Motivation Study Question

1. Define the term *motivation*.
2. What is a *homeostasis*? Give some examples.
3. What is *intrinsic motivation* and what is *extrinsic motivation*. What is primary motivation and what is secondary motivation? Give an example of each.
4. What is the most common type of eating disorder? Explain. What is *anorexia* and what are the most critical symptoms? What is *bulimia* and what are the most critical symptoms?
5. What are the three most important psychological motivators?
6. Draw a picture of Maslow’s Hierarchy of Needs and explain each level.