



LPO • 1924–2024 • IVCC

*Soar to
New Heights*

CONTINUING EDUCATION CENTER



Scan for
additional
information.

Spring 2024 Schedule | ivcc.edu/enroll



Front Cover Photo Credit: David Anderson

2024 marks a monumental milestone in our journey as we joyfully commemorate the 100th anniversary of Illinois Valley Community College, home of the Eagles! A century of dedication, excellence, and transformative education has shaped the foundation upon which we stand today.

This centennial celebration is a testament to the enduring spirit of our community. The Continuing Education and Business Services Division is proud of the community partnerships developed and the lives enriched through the offering of life-long learning opportunities.

Join us in commemorating a rich history of learning, collaboration, and community engagement by perusing this catalog of classes and selecting from our many offerings. Together, let's celebrate the achievements that have defined us and embrace the limitless possibilities that lie ahead.

Thank you for being a part of our journey. Be sure to visit our 100th Anniversary website for up-to-date events and activities to commemorate this wonderful accomplishment - www.ivcc.edu/100. Here's to the next 100 years of excellence at Illinois Valley Community College!

Continuing Education & Business Services

(815) 224-0427 | ivcc.edu/cec

business training, professional development, lifelong learning, trips & tours

Bookstore

(815) 224-0311 | ivcc.edu/bookstore.com

textbooks, supplies, IVCC swag, refurbished laptops

Career Services

(815) 224-0502 | ivcc.edu/careerservices

resume, cover letter and job search assistance, job fairs & events

Academic Counseling

(815) 224-0360 | ivcc.edu/counseling |

ivcc.edu

credit career training, transfer programs, academic counseling

Registration

(815) 224-0427 | ivcc.edu/enroll

create a profile, register for classes, request transcripts

Adult Education

(815) 224-0358 | ivcc.edu/adulted

ABE, HSE, ESL & Citizenship classes

Continuing & Professional Education

For busy professionals and career seekers to acquire skills needed to improve work performance or prepare for a new career.

- 3 Career Training Programs
- 3-6 Healthcare Careers, PATH Grant Funding
- 6 Nursing
- 7-8 Computers, Business
- 9-10 Leadership, Manufacturing Bootcamp
- 10 Truck Driver Training, Water Programs, OSHA & Safety
- 11 Teachers
- 12-13 Real Estate, Aviation, Food Service Sanitation



Community Education

For people in our community interested in lifelong learning activities and cultural experiences to enrich their lives and continue their learning adventure.

- | | | | |
|-------|--|-------|-------------------------|
| 13-14 | Trips & Tours | 19 | Environmental Education |
| 14-15 | Lifelong Learning, Writing | 20-21 | Mind Body Wellness |
| 16-17 | Photography, Dollars & Sense, For the Home | 21-22 | Dance & Music |
| | | 22-23 | Creative Arts |
| 18 | Culinary | 23 | SAT Test Prep |

Unless otherwise stated, these courses are designed for adults 18 & over.

CAREER TRAINING PROGRAMS

Illinois Valley Community College, in collaboration with Ed2Go, provides a range of online open enrollment programs tailored to equip individuals with the essential skills needed to secure professional-level positions in high-demand occupations.

***Tuition includes exam voucher and all required textbooks and/or eBooks. Refunds cannot be issued once the program curriculum is accessed online or confirmed through the submission of a material shipment confirmation.**



Become Job-ready and Begin the Path Toward a New Career Today!

Areas of Study:

- Arts and Design
- Business
- Computer Science/Applications
- Construction and Trades
- Health and Fitness
- Hospitality
- Information Technology
- Language
- Legal
- Teacher Professional Development
- Writing

Digital Marketing Strategist

400 Hours | 12 Months | \$3,865

Learn how to integrate digital, social and content marketing verticals to drive engagement. You will also learn best practices for using today's most effective marketing tools.

AI Machine Learning Boot Camp

301 Hours | 6 Months | \$4,275

This Artificial Intelligence Boot Camp requires 15-25 hours per week to complete and covers key topics from AI introduction to data science programming with Python and SQL, culminating in preparation for the Microsoft Azure AI Engineer Certification Exam AI-102.

Certified Virtual Assistant

240 Hours | 9 Months | \$2,995

Excel as a virtual assistant! Upon completion, you'll possess the knowledge and credentials to elevate client service, attract new work consistently and scale your business significantly. Successful completion of the final exam grants you the Certified Virtual Assistant (CVA) certification from Lovegeivity.

Video Game Design and Development

500 Hours | 12 Months | \$2,145

Acquire game development techniques, including programming languages, mathematics, game asset creation, real-time game engines and more. The course concludes with the creation of three complete games, including a custom game of your own.

Veterinary Assistant

225 Hours | 6 Months | \$2,145

This comprehensive course is for aspiring assistants and covers essential skills like surgery assistance, client communication, anatomy, lab procedures and concludes with job readiness insights. You will gain thorough preparation for a veterinary team role. Access an Externship Starter Kit upon completion.

Certified Paralegal

225 Hours | 12 Months | \$2,695

In this online course, you will train for a career as a paralegal. You will learn how to fulfill the standard duties associated with this vital role. After completing this course, you will be prepared to sit for and pass the Certified Paralegal (CP) exam.

Accounts Payable Specialist Certification

30 Hours | 3 Months | \$1,295

This course readies you for the Institute of Finance & Management's (IOFM) Accounts Payable Specialist (APS) certification, emphasizing intermediate financial operations skills. APS certification showcases your expertise in invoices, payments, T&E, Automation and more.

For a full list of Career Training Programs & Certifications visit careertraining.ed2go.com/ivcc or scan the QR code.



How to Apply:

1. Visit our **Online Instruction Center** at careertraining.ed2go.com/ivcc
2. At the top, click "Courses" and begin browsing.
3. Find your class and register by selecting "Enroll Now."
4. Follow the instructions to create an account, enroll in your program and pay for your course.
5. On the day your program begins, return to our Online Instruction Center and click the "My Classroom" link.
6. To begin your studies, simply log in with your email and the password you selected during enrollment.

Please call the IVCC Continuing Education Center (815) 224-0427 for assistance.

HEALTHCARE CAREER TRAINING PROGRAMS



IVCC has funding assistance opportunities for eligible students within approved healthcare programs, funded through PATH and WIOA.

1. **The Pipeline for the Advancement of the Healthcare Workforce (PATH)** is a grant designed specifically for individuals seeking to enhance their skills in existing healthcare professions or embark on a new career in the field!
 - Visit ivcc.edu/path to learn more
 - For more information, contact:



- Lexis Leiteritz, Program Manager
- Lexis_Leiteritz@ivcc.edu
- (815) 224-0490

2. Business Employment Skills Team, Inc. (BEST)

BEST, Inc. is a non-profit agency that administers federally funded programs such as Workforce Innovation & Opportunity Act (WIOA).

- Visit best-inc.org to learn more
- For more information, please contact:
 - info@best-inc.org
 - (815) 224-0375

Please note: Funding for our programs is not guaranteed and depends on availability. We may not have funding for every application period, but we encourage you to apply as we anticipate replenishment of funds. Check www.ivcc.edu/path for listed applications; if not listed, funding is currently unavailable. Please contact Lexis Leiteritz at Lexis_Leiteritz@ivcc.edu or (815) 224-0490 for more information.

Featured Healthcare Programs:

Medical Billing and Coding WIOA & PATH grant eligible [370 Hours | 12 Months]

Prepare for a rewarding career in Medical Billing and Coding with our comprehensive course. Gain expertise in legal, ethical and regulatory concepts essential to the field, including HIPAA compliance and coding guidelines. Explore the entire revenue cycle, from patient registration to reimbursement and learn medical terminology for effective communication in healthcare. With over one million physicians relying on professionals in this role, opportunities abound in medical facilities, insurance companies, pharmacies and more. This high-demand field opens doors to diverse career paths and our course equips you with the knowledge needed for success. Upon completion, you will receive a Certificate of Completion from Illinois Valley Community College and choose a voucher for a professional certification aligned with your interests and goals:

- Certified Professional Coder (CPC) exam by AAPC
- Certified Coding Associate (CCA) exam by AHIMA
- Certified Billing and Coding Specialist (CBCS) exam by NHA

No prerequisites are required for the course, making

it accessible to all. However, to sit for national certification exams, candidates need a high school diploma or equivalent.

Call Lexis Leiteritz (815) 224-0490 for more information or assistance with registration

Online Self-Paced Tuition: \$2,995



Pharmacy Technician WIOA & PATH grant eligible [400 Hours | 12 Months]

This online course provides a comprehensive curriculum designed to prepare aspiring pharmacy technicians for a successful career in the field. Through a combination of didactic and hands-on training, students will develop the skills necessary to assist pharmacists in the packing and distribution of medication. The course covers essential topics such as medical and pharmaceutical terminology, basic anatomy relevant to pharmacology and pharmaceutical calculations.

As part of the course, participants will engage in online lab modules, offering hands-on practice in various retail pharmacy procedures. This practical experience encompasses processing prescriptions, handling physician orders and filling mock prescriptions. Additionally, the course delves into the ethical aspects of pharmacy practice, offering education on prescription medications, patient care and interaction, along with insights into charges and reimbursement processes.

Upon completion of the course, students will be well-prepared to sit for their certification exam:

- Pharmacy Technician Certification Exam (PTCE) offered by the Pharmacy Technician Certification Board (PTCB).

Students are provided a voucher to cover the fee for the exam. Additionally, students will also have the option to perform a hands-on, 100-hour practicum experience. Practicum experiences are based on individual state board requirements.

Call Lexis Leiteritz (815) 224-0490 for more information or assistance with registration.

Online Self-Paced Tuition: \$2,995

Certified Medical Administrative Assistant PATH grant eligible [160 Hours | 6 Months]

Are you interested in entering a high-demand field? Our CMAA course is tailored to provide you with the skills needed for a dynamic role as an administrative medical assistant, a versatile and invaluable member of the healthcare team. These professionals excel at multitasking, directing patient flow within an office to ensure operational efficiency, increased revenue and a positive patient experience.

This online certification course specifically focuses on preparing you for a position where you'll collaborate with medical providers, taking on crucial administrative duties including welcoming patients and visitors, scheduling appointments, gathering demographic information, looking at patient's insurance eligibility, collecting copayments, facilitating communication through both phone and patient portals and more!

Upon completion, you will be prepared for the Certified Medical Administrative Assistant (CMAA) national certification exam offered by the National Healthcareer Association (NHA). An exam voucher is included with the cost of tuition.

*This program also includes an opportunity to participate in clinical experience. To qualify, students must successfully complete the online course and have account balances up to date. Going through the clinical experience application process does not guarantee a placement.

Call Lexis Leiteritz (815) 224-0490 for more information or assistance with registration.

Online Self-Paced Tuition: \$1,895

Certified EKG Technician PATH grant eligible [170 Hours | 12 Months]

In this comprehensive Electrocardiography (EKG) technician course, you will delve into key areas, including cardiac anatomy, physiology and infection control. The curriculum also covers

proper machine protocols and maintenance, equipping you with essential skills for operating EKG machines. Additionally, you'll learn the intricacies of electrocardiography interpretation and effective communication in various clinical scenarios.

Upon course completion, you will be prepared to take the Certified EKG Technician (CET), provided by the National Healthcareer Association (NHA).

This course offers enrollment with a voucher for the certification exam and includes an opportunity to participate in a clinical experience.

*To qualify for the clinical experience application process, students must complete the online course successfully and have account balances up to date. Going through the clinical experience application process does not guarantee a placement.

Call Lexis Leiteritz (815) 224-0490 for more information or assistance with registration.

Online Self-Paced Tuition: \$1,995

Certified Physical Therapy Aide PATH grant eligible [190 Hours | 9 Months]

Our PT Aide program is designed to equip individuals with the skills necessary to support physical therapists in the effective operation of a clinic. As integral members of the physical therapy team, PT aides play a crucial role and the demand for trained professionals in this field is steadily increasing. You will:

- Explain the role, responsibilities and qualifications of the certified physical therapy aide in various healthcare settings.
- Define medical terminology and word elements related to the practice of physical therapy.
- Summarize human anatomy, functional body movements and system disorders as they relate to physical therapy.
- Identify proper positioning, patient transfers, common exercises, modalities and medical equipment.
- Demonstrate ethical and legal behavior specific to healthcare settings.
- Differentiate between tasks appropriate for a certified physical therapy aide and other healthcare professionals.

This course will prepare you to take the Physical Therapy Technician/Aide certification exam offered by the American Medical Certification Association (AMCA). There is also an opportunity for students to participate in a clinical experience.

*To qualify for the externship application process, students must successfully complete the online

course and have account balances up to date. Going through the externship application process does not guarantee an externship.

Call Lexis Leiteritz (815) 224-0490 for more information or assistance with registration.

Online Self-Paced Tuition: \$2,145

Patient Care Technician PATH grant eligible [325 Hours | 12 Months]

Patient Care Technicians are crucial healthcare professionals who play a vital role in assisting medical staff in providing care to patients. With the occupation demand at an all-time high, after successfully completing this patient care technician program and certification exam, you can become a technician primarily focused on direct patient care and support within a hospital, clinic, long-term care facility, or home health care.

This course will provide you with comprehensive, all-inclusive training, to assist you in pursuing a new career as a patient care technician and includes a pre-paid voucher to sit for one of the following certification exams:

- Certified Patient Care Technician/Assistant (CPCT/A) certification exam through the National Healthcareer Association (NHA)
- Patient Care Technician (PCTC) certification exam through American Medical Certification Association (AMCA), upon eligibility.

*Training and certification requirements for patient care technicians vary by state, healthcare setting and employer. Students are responsible for determining the training and certification requirements of employers in the states in which they wish to work.

Call Lexis Leiteritz (815) 224-0490 for more information or assistance with registration.

Online Self-Paced Tuition: \$2,795

NEW! Sterile Processing Technician PATH grant eligible [190 Hours | 12 Months]

Sterile Processing Technicians (SPT) play a critical role in preventing infection by sterilizing, cleaning, processing, assembling, storing and distributing medical supplies. This online sterile processing technician certification course will train you to work as an SPT and prepares you for the Certified Registered Central Service Technician (CRCST) certi-

fication offered by the Healthcare Sterile Processing Association (HSPA). This course includes a voucher which is prepaid access to sit for the certification exam upon eligibility.

