower balcony seats to Beautiful Noise, gratuities and snacks.**

Join us for an unforgettable bus trip through the heart of Chicago, where every moment brings excitement and charm. Our journey begins with a guided tour through the iconic landmarks of the Windy City. From the architectural marvels of the Loop to the serene shores of Lake Michigan, our expert guide will paint a vivid picture of Chicago's rich history and vibrant culture. As the sun sets over the city, we'll make our way to a delightful dinner at a local favorite restaurant, where you'll indulge in delicious cuisine and lively conversation with fellow travelers. Energized and satisfied, we'll then head to the theater district for the highlight of our evening: tickets to "Beautiful Noise - The Broadway Musical," a sensational tribute featuring the timeless hits of Neil Diamond. Settle into your lower balcony seats and let the magic unfold as talented performers bring Neil Diamond's greatest songs to life. From classics like "Sweet Caroline" to heartfelt ballads, experience the nostalgia and power of Diamond's music in a dazzling production that will leave you singing along all night. After the curtain falls and the applause subsides, we'll return to our comfortable coach, hearts full of music and memories. This bus trip promises not only entertainment but also a deep connection to the sights, sounds and flavors of Chicago. Don't miss out on this extraordinary adventure!

**Date: Wednesday, November 19**  
**Time: 12-11:45 PM**  
**Where: IVCC Parking Lot #5**  
**Class ID: 23141**  
**Fee: \$258**

## Jingle Around the World!

**Includes motorcoach transportation, visits and many samples at a variety of ethnic bakeries and specialty shops, lunch, all tips, gratuities and snacks.**

Back by popular demand! Travel around the world and back as we head to the Milwaukee metro area on our Jingle around the World tour! We will spend the day visiting a variety of ethnic bakeries and specialty shops well known for their delicious goods. The tour features stops throughout the city and surrounding area while enjoying stories of holiday traditions that celebrate Milwaukee's rich cultural heritage. You will be treated to signature cookies, candies and/or pastries at each stop. Our first stop is Rupena's Fine Foods in West Allis. A beloved Milwaukee staple since 1927, Rupena's is a family-owned market with Yugoslavian roots, known for its old-world charm and commitment to quality. During our stop, we'll enjoy a strudel-making demonstration and tasting, showcasing their tradition of handmade excellence. With generations of experience and a warm, welcoming atmosphere, Rupena's offers a true taste of Milwaukee's rich culinary heritage. We will visit National Bakery, founded in 1925 in the heart of an old Polish neighborhood by Louis Wisniewski.



"National" in Louis' native Polish language, signifies "for the people." Their tradition of quality baking has prospered over the years and attracts bakery aficionados throughout the state of Wisconsin. Enjoy a tasting of their famous Christmas cookies, made from time-honored family recipes. From buttery spritz to sugar-dusted delights, this visit captures the sweet spirit of the season in every bite. Our trip includes a stop at Simma's Bakery. Emigrating from Russia in 1779, Simma opened the doors to her bakery three years later to share the love and spirit of her family tradition of fine cheesecakes and pastries, unmatched anywhere in both taste and quality. Under new ownership, the bakery continues to use Simma's recipes, keeping her legacy alive and flourishing. Lunch is included. Restaurant to be announced at a later date. There will also be many more stops along the way throughout the day! Bring a tote or canvas shopping bag to keep track of all your goodies. There will also be an opportunity to shop at the locations we will be visiting. Be ready for lots of fun! Don't forget to wear your Santa hat, elf stockings, ugly Christmas sweater or even your pretty Christmas sweater...all are welcome as we experience a variety of holiday customs from around the world - all in one day! *\*Please note: there will be multiple stops throughout the day, we will be loading and unloading from the bus frequently upon arrival in Milwaukee. Due to the nature of this tour, we can only accommodate vegetarian dietary restrictions. We cannot guarantee accommodations for gluten-free, dairy-free, vegan, etc.*

**Date: Wednesday, December 3**  
**Time: 7:30 AM-6:30 PM**  
**Where: IVCC Parking Lot #5**  
**Class ID: 25340**  
**Fee: \$189**

## A Christmas Carol in Chicago

**Includes: motorcoach transportation, holiday lunch, visit to Christkindlmarket, lower balcony tickets to "A Christmas Carol" at Goodman Theatre, all tips, gratuities and snacks.**

Dazzle your senses on this holiday tour of the Windy City! Our day begins with an early lunch at a Chicago eatery that will put you in the holiday state of mind. After lunch, you will have time on your own to explore the storybook windows of Macy's on State Street and/or visit the Christkindlmarket at Daley Plaza, where you'll get a look at Chicago's great Christmas tree, enjoy the smells of fresh gingerbread, and explore the German-styled marketplace to peruse the wood carvings and ornaments. This afternoon, we'll take our seats at the Goodman Theatre for the afternoon performance of "A Christmas Carol", a favorite local tradition since its debut in 1978. Join millions of Chicagoans - adults and children alike - who have been thrilled by this timeless tale of Scrooge and his voyage into Christmas present, past and future. Enjoy the sights and sounds of the city during the holidays! *\*Please note we will be walking approximately three city*

blocks at a relaxed pace and will be on our own to explore the Christkindlmarket in Daley Plaza. Restaurant location will be announced at a later date.

**When: Saturday, December 13**  
**Time: 8:15 AM-6:30 PM**  
**Where: IVCC Parking Lot #5**  
**Class ID: 25341**  
**Fee: \$225**

# LASALLE COUNTY HISTORY

## All New Sessions!

## LaSalle County History Series

Join Illinois Valley Community College and historic sites and organizations from across LaSalle County for an eight-session journey through local history. Each presentation is new for Fall 2025.

Learn about Indigenous communities, early pioneers, prosperous families, politicians, presidents, Civil War impacts, mining, manufacturing and industry, agriculture and early leisure pursuits.

You can attend all eight sessions in-person or via Zoom for \$119, or select individual sessions to attend via Zoom for \$20 each. Participants attending in-person will also be provided the zoom link in event they are unable to attend all sessions in-person.

Programs are scheduled at Illinois Valley Community College on the following dates in CTC-124. Sessions are scheduled on Monday evenings from 6-8 PM.

Sep 8: Early LaSalle County History  
 Sep 15: Early Pioneers of LaSalle County  
 Sep 22: Beginning of the Civil War  
 Sep 29: End of the Civil War  
 Oct 6: Early Industrial Giants  
**Oct 13: No class**

Oct 20: Sand, Glass, Bricks & Tiles & Westclox  
 Oct 27: Breaking the Prairie - Agriculture in LaSalle County  
 Nov 3: Pastimes, Entertainment & Leisure - Before the Intranet in LaSalle County

## Register to Attend In-Person

<b>Mon 6-8 PM</b>	<b>Sep 8-Nov 3</b>	
<b>8 Sessions</b>		
<b>CTC-124, IVCC</b>	<b>Class ID: 25295</b>	<b>\$119</b>

## Register to Attend by Zoom

<b>Mon 6-8 PM</b>	<b>Sep 8-Nov 3</b>	
<b>8 Sessions</b>		
<b>Online Live</b>	<b>Class ID: 25296</b>	<b>\$119</b>

Advance registration is required. Call (815) 224-0427 or enroll [online ivcc.edu/enroll](https://online.ivcc.edu/enroll). Zoom participants will receive an email from IVCC with the zoom link for the session within 24 hours of the scheduled program.

**With special thanks to the following individuals for working together to make this project happen:** Cheryl Biolchini & Gary Biolchini (Westclox Museum), Amanda Carter (LaSalle County Historic Society), Darlene Halm, Lorraine McAllister & Tricia Kelly (Reddick Mansion Association), Jeff Maierhofer (Seneca Historical Guild), Rachael Mellen (LaSalle County Genealogy Guild), Mollie Perrot & Dan Schott (Ottawa Historical & Scouting Heritage Museum), April Murphy, Anne Pesola & Laura Walker (Hegeler Carus Mansion), Alex Rezvan (Mendota Museum & Historical Society) and David Reed (Streatorland Historical Museum).

