

Test Taking Toolkit – 20 Point Inspection

Prep Strategy	OK	Needed	Notes, Resource, or Plan
Text purchased			
Read text prior to class/lecture			
Take notes on reading			
Systematic text notetaking system			
Attend/look at class regularly			
Take notes during class			
Review PowerPoints/course materials			
Highlight key points from PPT/materials			
Combine key ideas from text, lecture PPT, and course material			
Create a key terms sheet			
Use a 3-5 day study plan			
Have a variety of memorization strategies other than looking at notes			
Create flashcards or review sheets			
Practice reciting/writing information			
Circle back to unknown information			
Use visuals, mnemonics, or associations to help memory			
Ask instructor about test format and content			
Eat and sleep well prior to test			
Create “worry later” sheet prior to test			
Use self-calming strategies			

NOTES:
