1. Define the term *motivation.*

2. What is a *homeostasis*?

3. What is *intrinsic motivation* and what is *extrinsic motivation.* Give an example of each.

4. What is *primary motivation* and what is *secondary motivation?* Give an example of each.

5. What is the most common type of eating disorder? Explain.

6. What are the three most important psychological motivators?

7. EXTRA CREDIT - Draw a picture of Maslow’s Hierarchy of Needs and explain each level. (10 points)