## September 8: Early LaSalle County History

Presented by Amanda Carter & Dan Schott

<b>In-Person</b>	<b>Class ID: 25317</b>	<b>\$20</b>
<b>Online Live</b>	<b>Class ID: 25297</b>	<b>\$20</b>

LaSalle County, nestled along the Illinois River in the heart of the Midwest, is a region rich in history, culture and heritage. Long before European settlers arrived, the verdant forests, prairies, and winding waterways of this land were home to thriving Indigenous communities whose legacy endures to this day. Join us as we dive deeper into LaSalle County's Native history from pre-European contact to the Blackhawk War.

## September 15: Early Pioneers of LaSalle County

Presented by Lorraine McAllister, Tricia Kelly & Rachael Mellen

<b>In-Person</b>	<b>Class ID: 25318</b>	<b>\$20</b>
<b>Online Live</b>	<b>Class ID: 25298</b>	<b>\$20</b>

Discover the fascinating stories of LaSalle County's early settlers in this three-part presentation. Lorraine McAllister (Reddick Mansion Association) begins with the arrival of the brave pioneers who came to the county in the early 1800s. One of those early pioneers will be brought to life by Tricia Kelly (Reddick Mansion Association) in her portrayal of Elsie Armstrong, who settled near Deer Park with seven of her nine sons in May of 1831. Rachael Mellen (LaSalle County Genealogy Society) will then share the dramatic history of the Irish immigrants who came to build the I&M Canal, focusing on canal contractor Billy Byrne and the transformative impact of the canal on LaSalle County's growth and culture.

## September 22: Beginning of the Civil War

Presented by David Reed, Dan Schott, Alex Rezvan & Jeff Maierhofer

<b>In-Person</b>	<b>Class ID: 25319</b>	<b>\$20</b>
<b>Online Live</b>	<b>Class ID: 25299</b>	<b>\$20</b>

Explore the pivotal moments and untold stories of the Civil War era and its impact on LaSalle County, from the Underground Railroad and Lincoln-Douglas Debates to the Wigwag and the election of 1860. Learn about local regiments and their battles, the vital roles of women on the home front, and how the conflict evolved beyond its expected 90 days. Discover how horses, mules, and railroads shaped the war, and gain insight into the harsh realities of disease and life as a prisoner of war.

## September 29: End of the Civil War

Presented by Dan Schott, Alex Rezvan, Jeff Maierhofer & David Reed

<b>In-Person</b>	<b>Class ID: 25320</b>	<b>\$20</b>
<b>Online Live</b>	<b>Class ID: 25300</b>	<b>\$20</b>

This evening continues the history of Civil War and its local connections. Explore key battles like Gettysburg, Vicksburg and Sherman's March to the Sea, and learn the story of the historic Poundstone Flag. Discover what soldiers carried into battle, how area manufacturing supported the war effort, and learn about local Medal of Honor recipients. The program also examines the human toll of war - shell shock, amputations, medical care and the rise of morphine, drug and alcohol addiction - before concluding with the grand two-day Victory Parade and the influential politics of the Grand Army of the Republic (G.A.R.)

## October 6: Early Industrial Giants of LaSalle County

Presented by David Reed & Annie Pesola

<b>In-Person</b>	<b>Class ID: 25321</b>	<b>\$20</b>
<b>Online Live</b>	<b>Class ID: 25301</b>	<b>\$20</b>

This presentation is the first of two evenings highlighting industrial powerhouses that shaped LaSalle County's economic and cultural landscape. David Reed (Streatorland Historical Museum), will discuss LaSalle County's coal mining industry, which fueled regional development and powered progress. Then learn about the legacy of the M & H Zinc Company from Anne Pesola (Hegeler Carus Mansion), whose innovative zinc production put LaSalle County on the map as a center of industry and intellectual life.

## October 20: Sand, Glass, Bricks & Tiles, & Westclox

Presented by Lorraine McCallister & Gary Biolchini with contributions by David Reed.

<b>In-Person</b>	<b>Class ID: 25322</b>	<b>\$20</b>
<b>Online Live</b>	<b>Class ID: 25302</b>	<b>\$20</b>

In this session, we will continue to explore the industrial history of LaSalle County. Rich in deposits of silica sand, LaSalle County became known for its glassmaking in the 1800s, particularly in Ottawa and Streator. Lorraine McCallister (Reddick Mansion Association) will present the history of the glass industry as well as the production of bricks and tiles, factories for which were once found throughout the county. Gary Biolchini (Westclox Museum) will share the development of the iconic Westclox factory in Peru. Learn how local resources and ingenuity shaped these thriving industries and left a lasting impact on the region's economy and identity.

## October 27: Breaking the Prairie Agriculture in LaSalle County

Presented by Jeff Maierhofer & Mollie Perrot

<b>In-Person</b>	<b>Class ID: 25323</b>	<b>\$20</b>
<b>Online Live</b>	<b>Class ID: 25303</b>	<b>\$20</b>

LaSalle County is a vibrant agricultural hub where fertile prairie soils and a temperate climate come together to support a diverse farming economy. With its strong network of cooperatives and grain elevators, LaSalle County also benefits from efficient logistics and access to major rail and highway corridors. Jeff Maierhofer (Seneca Historical Guild) and Mollie Perrot (Ottawa Historical & Scouting Heritage Museum) We will discuss how early settlers began farming in this area and how agriculture has evolved over time.

## November 3: Pastimes, Entertainment & Leisure - Before the Internet in LaSalle County

Presented by Mollie Perrot & Tricia Kelly

<b>In-Person</b>	<b>Class ID: 25324</b>	<b>\$20</b>
<b>Online Live</b>	<b>Class ID: 25304</b>	<b>\$20</b>

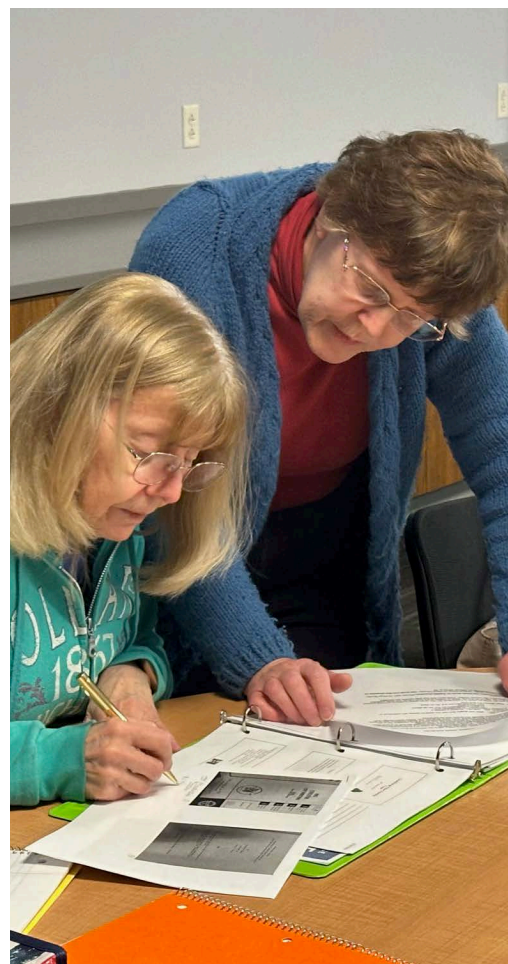
During the Victorian Era, there was not a lot of leisure time. Once past the "pioneer" days of establishing home and hearth, more free time was available. People joined social groups, participated in church activities, community programs and artistic endeavors. We will discuss the 4-H Fairgrounds, Horse Racing, Driving Park, Chautauqua and more. Join us to see the progression over the years of how people in LaSalle County engaged in these, and other activities!

