ALH 1002 Lifespan Development
Chapter 17 Emerging Adulthood: Biosocial Development Take Home Test
(5 points each)

1. How does the prevalence of drug abuse in emerging adulthood compare to that in other periods? Discuss three factors that contribute to the likelihood of drug use in emerging adulthood.

2. Define the process of homeostasis and then describe two homeostatic functions that our bodies perform.

3. Assumptions about the purpose of sex typically fall into three categories. Discuss the three categories noting the differences in the importance of each category between men and women.

4. Emerging adults tend to hold fitness as a priority and exercise regularly. However, as they age, those healthy patterns may change. Describe two specific factors that will help emerging adults continue their good exercise practices as marriage, parenthood, and careers demand more of their time.

5. Discuss the reasons that depression may be particularly debilitating in emerging adulthood.

6. How might risk taking by emerging adults be both destructive and beneficial? Include two specific examples of both destructive and beneficial risk taking in your discussion.

7. Define “edgework” and offer occupational and recreational examples of it.