With the support of an instructor, you will learn all the necessary steps required to perform the duties and tasks of an SPT, as well as the details and expectations within the concepts of the role and gain proficiency in understanding the step-by-step requirements of the sterilization process. The course also includes an opportunity to participate in a clinical experience.

*To qualify for the clinical experience application process, students must complete the online course successfully and have account balances up to date (at a minimum). Going through the clinical experience application process does not guarantee a placement.

Call Lexis Leiteritz (815) 224-0490 for more information or assistance with registration.

Online Self-Paced Tuition: \$2,795

Patient Access Representative PATH grant eligible [250 Hours | 12 Months]

Patient Access Representatives (PAR) are an integral part of all hospital and outpatient care practices. PARs act as liaisons between healthcare professionals and patients to improve the patient's experience within the healthcare system. They also have the skills to support both front and back-office staff, which helps prevent gaps in care, administration and financial activities, allowing them to be one of the top jobs in healthcare administration. This training program provides you with the knowledge needed to navigate

This comprehensive course bundle also features a medical terminology course that will help you gain a greater understanding of the human body, how to describe it and how to use medical terminology in a healthcare setting - ensuring you have the fundamentals to launch your new healthcare career. The Patient Access Representative course provides comprehensive training that will prepare you for the Certified Medical Administrative Assistant (CMAA) and Certified Electronic Health Record Specialist (CEHRS) certification exams through National Healthcareer Association (NHA). This course includes vouchers that cover the fees for these exams.

Call Lexis Leiteritz (815) 224-0490 for more information or assistance with registration.

Online Self-Paced Tuition: \$2,695

IVCC also offers a variety of credit-based healthcare programs. The following programs are approved for PATH funding assistance:

- Nursing (RN)
- Licensed Practical Nursing (LPN)
- Certified Nursing Assistant (CNA)
- Emergency Medical Services (EMS)
- Medical Assisting
- Phlebotomy

If you are interested in a credit-based healthcare program at IVCC, please visit ivcc.edu/healthprofessions or ivcc.edu/path to discover more!

Subscribe to IVCC's Health Careers Newsletter!

By subscribing to our Health Careers Newsletter at IVCC, you will receive timely updates on when applications for funding become available, as well as what is happening on and off campus relevant to healthcare.

To Subscribe, please do one of the following:

1. Open your camera and scan the QR code. Complete the form.
2. Visit www.ivcc.edu/path and click SUBSCRIBE TO OUR NEWSLETTER – located at the top of the page. Complete the form.
3. Email lexis_leiteritz@ivcc.edu requesting to be added to the list!



NURSING

C.N.A. Train the Trainer Online

This course will consist of 5 weeks of online instruction. Students will spend time completing readings, discussion postings and assignments. 50 contact hours are earned. Basic computer skills which will be helpful include: creating, saving and retrieving word documents, attaching documents, communicating via email, copying and pasting within documents and web addresses in the internet browser and,

exploring the internet. The instructor will contact students by email a few days prior to the start of class with a link to the online class and instructions on how to get started. The e-mail is sent directly from Canvas, the learning management system used for class.

This course is being conducted in compliance with Illinois Department of Public Health (IDPH) regulations in accordance with Illinois Administrative Code Section 395.160 Instructor Requirements.

NOTE: Instructor requirements (section 395.160) have changed effective February 20, 2020 - affecting nurses with nursing degrees of BSN and higher. Check these requirements before registering for this course! To view the requirements, click on the following link: <http://www.ilga.gov/commission/jcar/admincode/077/077003950A01600R.html>.

NOTE: Direct questions pertaining to these requirements and RN's eligibility to IDPH Training & Technical Section, Randy Carey-Walden at dph.bnntp@illinois.gov. Required textbook: DeYoung, S. (2015). Teaching Strategies for Nurse Educators (3rd). Pearson Education, Inc.: Upper Saddle River, N.J. ISBN: 978-0133565232. This textbook must be purchased prior to the start of class and can be purchased online through the IVCC Bookstore at ivccampus.com.

Registration Deadline is: Feb 8, 2024

Online Course: Feb 12-Mar 15
5 weeks Barbara Meinke
Class ID: 11740 \$500

Registration Deadline: Jun 6, 2024

Online Course: Jun 10-Jul 12
5 weeks Barbara Meinke
Class ID: 11741 \$500

Certificate in Gerontology

The Certificate in Gerontology represents a specialization in the field of gerontology. It is designed to enhance the knowledge and skills of individuals who work with or care for older adults by providing an educational experience that is multidisciplinary in nature. The demand for knowledgeable providers to meet the needs of this population is dramatically increasing, new jobs are being developed, and new services created. Individuals who work with the older population will need continuing professional education to gain a broad understanding of the field of gerontology and healthy aging and to stay current with emerging trends such as mental health, abuse, pain assessment and management, sleep, disorders of communication, and dementias (including Alzheimer's disease). The outcome of this course is for the learner to describe topics in gerontology including Alzheimer's disease, death and dying, elder abuse, healthy aging, mental health, sleep disorders and pain management. [25 CE]

3 Months Class ID: 13601 \$159

Online Self-Paced

NEW! Certificate in Medical Cannabis

Cannabis has been used for religious, spiritual, industrial, therapeutic and other purposes for thousands of years. It has a complex and culturally significant history throughout the world. During the past several decades, social perspectives on the recreational and medicinal use of cannabis have evolved. As a result of changes in social and legal perspectives, there has been a surge in cannabis legislation during the last few decades that has outpaced the research available on the use of cannabis and how it impacts the body. This creates new job opportunities and career paths for those passionate about this industry and makes it a great time to explore an online medical cannabis course. Although the use of medical cannabis has its challenges for healthcare providers, legislators and employers, it also provides opportunities for those seeking to learn more about the medicinal benefits of cannabis and employment in this field. The outcome of this medical cannabis course is for you to learn the fascinating history, culture, business factors, as well as the legal, ethical and social issues related to medical cannabis. You will also learn about the current healthcare applications of medical cannabis and what effects cannabis has on the body. Earning your certificate of completion in this course can open new career opportunities for you as you explore the expanding cannabis industry. [8 CE]

3 Months Class ID: 14016 \$89
Online Self-Paced

Spanish for Medical Professionals

Are you frustrated by the communication gap that can occur between you and your Spanish-speaking patients? If you answered yes, this Spanish class - designed specifically for healthcare professionals - will help you bridge that gap. You will practice the basic, practical language skills needed to effectively communicate with your Spanish-speaking patients and their families. You will learn the basics of the language, gain an understanding of the culture, and know how to ask the questions crucial to quality healthcare. Whether you speak some Spanish and need a refresher, or speak no Spanish, you will complete the course with the skills you will need to effectively communicate with your Spanish-speaking patients. [24 CE]

3 Months Class ID: 10773 \$135
Online Self-Paced

COMPUTERS

Computer Basics and Internet Safety

In this hands-on class, you will learn the basic features of Windows 10 and discover tips on how to stay safe on the internet! We will cover essential elements, such as My Computer (now called This PC), allowing you to manage your computer's drives, files and folders. You will also become familiar with the Recycle Bin, how to customize your desktop, the installing of applications and we will delve into running multiple programs concurrently. You will also understand the importance of the internet and discuss safe practices to ensure your online security. You will explore Gmail and the features offered by various Google apps. **Participants must have a Gmail account to participate in this class. We strongly recommend students practice logging in before the class to verify the accuracy of their Gmail information. If you don't already have a Gmail account, please sign up for a free one, or contact us at (815) 224-0490 for assistance!**

Fri 11 AM-2 PM **Feb 2-23**
4 Sessions **Lexis Leiteritz**
A-208, IVCC **Class ID: 12412** **\$129**

QuickBooks Online [Level 1]

Get a comprehensive understanding of QuickBooks Online, one of the most popular cloud-based accounting programs and preferred choice for small business managers, owners, bookkeepers and accounting professionals. In four hands-on units you will learn how to use QuickBooks Online. An additional section of this class starts in April. **CEU: 1.6**

After successfully completing this course, you will be able to:

1. Enter G/L customer, vendor inventory opening balances
2. Set up sales and reconciliation with credit/ debit cards
3. Create reports and update budgets
4. Handle bad debts & NSF checks

Feb 5-Mar 1 **4 Weeks**
Online **Class ID: 12688** **\$195**

QuickBooks Online [Level 2]

Move on to more advanced QuickBooks Online topics. Become capable with such skills as how to customize settings, banking, credit cards, foreign currencies, statements for debts collection, bank reconciliations, using tags and projects. An additional section of this class begins in May. **CEU: 1.6**

Mar 4-29 **4 Weeks**
Online **Class ID: 12690** **\$195**

Cyber Safety Awareness

Partner with IVCC in keeping your children safe. Cybercrime against children has increased by 20% in 2022. Join us in learning how to protect your entire family with a focus on our kids. Whether using social media to online gaming. From their smart phones to being in the comfort of their home, discover how you can identify if your child may be at risk and what we can do about it. The session will involve training with tools you can start using the same day. IVCC Computer Networking and Information Technology Professor Garrick Whitehead will be the presenter.

Wed 6-8 PM **Mar 13**
1 Session **Garrick Whitehead**
CTC-208, IVCC **Class ID: 12729** **\$19**

Wed 6-8 PM **Mar 27**
1 Session **Garrick Whitehead**
CTC-208, IVCC **Class ID: 12730** **\$19**

NEW! Power Up With Excel Power Query

Come explore one of Excel's best kept secrets... the Power Query feature! Learn how Power Query can be used to speed up many routine data tasks like sorting, filtering, merging, extracting and working with more than one dataset at a time. By the end of this session, you can use this feature as the primary experience in Excel for importing and cleaning data. **CEU: 1.5**

Fri 1-2:30 PM **Apr 12**
1 Session **Pamela Klarup**
A-323, IVCC **Class ID: 12733** **\$39**

Presentation Mash-up: PowerPoint, Google Slides & Canva

In this multi-content session, you will explore various ways to create and format slides with themes in PowerPoint. Learn how to change your presentations into video as well as creating a presentation utilizing A.I. In addition to that, you will touch upon on how to download and share files in Google, as well as work on a team project in Canva. Lots of great tips being shared...you won't want to miss! **Participants must have a Google Drive and Canva accounts in order to participate in this class. If you do not currently have an account, you must set up an account prior to the class. The free versions of Canva can be used for class. CEU: .15**

Fri 1-2:30 PM **Apr 26**
1 Session **Pamela Klarup**
A-323, IVCC **Class ID: 12731** **\$39**

One-on-One Sessions

These customized, two-hour classes provide individual tutoring with an instructor skilled in all aspects of basic computers, internet and email, Microsoft 2019, Office 365 applications and video communication apps, such as ZOOM. The training will be tailor-made to fit your own specific needs and questions. **For more information call Jennifer Sowers at (815) 224-0280 or email at Jennifer_Sowers@ivcc.edu.**

Course Fee: \$149

NEW! Artificial Intelligence

This course will introduce you to various forms of artificial intelligence (AI) and how we interact with AI as consumers in applications like chatbots and recommendation engines. You'll see how AI provides analytics in business and consider industries that may be transformed or even disrupted by AI implementations. You'll go under the hood to see how computers can "learn" using artificial neural networks and various forms of machine learning. You will review AI applications such as natural language processing, forecasting, and robotics. You'll also learn about the AI development process and how AI will affect the workforce. Finally, you'll consider some of the ethical factors in AI deployment.

Online Self-Paced **Class ID: 11152** **\$129**



IVCC Online Computer & Technology Classes

ivcc.edu/enroll
Hundreds of engaging online computer courses!

Topics include: Payroll, Intro to PC & Mobile Security, Intro to Programming, Microsoft Excel, Word and Access, Basic Computer Skills Suite, Creating Mobile Apps & Web Pages, Video Game Development, Intro to Networking, CompTIA Certification Prep, Data Analysis and more. Additional courses are available.

These courses are non-credit, but may be eligible for CEU, CE or PD hours. Interact with your instructor, participate in discussions with fellow students. Gain practical information that you can put to immediate use.

Courses begin monthly. Most courses are six weeks long, with 12 lessons. Upon successful completion, you will be able to download a certificate of achievement. Self-study may also be available. Visit ivcc.edu/enroll for a full listing of available classes.

IT Bootcamps

ivcc.edu/itbootcamps

IVCC Bootcamps will prepare you for in-demand, high-paying jobs in the tech sector. Gain the skills and practical experience employers are looking for in an accelerated, 100% online format. Why Information Technology? According to the U.S. Bureau of Labor Statistics (BLS), computer and IT jobs are projected to grow 13% through 2030. Job opportunities are booming for professionals with these highly sought-after skills. The fast-changing nature of technology creates unlimited options when it comes to career paths. From cybersecurity and programming to artificial intelligence (AI), there are many specializations you can pursue. Additionally, a big advantage to working in tech is high earning potential. Glassdoor reports that an IT professional in the U.S. makes an average of \$ 67,437 per year.

Find the boot camp that's right for you.

Self-Paced Boot Camps [6 months]

- AI Machine Learning
- Cybersecurity
- Full Stack Web Development

Live, Immersive Boot Camps [3-7 days]

- CompTIA A+ Training
- CompTIA Network+
- CompTIA Security+ Training
- Cisco CCNA Associate and CyberOps Associate Training

BUSINESS

Sexual Harrassment Prevention

This 30-minute online course meets the standards and guidelines for sexual harassment training that is required for all employers in the state of Illinois. Learn what sexual harassment is and what behaviors constitute sexual harassment. Topics include sexual harassment laws, responsibilities of employers, protections for employees regarding sexual harassment in the workplace and information needed if seeking to file a report. A link to the online course will be provided in your registration confirmation email and you will be given 30 days to complete. A certificate of completion will be issued upon successful completion of the online content and quiz. [1 CE]

Online **Class ID:12413** **\$20**
1 Session **Annie Monyok**

NEW! The Business Plan

Whether starting a business or growing the one you have, a business plan serves as a roadmap and can help secure needed funding. In this course, you evaluate the many aspects and potential hurdles of the business and build the Business Plan, one step at a time. This practical, hands-on approach encourages you to immerse yourself in the vision and planning aspects of your business. Focusing on the most critical components of the Business Plan enables you to uncover hidden risks and assess the business from a marketing, management, and financial vantage point.