## NEW! Letters, Loss and Legacy: the Illinois Valley in the Civil War

The Civil War was one of the defining eras in American history, one which has had ramifications down to the present day. But how did it touch the lives of the local citizens? What were the issues that motivated the men of LaSalle to enlist in the Union army in 1861? Why did some enlist, and others stay home? How did the wives who were left behind cope with the sudden loss of helpmate and income? Was the Illinois Valley truly unified behind Lincoln or was the situation more complex? Writer and historian Rachael Mellen will cover these and many other questions in this two-session class exploring the letters that LaSalle harness-maker William Kennedy of the 55th Illinois Infantry wrote to his wife Jane between 1861 and 1863. Rachael's recent book "From Camp Douglas to Vicksburg: the Civil War Letters of William J. Kennedy, 1861-1863" will be used as a textbook for the class and will be available for purchase at the first session.

**Thu 6-8 PM**  
**2 Sessions**  
**CTC-124, IVCC**

**Oct 23 & 30**  
**Rachael Mellen**  
**Class ID: 25316**     **\$35**





# DANCE & MUSIC

**Please note: Dance classes will be held in the small gym at Lincoln School, 855 Bennett Road, Oglesby.**

## IVCC JAZZ BAND

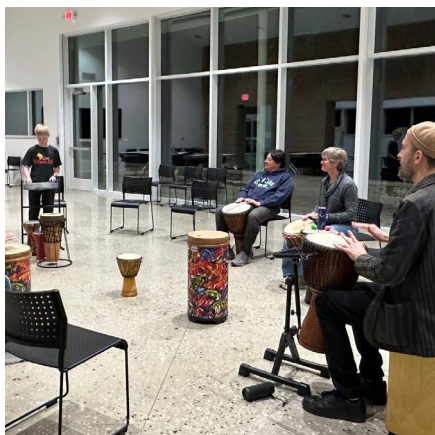
The Jazz Band is a performance ensemble that is composed of woodwind, brass, guitar, and percussion instruments and performs jazz music. Enrollment is open to students and community members who have previous performance experience, with consent of the instructor. The band performs at least one formal concert per semester and informal performances and activities as possible. **Prerequisite:** *Performance ability on a wind instrument, piano, guitar or tap drum. The college owns a piano; students playing wind, guitar or drums must provide their own instrument. Students interested in earning college credit for this course, should register through self-service for MUP-1004-300 at ivcc.edu. No class: Nov 11.*

<b>Tue 6:30-9 PM</b>	<b>Aug 19-Dec 16</b>
<b>17 Sessions</b>	<b>Brandon Czubachowski</b>
<b>D-201, IVCC</b>	<b>Class ID: 25251     \$25</b>

## NEW! IVCC Wind Ensemble

The Wind Ensemble is a performance band that is composed of woodwind, brass and percussion instruments and performs classical music. Enrollment is open to students and community members who have previous wind band experience, with an audition and/or consent of the instructor. Students in the ensemble will develop technical skills with an instrument, develop group performance skills and become exposed to a variety of musical styles and periods. The Wind Ensemble meets regularly for instruction and rehearsals (usually once a week). The ensemble performs at least one formal concert per semester and informal performances and activities as possible. **Prerequisite:** *High school band experience and consent of instructor. Audition required for enrollment. Contact Phil Whaley for more information and to schedule an audition [phil\\_whaley@ivcc.edu](mailto:phil_whaley@ivcc.edu). PD hours available for teachers. Students interested in earning college credit for this course, should register through self-service for MUP-1002-300 at ivcc.edu. No class: Nov 27.*

<b>Thu 6:30-9 PM</b>	<b>Aug 21-Dec 11</b>
<b>17 Sessions</b>	<b>Phil Whaley</b>
<b>D-201, IVCC</b>	<b>Class ID: 25252     \$25</b>



## Drum Circle Experience

**"It was fun with participants of all ages."**

Participating in a drum circle is an immersive collaboration that moves beyond individuality and fosters a sense of collective creativity among participants. As the pulsating beats of various drums and percussion instruments merge together, a resounding peaceful energy fills the air. Each participant becomes a vital part of the overall sound, adding their unique expression while also listening attentively to others. There's a sense of connection and camaraderie as the group finds harmony amidst the diverse patterns and cadences. Whether it's the primal instinct of drumming or the joy of creating music together, a drum circle offers an uplifting experience for all involved. Percussion instruments will be available to borrow from the instructor for the session. If you have a percussion instrument that you would like to bring with you to the drum circle, please indicate at time of registration.

<b>Fri 6-7:30 PM</b>	<b>Sep 26</b>	
<b>1 Session</b>	<b>Kevin Kramer</b>	
<b>Ecology Building</b>	<b>Class ID: 25259</b>	<b>\$19</b>
<b>Nell's Woodland, Ottawa</b>		

<b>Fri 6-7:30 PM</b>	<b>Nov 21</b>	
<b>1 Session</b>	<b>Kevin Kramer</b>	
<b>Ecology Building</b>	<b>Class ID: 25260</b>	<b>\$19</b>
<b>Nell's Woodland, Ottawa</b>		

## Wedding Reception Survival Skills

**"We loved the class and will be on the look for the next one."**

Tired of making small talk at the table while everyone else is having fun on the dance floor? From wedding receptions to special events, learn to survive most social occasions by mastering the reception basics: slow dance, swing, waltz and merengue.

<b>Tue 7-8:15 PM</b>	<b>Sep 9-Oct 14</b>	
<b>6 Sessions</b>	<b>Jane Schomas</b>	
<b>Small Gym</b>	<b>Class ID: 25255</b>	<b>\$75</b>
<b>Oglesby Lincoln School</b>		

## Intermediate-Advanced Swing

Join our Intermediate-Advanced Swing Dance class to elevate your skills and style! This class is designed for dancers with a solid foundation in swing basics who are ready to tackle more complex patterns, techniques, and styling. We'll delve into intricate footwork, smooth transitions, and dynamic partner interactions, enhancing your musicality and improvisation. Whether you're aiming to shine on the social dance floor or preparing for performances, this class will take your swing dancing to the next level.

<b>Tue 8:15-9:30 PM</b>	<b>Sep 9-Oct 14</b>	
<b>6 Sessions</b>	<b>Jane Schomas</b>	
<b>Small Gym</b>	<b>Class ID: 25256</b>	<b>\$75</b>
<b>Oglesby Lincoln School</b>		

## Beginning Swing Dance

Big band, rock, oldies or country? No matter what kind of music you like you can dance swing to it. Learn the moves to take you a step ahead. You will learn basic patterns, turns and some fancy footwork too. Look like Fred & Ginger on the dance floor, not Fred & Ethel! **\*No class: Nov 11, 25.**

<b>Tue 7-8:15 PM</b>	<b>Oct 21-Dec 16</b>	
<b>6 Sessions</b>	<b>Jane Schomas</b>	
<b>Small Gym</b>	<b>Class ID: 25257</b>	<b>\$75</b>
<b>Oglesby Lincoln School</b>		

## Salsa For Beginners

Discover the vibrant and energetic world of salsa dancing in our beginner-friendly Salsa Dance class! Designed for those with little to no dance experience, this class will introduce you to the basics of salsa, including fundamental steps, timing, turns and spins, and partner work. Whether you're preparing for a special event, looking for a new hobby, or simply want to enjoy the joy of dancing, this class is the ideal starting point. **\*No class: Nov 11, 25.**

<b>Tue 8:15-9:30 PM</b>	<b>Oct 21-Dec 16</b>	
<b>6 Sessions</b>	<b>Jane Schomas</b>	
<b>Small Gym</b>	<b>Class ID: 25258</b>	<b>\$75</b>
<b>Oglesby Lincoln School</b>		

# MIND BODY WELLNESS

All online live courses meet via Zoom. Participants will receive an e-mail from IVCC with the Zoom link for the session within 24 hours of the program. Participants need access to a computer with high internet speed.

**Health & Wellness classes at Nell's Woodland** meet at 2000 Alexis Avenue, Ottawa, Illinois 61350. Participants will receive additional information upon registration.

