



ILLINOIS VALLEY COMMUNITY COLLEGE

COURSE OUTLINE

DIVISION: Humanities, Fine Arts & Social Sciences

COURSE: SFC 1000

Date: 03/01/18

Credit Hours: 2

Prerequisite(s): none

Delivery Method: **Lecture** **2 Contact Hours** (1 contact = 1 credit hour)
 Seminar **0 Contact Hours** (1 contact = 1 credit hour)
 Lab **0 Contact Hours** (2-3 contact = 1 credit hour)
 Clinical **0 Contact Hours** (3 contact = 1 credit hour)
 Online
 Blended

Offered: **Fall** **Spring** **Summer**

IAI Equivalent –**Only for Transfer Courses**-go to <http://www.itransfer.org>:

CATALOG DESCRIPTION:

In Strategies for College, students learn strategies to assist them in taking charge of their lives. The course allows students through journal writing, reading and group activities to investigate strategies and options that will lead to success in college and in life. An investigation of study skills, IVCC support services, and careers is included.

GENERAL EDUCATION GOALS ADDRESSED

[See last page for Course Competency/Assessment Methods Matrix.]

Upon completion of the course, the student will be able:

[Choose up to three goals that will be formally assessed in this course.]

- To apply analytical and problem solving skills to personal, social, and professional issues and situations.
- To communicate successfully, both orally and in writing, to a variety of audiences.
- To construct a critical awareness of and appreciate diversity.
- To understand and use technology effectively and to understand its impact on the individual and society.
- To develop interpersonal capacity.
- To recognize what it means to act ethically and responsibly as an individual and as a member of society.
- To recognize what it means to develop and maintain a healthy lifestyle in terms of mind, body, and spirit.
- To connect learning to life.

EXPECTED LEARNING OUTCOMES AND RELATED COMPETENCIES:

[Outcomes related to course specific goals. See last page for more information.]

Upon completion of the course, the student will be able to:

1. Utilize and interpret self-assessment inventories
 - 1.a The student will complete inventories that identify learning styles, study strategies, and personal behaviors and beliefs that support success.
 - 1.b The student will analyze the interpretation of self-assessment inventories.
 - 1.c The student will utilize the self-assessment information to develop a personal and academic action plan.
2. Investigate strategies to create greater academic, professional, and personal success.
 - 2.a The student will learn ways to take greater personal responsibility.
 - 2.b The student will learn methods to increase self-motivation.
 - 2.c The student will develop interdependence.
 - 2.d The student will create a self-management plan.
 - 2.e The student will develop greater emotional intelligence.
 - 2.f The student will improve critical thinking skills.
3. Master study strategies and use those strategies to create a plan for success in college.
 - 3.a The student will learn his/her personal learning style.
 - 3.b The student will learn time management strategies.
 - 3.c The student will learn note-taking techniques.
 - 3.d The student will learn test taking strategies.
 - 3.e The student will investigate concentration and memory strategies.
 3. f The student will learn to use active reading strategies.
4. Utilize the services of the College.
 - 4.a The student will understand how to receive academic assistance.
 - 4.b The student will become familiar with the various financial support services of the college.

5. Explore career options.

5.a The student will complete a career interest inventory and analyze the results if a career path hasn't been chosen.

5.b The student will map a plan to reach his/her personal career goal.

MAPPING LEARNING OUTCOMES TO GENERAL EDUCATION GOALS

[For each of the goals selected above, indicate which outcomes align with the goal.]

| Goals | Outcomes |
|--------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| First Goal | |
| Goal #7 To recognize what it means to develop and maintain a healthy lifestyle in terms of mind, body, and spirit. | 2. Investigate strategies to create greater academic, professional, and personal success. 3. Master study strategies and use those strategies to create a plan for success in college. |
| Second Goal | |
| Goal #8 To connect learning to life. | 4. Utilize the services of the College. 5. Explore career options. |
| Third Goal | |
| Goal #5 To develop interpersonal capacity. | 1. Utilize and interpret self-assessment inventories |

COURSE TOPICS AND CONTENT REQUIREMENTS:

- Self-assessment inventories
- Success skills
 - Personal responsibility
 - Self-motivation
 - Interdependence
 - Self-management
 - Emotional intelligence
 - Critical thinking
- Study Skills
 - Learning style
 - Time management
 - Note taking
 - Test taking strategies
 - Concentration and memorization
 - Active reading
- IVCC academic and financial support services
- Career exploration

INSTRUCTIONAL METHODS:

- Learner-centered instruction and activities
- Journal writing
- Assigned readings
- Small group work
- Discussions
- Blackboard

INSTRUCTIONAL MATERIALS:

- Textbook
- Quick Writer
- Online cartridge
- Case studies
- Internet resources

STUDENT REQUIREMENTS AND METHODS OF EVALUATION:

- Journals
- Portfolio
- Regular attendance
- Class participation
- Quizzes
- Individual presentations

OTHER REFERENCES

1. Downing, On Course, Study Skills Plus 3rd edition, 2017

Course Competency/Assessment Methods Matrix

| (Dept/# Course Name) | Assessment Options | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------------------------------------------------------------------------------|--------------------------------|----------------|--------------|----------------|----------|--------------------|----------------|---------|---------------|------------------------------------|-------------------|---------------------------------|---------------------------|----------------------|-------------|-----------------|----------------------|---------------------|---------------------|-----------------------------------|----------------------|-------------------------------|---------------------------|------------------|------------------|--------------------------------------------------|----------------|-------------------|------------|-----------|----------------|------------|--|--|--|--|--|
| For each competency/outcome place an "X" below the method of assessment to be used. | Assessment of Student Learning | Article Review | Case Studies | Group Projects | Lab Work | Oral Presentations | Pre-Post Tests | Quizzes | Written Exams | Artifact Self Reflection of Growth | Capstone Projects | Comprehensive Written Exit Exam | Course Embedded Questions | Multi-Media Projects | Observation | Writing Samples | Portfolio Evaluation | Real World Projects | Reflective Journals | Applied Application (skills) Test | Oral Exit Interviews | Accreditation Reviews/Reports | Advisory Council Feedback | Employer Surveys | Graduate Surveys | Internship/Practicum /Site Supervisor Evaluation | Licensing Exam | In Class Feedback | Simulation | Interview | Written Report | Assignment | | | | | |
| | Direct/ Indirect | D | D | D | D | D | D | D | D | D | D | D | D | D | D | D | D | D | D | D | I | I | I | I | D | D | | | | | | | | | | | |
| 1. Utilize and interpret self-assessment inventories | | | | | | | X | | | X | | | X | | | | | | | X | | | | | | | | | | | | | | | | | |
| 2. Investigate strategies to create greater academic, professional, and personal success. | X | | | | | | | | | X | | | X | | | | | | | X | | | | | | | | | | | | | | | | | |
| 3. Master study strategies and use those strategies to create a plan for success in college. | | | | | | | X | X | X | | | | | | | | | | | X | | | | | | | | | | | | | | | | | |
| 4. Utilize the services of the College. | | | | | | | | | | X | | | | | | | | | | X | | | | | | | | | | | | | | | | | |
| 5. Explore career options. | | | | | | | | | | X | | | | | | | | | | X | | | | | | | | | | | | | | | | | |