Mar 4-29 **4 Weeks**
Online **Class ID: 11526** **\$195**

NEW! Rock that Resume Design!

We all need resumes that are attractive, easy to read, targeted and easy to change! In this class we'll talk about resume templates, layout choices and timesavers like AutoCorrect, Track Changes and the correct use of tabs. Create a resume that is sure to stand out amongst the rest for any career you may be seeking.

Fri 1-2:30 PM **Mar 29**
1 Session **Pamela Klarup**
A-323, IVCC **Class ID: 12735** **\$39**

Accounting and Finance for Non-Financial Managers

Every successful person in the workplace utilizes financial information to aid effective decision making. Accounting and Finance for Non-Financial Managers explains the financial concepts and accounting processes used in most businesses and will

provide practical techniques that will increase your effectiveness and career. Get a foundation to understand the seven steps in the accounting cycle and use financial information in decision making. Come away with the knowledge to analyze resource allocation and evaluate financial performance. We will cover the vocabulary of finance, four basic elements of finance, basic financial statements, purpose of accounting, the accounting cycle, preparing financial statements, managing liabilities and the importance of financial planning.

Apr 1-26 **4 Weeks**
Online **Class ID: 12500** **\$195**

NEW! Entrepreneurial Marketing

To succeed in today's marketplace, entrepreneurs must know how to effectively market their product or service. This course offers you a step-by-step approach to attract and keep customers, all within a realistic budget. With an emphasis on customer-driven marketing decisions, you will learn how to build a strong brand, analyze which tactics to use, and implement your marketing plan. Whether you are starting a business or growing an existing one, you will take away practical marketing tips and tools that you can use to improve your marketing efforts.

Apr 1-26 **4 Weeks**
Online **Class ID: 12528** **\$195**

Certificate in Data Analysis

Data Analysis is quickly becoming one of the most sought-after skills in the workplace. Companies have vast amounts of data, but it is rare to have someone with the ability to analyze that data to see trends and make predictions. Add a whole new skill set to your portfolio, and make a big difference in the success of your organization by acquiring data analysis skills. Begin with getting a basic understanding of how to analyze data in a business setting. Then learn how many of your business decisions involve comparing groups for differences. You will know the statistics behind these group differences and relationships. Finally, you will find out how to perform inquiries that will be useful to your business or organization, and have the skill necessary to communicate these results through graphs and text that your fellow employees will understand. Whether your business is home-based or a large company, this certificate will take you to the next level where important decision-making is concerned. Three 4-week courses are included within this certificate which can be taken individually if preferred.

Apr 1-Jun 28 **12 Weeks**
Online **Class ID: 12516** **\$495**

LEADERSHIP SERIES

Join us for a highly interactive and engaging series that focuses on the essential skills needed to become an effective leader in any industry. Participants will benefit from collaborating with other first-time, front-line leaders during in depth discussions and various group activities. Pick the sessions most applicable to your role or enroll in all 4 sessions in order to receive the greatest training outcome at a discounted rate. **CEU: 1.2**

Course Series Code: LEAD24 Cost: \$469

Introduction to Leadership

You will begin the series with a comprehensive overview of the fundamentals of leadership. Learn how to identify and define characteristics of a strong leader as you discuss various leadership styles, communication skills and problem-solving techniques essential for effective leadership. This session aims to develop individuals' understanding of leadership concepts and you will be introduced to Emotional Intelligence (EI) and how it impacts our leadership roles, both personally and professionally. **CEU: .3**

Wed 8:30-11:30 AM Mar 13
1 Session Donna Honold
C-316, IVCC Class ID: 12465 \$129

Effective Communication

Communication skills are key to workplace interactions and encompass several competencies that are crucial to maintaining a productive workflow. Active listening, verbal and non-verbal communication and learning to give constructive feedback are just a few examples. During this session you will discuss the Communication Cycle and identify the factors that could potentially prohibit your message from being heard. Through interactive discussions and practical exercises, you will learn to express yourself confidently and determine which mode of communication is the most effective, be it text, email, phone or in person given the situation. **CEU: .3**

Wed 8:30-11:30 AM Mar 27
1 Session Donna Honold
C-316, IVCC Class ID: 12466 \$129

Coping with Change

This session will provide participants with the necessary tools and strategies in order to adapt to change adequately. You will discuss the Change Process and learn how to navigate through constant changes in our lives. You will reach an understanding

as to why we react as we do to change and be given tips and techniques to manage the stress associated with change. By the end of this session, you will have obtained the skills to navigate transitions smoothly, leverage change as an opportunity for growth and effectively manage emotions and reactions during times of change. **CEU: .3**

Wed 8:30-11:30 AM Apr 10
1 Session Donna Honold
C-316, IVCC Class ID: 12467 \$129

Resolving Conflict

Equip yourself with the necessary skills to address and resolve conflicts effectively in order to foster a harmonious and collaborative work environment. Begin by identifying differences in the workplace, why these differences are important and how to work with them rather than against them. The Stages of Conflict and Types of Resolution models will be discussed and you will wrap up the session with an interactive exercise testing your conflict resolution skills. **CEU: .3**

Wed 8:30-11:30 AM Apr 24
1 Session Donna Honold
C-316, IVCC Class ID: 12469 \$129



MANUFACTURING BOOTCAMPS



Calling all maintenance and reliability leaders, craftsmen and technicians, ready to elevate your manufacturing game! Join our tailored series aimed at empowering your expertise in enhancing manufacturing reliability and machine longevity. Dive into the strategies of top performers with sessions covering asset management, precision maintenance techniques and problem-solving tactics. Explore topics like Reliable Manufacturing®, Precision Assembly and more in our hands-on workshop. Don't miss out on the chance to revolutionize your maintenance routines and drive efficiency! These sessions will be offered in partnership with Reliability Solutions®.

NEW! The Essential Reliable Manufacturing® Bootcamp

This course is tailored for corporate and managerial figures. Focused on increasing manufacturing reliability to ensure on-time, quality product delivery, participants delve into the practices of best-in-class performers. Sessions cover asset strategies, maintenance techniques and problem-solving tactics. Managers will gain practical knowledge for immediate application. **CEU: 2.4**

Subjects:

- Introduction to Reliable Manufacturing®
- Asset Strategy Development
- Condition Monitoring
- Precision Maintenance®

Need: The current market pressures manufacturers to maximize profits with fewer resources. There's a dire need for a comprehensive understanding of the entire manufacturing process's reliability, from asset management to final product delivery.

Solution: The Essential Reliable Manufacturing® Bootcamp offers an exhaustive curriculum to equip leaders with the best-in-class tactics for optimizing the reliability of each manufacturing process component.

Proof: The bootcamp's structure, which starts by analyzing top performers and providing actionable, on-floor strategies, ensures that participants can immediately apply these best practices in their domains. This hands-on approach, combined with post-session evaluations, proves the effectiveness of the program in instilling a foundation of reliability.

Tue-Thu 8 AM- 4:30 PM Mar 19-21
3 Sessions Reliability Solutions
C-325/326, IVCC Class ID: 12471 \$1,775

NEW! Essential Craft Skills: Precision Assembly & Installation

This seminar helps technicians learn better ways to fix and take care of machines, so they last longer and work well. They'll learn about different maintenance ideas, how to make machines work better and ways to prevent common mistakes. It's a hands-on workshop that teaches practical skills and a fresh approach to keeping things running smoothly.

CEU: 2.4

Subjects:

- Introduction to Precision
- Vibration as a Tool
- Fitting Housing & Shaft
- Assembly Errors
- Practical Lubrication

Need: Maintenance professionals often grapple with machine longevity and recurrent errors, leading to frequent breakdowns and escalating costs.

Solution: The seminar equips attendees with advanced maintenance techniques and hands-on skills covering precision assembly, effective maintenance philosophies and practical tools to enhance machinery performance and reduce errors.

Proof: Testimonials from past attendees highlight fewer breakdowns and improved machinery care. Case studies reveal positive transformations in maintenance routines, resulting in extended machine lifespan and cost savings. Independent research also validates the seminar's effectiveness in reducing machine errors and boosting efficiency.

Tue-Thu 8 AM- 4:30 PM **Apr 2-4**
3 Sessions **Reliability Solutions**
C-325/326, IVCC **Class ID: 12472** **\$1,775**

TRUCK DRIVER TRAINING

For more information on either of the programs below, call Patricia Glade at (815) 224-0265.

Class B 40-Hour Course

Students will be expected to demonstrate the proper preparation, handling, safety and driving skills necessary to pass the Commercial Driver's License (CDL) Driving Examination. This course will involve yard work, pre-trip and driving on city street and highways. You must be at least 18 years old, hold a valid driver license, meet the medical requirements of the Federal Motor Carrier Safety Regulation and hold a current CDL Permit. In addition, you must pass a drug screen and provide a motor vehicle report. Participants will need to provide Class B truck for inspection before class start date.

40-Hour Equipment Refresher

This program includes 40-hours of hands-on, on-the-road driving equipment and a review of class A commercial driver's license requirements. This program is intended for past CDL Class A holders that need to retest/renew their license at the DMV. Participants must have a current DOT physical, drug screen, motor vehicle report and a Class A learner permit. A driving test is required to qualify for the refresher program.

Online Hazmat Certification

This course will cover the various areas of hazardous materials and the intent of the regulation. Topics will include hazardous material transporting; communication rules; bulk packaging loading and unloading; driving and parking rules; emergencies; as well as terminology. Practical experience will be shared. **This course meets the Federal Motor Carrier**

Administration requirement for all CDL holders to have proof of hazardous material training before they can add the endorsement to their license. Participants will receive a certificate of completion upon passing the final exam with 80% or higher.

OSHA & SAFETY

Look to Continuing Education and Business Services to help meet your organization's safety needs. Classes can be facilitated on campus or customized and delivered onsite, setting a schedule that works best for your employees. Topics include, but not limited to:

Forklift Training and Renewal • Aerial Lift • Fall Protection • Confined Space Entry & Rescue • OSHA 30 Hour Construction or General Industry • OSHA 10 Hour Construction or General Industry • First Aid/CPR/AED • HAZWOPER • Electrical Safety • Emergency Action Plan • OSHA Safety Audit Walk Thru • Annual Reviews • SDS Training & Updating

Looking for Additional Employee Training?

Many of our courses in this catalog, as well as many



not listed, can be offered at your site and customized to fit your company's needs. Categories include, but not limited to:

- Computers
- Leadership/ Supervisor/ Management
- OSHA and Safety/ First Aid/CPR
- Electrical/ Mechanical/ Industrial Maintenance
- Welding/ CNC/ CAD
- Continuous Improvement/ Lean Manufacturing/ Six Sigma
- Quality Management/ ISO Consulting & Training
- Customized Assessments for New & Current Employees

Call Jennifer Sowers in the IVCC Business Training Center for details at (815) 224-0280 or visit ivcc.edu/ivbtc

WATER PROGRAMS



IVCC, in partnership with Black Hawk College, will be offering Drinking Water and Wastewater courses to help prepare for the operators' state exam and Illinois EPA certification. These courses will be presented, online live, via Zoom and can also be attended to fulfill Renewable Training Hour (RTH) requirements. For more information go to ivcc.edu/waterclasses.

Beginning Drinking Water Class C & D (No Class: Feb 19)

Mon 6-9 PM **Feb 5-Apr 22**
Class ID: 12408 **\$575**

Advanced Drinking Water Class A & B

Tue 6-9 PM **Jan 30-Apr 23**
Class ID: 12411 **\$590**

Beginning Wastewater Class 3 & 4

Tue 6-9 PM **Feb 6-Apr 16**
Class ID: 12409 **\$595**

Advanced Wastewater Class 1 & 2

Thu 6-9 PM **Feb 8-Apr 18**
Class ID: 12410 **\$595**



TEACHERS

Cyber Safety Awareness

Partner with IVCC in keeping your children safe. Cybercrime against children has increased by 20% in 2022. Join us in learning how to protect your entire family with a focus on our kids. Whether using social media to online gaming. From their smart phones to being in the comfort of their home, discover how you can identify if your child may be at risk and what we can do about it. The session will involve training with tools you can start using the same day. IVCC Computer Networking and Information Technology Professor Garrick Whitehead will be the presenter. **2 PD hours are available for educators seeking professional development hours. Schools or businesses interested in offering this program for employees, please contact Jennifer Scheri (815) 224-0390.**

Wed 6-8 PM
1 Session
CTC-208, IVCC
Mar 13
Garrick Whitehead
Class ID: 12729 \$19

Wed 6-8 PM
1 Session
CTC-208, IVCC
Mar 27
Garrick Whitehead
Class ID: 12730 \$19

Differentiated Instruction in the Classroom

This course explores 10 practical Differentiated Instruction integration strategies. Each strategy is accompanied by at least three sample lessons, as well as tips for applying them to best improve learning outcomes for your students. In this course you will discover Differentiated Instruction strategies including interest centers, flexible grouping, cubing, and tiering. Every lesson is packed with real-world examples that will help you put these strategies to use in your own classroom. You will take a look at integration across different subjects, grade levels, and learning profiles as you gain helpful knowledge on bringing Differentiated Instruction to your classroom. This course is a must for today's teachers who often have to differentiate quickly and with minimal resources. Differentiated Instruction is an excellent launch pad for ramping up your creative classroom, and with the tips in these lessons, you will be meeting the needs of your diverse learners in no time. **[24 PD]**

3 Months
Online Self-Paced
Class ID: 10864 \$129

Developing the Socialization Skills for Students with ASD in the Inclusive Classroom

Today, every school in America has students who have been diagnosed with ASD (Autism Spectrum Disorder) a neurological disorder on the autism spectrum. The effects of this disorder vary widely, but it is important for every teacher to understand how to recognize behaviors that may indicate ASD. In this course, you take away strategies for working effectively with ASD students. And you will find out how to work effectively with parents to create the most positive learning environments for children and teens with this disorder. The course is geared for K-12 teachers, but it is also relevant for counselors, faculty in higher education, parents and anyone else interested in understanding this important issue. **16 PD from Illinois Valley Community College or 3 Grad Credits (Optional) from Framingham State University, a leading provider of K-12 teacher training. Grad credit requirements are to complete the four-unit quizzes at 80% level (you may retake them until you reach 80%); make at least one comment in each of the four-unit discussions; and write a 1-2 paper based on the course, submitting it within two weeks after the course ends. PRDV 79520, additional \$225 cost, payable to Framingham State University. E-mail info@lern.org for more information.**