## NEW! Somatic Yoga at Nell's Woodland

Explore the natural responses of your body - those deep exhales, sighs and subtle sounds that arise as you move and stretch. In this somatic yoga class, you'll be guided through gentle movement, breath awareness and sound to support the release and flow of energy throughout the body. Somatics is derived from the Greek word soma, meaning "living body." This is a practice of connection and movement of energy. Somatic Yoga is often associated with reducing cortisol, the stress hormone. All levels are welcome. Bring a yoga mat, water and any props you find helpful.

<b>Thu 5-6 PM</b>	<b>Sep 4</b>	
<b>1 Session</b>	<b>Emily Manternach</b>	
<b>Wellness Bldg.</b>	<b>Class ID: 25282</b>	<b>\$19</b>
<b>Coneflower Room, Nell's Woodland</b>		

## T'ai Chi at Nell's Woodland

*"The teacher has a very Bob Ross style that is relaxing, calming and just overall great!"*

T'ai chi comprises gentle and slow movement exercises which increase the accumulation, circulation and balancing of energy. The movements are easy to learn and appropriate for people of all ages and physical abilities. Those who regularly practice T'ai chi experience greater energy, better balance and enables an improved quality of life. You will be introduced to T'ai chi while experiencing the benefits of practice. This class does not require floor work or flexibility. Participate from a standing position or chair. Wear comfortable, loose-fitting clothing, athletic shoes and bring water.

<b>Tue 6-7 PM</b>	<b>Sep 9-Oct 14</b>	
<b>8 Sessions</b>	<b>Dan Retoff</b>	
<b>Wellness Bldg.</b>	<b>Class ID: 25287</b>	<b>\$79</b>
<b>Coneflower Room, Nell's Woodland</b>		

## Breathing For Life at Nell's Woodland

*"Dan Retoff's explanations of the respiratory system and how breathing abdominally is beneficial to wellness were presented in a very understandable manner. I also liked that opportunities were given to practice breathing techniques during the class."*

Body, breath and mind are interrelated and breathing properly is conducive to health and well-being. You will learn how to calm the mind and alleviate anxiety; and also improve sleep, circulation and immune function. Gain an understanding of the respiratory system and learn breathing practices to enhance and develop abdominal breathing. This class does not require floor work or flexibility. You can participate in this class from a seated position. Wear comfortable, loose-fitting clothing, athletic shoes and bring water. **No class: Nov 11.**

<b>Tue 6-7 PM</b>	<b>Oct 21-Nov 18</b>	
<b>4 Sessions</b>	<b>Dan Retoff</b>	
<b>Wellness Bldg.</b>	<b>Class ID: 25288</b>	<b>\$39</b>
<b>Indigo Room, Nell's Woodland</b>		

## NEW! Ayurvedic Yoga at Nell's Woodland

Discover the healing connection between yoga and Ayurveda. Balance the doshas - your body's natural energies with asana, breathwork and meditation. Ayurveda is the sister science to yoga and supports the flow of energy through the body. This practice offers tools for restoring balance and vitality from within. All levels are welcome. Bring a yoga mat, water, and any props you find helpful.

<b>Thu 5-6 PM</b>	<b>Sep 11</b>	
<b>1 Session</b>	<b>Emily Manternach</b>	
<b>Wellness Bldg.</b>	<b>Class ID: 25283</b>	<b>\$19</b>
<b>Coneflower Room, Nell's Woodland</b>		

## NEW! Flow to Restore at Nell's Woodland

Experience a balanced blend of gentle movement and deep rest in this 7-session yoga series. Each class begins with an invigorating, flowing sequence of asanas to awaken and warm the body, followed by restorative poses and guided meditation to encourage deep relaxation. This practice supports release in the tissues and then rest to find balance in body, mind and spirit. Bring water, a yoga mat, and any restorative props you use (such as a bolster, strap or blocks.) **No class: Oct 9.**

<b>Thu 5-6 PM</b>	<b>Sep 18-Nov 6</b>	
<b>7 Sessions</b>	<b>Emily Manternach</b>	
<b>Wellness Bldg.</b>	<b>Class ID: 25284</b>	<b>\$69</b>
<b>Coneflower Room, Nell's Woodland</b>		

## NEW! Partner Yoga: Connect & Flow at Nell's Woodland

Explore balance, trust, and connection in this fun and supportive one-session partner yoga class. Using shared poses and mindful movement, you and your partner will deepen stretches, build communication, and enjoy a playful approach to yoga. Perfect for friends, couples or family members - no prior yoga experience needed. Come with a partner and a willingness to move, laugh and connect. Both participants will need to register. Bring a mat and dress in comfortable clothing.

<b>Sat 10-11 AM</b>	<b>Oct 4</b>	
<b>1 Session</b>	<b>Emily Manternach</b>	
<b>Wellness Bldg.</b>	<b>Class ID: 25285</b>	<b>\$19</b>
<b>Coneflower Room, Nell's Woodland</b>		

## NEW! Yoga Nidra at Nell's Woodland

Yoga Nidra is a deeply restful practice that lies between shavasana and meditation - a state where the body relaxes fully while the mind remains gently aware. Nidra is a Sanskrit term meaning "sleep." In this early evening session, you'll be guided through the foundations of Yoga Nidra, learning how to enter this restorative state of conscious rest. It's an accessible and calming practice suitable for all levels. Come unwind, reset and explore the art of deep relaxation. Bring a yoga mat, water and any props that support your comfort.

<b>Thu 5-6 PM</b>	<b>Nov 13</b>	
<b>1 Session</b>	<b>Emily Manternach</b>	
<b>Wellness Bldg.</b>	<b>Class ID: 25286</b>	<b>\$19</b>
<b>Coneflower Room, Nell's Woodland</b>		

## Yoga Unique to You

Yoga challenges body and mind while building core power and improving stability. All levels of experience welcome. Learn sun salutations, standing postures, seated postures and vinyasa. Emphasis will be placed on correct body alignment, holding postures and meditative flow from one posture to the next. Coordination of breath (pranayama) and movement is also emphasized. Bring a yoga mat, towel and water. **This class is offered in both a morning or afternoon option with choice of in-person or online live.**

### MORNING CLASSES

<b>M/W 6:30-7:30 AM</b>	<b>Sep 8-Oct 8</b>	
<b>8 Sessions</b>	<b>Tracie Klieber</b>	
<b>CTC-121, IVCC</b>	<b>Class ID: 25267</b>	<b>\$69</b>
<b>Online Live</b>	<b>Class ID: 25273</b>	<b>\$69</b>
<b>*No class: Sep 22, 24.</b>		

<b>M/W 6:30-7:30 AM</b>	<b>Oct 15-Nov 10</b>	
<b>8 Sessions</b>	<b>Tracie Klieber</b>	
<b>CTC-121, IVCC</b>	<b>Class ID: 25268</b>	<b>\$69</b>
<b>Online Live</b>	<b>Class ID: 25274</b>	<b>\$69</b>



M/W 6:30-7:30 AM Nov 12-Dec 17  
 9 Sessions Tracie Klieber  
 CTC-121, IVCC Class ID: 25269 \$79  
 Online Live Class ID: 25275 \$79  
 \*No class: Nov 26, Dec 3.

#### AFTERNOON CLASSES

M/W 4:45-5:45 PM Sep 8-Oct 8  
 8 Sessions Tracie Klieber  
 CTC-121, IVCC Class ID: 25270 \$69  
 Online Live Class ID: 25276 \$69  
 \*No class: Sep 22, 24.

M/W 4:45-5:45 PM Oct 15-Nov 10  
 8 Sessions Tracie Klieber  
 CTC-121, IVCC Class ID: 25271 \$69  
 Online Live Class ID: 25277 \$69

M/W 4:45-5:45 PM Nov 12-Dec 17  
 9 Sessions Tracie Klieber  
 CTC-121, IVCC Class ID: 25272 \$79  
 Online Live Class ID: 25278 \$79  
 \*No class: Nov 26, Dec 3.



