1. For each of the Big Five personality traits, describe a person you know who has high levels of the trait. Describe specific behaviors the person exhibits that lead you to believe that he or she has a high degree of that trait.

2. Describe two things that could lead to personality changes in adulthood. Explain your answers, showing how the change would happen and how common it is.

3. Describe what you learned about the concepts of the midlife crisis and the sandwich generation in this chapter, and provide evidence for the flawed nature of each concept.

4. Compare and contrast Erikson's stages of identity versus role confusion with generativity versus stagnation.

5. Discuss the benefits of employment in meeting generativity needs in adulthood. How does a person's perspective on employment change with age and maturity? Differentiate between the intrinsic and extrinsic rewards of work.

6. Describe similarities and differences between same-sex and heterosexual couples. How are children from same-sex couples affected?