Mar 4-29
Julie Coates
Online
4 Weeks
Class ID: 12474 \$145

Culturally Responsive Pedagogy in the Diverse Classroom

Educators and psychologists know that learning is significantly affected by factors such as stress, anxiety, self-image, cultural expectations and societal expectations. The increasing number of students diverse backgrounds in today's classrooms introduces a tremendous diversity of lived experience which influences how students learn. In today's public schools, the majority of teachers, 80% are white, and the majority of learners are students of color. This fact alone suggests a strong potential for a cultural and communication gap between teachers and their students. Research findings confirm that black students face significant challenges to their learning as a result of unconscious bias and lack of cultural awareness on the part of teachers. It is well documented that black students, particularly boys, are more likely to be on the receiving end of disciplinary action, more likely to be suspended from school, and are at greater risk of failing than are other students. It is also well documented that black children are perceived to be older than white children of the same age and are more likely, as a result, to have expectations for behavior that are developmentally inappropriate. These factors, along with micro-aggressions that

are common, and sometimes racially motivated aggression by peers render the learning environment for black students fraught with challenges that may be unseen or unrecognized by educators. In this course, we will examine the factors that come together to create unique challenges to black students in the classroom and explore ways in which teachers can minimize those challenges and support school success for all students. **[16 PD]**

Feb 5-Mar 1
Apr 1-26
Online
Class ID: 12670 \$145
Class ID: 12671 \$145

Empowering Students with Disabilities

Teaching students with disabilities is a rewarding challenge, and this course gives you the tools you will need to succeed. No matter what grade you teach - from preschool through high school-you will learn powerful strategies you can put to work immediately in your classroom. In addition, you will gain the knowledge you need to understand and cope with the most common disabilities you will encounter. You will start by putting yourself in the shoes of students with special needs as you explore a wide variety of disabilities ranging from autism spectrum disorder to cerebral palsy. Simulations and real-life stories will give you a firsthand look at what it's like to be a learner with special needs, and you will see how common disabilities affect classroom behavior and learning. Then comes the best part: solutions! In each lesson, you will find dozens of tips for fostering the reading, writing, and math skills of students with special needs. In addition, you will master techniques for helping these learners behave appropriately and make friends in your classroom. You will also get the inside story on Individualized Education Programs (IEPs) and transition plans, and you will learn the most effective ways to collaborate with parents and professionals.

By the end of this course, you will feel confident in your ability to help any student who comes through your door. You will also discover that while the challenges can be big when you're teaching students with disabilities, the victories are big as well. **[24 PD]**

3 Months
Online Self-Paced
Class ID: 10842 \$129

REAL ESTATE

Real Estate Broker Pre-License

This course provides students with instruction in real estate fundamentals. Students are required to attend all sessions which include introduction to the license law and real property, basics of agency, seller and buyer relationships and counseling, local, state and federal laws, brokerage, property management, leases, independent contractor and employee status, financing, contracts and title records and transactions. This course is appropriate and required for anyone interested in obtaining a broker license in Illinois and fulfills the 75-hour education requirement for obtaining an Illinois Real Estate Broker license. **Credit Hours: 6.**

To obtain an Illinois real estate license, you must be at least 18 years old, have a Social Security Number or Individual Taxpayer Identification Number and have a high school diploma or G.E.D. certificate. If you have any disabilities that require special accommodations, please identify those special needs.

Textbooks are required and are available for purchase online at ivccbookstore.com. Scholarships and GI Bill Tuition Reimbursement for Veterans may be available through the Illinois Realtors Association. Visit illinoisrealtors.org for more information.

Tue 6-10 PM Sat 8:30 AM- 5 PM 18 Sessions E-213, IVCC	Jan 16-May 7 Mar 23 & Apr 27 Carol Wlodarchak Class ID: 12470	\$865
--	--	--------------

After successful completion of this course, students will be eligible to take the F.A.A. Private Pilot Knowledge Exam (additional fee for the F.A.A. Exam).

The following materials (approximate \$75 value) are included in the cost of the class: Pilot's Handbook of Aeronautical Knowledge, Private Pilot TEST Prep Book, FAA FAR/AIM, VFR Plotter and a Flight Computer.

Flying or airtime is not included in this class. Please contact the Illinois Valley Regional Airport for this information. Class will also meet on Saturday, February 24 from 1-4 PM at the Illinois Valley Regional Airport. No class on Feb 27, Mar 12.

Tue 6-9 PM Sat 1-4 PM 12 Sessions CTC-214, IVCC	Feb 6-Apr 30 Feb 24 Joseph Nimee Class ID: 12468	\$349
--	---	--------------



In-Person Class | In-Person Exam

FOOD SERVICE SANITATION

8 Hour Class Applied Food Service Sanitation is designed to assist the manager or potential manager applying sanitation principles in the operation of a food service establishment. The Illinois code related to food service establishments will be discussed. Students will take the ServSafe Protection Food Manager Certification exam in class at the end of the course. **This class is required in Illinois for Certified Food Protection Manager Certification (CFPM)** and is an ANSI certified course accepted by the Illinois Department of Public Health (IDPH). Upon successful completion of the exam with a passing grade, students will attain the ServSafe CFPM. Licenses are valid for five years.

Don't Forget Your Textbooks!

Required: ServSafe Manager, 7th Edition, revised. Textbooks are available for purchase online and at the IVCC Bookstore. Students should plan to purchase the book and begin review prior to class due to the fast-paced nature of the class. Purchase your textbook at ivccbookstore.com. Purchases will be delivered to your home address.

Take it at the IVCC Ottawa Center

[321 W. Main Street, Ottawa]

8 Hour Food Sanitation

Tue/Thu 5-7:30 PM 4 Sessions Rm 104, Ottawa Center	Feb 6-15 Sara Smith Class ID: 12385	\$130
---	--	--------------

8 Hour Food Sanitation

Tue/Thu 5-7:30 PM 4 Sessions Rm 104, Ottawa Center	Mar 5-14 Sara Smith Class ID: 12417	\$130
---	--	--------------

8 Hour Food Sanitation

Tue/Thu 5-7:30 PM 4 Sessions Rm 104, Ottawa Center	Apr 23-May 2 Sara Smith Class ID: 12418	\$130
---	--	--------------

8 Hour Food Sanitation

Thu/Tue 5-7:30 PM 4 Sessions Rm 104, Ottawa Center	Jun 4-13 Sara Smith Class ID: 12419	\$130
---	--	--------------

8 Hour Food Sanitation

Thu/Tue 5-7:30 PM 4 Sessions Rm 104, Ottawa Center	Jul 23-Aug 1 Sara Smith Class ID: 12420	\$130
---	--	--------------

Take it at the IVCC Main Campus, Oglesby

[815 N. Orlando Smith Road, Oglesby]

8 Hour Food Sanitation

Mon 8 AM-6 PM 1 Session C-316, IVCC	Jan 8 Ida Boyle-Bruch Class ID: 12421	\$130
--	--	--------------

8 Hour Food Sanitation

Mon 8 AM-6 PM 1 Session CTC-124, IVCC	Mar 11 Ida Boyle-Bruch Class ID: 12422	\$130
--	---	--------------

8 Hour Food Sanitation

Mon 8 AM-6 PM 1 Session C-316, IVCC	May 6 Ida Boyle-Bruch Class ID: 12423	\$130
--	--	--------------

Online Course | In-Person Exam

Food Service Sanitation

The ServSafe Manager online course is ideal for individuals who wish to prepare to take the ServSafe Food Protection Manager Certification Exam. This interactive course delivers current food safety information, in an easy-to-use format. The course covers critical principles including personal hygiene, cross contamination, time and temperature, cleaning and sanitizing and more. A practice exam is included at the end of the course. All purchases of online courses are final.

Once you begin the course, you will have 90 days to complete it, at which time the course will be deactivated. Paper/pencil exams will be administered at the IVCC Main Campus after completion of the IVCC online course. Select your exam date from the list below. Equipment needs: email address, computer and internet access. Please contact the IVCC Continuing Education Center at (815) 224-0427 with questions or to register for your online course and exam session. Instructions for accessing the online class will be sent to students via email within three business days. Tuition: includes 90-day access to online course and proctored paper/pencil exam at the IVCC Main Campus upon completion of the course. Course extensions are not available. Student is responsible for completing the course prior to sitting for the exam. **Nonrefundable.**

Exam Schedule for Online Classes

Thu 5-7:30 PM 1 Session Rm 104 Ottawa Center	Feb 15 Sara Smith Class ID: 12424	\$190
Thu 5-7:30 PM 1 Session Rm 104 Ottawa Center	Mar 14 Sara Smith Class ID: 12425	\$190
Mon 9 AM-12 PM 1 Session C-316, IVCC	Apr 8 Ida Boyle-Bruch Class ID: 12426	\$190
Thu 5-7:30 PM 1 Session Rm 104 Ottawa Center	May 2 Sara Smith Class ID: 12427	\$190
Mon 9 AM-12 PM 1 Session C-316, IVCC	Jun 5 Ida Boyle-Bruch Class ID: 12428	\$190
Thu 5-7:30 PM 1 Session Rm 104 Ottawa Center	Aug 1 Sara Smith Class ID: 12429	\$190

TRIPS & TOURS

Illinois Valley Community College Continuing Education Center coordinates a variety of day trips, arm chair tours and educational travel programs each year. From Broadway theatre in Chicago, historic sites, garden tours, museum outings, to culinary adventures there are many options. We strive to provide unique and personal experiences and the best part; you get to leave all the planning to us!

Stay tuned as we prepare for some exciting programs to celebrate IVCC's 100th year. Additional trips may be forthcoming! Join our e-newsletter to receive upcoming announcements.

Email: continuingeducation@ivcc.edu or call (815) 224-0427 to be added to our e-news list.

Easter Basket Bonanza

Includes motorcoach transportation, visits, tours and demonstrations at Cream City Ribbon, Sherman Phoenix, Ultimate Confections, Cook's Cake Decorating & Candy Supplies, lunch, gratuities and snacks.

Grab your Easter Basket as you board the coach and get ready to fill it along the way with items you will receive. Our first stop will be at Cream City Ribbon, where decorative ribbons are crafted with U.S. grown yarn, has a paper-like feel and is extraordinary when curled. Artisan made in Milwaukee on machines from the 1920's, the original techniques are preserved to make this "unwoven: fabric ribbon that is like none other on the planet. You will receive your first item for your basket. Then, we will stop at the Sherman Phoenix for a guided tour of this unique building that rose from the ashes into an entrepreneurial hub and marketplace. After the tour, you will have a gift card to purchase something for lunch and a little treat for your basket. Our next stop is a sweet one, as we stop at Ultimate Confections and receive a sweet treat for your basket. Next, we will take you to Cook's Cake Decorating & Candy Supplies store in West Allis. It is a baker's dream. Of course, you will receive another item for your basket. Our final stop is at a candy store that has just about everything from Easter to Retro to Sugar Free candy at Half Nuts. You will receive your last item for your basket before we head home.

Date: Wednesday, March 27 **Time: 7AM-6:30PM**
Where: IVCC Parking Lot #4
Class ID: 14401 **Fee: \$169**

How Sweet it Is

Includes motorcoach transportation, admission National Ice Cream Museum, visits to Ghirardelli's, Teuscher Chocolates of Switzerland and Uncle Julio's, lunch at Revival Food Hall, gratuities and snacks.

Savor the flavors as we spend the day in Chicago. Hear about Chicago's history, cultural and fun facts while you tantalize and satisfy your sweet taste buds! We will start our morning with a tasty treat at Ghirardelli's before we head over to one of Chicago's newest museums... the Museum of Ice Cream. Dive into a sweet spread of ice cream that spans global tastes, textures and toppings! Whether you're into creamy, crunchy, dairy-free or fruity, with the chillest treats from fantastic familiar flavors to un-cone-ventional bites including the museum's exclusive Chicago ice cream hot dogs! LEARN all about ice cream and its history across 12 multisensory installations including the life size sprinkle pool. Lunch will be your choice at Revival Food Hall. Choose from empanadas, burgers, pasta or even poke bowls. This afternoon we will visit Teuscher Swiss Chocolates. Learn how they search throughout the world for the finest cocoa, marzipan, fruits, nuts and other ingredients to create their famous chocolates. From origins in the Swiss Alps, they create a hundred variety of chocolates. Our last stop will be Uncle Julio's where we will share their signature Chocolate Pinatas! Filled with delicious treats, this will be a memorable way to end our day.

Date: Wednesday, April 17 **Time: 7:30 AM-6:30 PM**
Where: IVCC Parking Lot #4
Class ID: 14399 **Fee: \$179**

Travel without a Passport

Explore Chicago's Ukrainian Village Includes motorcoach transportation, admission to Ukrainian Institute of Modern Art and Ukrainian National Museum, family style European lunch, tour of St. Volodymyr and Olha church, gratuities and snacks.

Ukrainian Village is one of Chicago's most historic neighborhoods, it derives its name from the large population of Ukrainian immigrants who first settled here in the 1890s. Originally a farming community, it has transformed into a vibrant, trendy, surprising neighborhood rich in history and offering a wealth of cultural, food and arts destinations. About 75 percent of the neighborhood is designated as a Chicago landmark district, meaning that its deep roots and history are among the most well-preserved in all of Chicagoland. Ukrainian Village is home to several truly stunning and historic churches. We will start at St Volodymyr and Olha Church with a guided tour. View the mosaic art, ornate dome and stained glass utilized in Orthodox architecture. We will also visit the Ukrainian National Museum of Chicago which is

home to a permanent folk-art collection including festive, formal and ritual clothing, embroidered and woven textiles, ceramics, metal and wood objects, and an extensive collection of Ukrainian fine art. Enjoy an included family style lunch featuring European cuisine and recipes from the old country. This afternoon we will visit the Ukrainian Institute of Modern Art before ending the day with a stop a neighborhood bakery and deli before we head back to the Illinois Valley.