## Strength Cardio Core

Cross train by participating in two different training methods. This functional fitness class will encourage coordination skills, tone your body, zap calories and metabolize fat. You will build a strong core: abs, hips and back, to support and improve what you do every day. Start at a beginner's level and gradually increase to a more advanced level as improvement is shown. We will also incorporate a HIIT (High Intensity Interval Training) method of exercise into this class. Have fun and burn calories long after class has ended. Bring water, a sweat towel and an exercise or yoga mat.

T/Th 4:45-5:15 PM Sep 4-Oct 7  
 7 Sessions Tracie Klieber  
 CTC-121, IVCC Class ID: 25279 \$57  
 \*No class: Sep 18, 23, 25.

T/Th 4:45-5:15 PM Oct 14-Nov 6  
 8 Sessions Tracie Klieber  
 CTC-121, IVCC Class ID: 25280 \$65

T/Th 4:45-5:15 PM Nov 13-Dec 16  
 9 Sessions Tracie Klieber  
 CTC-121, IVCC Class ID: 25281 \$74  
 \*No class: Nov 27.

## Intro to Sound Healing

With sound healing, breathwork, mantra and meditation you can embark on a deep inner journey through space, conscious awareness, breath, tone and vibration to access the well of knowledge and self-healing available to all of us. Learn about and experience a variety of instruments including singing bowls, Shruti box, gong, and more. We will discuss the Solfeggio scale, sound frequencies and how they may relate to health and can be supportive of your mindset. If you have participated in class before, please feel free to register and join us to continue your exploration of sound healing. The program will conclude with a participation in a demonstration of a sound healing session.

Sat 8:30-10 AM Oct 4  
 1 Session Abby Zukowski  
 Wellness Bldg. Class ID: 25289 \$35  
 Nell's Woodland

## Crystal Basics 101: Introduction to Healing Stones

*"This is the 2nd class I've taken with Abby. She is very engaging and clearly loves to educate others. She welcomes class participation and discussion. Very enjoyable and I learned something new. I will consider taking any new class offerings by her."*

Crystals have been used for centuries for their healing properties, and in this introductory class, you'll learn how to work with crystals to enhance your well-being. We'll explore the most common crystals, their meanings, and how to use them for energy healing, meditation and manifestation. You'll also discover how to cleanse, charge and care for your crystals. Whether you're a beginner or just curious, this class is the perfect starting point to connect with the healing power of crystals. This class can be attended in-person or online live through IVCC's new distance learning classroom. A zoom link will be provided prior to class.

Thu 6:30-7:45 PM Oct 9  
 1 Session Abby Zukowski  
 CTC-206, IVCC Class ID: 25291 \$35  
 Online Live Class ID: 25292 \$35

## New! The Path to Conscious Connection

This class offers tools and insights to help you create more meaningful, authentic connections - starting with yourself. Each session is 2 hours and can be attended in-person or online live through IVCC's new distance learning classroom. A zoom link will be provided prior to class.

### Session 1: Empowering Change in the Outer World

Learn how to take ownership of your life by shifting your mindset and responses to external circumstances. Through practical techniques and guided reflection, you'll gain confidence in

navigating challenges, setting boundaries, and aligning your actions with your values.

### Session 2: Turning Inward for True Alignment

Explore the power of self-awareness and emotional insight as you uncover patterns that shape your relationships. This session guides you in developing a deeper connection with yourself - laying the foundation to attract and maintain relationships that are healthy, reciprocal, and aligned with your true self.

This class will guide you in creating a holistic path to conscious connection with others and within yourself.

Thu 6-8 PM Nov 13 & 20  
 2 Sessions Abby Zukowski  
 CTC-206, IVCC Class ID: 25293 \$59  
 Online Live Class ID: 25294 \$59

All online live courses meet via Zoom. Participants will receive an e-mail from IVCC with the Zoom link for the session within 24 hours of the program. Participants need access to a computer with high internet speed.

## NEW! Healthy Living for Your Brain and Body: Tips from the Latest Research

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity, and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Thu 12-1 PM Oct 2  
 1 Session Hadi Finerty  
 Online Live Class ID: 23142 Free

## NEW! Dementia-Related Behaviors

Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

Mon 12-1 PM Nov 3  
 1 Session Hadi Finerty  
 Online Live Class ID: 23143 Free

# FAMILY MATTERS & PARENTING

## NEW! Understanding the IEP Process

Designed for both educators and families, this course provides a clear, plain-language overview of the Individualized Education Program (IEP) process. Whether you are an educator supporting students or a family member seeking to better understand your child's services, this course offers essential knowledge to navigate the IEP process with confidence. Participants will gain a solid understanding of how evaluations are conducted, how eligibility is determined, and the rights students and families have under special education law.

[4 PD/CE]

<b>Wed 6-7:20 PM</b> <b>3 Sessions</b> <b>C-325, IVCC</b>	<b>Nov 5-19</b> <b>Mallory Boehm-Benassi</b> <b>Class ID: 23137</b>	<b>\$119</b>
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## NEW! Life's Rule Book - A Guide for the Neurodiverse and Their Families

Have you ever felt like everyone else got a rulebook for life - except you? Life's Rule Book is a supportive, practical course designed especially for Neurodiverse individuals and their families. Whether you're on the spectrum or parenting someone who is, this course offers tools to better understand unique attributes, build personalized strategies and navigate life with clarity and confidence. Topics include identifying triggers and strengths, developing helpful routines, understanding the role of medication, and the importance of clear communication, perseverance, and planning. This course fosters a space for open dialogue, questions, and real-world guidance to help you write your own rulebook - one that actually works for you.

<b>Tue 6:30-8:30 PM</b> <b>1 Session</b> <b>CTC-125, IVCC</b>	<b>Oct 21</b> <b>Yona Lunken</b> <b>Class ID: 25333</b>	<b>\$39</b>
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# DOLLARS & SENSE

## NEW! Rejuvenate Your Retirement

Take charge of your retirement with confidence. This two-session course, led by a certified instructor from the Financial Educators Network, offers a comprehensive overview of the key financial and lifestyle issues facing today's retirees. Learn how to navigate the modern retirement system, estimate future expenses, and understand how market changes may impact your savings. Explore Medicare options, investment strategies, and various income sources to help ensure a secure, fulfilling and worry-free retirement. Whether you're newly retired or preparing for retirement soon, this class will provide the tools and knowledge to support your goals and peace of mind.

<b>Tue/Thu 6:30-8:30 PM</b> <b>2 Sessions</b> <b>CTC-124, IVCC</b>	<b>Sep 9 &amp; 11</b> <b>Sandra Brown</b> <b>Class ID: 25306</b>	<b>\$39</b>
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<b>Mon/Wed 1:30-3:30 PM</b> <b>2 Sessions</b> <b>C-316, IVCC</b>	<b>Sep 22 &amp; 24</b> <b>Sandra Brown</b> <b>Class ID: 25307</b>	<b>\$39</b>
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## Estate Planning & Asset Protection

Everyone who has assets, whether you are just graduating from college, starting a family or planning for your golden years, needs an estate plan. Learn why you need an estate plan, how it works and what happens when you don't have one. We will discuss estate planning fundamentals and terminology including ramifications of asset ownership, legal reasons for life insurance, importance of beneficiary designations, life estates, nursing home costs, importance of powers of attorney, increase in guardianships, wills, use of trusts and more. Learn what questions you should be asking yourself. You will be better prepared to consider your options and have the tools needed to create a plan for the first time or review your current plan with your attorney.

<b>Thu 6-8 PM</b> <b>1 Session</b> <b>C-316, IVCC</b>	<b>Oct 9</b> <b>Walt Zukowski</b> <b>Class ID: 25305</b>	<b>\$35</b>
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## Social Security Understanding the Benefits

*"Excellent - loved the information! Great class!"*

This presentation provides an overview of Social Security's programs and online services, including retirement, spouse and survivor's benefits and Medicare. Learn how to create your personal My Social Security account, a free and secure account which provides personalized tools for everyone, whether you receive benefits or not. Discover other helpful tools on ssa.gov and learn about the best ways to contact Social Security and how to file for benefits. This session is free. Please register in advance for planning purposes.

