ILLINOIS VALLEY COMMUNITY COLLEGE

COURSE OUTLINE

DIVISION: Humanities, Fine Arts Social Sciences

COURSE: PSY 1000 General Psychology

Date: Spring 2022

Credit Hours: 3

Complete all that apply or mark "None" where appropriate:
　　Prerequisite(s): None

　　Enrollment by assessment or other measure? ☐ Yes ☒ No
　　If yes, please describe:

　　Corequisite(s): None

　　Pre- or Corequiste(s): None

　　Consent of Instructor: ☐ Yes ☒ No

Delivery Method:　☒ **Lecture**　　**3 Contact Hours** (1 contact = 1 credit hour)
　　　　　　　　　☐ **Seminar**　　**0 Contact Hours** (1 contact = 1 credit hour)
　　　　　　　　　☐ **Lab**　　　　**0 Contact Hours** (2-3 contact = 1 credit hour)
　　　　　　　　　☐ **Clinical**　　**0 Contact Hours** (3 contact = 1 credit hour)
　　　　　　　　　☒ **Online**
　　　　　　　　　☒ **Blended**
　　　　　　　　　☒ **Virtual Class Meeting (VCM)**

Offered: ☒ **Fall**　　☒ **Spring**　　☒ **Summer**

CATALOG DESCRIPTION and IAI NUMBER (if applicable):
An introductory course dealing with description and analysis of human behavior with special reference to the nervous system, the history of psychology, sensation and perception, learning, memory, cognition, motivation, emotions, personality, and adjustment. Emphasis is placed on psychological principles as they relate to daily life.
IAI Equivalent: S6 900

ACCREDITATION STATEMENTS AND COURSE NOTES:
None

COURSE TOPICS AND CONTENT REQUIREMENTS:
Upon completion of the course, the student will be able to:
1. Recognize, define, apply, and understand the language (terms) of the science of psychology.
2. Value and recognize that psychology is an empirical science based upon objective study of human/animal behavior.
3. Recognize and understand the basic theorists and theoretical principles of psychology.
4. Understand and apply larger psychological concepts and their application in the world around them.
5. Distinguish between the principles upon which psychology is founded and can utilize critical thinking skills to analyze new findings in psychological research.
6. Demonstrate, respect and value an understanding of human diversity including race, ethnicity, culture, gender, abilities, sexual orientation, and age as it applies to the study of human behavior.

INSTRUCTIONAL METHODS:
The course will include:
1. lectures
2. small group and large group discussion
3. audio-visual presentations
4. speaking, listening, observing, group process activities
5. out-of-seat, homework assignments
6. internet assignments
7. online discussions and assignments

EVALUATION OF STUDENT ACHIEVEMENT:
Students will be required to participate successfully in:
1. classroom discussion
2. homework assignments
3. regularly scheduled examinations
4. final examination
5. critical thinking and problem-solving exercises
6. special topic, term papers, written assignments
7. online assignments

Regular attendance is essential because the course content requires participation in the learning and communication process during class sessions

INSTRUCTIONAL MATERIALS:
Textbooks
The following materials will be employed:
1. text
2. selected psychological journal articles, blogs, podcasts, videos
3. various audio-visual materials
4. presentations on call-in radio programs

Resources
King. The Science of Psychology (2020).
Ciccarelli, S. Psychology an Exploration (2011).
American Psychiatric Press. Diagnostic and Statistical Manual 5. APA Press;
    Washington.
American Psychological Association (2001). Publication Manual of the American
    Psychological Association – 5th Edition, DSM5.
Atkinson, S. (2012). *The Psychology Book – Big Ideas Simply*
Explained. Penguin Random House: London, England
Hock, R. (2012). *Forty Studies that Changed Psychology -7th Edition.* Pearson:
    New York, New York.
Scientific American – The Mind (2009-21), Scientific American Press; New York.
Scientific American – Special Edition on the Mind (2004), Scientific American Press;
    New York.

LEARNING OUTCOMES AND GOALS:
Institutional Learning Outcomes
☒ 1) Communication – to communicate effectively;
☒ 2) Inquiry – to apply critical, logical, creative, aesthetic, or quantitative analytical
        reasoning to formulate a judgement or conclusion;
☒ 3) Social Consciousness – to understand what it means to be a socially conscious
        person, locally and globally;
☒ 4) Responsibility – to recognize how personal choices affect self and society.

Course Outcomes and Competencies
**Outcome 1: Recognize, define, apply, and understand the language (terms) of the
        science of psychology.**
1.1 The student will be able to identify key psychological terms
1.2 The student will demonstrate proficiency in defining key psychological terms
1.3 The student will be able to use these terms in constructive presentations including
     asking questions or explaining concepts clearly in class
1.4 The student will be able to recognize how these terms are used in the construction
     of psychology as a scientific discipline

**Outcome 2: They will be able to recognize that psychology is an empirical
        science based upon objective study of human/animal behavior.**
2.1 The student will be familiar with the basics of empirical investigations including
     basic research design and analysis of results
2.2 The student will be familiar with classic research in the field of psychology
2.3 The student will be able to begin the process, in theory, of constructing and
     executing their own research in the behavioral sciences
2.4 The student will be familiar with the limits and possibilities in psychological
     research with animals as well as with humans
2.5 The student will be familiar with the basic ethical standards for research as put
     forth by the American Psychological Association

Outcome 3: The student will recognize and understand the basic theorists and theoretical principles of psychology.

3.1 The student will be able to identify and report the essentials of the basic theoretical approaches in the field of psychology

3.2 Furthermore, the student will be able to apply critical thinking and problem solving steps to application of those theories to research and toward our understanding of its application to clinical areas

3.3 The student will be familiar with not only the strengths of these basic theories but also their weakness and limitations

Outcome 4: The student will be able to develop and understanding of the larger psychological concepts and their application in the world around them.

4.1 The student will be able to take their understanding of these basic psychological principles and apply them to their immediate personal environment, their community, as well as in the larger context of their world.

Outcome 5: The student will demonstrate that they understand many of the principles upon which psychology was founded and can utilize critical thinking skills to analyze new findings in psychological research.

5.1 The student will be able to follow the foundational thinking upon which current psychological theory is based.

5.2 Furthermore, the student will be able to begin thinking about where the field is going and identify areas that future research might be going.

Outcome 6: The student will demonstrate an understanding of human diversity including race, ethnicity, culture, gender, abilities, sexual orientation, and age as it applies to the study of human behavior.

6.1 The student will identify and develop a basic understanding of the uniqueness of each human being in their own context

6.2 This understanding will include an awareness of the importance of race, ethnicity, culture, gender, sexual orientation, abilities, and age

6.3 The student will also have a basic understand basic aspects of the group process and group dynamics in both small and large groups