Date: Thursday, Jun 6 **Time: 7:30 AM-6:30 PM**
Where: IVCC Parking Lot #4
Class ID: 14400 **Fee: \$169**

Lavender Fields Forever 
Includes motorcoach transportation, admission and program International Crane Foundation, lunch, Farm to Table Tour at New Life Lavender & Cherry Farm, gratuities and snacks.

We will start our day at the International Crane Foundation which has now completed their \$10 million transformation. This is the only place on Earth where you can see all 15 of the world's crane species! Located in Baraboo amid the farmlands of southern Wisconsin, the International Crane Foundation's headquarters are just 10 minutes from the Wisconsin Dells and surrounding Baraboo Hills. Lunch will be at the Rivers Edge Pub & Grub. You're sure to enjoy your meal in this rustic, cabin-style eatery. This afternoon you are in for an amazing Farm to Table Tour at the New Life Lavender & Cherry Farm. During the tour, you'll see firsthand how sustainable agriculture works, what they grow in the ground goes through a process to reach the kitchen table. Learn about lavender, enjoy breathtaking views of the Baraboo Bluffs, enjoy the 8-acre wildflower sanctuary for bees, walk through the Lavender Knot Garden and Secret Herbal Garden and learn about their sheep and fish. To end our day, we will sit back and enjoy a slice of their signature lavender cherry pie and Strawberry Lavender Lemonade.

Date: Tuesday, June 25 **Time: 7AM-6:30PM**
Where: IVCC Parking Lot #4
Class ID: 14403 **Fee: \$169**



Learn for life! Illinois Valley Community College participates in an initiative with College of DuPage, Harper College, Rock Valley College and Kankakee Community College to offer a series of enrichment courses. These classes are designed for students of any age and share the strengths of each lifelong

learning program to provide an exciting selection of courses to participants throughout the Northern Illinois region.

All online live classroom courses meet via Zoom. A meeting invite will be emailed within 24 hours before class begins. Participants need access to a computer with high-speed internet. A webcam and microphone are recommended, but are not required. If you would like to participate but do not have access to a computer or tablet, please contact our office to inquire about other ways to participate.

REGISTER FOR ALL 14 AND SAVE!
 In celebration of IVCC's 100th Centennial Celebration, we are offering a special discounted rate of \$100 for all 14 classes included in IVCC's Spring 2024 Online Lifelong Learning Program. Participate in just 6 or more online live classes to save! You will receive the links for each class within 24 hours of each session.

Use Code **IVCC1924** to receive the special rate!

NEW! Comedy Gold on the Silver Screen

Join us for a guided tour through the past 100 years of outstanding comedies in John LeGear's film history presentation Comedy Gold on the Silver Screen. Witness the evolution of humor on film since the arrival of Charlie Chaplin in Hollywood in 1914 and enjoy a taste of television comedy in this swift-moving tribute to outstanding writing, direction, and performance. In addition to laughs, you'll learn of little-known insights and fresh perspectives on some of film history's comedy classics.

Wed 6-7:30 PM **Jan 24**
1 Session **John LeGear**
Online Live **Class ID: 14325** **\$19**

NEW! Herbs for Winter Wellness

Learn which herbs and foods can bring more sunshine into your world and keep you buoyant and revitalized when the temperatures dip and the skies are gray. Explore creative uses of herbs and food for well-being, immune health and getting enough sleep.

Tue 6-7:15 PM **Feb 6**
1 Session **Dawn Petter**
Online Live **Class ID: 14326** **\$19**

NEW! AI Artificial Intelligence How This Technology Became a Household Topic

The beginning of AI can be traced to the early 1950's when programmers made checkers and chess playing computers. Then came Shakey, the

first AI robot...which was basically a box on wheels. What are some other AI breakthroughs? What is the current status of AI development? What do scientists envision for the future of AI? This course will present a timeline on the scientific development of artificial intelligence and uses in our world.

Tue 1-2:30 PM **Feb 13**
1 Session **Dr. Suzanne Rausch**
Online Live **Class ID: 14327** **\$19**

NEW! U.S. Presidents

Everything you did not know about our presidents. The great and not-so-great have many secrets, nuances, and happenstances that make the leaders of our nation's leaders interesting, regular people, or anything but normal! Consider this: the bachelor, 14 children, skinny dipper, wealthiest to poorest, what did they do before and after their Presidencies, pets, foibles, and firsts among many points of interest. You will never look at a penny the same again.

Mon 1-3 PM **Feb 19**
1 Session **Steve Aavang**
Online Live **Class ID: 14328** **\$19**

NEW! Joseph Goebbels The Man Who Seduced a Nation

This year's 85th anniversary of the beginning of World War II presents a fitting occasion to take a closer look at Hitler's mouthpiece, Joseph Goebbels. Through his perfidious use of propaganda, this quintessential Nazi was not only able to turn the Dictator into a worshipped god-like figure, but he also seduced a whole nation and made many stubbornly believe in an essentially unwinnable war. German historian Anette Isaacs presents fascinating insights into the life and mind of this powerful manipulator.

Tue 1-3 PM **Feb 20**
1 Session **Annette Isaacs**
Online Live **Class ID: 14330** **\$19**

NEW! The Atomic Age and its Chicago Beginnings

Learn about the extraordinary scientists of Chicago who were instrumental in developing the atomic bomb. Discover how the Atomic Age began in Chicago with Enrico Fermi in 1942, as he oversaw the first human-caused, self-controlled nuclear chain reaction. Learn how this discovery would ultimately lead to the Arms Race and the Cold War.

Tue 10 AM-12 PM **Feb 27**
1 Session **Jay Sternickle**
Online Live **Class ID: 14329** **\$19**

NEW! Route 66 in Illinois

Get your kicks on Route 66 during this class that explores the history of the "Mother Road." Route 66 was established in 1926 and covered a total of 2,448 miles stretching from Chicago to Los Angeles. This class looks at the history of the highway with special attention paid to its route through Illinois.

Wed 1-3 PM
1 Session
Online Live

Feb 28
Jay Sternickle
Class ID: 14343 **\$19**

NEW! Gardening with a Goal in Mind

Master Gardener Natalie Martin will walk you through the process of using goal-based gardening to jumpstart your garden plan for the year. Using the S.M.A.R.T. goal framework, come up with some ideas for your garden this year and make them achievable!

Tue 6-7:15 PM
1 Session
Online Live

Mar 5
Natalie Martin
Class ID: 14332 **\$19**

NEW! Prohibition: The Best Thing That Happened to Organized Crime

How did mobsters become millionaires? Find out what the Prohibition amendment set out to do, the challenges faced by law enforcement and violent, illegal rackets that sprang up to quench America's thirst. This program will be presented by an educator at The Mob Museum in Las Vegas, NV. This non-profit museum has a mission to advance the public understanding of organized crime's history and impact on American society.

Thu 10:30-11:45 AM
1 Session
Online Live

Mar 7
Mob Museum Educator
Class ID: 14333 **\$19**

NEW! Listen to the Wolves

Based upon my book of the same name, the story of a man who survives in the stark Canadian wilderness in the winter by listening to the lessons the wolves show him and the practices of the Native Americans (First Nation's People) whom he studies as part of his Ph.D. work. A sudden storm brings his bush plane down and after surviving the crash the man must walk out of the wilderness with the few items he can salvage from his plane. Would you be able to do the same? Techniques of survival and personal qualities will be revealed and discussed.

Thu 1-3 PM
1 Session
Online Live

Mar 14
Steve Aavang
Class ID: 14334 **\$19**

NEW! The Duelists: Aaron Burr and Alexander Hamilton

In 1804, vice-president Aaron Burr met former Secretary of the Treasury Alexander Hamilton on a riverbank at dawn with loaded pistols, to settle an affair of honor with a duel. The result was tragic. The story of how Hamilton and Burr ended up in that duel – now an award-winning musical – is full of intrigue. This presentation will explore the characters of Hamilton and Burr, the roles they played in their revolutionary times, and how the struggles and passions of their era led them to the final duel.

Mon 1-3 PM
1 Session
Online Live

Mar 18
Joyce Haworth
Class ID: 14335 **\$19**

NEW! Midwest Lumberjacks and Lore

From Paul Bunyan to the Hodag, this program presented by Chad Lewis, who has authored over 30 books and has been featured on numerous shows, is filled with all of the Lumberjack traditions, superstitions and legends. Filled with tall tales of mysterious creatures lurking in the woods, boasts of supernatural feats, and every yarn told in-between, this program celebrates our lumberjack history. Whether you're a history buff or just looking for a fascinating way to spend an evening.

Tue 6-7 PM
1 Session
Online Live

Mar 26
Chad Lewis
Class ID: 14344 **\$19**

NEW! The Moon Race: Project Gemini

While Project Mercury proved that NASA could successfully launch astronauts into orbit and recover them, many lessons still needed to be learned before landing on the moon. Taking place between 1965 and 1966, Project Gemini featured a 2-man spacecraft and a more powerful rocket. Project Gemini set out to practice many of the maneuvers and techniques required to travel to and land on the moon such as learning to intercept and dock with other spacecraft, learning how to perform outside the spacecraft in a spacesuit, and testing astronauts' endurance to survive in space for weeks at a time.

Wed 10-11:30 AM
1 Session
Online Live

Apr 17
Mike Frederiksen
Class ID: 14331 **\$19**

NEW! Gorillas in Our Midst

Gorillas come to life in stories and pictures from the presenter's three gorilla tracking expeditions in

the Congo's Kahuzi-Biega National Park, Rwanda's Volcanoes National Park, and Uganda's Bwindi Impenetrable Forest. Participants will learn about gorilla behavior, their similarities to us, and threats to their continued survival. Primatologist Dian Fossey's life and work, as well as her still unsolved murder, will be discussed.

Mon 1:30-3:30 PM
1 Session
Online Live

Apr 22
Dr. John Ulferts
Class ID: 14336 **\$19**

WRITING

Beginner's Guide to Starting a FREE Blog

Online blogging is a great way to get the word out about you, your service, your product, or information you want to share!

You will learn step-by-step how to:

- Start a FREE blog with WordPress
- Choose a blog template
- Emphasize your blog content with a creative name
- Use your unique voice to share your expertise
- Connect your domain/website

You will also learn how to earn an income with your blog, including links to other websites and advertising on your blog, as well as increase your internet ranking. Informative handouts for future use are included in class fee. The instructor LeeAnne Krusemark is a former journalist, current author and editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education. The webinar login information will be emailed the day before class.

Fri 4-6 PM
1 Session
Online Live

Mar 8
LeeAnne Krusemark
Class ID: 14345 **\$45**

NEW! Write Your First Novel (in 90 Days!)

This intensive course provides a schedule of crafting a novel from start to finish, which you can finish in as little as 90 days! This class will also help you stay motivated throughout the journey.

You will learn how to:

- Select your novel genre and develop a compelling premise
- Create multidimensional characters and immersive settings
- Craft a detailed plot outline

- Manage your time to keep your writing flow consistent
- Combat common roadblocks including writer's block
- Master the art of self-editing: refining your plot, and fixing pacing, dialogue and characterization problems.
- Receive constructive criticism from beta readers
- Explore publishing options

By the end of this class, you will know how to complete your novel and have the knowledge and confidence to move forward with the publishing process. The instructor LeeAnne Krusemark is a former journalist, current author and editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Fri 6-8 PM **Mar 8**
1 Session **LeeAnne Krusemark**
Online Live **Class ID: 14346** **\$45**

NEW! Beginner's Guide to Using FREE ChatGPT (AI) for Writers

ChatGPT (AI) is here to stay and is the future for writers and content creators. Don't be left behind! No prior AI experience required. Do you want to learn how to incorporate the power of cutting-edge technology to gain ideas and inspiration, write web content, articles and even novels or scripts?

In this beginner-friendly course, you'll learn how to:

- Register for a FREE ChatGPT account
- Input effective writing prompts to avoid nonsense responses
- Build creative content, from stories to marketing copy
- Determine its capabilities and limitations
- Understand ethical/legal considerations using ChatGPT

There's no doubt ChatGPT and similar AI systems will force the job market to evolve. It's crucial for everyone to adapt, learn new skills, and be open to working in collaboration with AI, so start building your expertise in the world of ChatGPT now! The instructor LeeAnne Krusemark is a former journalist, current author and editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Sat 1-3 PM **Mar 9**
1 Session **LeeAnne Krusemark**
Online Live **Class ID: 14347** **\$45**

PHOTOGRAPHY



LPO • 1924-2024 • IVCC

NEW! Photographing Eagles, Birds, and Wildlife

This class will teach you the photographic skills to capture eagles, raptors, birds, and wildlife in the Starved Rock area. Join photographer David Anderson for a morning presentation at IVCC of his eagle and wildlife photography. You will learn the basics of wildlife photography including proper camera settings and techniques for still and action photography. In the afternoon your class will continue with an outdoor session in the Starved Rock area, where you will learn how to photograph eagles and wildlife. Students will provide their own transportation. Please bring your camera, long lens, winter clothing, hiking boots, sack lunch and water.

Fri 9 AM-4 PM **Feb 16**
1 Session **David Anderson**
CTC-216, IVCC **Class ID: 12732** **\$49**

Photographing Wildflowers of Starved Rock

Attention wildflower and photography enthusiasts. Join photographer David Anderson for a morning presentation at IVCC of his photographs of the beautiful wildflowers found at Starved Rock State Park. You will learn how to photograph and identify the various species and find out where and when they bloom. Some of the medicinal qualities and uses of the flowering plants will also be explained. In the afternoon, your class will continue with an outdoor session at Starved Rock State Park where David will lead you on a nature hike to view, identify and photograph wildflowers. Students will provide their own transportation to Starved Rock. Please bring your camera, hiking boots, sack lunch and water.

Sat 9 AM-4 PM **Apr 20**
1 Session **David Anderson**
CTC-216, IVCC **Class ID: 12734** **\$49**

Photography for Beginners: DSLR

This course will introduce the students to DSLR cameras, lenses and accessories. The course will cover basic photographic concepts including exposure, color balance, lighting and composition. Basic concepts and real-world applications of digital imaging will be discussed. Students will review and discuss photos presented by the instructor as well

as student work. Assignments will reinforce what is learned in a fun and upbeat atmosphere. This class will meet both indoors and outdoors, weather permitting. Class size is limited to 8-10 students. Students should bring a digital SLR camera, lens, memory card and camera manual to class.