<b>Tue 6-7:15 PM</b> <b>1 Session</b> <b>CTC-124, IVCC</b>	<b>Nov 4</b> <b>Megan Forristall</b> <b>Class ID: 25347</b>	<b>Free</b>
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## AARP Driver Safety

The AARP Driver Safety Program is a classroom driver refresher course designed especially for drivers age 50 and older. This program aims to help community members retain their driving competency. Learn driving strategies, understand the effects of aging on driving, reduce the chance of having an accident and know when to retire from driving. At completion of this course; you will receive a certificate that can be presented to your automobile insurance holder that may entitle you to a discount. Attendance is required at both days of class to receive the certificate of completion. **There is a \$20 fee for AARP members (with AARP membership card); and a \$25 fee for non-members payable to the AARP instructor for materials on the first day of class. The course is free for United Healthcare members.** Additional information about parking and location will be emailed to you approximately one week before class.

<b>Take it at IVCC - Oglesby</b> <b>Mon/Tue 8:30 AM-12:30 PM</b> <b>2 Sessions</b> <b>Rm 103, Bldg. H, IVCC</b>	<b>Sep 8 &amp; 9</b> <b>Regina Leffelman</b> <b>Class ID: 25253</b> <b>Fee payable day of class</b>
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<b>Take it at IVCC Ottawa Center - Ottawa</b> <b>Thu/Fri 8:30 AM-12:30 PM</b> <b>2 Sessions</b> <b>Rm 101 Ottawa Center</b>	<b>Nov 6 &amp; 7</b> <b>Regina Leffelman</b> <b>Class ID: 25254</b> <b>Fee payable day of class</b>
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## The Basics of Medicare with Bridges Community Center

Medicare is health insurance for people age 65 or older. You may be eligible to get Medicare earlier if you have a disability, End-Stage Renal Disease (ESRD), or ALS, also called Lou Gehrig's disease (source medicare.gov.) The presentation will include information about the different parts of Medicare

including Parts A, B, C & D and supplemental insurance. You will learn what your options are for your Medicare coverage. This session is free. Please register in advance for planning purposes.

**Wed 6-7:15 PM**  
**1 Session**  
**CTC-124, IVCC**

**Oct 8**  
**Robert Nudd**  
**Class ID: 25348**

**Free**

## CULINARY

### Tortellini: Twist, Cook, Eat, Repeat

Join Dee Biagi in the IVCC culinary classroom. Dee has been making these Italian treasures from the time she was a young girl. Relatives and elder ladies of Mark, Illinois taught her how to make authentic pasta. Tortellini is a meat and cheese filled pasta that is twisted to resemble a belly button. As a child she sat around the big dining room tables and learned how to make this Italian "staple" from the experts... relatives from the Old Country. In this class you will learn how to make the dough and filling and how to twist them. Followed by cooking and of course eating them. This class is part demonstration, part hands-on. **Bring: apron, pizza cutter and a cutting board. There is a \$25 material fee payable to the instructor the day of class.**

**Sat 10 AM-12 PM**  
**1 Session**  
**CTC-123, IVCC**

**Aug 30**  
**Dee Biagi**  
**Class ID: 25326**

**\$39**

**Wed 6-8 PM**  
**1 Session**  
**CTC-123, IVCC**

**Nov 5**  
**Dee Biagi**  
**Class ID: 25331**

**\$39**

### NEW! Gourmet Meals: Seasonal Sensations

Join Chef Sara for a delicious evening of hands-on cooking as we create a menu that celebrates fresh, vibrant flavors! In this one-night class, you'll learn to prepare and plate a seasonal salad with the freshest ingredients, and create a colorful baked vegetable torte that's as beautiful as it is tasty. For the main course we will make a savory Vietnamese-style salmon with a flavorful glaze. We'll finish on a sweet note with a luscious mascarpone raspberry dessert. Perfect for home cooks of all skill levels, this class will leave you inspired and confident to recreate these dishes in your own kitchen. Come hungry - and ready to cook! **Bring: apron, kitchen knife, cutting board, kitchen towel, potholder and a container for leftovers. This class is limited to 8 seats. There is a \$45 material fee payable to the instructor at class.**

**Mon 6-9 PM**  
**1 Session**  
**CTC-123, IVCC**

**Oct 6**  
**Sara Fitzpatrick**  
**Class ID: 25327**

**\$59**

### Italian Sauces

Learn to make authentic sauces to add to your home-made or "store bought" pastas. Sauces include: alfredo sauce, a creamy white sauce with asiago cheese melted to give it a decadent flavor; pesto sauce, a fresh basil and olive oil flavor charmer added to other sauces or can stand alone. Then, learn how to make marinara sauce. You will use marinara sauce in your home for side dishes, pastas and meats. The sauces will be sampled with pastas and other dishes the night of class. Skip dinner at home for an authentic tour of sauces from the northern region of Italy with Dee (Malavolti) Biagi. **There is a \$25 material fee payable to the instructor the night of class.**

**Tue 6-8:30 PM**  
**1 Session**  
**CTC-123, IVCC**

**Oct 14**  
**Dee Biagi**  
**Class ID: 25329**

**\$39**

### NEW! Sourdough Basics

Discover the art and science of sourdough in this two-session, hands-on intensive class! You'll learn the essentials of crafting a beautiful sourdough loaf from start to finish - no prior experience required. On day one, we'll cover the equipment required (or desired), ingredients, and how to start and care for a starter culture. You'll mix your first dough while learning about baker's math, formulas, and processes, then chill the dough overnight. On day two, we'll cover feeding and maintaining your starter, baking and scoring methods, and we will discuss the crust and crumb of our baked breads. We'll bake some of the dough in class so you can see and taste the results. Each student will receive dried starter on the first day and take-home part of their baked loaf or dough to bake at home on the second. Come ready to get your hands floury and leave with the skills, knowledge and starter to keep your sourdough journey going! **There is a \$29 material fee payable to the instructor on the night of class.**

**Wed/Thu 5-8 PM**  
**2 Sessions**  
**CTC-123, IVCC**

**Oct 22-23**  
**Patricia Glade**  
**Class ID: 25335**

**\$59**

### Intro To Ayurvedic Cooking

Ayurvedic cooking helps heal the body, mind and soul. During this class learn to make Kitchari! The benefits of Ayurvedic cooking have been observed over thousands of years, including better digestion, clearer skin, and a stronger immune system. Ayurveda includes focus on eating seasonally and by consuming spices that are recommended for your dosha. You can also explore elements of this ancient practice by making dishes to balance your mood. **Bring: apron, cutting board, pot holder, heat-resistant spatula, table service and kitchen knife to class. There is a \$20 material fee payable to the instructor the day of class.**

**Sat 10:30 AM-12:30 PM**  
**1 Session**  
**CTC-123, IVCC**

**Oct 25**  
**Emily Manternach**  
**Class ID: 25330**

**\$39**

### Italian Specialities: Homemade Noodles, Broth & Italian Dessert

Learn how to mix, knead and roll out dough followed by cutting home-made noodles for home-made broth. The broth will start with the right selection of chicken, followed by vegetables and spices to create the best flavors. You will also learn to make one of Dee's favorite Italian desserts. The best part will be eating together at the end of the night. **There is a \$25 material fee payable to the instructor the night of class.**

**Sat 10 AM-12:30 PM**  
**1 Session**  
**CTC-123, IVCC**

**Nov 15**  
**Dee Biagi**  
**Class ID: 25332**

**\$39**

### NEW! International Flavors: Korean Mother Sauces

Explore the three essential Korean mother sauces - gochujang (fermented chili paste), doenjang (fermented soybean paste), and ganjang (soy sauce) and how to use them in recipes. This class will be a blend of demonstration and hands-on. Join Chef Anthony Belter to learn more about Korean ingredients and cuisine, how to make and use these bold and versatile sauces in everyday cooking. He will prepare a zesty dressing with gochujang and ganjang, and during the hands-on portion: of class you will build a Korean Bolognese with pasta. By the end of this evening, you will have confidence in using these international flavors to kick your homemade meals up a notch! **Bring apron, kitchen knife, cutting board, kitchen towel, potholder and a container for leftovers. This class is limited to 8 seats. There is a \$15 material fee payable to the instructor at class.**

**Tue 6-8 PM**  
**1 Session**  
**CTC-123, IVCC**

**Nov 4**  
**Anthony Belter**  
**Class ID: 25349**

**\$45**





# WRITING

Looking for additional writing classes? Check out [ed2go.com/ivcc](http://ed2go.com/ivcc) for fiction, non-fiction, children's literature, memoir and other writing classes available online.

