1. Define the term “personality”
2. What axis are personality disorder coded on in the DSM and what is the significance of this?
3. Identify three symptoms of the Narcissistic Personality Disorder.
4. Identify three symptoms of the Borderline Personality Disorder.
5. Identify three symptoms of the Dependent Personality Disorder.
6. Identify three symptoms of the Avoidant Personality Disorder.
7. Identify three symptoms of the Paranoid Personality Disorder.
8. Identify three symptoms of the Antisocial Personality Disorder.
9. Identify three symptoms of the Histrionic Personality Disorder.
10. Identify three symptoms of the Obsessive Compulsive Personality Disorder.
11. Identify three symptoms of the Schizoid Disorder.
12. Identify three symptoms of the Schizotypal Personality Disorder.
13. Identify three symptoms of the Passive-Aggressive Personality Disorder.
14. Why is group therapy often used more so than individual therapy in treating many types of personality disorders?
15. If you were a psychoanalytic therapist working with a paranoid personality disorder what, generally, would you be trying to do to help them. Explain this clearly.
16. If you were a behavior therapist working with an avoidant personality disorder or a dependent personality disorder what, specifically, would you be trying to do to help them. Explain this clearly.
17. What is it about humanistic psychology that lends itself to applications in working with many types of patients that have personality disorders? What, generally, would you be doing?
18. If you were a cognitive therapist working with a patient with obsessive compulsive personality disorder, what, specifically, would you try to do to help them?
19. Do medications help patients with personality disorders? Explain your answer clearly.
20. Explain, briefly, what dialectic behavior therapy is.