Leadership Lessons Re-Learned… from the Bicycle
Honey, want to go for a bike ride? How about 4,500 miles?
The Journey Begins – April 30, 2021

- Leading when You’re not in Front
- Journey > Destination
- Gift of Hospitality
- Goal Speak is Critical
- Know Your Team
- Listen to those Ahead of You
“Goal Speak” is Critical

- The journey really didn’t begin on April 30th.
- Talk about dreams and goals, often, and to others.
  - Assignment
    - 1 dream job
    - 1 recreational goal
- Practice your dreams.
  - Why and How?
It’s about the **Journey**, not the **Destination**

- It’s not about the bike
- It’s not about Key West
  
  and

- It’s not about Bar Harbor
- For your team, it is about the Journey
Leading when You’re NOT in Front

▪ “A leader is best when people barely know he exists. When his work is done, his aim fulfilled, they will say: we did it ourselves.” — Lao Tzu

▪ Got to let go, to hand off.
  ▪ Passing Sherie at stoplight…bad idea.

▪ Why are you leading? For you, or for the Team or Goal?
Listen to those Ahead of You

- Touring cyclists' roadside greeting.

- Café’s and Coffee Shops
  - You can learn a lot for the cost of a cup of coffee.

- “Call Larry”

- A little help from the United Nations - UN (Yellowstone Neighbor)
Gift of Hospitality

- Open your home to those you lead.
- It’s not about how much you have!
  - Elona - Portland
  - Patience & Tim – Camper
  - Everyone has a story
  - But, you don’t hear it without investing in them.
  - Gin’s walk across the US.
Know Your Team

- Likes….Dislikes
- Gifts and Abilities

GROUP EXERCISE

- Winning Combination…Good at Something AND Like to Do It
- Focus on Your Team’s Strengths, not Yours, while being Aware of Weaknesses
- Spend more Time in your Strength areas and Less Time in your Weaknesses.

Enneagram Personality Test

https://www.enneagraminstitute.com/
Know how your team reacts in difficult circumstances.
What I learned about, Sherie….

- She likes to start and tend fires.
- She rides better/faster if she is in front.
- She bonks in the late afternoon, so get the miles in early.
- She’s a mountain goat!
- What we eat really, really matters.
- Don’t change the plan on her.
Leadership is for everyone!
Quotes from the Trip

- “When was the last time you did something for the first time?” – Roadside Billboard
- “Some people feel the rain, others just get wet.” – Bob Dylan
- “It’s a short life and a great big world.” – Park bench along rails-to-trails route in Wisconsin
- “If your dreams don’t scare you, they’re not big enough.” – Coffee shop in Bar Harbor, Maine
- “You can have a DESTINATION or you can have a DEADLINE, but you can’t have both.” – Fellow Cyclist
Words from Lord of the Rings and The Hobbit

- “The world is not in your books and maps; it’s out there.” – Gandalf the Gray
- “You’ve been sitting quietly far too long.” – Gandalf the Gray
- “Little by little, one travels far.” – Gandalf the Gray
There’s always another adventure to be had.
Thank You

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