## Discover the Poet Within: A One-Night Poetry Workshop

*"I was able to express myself in a new way. I liked it!"*

Unleash your creativity and explore the magic of words in our one-night poetry workshop. This evening offers a welcoming space to dive into the art of poetry. Through engaging activities and guided exercises, you'll transform your thoughts and emotions into verses. Whether you're looking to express yourself, find inspiration, or simply enjoy the beauty of language, this class promises an enriching and inspiring experience. Bring a notebook and something to write with. We will save time at the end of class for reading work, but reading is not required. Join us and let your inner poet shine!

<b>Fri 6-7:30 PM</b> <b>1 Session</b> <b>Ecology Bldg.</b> <b>Nells Woodland, Ottawa</b>	<b>Nov 7</b> <b>Abby Zukowski</b> <b>Class ID: 25290</b>	<b>\$45</b>
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# CREATIVE ARTS

## NEW! Sunflowers in September

Join Lucy Schmidt at IVCC for a one-night painting class featuring a still life of sunflowers in a vase. The project will be completed on a 16" x 20" canvas using acrylic paint. Tracers will be provided for those who would like to use them. We will also be using a mop brush during this class to create a textured background. Beginners are welcome. All supplies included. Skill level: Ages: 16+.

<b>Wed 6-8:30 PM</b> <b>1 Session</b> <b>CTC-123, IVCC</b>	<b>Sep 3</b> <b>Lucy Schmidt</b> <b>Class ID: 25264</b>	<b>\$39</b>
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## Friday Night Framed Barn Quilt Address Workshop

*Please register at least one week prior to class for planning purposes.*

Nothing says Americana more than a classic quilt pattern! Join IVCC instructor, Jyllian Ossola to create a 28" x 20 15/16" framed address sign. Please pre-submit the address you wish to place on the bottom of the sign. This piece would make a beautiful addition indoor or out, and would look especially charming near an entrance or porch. Students will pre-select a pattern from options provided by the

instructor. You will select your colors prior to class. Bring a roll of 1" painters' tape, a yard stick and ruler to class. **There is a \$35 material fee payable to the instructor the night of class.**

<b>Fri 5-7:30 PM</b> <b>1 Session</b> <b>RM 117, Bldg. J,</b> <b>IVCC-East Campus</b>	<b>Oct 3</b> <b>Jyllian Ossola</b> <b>Class ID: 25261</b>	<b>\$49</b>
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## Painted Barn Quilt

*Please register at least one week prior to class for planning purposes.*

Not just for barns... barn quilts also look great on your porch, fence, chicken coop, garden shed, pole barn or even over your fireplace. Add a unique, personal touch to your urban or rural homestead with a handcrafted, authentic piece of American art. Prior to class you will pre-select your pattern from options provided by the instructor. The possibilities are endless when you choose the colors of your choice. Move through each step, drafting, taping and painting with careful attention to detail. **There is a material fee payable to the instructor the day of class. \$25 for 2-foot project and \$40 for 4-foot project. Bring a roll of 1" painter's tape and a yard stick to class.**

<b>Fri 5-9 PM</b> <b>1 Session</b> <b>RM 117, Bldg. J,</b> <b>IVCC East Campus</b>	<b>Oct 3</b> <b>Jyllian Ossola</b> <b>Class ID: 25262</b>	<b>\$65</b>
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## NEW! Defy Gravity!

*Wicked Inspired Painting Class*

Step into the spell-binding world of Wicked with this one-session painting class. Create your own magical masterpiece inspired by the iconic story of Oz's most famous witches. Follow along step-by-step with your instructor. Whether you love the musical, the story or just love painting, this class will provide fun for all. Beginners are welcome. All supplies included. Skill level: Ages: 6+.

<b>Tue 6-8:30 PM</b> <b>1 Session</b> <b>CTC-123, IVCC</b>	<b>Oct 28</b> <b>Lucy Schmidt</b> <b>Class ID: 25265</b>	<b>\$39</b>
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<b>Sat 10 AM-12:30 PM</b> <b>1 Session</b> <b>CTC-123, IVCC</b>	<b>Dec 6</b> <b>Lucy Schmidt</b> <b>Class ID: 25266</b>	<b>\$39</b>
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## NEW! Stamped Tea Towels

Join us for a craft workshop to learn how to decorate tea towels using various items such as kitchen utensils, wood blocks, wine corks, drinking glasses and even candlestick holders! If you have a paint-safe item with a unique shape, feel free to bring it along. Each participant will receive 4 towels. One

towel will be to practice designs, the other 3 will become beautiful towels to display or gift! **There is a \$15 material fee payable to the instructor the night of class.**

<b>Fri 6-8 PM</b> <b>1 Session</b> <b>RM 117, Bldg. J,</b> <b>IVCC-East Campus</b>	<b>Nov 7</b> <b>Jyllian Ossola</b> <b>Class ID: 25263</b>	<b>\$39</b>
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## NEW! Beginner Crochet: A 3-Week Introduction to the Art of Crochet

*Registration deadline: October 16.*

Discover the relaxing and creative world of crochet in this 3-week introductory course designed for absolute beginners. Over the span of three two-hour sessions, you'll learn foundational crochet techniques and build the confidence to start your own simple projects. Each week focuses on essential skills including how to hold the yarn and hook, create basic stitches (such as chain, single crochet, and double crochet), read simple patterns and understand common crochet terminology. By the end of the course, you will complete a small project such as a dishcloth, simple scarf, or something completely from your own design-and have the tools to continue exploring this timeless craft on your own. All materials and tools will be provided. You will receive a beginning crochet kit valued at \$40 the first night of class. No prior experience necessary, just bring your enthusiasm and creativity!

<b>Thu 5:30-7:30 PM</b> <b>3 Sessions</b> <b>CTC-216</b>	<b>Nov 6-20</b> <b>Audrey Blackburn</b> <b>Class ID: 25325</b>	<b>\$99</b>
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*Meet your instructor: Audrey Blackburn is a passionate fiber artist with a love for sharing the joy of crochet with others. With over 35 years of crochet experience, she specializes in creating approachable, modern projects that make learning fun and stress-free. Whether teaching classic stitches or trendy patterns, Audrey is known for her patience, clear instruction and supportive teaching style. Audrey believes anyone can learn to crochet and design anything in their mind - with just a hook, some yarn, and a little creativity.*



## NEW! Mosaic Glass Art

Please register at least one week prior to class. Unleash your creativity as you design and craft a unique mosaic masterpiece! In this hands-on class, you'll learn how to cut and break colorful art glass, arrange your pieces into a beautiful design, and complete your work with grouting. Your finished mosaic can be framed, displayed on a stand, or even placed in the garden. No two creations are alike, and beginners are welcome - no experience needed! **There is a \$50 material fee payable to the instructor the first day of class.**

Sat 9 AM-1 PM	Oct 25	
Sat 9 AM-11 AM	Nov 1	
2 Sessions	Allie Dale	
RM 117, Bldg. J,	Class ID: 25346	\$99
IVCC-East Campus		

## 3D PRINTING

### NEW! Explore 3D Printing

Curious about how 3D printers work - or eager to try one yourself? This informational class is your chance to explore the exciting world of hobby-style 3D printing. Led by Dorene Data, IVCC Program Coordinator for Computer Aided Design, you'll tour IVCC's state-of-the-art 3D Printing Lab and learn the basics of creating and printing your own designs. Whether you're interested in making gadgets, art or practical pieces, you'll discover just how far 3D printing has come and how easy it is to get started. We will also discuss the options and features to look for when selecting home printers. No experience required - just bring your curiosity!

Tue 6-8 PM	Oct 7	
1 Session	Dorene Data	
CTC-119, IVCC	Class ID: 25343	\$39

### NEW! 3D Printing: One-Night Workshop

Ready to print? Experience the magic of turning ideas into objects in this hands-on, one-night introduction to 3D printing! Take the next step by creating your own small project to take home. Guided by Dorene Data, IVCC's Program Coordinator for Computer Aided Design, you'll learn the basics to get started with generating your own designs.

Tue 6-9 PM	Oct 14	
1 Session	Dorene Data	
CTC-119, IVCC	Class ID: 25344	\$69

## PHOTOGRAPHY

### NEW! How to Take Better Phone Photos

**Offered at Nell's Woodland, Ottawa**

Perfect for everyday creatives and busy parents! Learn practical tips for taking better photos using your phone - covering composition, lighting, settings and simple edits. Includes hands-on practice and ideas for using your photos.

Sat 9 AM-1 PM	Oct 4	
1 Session	Allie Dale	
Ecology Bldg.	Class ID: 25345	\$79
Nell's Woodland, Ottawa		

### Beginning Photography: DSLR & Mirrorless Cameras

This course will introduce students to DSLR & Mirrorless cameras, lenses and accessories. The course will cover basic photographic concepts including exposure, color balance, lighting and composition. Basic concepts and real-world applications of digital imaging will be discussed. Students will review and discuss photos presented by the instructor as well as student work. Assignments will reinforce what is learned in a fun and upbeat atmosphere. This class will meet both indoors and outdoors, weather permitting. Class size is limited to 8-10 students. Students should bring a digital SLR or mirrorless camera, lens, memory card and camera manual to class.

Tue 6:30-9:30 PM	Sep 9-Oct 14	
6 Sessions	Doug Dellinger	
E-320, IVCC	Class ID: 25313	\$169

### Portrait Photography

**Pre-requisite: Students should have completed Beginning Photography or have permission from the instructor to register for this class.**

Portrait photography is a useful skill; whether you want to take better pictures of your family or are considering expanding your business portfolio. This class will include quality and direction of light, light patterns, measuring light and types of light. Explore camera lens selection for portraits. Learn the principles of subject placement, posing and camera angles. You will also have an introduction to Adobe Photoshop for portraiture retouching and an overview of the business of portraiture. Bring a digital SLR or mirrorless camera, lens, memory card and camera manual to class. Instructor will discuss possible off campus meeting locations for final sessions for photography opportunities during class. This class will meet both indoors and outdoors, weather permitting. **No class: Nov 11.**

Tue 6:30-9 PM	Oct 28-Dec 9	
6 Sessions	Doug Dellinger	
E-320, IVCC	Class ID: 25314	\$169

## CURLING

### Learn To Curl

Learn the Olympic sport of curling at Illinois' oldest curling club right here in LaSalle County. The Waltham Curling Club invites you to learn how to curl. Taught by USCA Level 1 instructors and members of the Waltham Curling Club, you will learn techniques of delivering the stone, sweeping, basic strategies, scoring and more. Whether you attend alone or bring family or friends, you are guaranteed to learn why curling is a lifelong sport. Bad knees? No problem, we have options for you. Attendees must carry-in a clean pair of tennis shoes, wear warm, comfortable clothing, and sign a waiver upon arrival to go out on the ice. Drinks are not allowed on the ice, except water in a sealed container. **Class will be held at the Waltham Curling Club, 3926 East 758th St., Triumph, Illinois. No class: Nov 25.**

Mon 6-8 PM	Nov 10-Dec 8	
4 Sessions	WCC Instructors	
Waltham	Class ID: 25315	\$75
Curling Club		





# SURVIVAL SKILLS

**See, do, experience and feel more outdoors! Come dressed to be outside. Bring a knife, note-taking materials, and drinks/snacks. Courses for ages 18 and older. In case of cancellation, class will be rescheduled for the same time and place on the following Saturday.**

## Survival Skills: Awareness

**"What an awesome class. Jason answered all our questions, was very thorough. He made it fun and kept our interest."**

While it doesn't sound as glamorous as making a fire by rubbing two sticks together, awareness is the one skill that can keep you alive, anywhere you are! Awareness remains the first and foremost survival skill you could ever need, and it's a lot of fun to learn. Learn how and where to look, hide, and move to see more animals in the wild and why most people don't. Develop observations skills that can keep you safe and more aware in any environment. This class will open, sharpen, and deepen your senses, you'll never look at your surroundings the same again. **\*Please wear earth-toned, quiet clothing and light footwear.**

<b>Sat 12-4 PM</b> <b>1 Session</b> <b>RM 103, Bldg. G</b> <b>IVCC</b>	<b>Sep 6</b> <b>Jason Thompson</b> <b>Class ID: 25311</b> <b>\$45</b>
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## Survival Skills: Tracking

**"So much fun and a great way to get outside on weekends!"**

Tracking is awareness, the skill of seeing what has passed or happened to find someone or understand something, is an art nearly lost today. This is not a basic class in identifying local animal tracks. Through hands-on exercises in the woods where most people can't even see tracks, we'll study search-and-rescue tracking, how to follow a trail, and how to lost-proof yourself, all of which apply to better animal tracking too. We'll not only be following trails but interpreting what animals and people are doing - even thinking - just through looking at their tracks alone! **\*Please wear earth-toned, quiet clothing and light footwear.**

<b>Sat 12-4 PM</b> <b>1 Session</b> <b>RM 103, Bldg. G</b> <b>IVCC</b>	<b>Sep 20</b> <b>Jason Thompson</b> <b>Class ID: 25312</b> <b>\$45</b>
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## Meet your instructor: Jason Thompson

Trained by the late Tom Brown, Jr. of The Tracker School, and Eddie Starnater and Julie Martin from Practical Primitive, Jason Thompson has been a student and teacher of native skills for over 25 years. His vision is to share native survival techniques in a fun, hands-on and experiential way. This is a place where you can learn, make, and take-home cool, new survival philosophies, skills and tools in a relaxed environment with other like-minded folks. Whether you're new to, or already love the great outdoors, come see how to do, feel and experience much, much more! These classes will deeply change the way you look at and interact with the wild places you love and wander.

# SOLAR ENERGY

## NEW! Eight Things to Know About Solar Before You Buy

Thinking about going solar? Before you sign any contracts, this course will give you the essential knowledge you need to make an informed decision. Learn why solar matters, how it works and whether it's the right fit for your home. We'll cover everything from incentives and financing options to system types, micro inverters and battery storage. You'll also explore alternatives like community solar and get a glimpse into the future of solar technology. Whether you're just curious or ready to invest, this course will help you understand the full picture - without the sales pitch. Bring a copy of your most recent electric bill to class.

<b>Thu 6:30-8:30 PM</b> <b>1 Session</b> <b>CTC-125, IVCC</b>	<b>Oct 23</b> <b>Yona Lunken</b> <b>Class ID: 25334</b> <b>\$39</b>
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## Interested in a Career in Solar?

IVCC offers online career training options. Choose either the NABCEP Certification - PV Associate course which includes Solar Energy Training content and exam-focused training, or the PV Installation Professional course, which includes Solar Energy Training and Solar Panel Installer Training content, OSHA 10 training, and exam-focused training. Find out more at [careertraining.ed2go.com/ivcc.edu](http://careertraining.ed2go.com/ivcc.edu) or call (815) 224-0427 to speak with one of our program specialists.









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