Tue 6:30-9:30 PM **Mar 19-Apr 23**
6 Sessions **Doug Dellinger**
E-320, IVCC **Class ID: 14323** **\$169**

Portrait Photography

Pre-requisite: Students should have completed Photography for Beginners: DSLR or have permission from the instructor to register for this class. Portrait photography is a useful skill; whether you want to take better pictures of your family or are considering expanding your business portfolio. This class will include quality and direction of light, light patterns, measuring light and types of light. Explore camera lens selection for portraits. Learn the principles of subject placement, posing and camera angles. You will also have an introduction to Adobe Photoshop for portraiture retouching and an overview of the business of portraiture. Bring a digital SLR camera, lens, memory card and camera manual to class. Instructor will discuss possible off campus meeting locations for final sessions for photography opportunities during class. This class will meet both indoors and outdoors, weather permitting. Students should bring a digital SLR camera, lens, memory card and camera manual to class.

Tue 6:30-9 PM **May 7-Jun 11**
6 Sessions **Doug Dellinger**
E-320, IVCC **Class ID: 14324** **\$169**

DOLLARS & SENSE

How to Start Any Home Business + 250 Home Business Ideas!

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. Taught by a Chamber of Commerce Past President and award-winning business owner, this is probably the most comprehensive business start-up workshop you will ever find.

You will discover:

- More than 250 legitimate home business ideas
- Mandatory legal documentation
- Many ways to market your product/

service

How to take tax deductions (this workshop included!)

Handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Wed 6-8 PM **Mar 6**
1 Session **LeeAnne Krusemark**
Online Live **Class ID: 14350** **\$45**

NEW! Great Businesses to Start!

Starting a business is an exciting adventure filled with challenges and opportunities. It takes hard work and dedication, but with the right tools in place, anything is possible. This live webinar has information on starting a business, knowing the educational requirements, generating income and more. Get inspired and start planning your future today. The webinar login information will be emailed the day before class.

Tue/Thu 6:30-7:30 PM **Mar 12-21**
4 Sessions **Keith Warwick**
Online Live **Class ID: 14351** **\$35**

Estate Planning & Asset Protection

Everyone who has assets, whether you are just graduating from college, starting a family or planning for your golden years, needs an estate plan. Learn why you need an estate plan, how it works and what happens when you don't have one. We will discuss estate planning fundamentals and terminology including ramifications of asset ownership, legal reasons for life insurance, importance of beneficiary designations, life estates, nursing home costs, importance of powers of attorney, increase in guardianships, wills, use of trusts and more. Learn what questions you should be asking yourself. You will be better prepared to consider your options and have the tools needed to create a plan for the first time or review your current plan with your attorney.

Thu 6-8 PM **Mar 21**
1 Session **Walt Zukowski**
C-316, IVCC **Class ID: 14352** **\$29**

AARP Driver Safety

The AARP Driver Safety Program is a classroom driver refresher course designed especially for drivers age 50 and over. This program aims to help community members retain their driving competency. Learn driving strategies, understand the effects of aging on driving, reduce the chance of having an accident and know when to retire from driving. At completion of this course; you will receive a certificate that can be

presented to your automobile insurance holder that may entitle you to a discount. Attendance is required at both days of class to receive the certificate of completion. **There is a \$20 fee for AARP members (with AARP membership card); and a \$25 fee for non-members payable to the AARP instructor for materials on the first day of class. The course is free for United Healthcare members. Additional information about this class, parking and location will be emailed to you approximately one week before class is scheduled to meet.**

Mon/Tue 8:30 AM-12:30 PM **Apr 29-30**
2 Sessions **Regina Leffelman**
Class ID: 14354 **Rm 103, Bldg.H**
Fee payable day of class **IVCC**

Thu/Fri 8:30 AM-12:30 PM **May 2-3**
2 Sessions **Regina Leffelman**
Class ID: 14353 **Rm 104**
Fee payable day of class **Ottawa Center**

NEW! Social Security Understanding the Benefits

This presentation provides an overview of Social Security's programs and online services, including retirement, spouse's, survivor's benefits and Medicare. Learn how to create your personal MySocialSecurity account, a free and secure account which provides personalized tools for everyone, whether you receive benefits or not. Discover other helpful tools on ssa.gov and learn about the best ways to contact Social Security and how to file for benefits. *This session is free. Please register in advance for planning purposes.*

Wed 10-11:15 AM **Apr 3**
1 Session **Megan Forristall**
CTC-124, IVCC **Class ID: 14398** **Free**

Work Remote & Become A Digital Nomad

How to Create Your Money-Making Travel Lifestyle & Work Anywhere

Working remotely is now the thing. Why not add travel into the mix? Join thousands of individuals who are taking their work with them and hitting the road! You can make your travels sustainable by earning a living as you travel. Professional traveler Gina Henry has been doing this for years and shares her wealth of knowledge. Get the "how to" of living on the road including downsizing, putting your stuff in storage, getting your mail, how to have a "physical address", the RV lifestyle, timeshares, international living, long-term rentals, housesitting and more. Learn the best ways to set up your remote office and get quality wifi in your hotel, long-term rental, and out of your car or RV. Plus learn about the many remote jobs available: how to start your

own business, companies wanting only remote employees, consulting, affiliate marketing, freelance jobs, digital books, blogging, podcasting, online classes, social media, drop shipping, volunteering & more. Gina Henry founded Go Global, Inc. over 30 years ago and has been location independent, working remotely for over the past ten years. Tuition includes instructors 100-page digital book "Work Remotely and Become a Digital Nomad" (a \$39.95 value).

Sat 11 AM-2 PM **Mar 30**
1 Session **Gina Henry**
Online Live **Class ID: 14393** **\$59**

FOR THE HOME

NEW! Restore a Historic House

Restoring a historic house can be a labor of love. This class is perfect for those who appreciate historic homes and want to learn how to restore them. Get the information that you need to successfully plan, select architecture and engineering, purchase, and repair your dream house with our up-coming live webinar. Are you supportive of preservation efforts or enjoy driving through historic neighborhoods and looking at the architecture? Then this webinar is for you.

Tue/Thu 6:30-7:30 PM **Feb 15-27**
4 Sessions **Keith Warwick**
Online Live **Class ID: 14355** **\$35**

NEW! Digital Organizing and More

Are the photos on your computer out of control? Do you struggle with finding the ones that you want? If you answered yes to both these questions then this workshop is for you. Beth Randall, Professional Organizer, will walk you through simple steps to organize your photos so it's easy to navigate through them. She will discuss various ways to organize them and enjoy them. If you still have containers of paper photos, then you'll learn how to tackle those, too.

Thu 6:30-7:30 PM **Mar 14**
1 Session **Beth Randall**
Online Live **Class ID: 14356** **\$29**

NEW! Organizing Your Vacation

Are you planning a vacation for this summer? Would you like to know how to organize every aspect of your vacation so that you can relax and enjoy it? This workshop will walk you through the process of deciding on a vacation destination, keeping track of all the details, packing for the big trip, travel tips for car travel (with kids), and plane travel. The

presentation will include tips on how to plan your days while on vacation, what souvenirs to consider, and finally what to do when you get back home.

Tue 6:30-7:30 PM **Apr 23**
1 Session **Beth Randall**
Online Live **Class ID: 14357** **\$29**

CULINARY

Tortellini: Twist, Cook, Eat, Repeat

Join Dee Biagi in the IVCC culinary classroom. Dee has been making these Italian treasures from the time she was a young girl. Relatives and elder ladies of Mark, Illinois taught her how to make authentic pasta. Tortellini is a meat and cheese filled pasta that is twisted to resemble a belly button. As a child she sat around the big dining room tables and learned how to make this Italian "staple" from the experts... relatives from the Old Country. In this class we will learn how to make the dough and filling and how to twist them. Follow by cooking and of course eating them. Please bring: an apron, pizza cutter and a cutting surface such as a cutting board or mat, a bottle of water, soda or coffee. **There is a \$25 material fee payable to the instructor the night of class.**

Wed 6-8:30 PM **Feb 7**
1 Session **Dee Biagi**
CTC-123, IVCC **Class ID: 14322** **\$35**

Italian Tortellacci

Dee's Great Aunt, Enis Malavolti, had family over for Sunday dinner and served the most amazing Italian dishes. A favorite was her tortellacci. Tortellacci is a meatless cheese tortellini with made with spinach. This dish is often served during Lent and other special occasions. The texture and flavor are very decadent and rich. Learn how to mix and knead the dough, make the special filling of the tortellacci and twist them into the correct shape. The best part, we will eat a tortellacci dinner with all of the trimmings at the end of class. Bring an apron, pizza cutter and a cutting surface such as a cutting board or mat, bottle of water, soda or coffee. **There is a \$25 material fee payable to the instructor the night of class.**

Wed 6-8:30 PM **Feb 21**
1 Session **Dee Biagi**
CTC-123, IVCC **Class ID: 14358** **\$35**

Polenta & Bagna Cauda

One of Dee's best memories of Italian food growing up was polenta. Polenta is a ground corn side dish,

served at many Italian homes. This versatile recipe is typically served fried at lunch or dinner, but can also be served for breakfast. We will eat them with Dee's homemade spaghetti sauce. You will also learn to make Bagna Cauda, an appetizer that many in the Illinois Valley know well. Many make it one way and others make it another. Dee makes it like her mother-in-law, Margaret Biagi, and of course, has "tweaked" it over the years. The best part will be eating together at the end of the night. Come hungry! Bring a pizza cutter, a cutting board or mat and an apron. **There is a \$25 material payable to the instructor the night of class.**

Wed 6-8 p.m. **Feb 28**
1 Session **Dee Biagi**
CTC-123, IVCC **Class ID: 14359** **\$35**

NEW! Gourmet Meals: Savor the Flavor

Savor the fresh flavors in this hands-on culinary experience. We will prepare a four-course menu inspired by spring flavors. Chef Sara will teach you smart cooking techniques so you can recreate these recipes time and time again. This is a hands-on class. You will prep and cook right along with the instructor at your own station. Create a creamy crab bisque for the first course and emulsify ingredients to make a fresh Caesar salad dressing. Next, learn how to prepare traditional chicken piccata cooked in a rich white wine, butter and lemon sauce and studded with capers. For dessert we will whip up indulgent chocolate lava cakes. Join Chef Sara in this interactive cooking class and discover how to prepare restaurant quality dishes, from soup to salad to entrée to dessert. Bring an apron, cutting board, pot holder, heat-resistant spatula, containers to take home what you make in class and kitchen knife. **There is a \$35 material payable to the instructor the night of class. Class is limited to 8 students.**

Tue 6-9 PM **Mar 19**
1 Session **Sara Fitzpatrick**
CTC-123 **Class ID: 14360** **\$49**

Intro to Ayurvedic Cooking

Ayurvedic cooking helps heal the body, mind and soul. During this class learn to make Kitchari! The benefits of Ayurvedic cooking have been observed over thousands of years, including better digestion, clearer skin, and a stronger immune system. Ayurveda includes focus on eating seasonally and by consuming spices that are recommended for your dosha. You can also explore elements of this ancient practice by making dishes to balance your mood. New to Ayurveda? Find out more in the Introduction to Ayurveda class on March 9. Bring an apron, cutting board, pot holder, heat-resistant spatula, table service and kitchen knife to class. **There is a \$20 material fee payable to the instructor the day of class.**

Sat 10 AM-12 PM **Mar 23**
1 Session **Emily Manternach**
CTC-123, IVCC **Class ID: 14361** **\$35**

NEW! Colorful Focaccia!

Learn how to create beautifully-decorated focaccia that looks like something you could hang on your wall! However, instead of paint, you will be using colorful peppers, tomatoes, onions, olives, and herbs! There is no limit to what makes edible art. We'll first discuss how to create a good focaccia dough, and then we'll guide you into creating portraits, landscapes and holiday-themed breads. Art was never so delicious! Please feel free to bring any ingredients you want from home. We'll have a large selection of vegetables from which you can choose. We will provide, olive oil, but if you also have a preferred olive oil, bring that, too! Bring your preferred knives (chef and/or paring knives), tweezers or chopsticks for placing edible items (nice, but not necessary - toothpicks can also work, which we will have on hand), a cookie tray or jelly roll pan, a cutting board.. **There is a \$25 material fee payable to the instructor the night of class. Exact end time of class will depend on number of participants.**

Fri 6-9 PM **Apr 19**
1 Session **Jill Hejl**
CTC-123, IVCC **Class ID: 14362** **\$35**

NEW! Craft Cocktails & Cocktail Gardening

Fresh ingredients can be the difference between a good cocktail and a great cocktail. Level up your happy hour with this interactive course, where participants will learn three cocktail recipes utilizing ingredients you can grow in your own garden. Garden and cocktail enthusiast, Natalie Martin will lead participants through the making of each cocktail, how to grow the plants, and then participants will get to sample each cocktail. Don't miss this evening out to freshen up your happy hour! Come learn to make (and taste) these "perfect for spring" cocktails including Lemon Lavender Gin Rickey, Spring Sangria with Strawberries and Mint and Sparkling Rhubarb Lemonade. **Ages: 21+. There is a \$10 material fee payable to the instructor the night of class.**

Tue 6-7:30 PM **Apr 30**
1 Session **Natalie Martin**
CTC-123, IVCC **Class ID: 11314** **\$35**

ENVIRONMENTAL EDUCATION & GARDENING

IVCC is pleased to announce a partnership with Hungry World Farms, Tiskilwa to launch a series of environmental impact and organic food production courses. And a continued partnership with Nell's Woodland, Ottawa.

Wild Plants for Food, Tools, & Medicine

From your very own backyard to the most remote wilderness, our planet has an incredible, vast bounty of wild plants that can be used for food, tools, and medicine. Our native plants are so much more than just pretty flowers and weeds! Come take a walk down the free aisles of Nature's all-in-one grocery, hardware, and pharmacy store. Learn how to use wild plants for both survival and everyday use.

Warning: this class will completely change the way you look at your backyard and make you more easily distractable anywhere you go where wild plants are. Classes meet Saturdays, 10 AM-12 PM, every 4-5 weeks. In the event of inclement weather, class will be held the following Saturday. By student request we have expanded this course from 4 to 6-sessions. This popular class fills up fast! Bring a camera, note-taking materials and water bottle.

Mar 23	IVCC
Apr 20	Matthiessen State Park River Area
May 18	Catlin Park, Ottawa
Jun 22	I&M Canal State Trail Access, Ottawa
Jul 20	Dixon Waterfowl Refuge, Hennepin
Aug 10	Dayton Bluffs, Ottawa

Sat 10 AM-12 PM	Mar 23-Aug 10	
6 Sessions	Jason Thompson	
Rm 103, IVCC	Class ID: 14366	\$99
Building G (Gym Building)		

NEW! Incorporating Native Plants in Your Landscaping

Plants that are native to Illinois provide a lot of benefits to your garden! They are more attractive to pollinators, more resistant to drought, and more hardy through our winters! If you have been wondering how to get more native plants in your garden, attend this informational session where Natalie Martin will inform participants about how to choose the right native plant, their growing habits and sourcing plants. Participants will leave with resources on plant information as well as how to locate native species for their garden.

Tue 6-7 PM	Mar 26	
1 Session	Natalie Martin	
Ecology Building	Class ID: 14371	\$25
Nell's Woodland, Ottawa		

NEW! Name and Number: How to Talk About Your Soil

Participants will learn to find their soil series on the Web Soil Survey. Each participant should bring a pint container of their own soil (including at least one clod) and their laptop if they have one. Soil from Hungry World Farm will be provided to participants without access to their own soil and spare computers will also be on hand. We'll learn to determine the texture and color code of our soils, then discuss the particular needs of each soil type and what can be done to improve each type. Expect to do some computer work during class (help provided!), watch a slideshow and get your hands dirty.

Sat 1-4 PM	Apr 6	
1 Session	Susan Kauffman	
Hungry World	Class ID: 14367	\$39
Farm Learning Center, Tiskilwa		

NEW! Landscaping for Birds

Interested in attracting more birds to your yard? Then you won't want to miss this educational program from environmental educator, Natalie Martin. Natalie will guide you through common species of birds in our area, their sight and bird call identifiers, and how to attract them to your yard with shrubs, trees, grasses, and other plants. Participants will leave this course knowing how to proceed with planting popular plant species for birds and how to tell if different birds visit their yard. Weather permitting, at the end of class an optional 30-minute walk around the grounds at Nell's Woodland will help us identify local bird and plant species after the hour-long presentation.

Sat 9-10:30 AM	Apr 13	
1 Session	Natalie Martin	
Ecology Building	Class ID: 14372	\$25
Nell's Woodland, Ottawa		

NEW! Spring Planting Workshop

Learn to apply regenerative agriculture principles to nurture your soil, your plants, and your body! In this workshop, you will learn how to support soil biology to improve nutrient availability by minimizing soil disturbance through a deep compost mulch growing system. Additionally, we will share our planting schedule, companion plant and cover crop strategies, and other resources. Demonstrations will include how to utilize biological seed inoculants and root dips, improve potting mix, trellis different crops, and use drip tape, row covers, various composts, clear & black plastic to farm effectively.

Sat 1-4 PM	Apr 20	
1 Session	Lori Tibbitts	
Hungry World	Class ID: 14368	\$49
Farmstead, Tiskilwa		

NEW! Spring Plant Walk

Spring is a wonderful time to be outside witnessing the natural world coming to life. Come out to Hungry World Farm to walk the land and learn about a variety of wild plants and their uses. This will include spring ephemerals, herbaceous perennials as well as trees and shrubs. Abundance is all around if you learn to see it.

Sat 10 AM-12 PM	May 4	
1 Session	Jed Arkels	
Hungry World	Class ID: 14369	\$49
Farm Learning Center, Tiskilwa		

NEW! Forest Regeneration through Silvopasture and Enrichment Planting

Healthy forests are vital for a healthy world. At Hungry World Farm, enrichment planting is being used to increase populations of ecologically beneficial oak species and strengthen biodiversity while halting transition to a climax sugar maple forest, and sheep are rotationally grazed on forested hillsides to help control aggressive bush honeysuckle in a way that supports health and quality of life for the sheep, strengthens forest stand improvement efforts, and protects soil resources. This workshop will provide basic knowledge of forest conservation, agroforestry, and enrichment planting. Activities will include creating forest gaps, tree planting, and setting up paddocks within the forest. Learn about tree seed collection within the forest, seed storage and planting/nursery setup. Whether you steward forests or simply would like to understand forests in a new way, come learn with us!

Sat 1-3 PM	May 4	
1 Session	Fionah Kansime	
Hungry World	Class ID: 14370	\$49
Farm Learning Center, Tiskilwa		



MIND BODY WELLNESS

Yoga Unique to You

Yoga challenges body and mind while building core power and improving stability. All levels of experience welcome. Learn sun salutations, standing postures, seated postures and vinyasa. Emphasis will be placed on correct body alignment, holding postures and meditative flow from one posture to the next. Coordination of breath (pranayama) and movement is also emphasized. *Please bring a yoga mat, towel and water. This class is offered in both a morning and afternoon option with choice of in-person or online live. Please be sure to select the appropriate Class ID when registering.*

Morning Classes

M/W 6:30-7:30 AM Feb 7-March 6
8 Sessions Tracie Klieber
CTC-123, IVCC Class ID: 12442 \$59
Online Live Class Class ID: 12452 \$49
***No class: Feb 19**

M/W 6:30-7:30 AM *Mar 11-Apr 8
8 Sessions Tracie Klieber
CTC-123, IVCC Class ID: 12443 \$59
Online Live Class Class ID: 12453 \$49
No class: Apr 1

M/W 6:30-7:30 AM Apr 10-May 6
8 Sessions Tracie Klieber
CTC-123, IVCC Class ID: 12444 \$59
Online Live Class Class ID: 12454 \$49

M/W 6:30-7:30 AM *May 8-May 29
6 Sessions Tracie Klieber
CTC-123, IVCC Class ID: 12445 \$45
Online Live Class Class ID: 12455 \$35
***No class: May 27**

Afternoon Classes

M/W 4:45-5:45 PM *Feb 7-Mar 6
8 Sessions Tracie Klieber
CTC-123, IVCC Class ID: 12447 \$59
Online Live Class Class ID: 12457 \$49
***No class: Feb 19**

M/W 4:45-5:45 PM *Mar 11-Apr 8
8 Sessions Tracie Klieber
CTC-123, IVCC Class ID: 12448 \$59
Online Live Class Class ID: 12458 \$49
***No class: Apr 1**

M/W 4:45-5:45 PM Apr 10-May 6
8 Sessions Tracie Klieber
CTC-123, IVCC Class ID: 12449 \$59
Online Live Class Class ID: 12459 \$49

M/W 4:45-5:45 PM May 8-29
6 Sessions Tracie Klieber
CTC-123, IVCC Class ID: 12450 \$45
Online Live Class Class ID: 12460 \$35
***No class: May 27**

Strength Cardio Core

This class will provide you with an opportunity to cross train by participating in two different training methods. This functional fitness class will encourage coordination skills, tone your body, zap calories and metabolize fat. You will build a strong core: abs, hips and back, to support and improve what you do every day. Start at a beginner's level and gradually increase to a more advanced level as improvement is shown. We will also incorporate a HIIT (High Intensity Interval Training) method of exercise into this class. Have fun and burn calories long after class has ended. *Please bring water, a sweat towel and an exercise or yoga mat.*

T/Th 4:45-5:15 PM Feb 1-29
9 Sessions Tracie Klieber
CTC-123, IVCC Class ID: 12461 \$74

T/Th 4:45-5:15 PM *Mar 5-Apr 2
8 Sessions Tracie Klieber
CTC-123, IVCC Class ID: 12462 \$65
***No class: Mar 28**

T/Th 4:45-5:15 PM Apr 9-May 2
8 Sessions Tracie Klieber
CTC-123, IVCC Class ID: 12463 \$65

T/Th 4:45-5:15 PM May 7-30
8 Sessions Tracie Klieber
CTC-123, IVCC Class ID: 12464 \$65

Breathing for Life at Nell's Woodland

Join IVCC instructor Dan Retoff for an exploration of helpful and healthful breathing techniques. Body, breath and mind are interrelated and breathing properly is conducive to health and well-being. You will learn how to calm the mind and alleviate anxiety; and also improve sleep, circulation and immune functioning. Gain an understanding of the respiratory system and learn breathing practices to enhance and develop abdominal breathing. *This class does not require floor work or flexibility. You can participate in this class from a chair. Wear comfortable, loose-fitting clothing, athletic shoes and bring water.*

Mon 5-6 PM Feb 26-Mar 18
4 Sessions Dan Retoff
Wellness Bldg Class ID: 14363 \$39
Nell's Woodland, Ottawa

Beginning T'ai Chi at Nell's Woodland

T'ai chi comprises gentle and slow movement exercises which increase the accumulation, circulation and balancing of energy. The movements are easy to learn and appropriate for people of all ages and physical abilities. Those who regularly

practice T'ai chi experience greater energy, better balance and enables and improved quality of life. This class will introduce you to T'ai chi while experiencing the benefits of practice. *This class does not require floor work or flexibility. You can participate from a standing position or chair. Wear comfortable, loose-fitting clothing, athletic shoes and bring water.*

Thu 5-6 PM Feb 29-Apr 18
8 Sessions Dan Retoff
Wellness Bldg Class ID: 14373 \$69
Nell's Woodland, Ottawa

Introduction to Yoga at Nell's Woodland

Learn the postures or asanas of yoga. We will put on a beginner's mindset and learn each pose more in depth as well as flow through the postures. Come away more relaxed, limber and feeling better! At the end of the session, you'll be more familiar with yoga postures and benefits of the practice for the whole being. Focus will be given to breathwork and proper alignment. *Bring a yoga mat and water. Wear comfortable, loose-fitting clothing and athletic shoes. Classes meet at Nell's Woodland, Ottawa."*

Thu 5:45-6:45 PM Feb 15-Apr 4
8 Sessions Emily Manternach
Wellness Bldg. Class ID: 14374 \$69

Thu 5:45-6:45 PM Apr 11-May 30
8 Sessions Emily Manternach
Wellness Bldg. Class ID: 14375 \$69

Introduction to Meditation, Asana & Conscious Nature Walking [All Ages]

We will start with a nature walk to loosen the muscles and mind. Then we will practice Asana to stretch and move the body before sitting in stillness for meditation. Each of the three parts will have a shared theme we will be focusing on. All ages are welcome. Participation in two or more activities during class is recommended for full benefit. *Bring a yoga mat for Asana, a pillow for meditation and water. Wear comfortable, loose-fitting clothing and close-toed athletic shoes. Children under the age of 18 should be accompanied by an adult who is also registered and participating in the session.*

7:30-8 AM Nature Walk
8-8:30 AM Asana
8:30-9 AM Meditation

Fri Apr 19 Class ID: 14376 \$19
Fri May 17 Class ID: 14377 \$19
Fri Jun 28 Class ID: 14378 \$19
Fri Jul 26 Class ID: 14379 \$19
Fri Aug 23 Class ID: 14380 \$19
Multiple Sessions Emily Manternach
Wellness Bldg. Nell's Woodland, Ottawa

Introduction to Ayurveda

Yoga and Ayurveda are two ancient practices that have been intertwined for thousands of years. While they are distinct practices, they both originated in India and shared a common philosophy and approach to health and wellness. Ayurveda is often called the sister science of yoga, as the two practices complement each other in many ways. The human body is a complex system of three doshas or energies – Vata, Pitta, and Kapha – that determine a person's unique physical and mental characteristics. We will discuss these in more detail. This is a wonderful way to learn more about yourself and our connection to nutrition, health, wellbeing and nature. Previous experience in yoga is not required for this class, although you may gain a deeper understanding of the connection between yoga and Ayurveda.

Sat 10-11:30 AM **Mar 9**
1 Session **Emily Mantermach**
CTC, 123, IVCC **Class ID: 14381** **\$25**
Online Live **Class ID: 14382** **\$25**

Intro to Sound Healing

With sound healing, breathwork, mantra and meditation you can embark on a deep inner journey through space, conscious awareness, breath, tone and vibration to access the well of knowledge and self-healing available to all of us. Experience a variety of instruments including singing bowls, Shrutri box, gong and more. We will also discuss the Solfeggio scale and sound frequencies. Wear comfortable clothing to class. You may wish to bring a yoga mat, although it is not required.

Thu 6-7:30 PM **Apr 11**
1 Session **Abby Zukowski**
Wellness Bldg. **Class ID: 14383** **\$29**
Nell's Woodland, Ottawa

Sat 9-10:30 AM **Mar 23**
1 Session **Abby Zukowski**
CTC-124, IVCC **Class ID: 14384** **\$29**
Nell's Woodland, Ottawa

Introduction to Moon Phases

Every moon phase has a function and timely activities to make the best use of the available cosmic influences, including light. By taking this into account in our planning personal or work projects, it can help us strategize our efforts more easily, and better our chances of attaining goals. In this class, discover how to synchronize your life rhythm with moon phases to regain your work-life balance, manage your energy and enjoy life more.

Thu 6-7:30 PM **Feb 8**
1 Session **Abby Zukowski**
Wellness Bldg. **Class ID: 14385** **\$29**
Nell's Woodland, Ottawa

NEW! Lunar Living

Join us for an exciting event where we explore the fascinating connection between the moon phases, our lifestyle and our health. Discover how the moon can influence our emotions, energy levels, and overall well-being. Learn practical tips and techniques to align your daily activities with the moon's cycles to optimize your health and enhance your lifestyle. Join us at Nell's Woodland which is the perfect space for relaxation and self-discovery. Don't miss this unique opportunity to unlock the secrets of the moon and improve your life!

Mon 6-7:30 PM **Mar 4**
1 Session **Abby Zukowski**
Wellness Bldg. **Class ID: 14386** **\$29**
Nell's Woodland, Ottawa

NEW! The 12 Universal Laws

This is an introductory course that not only will help you learn and understand the Laws but also provides exercises to help you to understand how the Laws work in your life. We will go into more details on the basic principles in each of the 12 Universal Laws. You will have a full understanding of how each Law works. There will be exercises to teach you how to make these Laws work for you in your life, and how to create more abundance by actively applying the 12 Laws. If you are looking to feel a deeper sense of empowerment, as well as a sense of peace due to a deeper understanding of how the Universe works, then this class is for you.

Thu 6-7:30 PM **Feb 22**
1 Session **Abby Zukowski**
Wellness Bldg. **Class ID: 14387** **\$29**
Nell's Woodland, Ottawa

DANCE & MUSIC

*Please sign up with a dance partner. Both persons must register. Dance classes will be held in the small gym at Lincoln School, 855 Bennett Road, Ogesby.

Wedding Reception Survival Skills

Tired of making small talk at the table while everyone else is having fun on the dance floor? From wedding receptions to special events, learn to survive most social occasions by mastering the reception basics: slow dance, swing, waltz and merengue.

Tue 7-8:15 PM **Feb 6-Mar 12**
6 Sessions **Jane Schomas**
Small Gym, **Class ID: 12736** **\$75**
Oglesby Lincoln School

Intermediate Swing

Pre-requisite: Students must have attended a Beginning Swing Dance class previously.
This class will take you up a notch from the introductory Beginning Swing level. Intermediate Swing is designed for those that are not quite ready for the advanced class.

Tue 8:15-9:30 PM **Feb 6-Mar 12**
6 Sessions **Jane Schomas**
Small Gym **Class ID: 12737** **\$75**
Oglesby Lincoln School

Beginning Swing Dance

Big band, rock, oldies or country? No matter what kind of music you like you can dance swing to it. Learn the moves to take you a step ahead. You will learn basic patterns, turns and some fancy footwork too. Look like Fred & Ginger on the dance floor, not Fred & Ethel! **No class: Apr 2.**

Tue 7-8:15 PM **Mar 26-May 7**
6 Sessions **Jane Schomas**
Small Gym **Class ID: 14388** **\$75**
Oglesby Lincoln School

Advanced Swing Dance

Now that you have the 6-count mastered, let's take on some fancier footwork! Learn some of the more intricate parts of swing dance including turns, advanced footwork, Lindy Hop and Charleston moves. **No class: Apr 2.**

Tue 8:15-9:30 PM **Mar 26-May 7**
6 Sessions **Jane Schomas**
Small Gym **Class ID: 14389** **\$75**
Oglesby Lincoln School

IVCC Jazz Band

Have you ever wanted to participate in a jazz band? This course provides a study of style and techniques in the jazz idiom. The course is open to all wind instrument players as well as piano, guitar, bass and drum set players. Students will also participate in public performances during the semester. *Prerequisite: Performance ability on a wind instrument, piano, guitar or tap drum. The college owns a piano; students playing wind, guitar or drums must provide their own instrument.*

Tue 6:45-9:15 PM **Jan 16-May 14**
17 Sessions **Brandon Czubachowski**
D-223, IVCC **Class ID: 14390** **\$25**

Instant Piano for Hopelessly Busy People

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do using chords. Since this class is being held online

with Zoom you will be able to sit at your piano or keyboard at home and take this course with no pressure at all. This course includes an online book and follow up video lessons. You will be able to continue your practice and study on your own. *An optional online question and answer session and a recording of the class is also included. The course is part lecture, demonstration and hands-on instruction.*

Mon 6:30-9:30 PM **Feb 12**
1 Session **Craig Coffman**
Online Live **Class ID: 14391** **\$69**

Instant Guitar for Hopelessly Busy People

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Since this class is being held online with Zoom, you will be able to participate at home with your guitar and take this class without any pressure at all. The class includes an online book and online follow-up video lessons. You will be able to continue your practice and study on your own. *An optional online question and answer session and a recording of the class is also included. For ages 13+.*

Tue 6:30-9 PM **Feb 13**
1 Session **Craig Coffman**
Online Live **Class ID: 14392** **\$69**

CREATIVE ARTS

NEW! Pop Art Swiftie Inspired Painting

Hey Swifties! We've got a class for you! Join instructor Lucy Schmidt for a special painting class focused on one of the most popular music artists of our time! Bring your friendship bracelets to trade. Be ready to sing a-along and enjoy an upbeat painting class! Canvas will be pre-drawn and ready to paint. Black paint pens will be supplied for the edges and you will finish your painting off with glitter spray on the background. *Ages: 8+. Children can register and attend class with an adult over the age of 18 who is also attending class.*

Sat 1-3 PM **Jan 27**
1 Session **Lucy Schmidt**
CTC-123, IVCC **Class ID: 14348** **\$39**

NEW! Snowman Door Hanger

Warm up with this winter project! Follow along step-by-step as we create this Snowman Door Hanger. Display your finished piece indoors or out. **There is an \$18 material fee payable to the instructor the day of class.** *Ages: 13+. Children can register and attend class with an adult over the age of 18 who is also attending class.*

Thu 6-8:30 PM **Feb 1**
1 Session **Jyllian Ossola**
CTC-123, IVCC **Class ID: 14337** **\$35**

Heart to Heart | My Grown-Up & Me

Paint together! Bring grandma, grandpa, aunt, uncle, mom, dad or all-around favorite person. Each person paints their own 11" x 14" canvas. Each canvas can be displayed by itself, but when the canvas' are put side by side, they also combine to create one picture. All supplies included. *Ages: 6+. Children can register and attend class with an adult over the age of 18 who is also attending class.*

Sat 10 AM-12 PM **Feb 3**
1 Session **Lucy Schmidt**
CTC-123, IVCC **Class ID: 12716** **\$49/couple**

New! Palette Knife "Key to My Heart"

Learn a layered painting technique using a palette knife to create this "Key to My Heart" painting. Join us on Tuesday, February 6 from 6-8 PM. Follow along step-by-step as we create a 16" x 20" painting. This class also includes a decorative key and jute that will be added at the end to create a multi-media look. All supplies included. *Ages: 13+. Children can register and attend class with an adult over the age of 18 who is also attending class.*

Tue 6-8 PM **Feb 6**
1 Session **Lucy Schmidt**
CTC-123, IVCC **Class ID: 12717** **\$39**

Paint Your Pet! Watercolor Pet Portraits

Learn about the watercolor medium and techniques. Use these skills to craft a watercolor portrait of your pet. You will create a baseline comfortability with watercolor and the basics of materials, tools, techniques, color, value and "seeing" your subject will be explored. No experience necessary. *Students will be asked to submit a photo of their pet by email approximately two weeks prior to class. The picture of your pet should be taken with a focus on the pet's head/face instead of a full body photo. Students will receive a list of art supplies to purchase prior to class.*

Sat 9 AM-1 PM **Feb 24**
1 Session **Julie Jenkins**
B-101, IVCC **Class ID: 12713** **\$49**

NEW! Spring Chickadee on Canvas

As spring arrives, join us at Nell's Woodland, Ottawa in the Ecology Building as we follow along step-by-step as we create a 16" x 20" painting featuring a spring chickadee. Choose from over 25 colors for your background so you can personalize your painting. All supplies included. *Ages: 13+. Children can register and attend class with an adult over the age of 18 who is also attending class. This class will be held at Nell's Woodland, Ottawa (2000 Alexis Avenue, Ottawa 61350).*

Thu 6-8:30 PM **Mar 7**
1 Session **Lucy Schmidt**
Ecology Building **Class ID: 12718** **\$39**
Nell's Woodland

Customized Round Door Hanger

These are right on trend! We will be making round door hangers that can be displayed indoors or out. Learn a dry-brushing technique to create a weathered look. Then learn how to transfer and hand-paint lettering to your sign. A variety of designs will be available to choose from. *Skill level recommended for ages 13+. Students under the age of 18 should be registered with an adult who is also registered and attending class. An \$18 material fee is payable to the instructor the day of class.*

Sat 10 AM-12:30 PM **Mar 16**
1 Session **Jyllian Ossola**
Habitat ReStore **Class ID: 14338** **\$35**
Peru

NEW! Basket of Tulips Painting

Spring is around the corner! Follow along step-by-step as we create a 16" x 20" painting of basket of spring tulips. While the example tulips are pictured in red, you will have a choice of paint color for your painting. Instructor Lucy Schmidt will teach you how to make the textured look of the basket weave. *Ages: 13+. Children can register and attend class with an adult over the age of 18 who is also attending class.*

Mon 6-9 PM **Mar 25**
1 Session **Lucy Schmidt**
CTC-123, IVCC **Class ID: 12719** **\$39**

NEW! Wild Violet Watering Can on Canvas

Join us at Habitat ReStore-Peru for this spring inspired painting class! Your picture will feature a vintage watering can and purple violets. Finished canvas will be 16" x 20". All supplies are included. Class will be held in the Miller Community Center located inside the Habitat ReStore-Peru. *Ages: 13+. Children can register and attend class with an adult over the age of 18 who is also attending class.*

Sat 10 AM-1 PM Apr 13
 1 Session Lucy Schmidt
 Habitat ReStore Class ID: 12720 \$39
 Peru

NEW! Let it Glow! Blacklight Abstract Daisy Painting

Join us for a truly unique experience at IVCC! We will painting an abstract daisy under the glow of blacklights. Your finished painting can be displayed with or without blacklight lighting. This will be a fun sensory experience! All supplies included. *Ages: 8+. Children ages 8+ can enroll and participate in class with an adult over the age of 18 who is also enrolled in class.*

Thu 6-8 PM Apr 25
 1 Session Lucy Schmidt
 CTC-123, IVCC Class ID: 12721 \$39

Impressionist Landscape Exploration using Oil Pastels

Join local art teacher and artist Julie Jenkins in exploring the medium of pastels in the serene landscape of Nell's Woodland. Learn about the medium of soft pastels and create a landscape or botanical drawing en plein air (outdoors). We will use our surroundings at Nell's Woodland as the subject for our finished piece. We will discuss techniques and pieces created by the Impressionists and adapt them to paint our own masterpieces. *Students will take home a set of pastels and blending stumps at the end of class. No experience necessary. Class will be held at Nell's Woodland, 2000 Alexis Avenue, Ottawa, Illinois 61350.*

Sat 9 AM-1 PM Apr 27
 1 Session Julie Jenkins
 Ecology Building Class ID: 12714 \$89
 Nell's Woodland

Painted Barn Quilt

Please register at least one week prior to class for planning purposes.

Not just for barns... barn quilts also look great on your porch, fence, chicken coop, garden shed, pole barn or even over your fireplace. Add a unique, personal touch to your urban or rural homestead with a handcrafted, authentic piece of American art. Prior to class you will pre-select your pattern from options provided by the instructor. The possibilities are endless when you choose the colors of your choice. Move through each step - drafting, taping and painting - with careful attention to detail. **There is a material fee payable to the instructor the day of class. \$25 for 2-foot project and \$40 for 4-foot project. Bring a roll of 1" painter's tape and a yard stick to class.**

Sat 8 AM-12 PM Apr 27
 1 Session Jyllian Ossola
 RM 117, Bldg. J, Class ID: 14339 \$55
 IVCC East Campus

NEW! Americana Floral or Daisy Porch Leaner

Follow along step-by-step with IVCC instructor Jyllian Ossola as we create a hand-painted Americana floral or daisy sign. Display indoors or out. Completed signs will be 8" wide x 3' tall. **A \$18 material fee is payable to the instructor the day of class. Ages: 13+. Children can register and attend with an adult over the age of 18, who is also registered and attending class. Each participant will complete their own project.**

Sat 10AM-12:30 PM May 4
 1 Session Jyllian Ossola
 Habitat ReStore Class ID: 14340 \$39
 Peru

NEW! Monarch on Canvas

Follow along step-by-step as we create this 16" x 20" acrylic painting of a monarch butterfly perched on a flower. All supplies include. *Ages: 13+. Children can register and attend class with an adult over the age of 18 who is also attending class.*

Tue 6-9 PM May 7
 1 Session Lucy Schmidt
 Ecology Building Class ID: 12722 \$39
 Nell's Woodland

View class examples! Visit ivcc.edu/enroll. Search by class to view project examples.

TEST PREP

Sat Test Prep

Prepare for the SAT (Scholastic Aptitude Test). You will learn test-taking skills, answering strategies for handling each type of question, time restraints and the SAT scoring system. This class is designed to coach you to do your best on the SAT and demystify college admission testing. Preparing for the SAT will not produce perfect scores, but it will improve your score by reducing "test anxiety" that can limit your performance during the exam. Please bring a pen/pencil and notepaper to class. This course meets for two sessions. This class will also review practice questions for the English, Reading & Math portions of the exam. A textbook "Accelprep for the SAT Test" is included in the price of this course. Students will be able to use this text to continue preparing for the exam after the class has ended. Seating is limited. Classes will be held at IVCC's Main Campus in Oglesby.

*Registration deadline: Feb 16
 Sat 8:30 AM-12:30 PM Feb 24 CTC-120
 Sat 8:30-11:30 AM Mar 2 CTC-215
 Tricia Haynes & Class ID: 14395 \$135
 Bernie Moore

*Registration deadline: Feb 23
 Sat 8:30 AM-12:30 PM Mar 2 CTC-120
 Sat 8:30-11:30 AM Mar 9 CTC-215
 Tricia Haynes & Class ID: 14396 \$135
 Bernie Moore



[Community Education]





815 North Orlando Smith Road | Oglesby, IL 61348-9692
ivcc.edu/enroll | (815) 224-0427

ECR-WSS
Non-Profit
Organization
U.S. Postage PAID
LaSalle, IL
Permit No. 14

RESIDENTIAL CUSTOMER

Online Learning

The solution for today's busy adult

Convenient – Affordable – Effective

Take a course on topics ranging from grant writing, business, project management, web design, health, art or even learn a new language.

Each course comes equipped with a knowledgeable and caring instructor, lively discussions with your fellow students and practical information that you can put to immediate use.

For more information visit our website!
ivcc.edu/enroll

Call (815) 224-0427 to connect with one of our enrollment specialists for assistance finding the class you are looking for.



For more information contact the
Continuing Education Center
Illinois Valley Community College
815 North Orlando Smith Road | Oglesby, IL | 61348
(815) 224-0427 | ivcc.edu/cec